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All the good of the malt—all that goes to make strength and vigor—is found in Carling's Porter.

It is an article that conscientious physicians recommend because they know it is absolutely pure.



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Makes Machinery Run smoothly and cheaply. Saves wear and tear and fuel. Made by the Vacuum Oil Co., under the Vacuum process.

*** FARMERS *** insist upon your dealer furnishing Vacuum American Oil. Take no other.

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Eggs for Hatching

From Banded Plymouth Rocks, and Black Minorcas, all from the best selected stock, good healthy birds. Received first prize at the Pan-American Exhibition for heaviest eggs, and for setting of 13 eggs \$1, special prize for large quantities.

W. W. Everitt,
Maple City, Ont.

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MAGNETIC MINERAL WATER—Southampton.

Is highly recommended by Prof. Pyne, Dominion Analyst, Toronto, for persons suffering from either rheumatic taints of constitution, or habits of constipation. It is a most palatable table water, and is absolutely pure. Recommended by leading physicians. A trial will convince you that it has merit of a high order. For sale by Central Drug Store and F. A. Robert.

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The Canada Business College, Chatham, Ont.

Has undoubted claim to this distinction in Canada.

This is Canada's greatest year. This is our BANNER YEAR, both as to attendance and the success of our people.

Six calls have been made upon us during the past six weeks to supply leading Canadian and American Business Colleges with our graduates, to fill positions as teachers in their schools next fall.

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For sale at a bargain, on terms to suit the purchaser, comfortable house and lot on the corner of Barthe and Head streets.

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Two lots on S. side of Cornhill St., on monthly payments, interest at 5 per cent.

Money on mortgages at 4 1/2 to 5 per cent.

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Thousands of Business Men still spend Time and Money travelling when they might do their business quicker, cheaper and just as satisfactory by

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When U=need=A

Package of Laundry done in the very best possible manner sent it to the

Parisian Steam Laundry Co.

TELEPHONE 20

Every Barrington Hat guaranteed. Price \$2.50. The 2 T's Sole Agents, 11

WITH THE WOMAN SUFFRAGISTS.

By Cardinal Gibbons.

Every impartial student of history is obliged to admit that woman is indebted to the religion of Christ for the elevated station which she enjoys in social and family life. In pagan countries, before the Christian era, the woman had no rights which the husband was bound to respect.

She was in a state of perpetual bondage and tutelage. She was treated rather as the slave of man than as his equal and companion. And even today in countries where Christianity does not exercise a dominant influence, she is "the hewer of wood and the drawer of water." In a recent official report to our Government, on "Irrigation in India," by Robert M. Wilson, we find that the work of draining and canal building in that country is chiefly relegated to women, who receive for their labor four cents a day.

I regard woman's rights women and society leaders in the higher walks of life as the worst enemies of the female sex. They rob woman of all that is amiable and gentle, tender and attractive; they rob her of her innate grace of character, and give her nothing in return but masculine boldness and brazen effrontery. They are habitually preaching about woman's rights and prerogatives, and have not a word to say about her duties and responsibilities.

They withdraw her from those sacred obligations which properly belong to her sex and fill her with ambition to usurp positions for which neither God nor nature ever intended her. Under the influence of such teachers we find woman, especially in higher circles, neglecting her household duties, gadding about, never at peace unless she is in perpetual motion, never at ease unless she is in a state of morbid excitement. She never feels at home except when she is abroad.

When she is at home she frets under the restraint and responsibility of domestic life. Her heart is abroad. It is seeking in imagination, in some social triumph or reveling in some scene of gaiety and dissipation. Her afflicted husband comes home to find it empty and occupied by a woman whose heart is void of affection for him.

HIS EMINENCE CARDINAL GIBBONS.

She is ill at ease; thence arise disputes, quarrels, recriminations, estrangements, and the last act in the drama is often divorce. I speak the sober truth when I affirm that for the wrecks of families in our country woman has a larger share of the responsibility than the man.

Mothers and wives, what an immense debt of gratitude you owe to the teachings of Christ.

If you are the mistresses of your household and not tenants at the will of pagan Greece and Rome; if you are the honored queens of the domestic kingdoms and not confronted by usurping slaves, like the Mormons and Mahometan women, you are indebted for these blessings to the religion of Christ, and especially to the sovereign pontiffs, who have upheld your right against the encroachments of monarchs and the passions of men.

If woman has been elevated and ennobled by the Gospel, she has not been ungrateful. She deserves eternal gratitude for the blessed influence she has exerted in the family and in society. Not to speak of the grand army of consecrated virgins who devote their lives to the sacred cause of education, of charity and religion, how many thousands of homes there are from which God withholds His avenging hand on account of some righteous mother, just as Christ showed mercy to the young man led to the tomb on account of the grief and sobbings of his mother, the Widow of Nain.

How many brothers buried in a life of sin have been raised to a life of grace by the intercession of a pious sister, as Lazarus was raised from the grave at the entreaties of Mary and Martha!

Mothers and daughters, you have a sacred mission. You cannot be apostles in the strict sense of the word; for women are commanded by the Apostle to be silent in the church; you cannot be priests, but you are chosen to offer up in the sanctuary of your homes and in the altar of your hearts the sacrifice of praise, thanksgiving and supplication to God. Christian women, let the husband and son on returning home after buffeting with the waves of the world find there a haven of rest.

Let the angel with the flaming sword protect and preside over your homes, repelling from them all unhalloved thoughts. For what is a home from which charity has fled but a deserted temple, from which the spirit of God has departed.

THE GREATEST FALL.

The greatest height from which any one has accidentally fallen without receiving any injury beyond a shaking was nearly 1,000 feet by an East Indian living in the island of Oghin, who fell over a cliff at that height. His fall was broken at the foot of the precipice by masses of dense vegetation, and he escaped with no more serious injury than a severe shaking.

The authenticity of this fall was vouched for by the French writer, H. de Parville. Last year Miss Morel and her mother fell on the Alps, near Zermatt, from a height of over 1,200 feet. The first thirty feet was perpendicular, and the rest was down a tremendously steep slope. The mother was killed, but the daughter escaped with mere bruises and received no serious injury.

Our Native Herbs Tablets

Cool the blood, keep the vital organs fortified against summer diseases.

60's a box—enough for 30 days. Registered guarantee in each box. At all druggists or write to: The Home O. Bliss Co., 288 St. Paul Street, Montreal, Can.

Beresford Cigar 10c

MANUFACTURED BY STURTON & DYER, LONDON, FOR SALE AT

Bennett's Cigar Store
10 O. F. BUILDING.

If a man love the labor of any trade, apart from any question of success or fame, the gods have called him.

Only he who lives a life of his own can help the lives of other men.—Philips Brooks.

What does it profit a woman if she own the world of knowledge and lose her own health? Young women students, and school teachers, eager, ambitious and full of energy, very often neglect their health in the struggle to gain education. They eat insufficient food, and at irregular hours, they allow irregularity of the womanly functions to be established, and the result is that they become chronic invalids with all their education practically worthless. There is a plain road back to health for such as these, marked by the feet of thousands. It is the use of Dr. Pierce's Golden Medical Discovery for diseases of the stomach and digestive and nutritive organs, and Dr. Pierce's Favorite Prescription for diseases of the delicate organs of womanhood. A cure so certainly follows the use of these remedies that out of hundreds of thousands who have tried the treatment, ninety-eight in every hundred have been perfectly and permanently cured. The consequences, which is a common ailment of students, can be entirely cured by the use of Dr. Pierce's Pleasant Pellets.

We are never independent of that which is below us until we are dependent on that which is above us.

There is nothing funnier than the grim determination with which a woman will hold on to an end seat at a church wedding.

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT. MRS. A. LIVINGSTONE. Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT. JOHN MADER.

Mahone Bay. I was cured of a severely sprained leg by MINARD'S LINIMENT. JOSHUA WYNACHT.

Bridgewater.

He who isn't contented with what he has, would not be contented with what he would like to have.

\$31.50 Round Trip to Denver, Colorado Springs and Pueblo.

Via Chicago, Union-Pacific and North-Western Lines, June 19, 20, July 3, 9, 17, August 1, 7 and 21, good returning until October 31. Also very low rates on the same dates to Glenwood Springs, Ogeen, Salt Lake City, Hot Springs and Deadwood, S. D. Quick service. Best service. For full information, apply to any ticket agent of connecting lines, or address B. H. Bennett, General Agent, Chicago & Northwestern Railway, 2 King St., East, Toronto, Ont.

That which outsiders call forgetfulness might be called by the better name of resignation.

SETTLERS' EXCURSION

\$31.50 round trip to Denver, Colorado Springs and Pueblo from Chicago, via Chicago, Union-Pacific and North-Western Lines, June 19, 20, July 3, 9, 17, Aug. 1, 7 and 21; good returning until Oct. 31st. Also very low rates on the same dates to Glenwood Springs, Ogeen, Salt Lake City, Hot Springs and Deadwood, S. D. Quick service. Best service. For full information, apply to any ticket agent of connecting lines, or address B. H. Bennett, General Agent, Chicago & Northwestern Railway, 2 King St., East, Toronto, Ont.

Music must be in the heart, or it will come out of the fingers, notes, not music.

Lands mortgaged may return, but honesty once pawned is never redeemed.—Middleton.

HEADACHE AND NEURALGIA CURED IN NO TIME.

By using Dr. Price's Pain Pillets. Sure harmless. Cure rheumatic and sciatic pains, toothache, 25c. PAINFUL RHEUMATIC, SCIATIC, OR NEURALGIC CURED. By Dr. Price's Pain Oil. Cures earache, backache, toothache, in fact Aches and Pains of any kind. 25c. For sale by U. H. Gunn & Co., Druggists, Chatham, Ont.

Armor for Future Soldiers

From the New Orleans Times-Democrat.

"Mark my words," said an observant gentleman, who takes an interest in military matters, "the soldier of the future will wear armor. We are about to revert to first principles and will again illustrate the well-known fact that fashions move in cycles."

"No; I am not joking. The conditions of modern warfare make armor empirically practical. A small caliber high-power rifle will carry two miles and it is next to impossible for troops to advance through the zone of fire, if it is continuous and well directed. But suppose there was some method by which they could approach within half that distance of the enemy and keep up a steady fusillade without special danger to themselves—it goes without saying that they would win the day, and there is exactly where armor comes in. Several of the European Governments are now experimenting with movable shields, which may be pushed in front of soldiers as they advance. There is nothing particularly new in that idea—it was used in the siege of Troy. From movable shields to a protective garment is merely a development of the same thought."

"My notion of the coming armor is a chest plate, leg greaves and a mask made of Krupp steel, quarter inch thick. That would turn a rifle bullet at a mile range and be sufficiently light for any strong man to carry. It wouldn't be necessary to shield the back or sides, except troops protected as I suggest could push into the zone of fire with comparative impunity. To be sure they couldn't make a bayonet charge, but

A Disappointment.

"I came mighty near tryin' to enlist in de Transval army," said Meandering Mike.

"You might have ter work," said Plodding Pete.

"Fur a minute I was willin' ter take de chance. De paper said de Transval was chock full of Beers, an' I had ter read half a column before I got convinced dat it only meant Beers."—Washington Star.

No Room for Doubt.

Tommy (after intently watching Miss Biggs, who is calling on his mother)—Mamma, why don't you say Miss Biggs was a lady of uncertain age.

His Mother (hastily interrupted)—Tommy, my dear, run upstairs.

Tommy (not to be put down)—Because I'd guess she was surely old.

POTTED BEEF, VENISON STYLE.

Put five pounds of beef in a deep dish, pour over it half a pint of red wine, and the meat in it for two days, and then season it with mace, pepper and salt. Take a jar with a close-fitting cover, put the meat into it, with the wine in which it was steeped, adding a good-sized glassful of the above quantity. Put the cover on, and let it stand for three hours in a quiet way; when you take it out, beat it in a mortar. Clarify half a pound of butter, and put it in as you see it requires it. Keep beating it until you see it is in a fine paste; then put it into pots, lay a paper over them, and set a weight at the top of each to press it down. The next day pour clarified butter over them, and keep them in a dry place. Beef potted in this way is very delicious and has very much the flavor of venison.

BATHS IN PARIS.

A Novelty Experienced But Twice During The Year.

The question of baths—is one which every writer in Paris is constantly exploring, yet it is no wonder that such a theme is exhaustless since the sojourning foreigner who writes has the material for "copy" on this subject constantly before him.

An English girl was telling me of her bath experience in Paris. Having just arrived and, seeing of her soil as only an English girl can, she hailed a bath man who was passing the street. When he had carried his tub ponderously up to her apartments she tried to explain to him that she wanted to buy it. A first her efforts of explanation failed utterly, and the man calmly proceeded to arrange the bath for immediate occupancy. Finally the girl succeeded in conveying to him an impression of what was in her own mind. I was about to say that she made him understand that she actually wanted to buy the tub for everyday use; but no Frenchman could be made to understand so stupendous a fact.

The man was dumfounded. He explained that the tub was his only stock in trade, and that with it he furnished two bath a year to each of his Parisian customers. One, I believe, was scheduled for about Christmas time, and the other ought, according even to the French ideals of cleanliness, happen about the great July holidays. He furthermore explained that the madam of the Pension, where the English girl lived, had taken a bath a few days before, and then had gone to bed for two days from sheer exhaustion, as she frankly explained.

This all sounds awfully exaggerated, but it isn't. An American mother whom I know, put her small daughter in a convent and requested of the nuns that she should be bathed at least twice a week, this being in her eyes the smallest possible favor she could ask for her child, who had, up to this time, been bathed every day of her life. The sister of whom the request was made looked embarrassed and explained that the children were not bathed in France, but that when the parents thought it necessary to abluite their small bodies, they were taken to a bath house near by.

These remarks by foreigners on the lack of bathing facilities in France would enrage French people; but if they would become enraged sufficiently to add such comforts to their houses and institutions, they would certainly raise themselves in the eyes of those who come from foreign shores.

TAKING AIM WITH A PISTOL.

Pointing the Forefinger Finds the Range Quickly and Accurately.

When I was a young man over 40 years ago, pistol shooting was one of my most admired sports, and I spent hours and days in practice to become proficient. For a long time I followed the usual practice of "sighting"—that is, looking over sights placed on the barrel, but one day I, as how to take aim without sighting and to shoot accurately in any position, and it came about in this way. I saw a red squirrel a short distance away, down by the side of a fence, and my mother being with me, I called her attention to it, but as it was nearly concealed in the grass she could not see it, so I said, "Now look along my finger," at the same time pointing with the index finger of my right hand, and she, as requested, looked along my finger as you would in sighting a pistol, when she remarked, "You are pointing directly at it."

"I immediately caught it as by inspiration that there was something worth remembering, and the next day I put the idea into practice and soon found myself an expert in accuracy. The method I pursued was this: I used a single barrel pistol of fair weight, of moderate length, and grasping the stock firmly in the hand, using the second finger on the trigger, placing the index finger along the side of the barrel and used that for pointing at the mark. The idea is that if you point your index finger at any object you will find the range accurately, and practice will improve your ability to point your gun where you want to place the shot.

"To assist me in holding by finger directly in line with the bore of the barrel but I got familiar with it I fastened a loop or guide for the finger alongside the barrel, but I only required this of my finger at the start. The idea is that if you point your index finger at any object you will find the range accurately, and practice will improve your ability to point your gun where you want to place the shot.

"This is one of the great secrets in rapid and accurate pistol shooting, for you can take aim as quickly as you can point your finger, and it does not require raising the arm. Let the arm rest by the side of the body, hold the elbow, point side of the body, and you have an accurate aim by practice. This is only one of the many positions, but gives an idea how it is done. I prefer a single shot pistol that pulls fairly easy and is of good, fair weight. If you use a cylinder pistol, then you must protect the finger from the escaping powder fumes between the barrel and cylinder by wearing a thick leather finger guard.

"If any of your readers has never tried this method of shooting, he will be pleasantly surprised at the results accomplished in a short time, but of course systematic practice is required to become proficient."—Washington Star.

EATING AND SLEEPING.

Food supplies the substance for repairing the wastes of the body, and gives strength. Sleep affords the opportunity for these repairs to be made. Both are necessary to health. If you can't eat and sleep, take Hood's Sarsaparilla. It creates a good appetite and tones the digestive organs, and it gives the sweet, restful sleep of childhood. Be sure to get Hood's.

Biliousness is cured by Hood's Pills.

Not every cloud that appears on the horizon develops into a storm.

Minard's Liniment Cures Gargot in Cows.

FREEZING WEATHER IN JULY.

Would cause great discomfort and loss, but fortunately it is seldom known. A vast amount of misery is caused at this season, however, by impoverished blood, poor appetite and general debility. These conditions may be remedied by enriching the blood and toning the stomach with Hood's Sarsaparilla. This medicine seems to purify the blood, and the whole physical system, simply because of its wonderful power to purify, enrich and vitalize the blood, create an appetite and invigorate the digestive functions. We advise you to get a bottle and try it if you are not feeling just right. It will do more good than a six weeks' vacation. It is the best medicine money can buy.

Minard's Liniment for sale everywhere.

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"Chicago" Bicycle

Is fitted with all the latest improvements and sells for

\$35

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BEFORE MAKING YOUR PURCHASE IT WILL PAY YOU TO SEE THIS WHEEL.

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GRAND TRUNK			
GOING EAST	ST.	GOING WEST	ST.
12:15 a.m.	11	8:15 a.m.	11
1:15 p.m.	11	9:15 a.m.	11
2:15 p.m.	11	10:15 a.m.	11
3:15 p.m.	11	11:15 a.m.	11
4:15 p.m.	11	12:15 p.m.	11

CANADIAN PACIFIC			
Corrected June 28, 1900			
GOING EAST	ST.	GOING WEST	ST.
2:30 a.m.	11	1:00 p.m.	11
3:30 a.m.	11	2:00 p.m.	11
4:30 a.m.	11	3:00 p.m.	11
5:30 a.m.	11	4:00 p.m.	11
6:30 a.m.	11	5:00 p.m.	11

THE WABASH RAILROAD CO.			
GOING WEST	ST.	GOING EAST	ST.
1:45 a.m.	11	1:15 p.m.	11
2:45 a.m.	11	2:15 p.m.	11
3:45 a.m.	11	3:15 p.m.	11
4:45 a.m.	11	4:15 p.m.	11
5:45 a.m.	11	5:15 p.m.	11

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