#### The Housekeeper

Blue ointment with kerosene oil mixed in equal proportions and applied to the beds is an unfalling bedbug remedy. To prevent milk curdling, add a lib-eral pinch of carbonate of soda to each

quart before putting on to boil.

To whiten ivory ornaments, rub
them well with unsalted butter and place in the sunshine. If discolored the wory may be whitened by rubbing it with a paste composed of burned pumice stone and water and placing

it under a glass in the sun.

A teaspoonful of cheese added to the oyster scup gives a delicate and unusual

when using oil for frying, the oil taste can be taken away by making the oil very hot, and then fry a piece of onion in it. When brown take it out.

ien sugar and flour are used in a custard it is a good plan to combine these dry ingredients and then add to the beaten egg before turning into the milk. There is less danger of the cusponge a grease spot with four table-spoonfuls of aicohol to one of salt.

Wood alcohol will take vaseline stains from wash goods. Soak them a few min utes in the alcohol.

If you rinse a plate with cold water before breaking the eggs on it, add to them a pinch of salt and then stand where there is a current of air, you will have no difficulty in beating them to a

#### WHEN BABY CRIES

When the baby cries continually do when the baby cries continuous or not put it down for pure ugliness—that is not the baby's nature—it is to be happy and laughing. Every baby should cry on an average of fifteen or twenty minutes a day—that is how he strengthens his lungs. But matters if your haby gives sharp mothers, if your baby gives sharp piercinf cries or low sobbing wails, he is in pain and needs attention. Nothing will relieve the little ome so quickly as Baby's Own Tablets. They regulate the stemach and bowels, exceptions of the stemach and bowels, exceptions of the stemach and statements. pel worms, break up colds, and will make baby healthy and happy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co.. Brockville,

#### A LONG CHASE.

Went 25,000 Miles for Rare Butterfly.

A telegram from Chicago revealed the interesting story of a 25,000 mile chase for a butterfly, told by Mrs. William Carleton Yange, wife of an English entomologist connected with the French Institute of Entomology, who is on her way to join her husband in New York. Mrs. Yange said her husband had made the journey of 25,000 miles for the sole purpose of catching one butterfly, one insignificant, long, red-spotted bug belonging to the Bombyx family, which is said to be nearly as aumerous as the population of China. Mrs. Yange said: "We have had the most extraordinary good fortune. The actual classification of the butterfly I do not know, but I know he has two spots in each upper wing, which render him exceedingly de Moreover, he is enugly done up sirable. in a tin box hermetically scaled—and would bring joy to entomologists whose collections lack this particular specimen. have been butterfly-chasing from Paris to Kioto, and got our little bombyx in the garden of a Japanese gentleman's residence at Kioto after pursaing him twelve months." Some of the butterflies of this continent are the blue, sulphur, cabbage, anglewing, painted lady, zebra swallowtail, silverspot, cockj, wood swallowtail, wood n wood nymph milkweed, tiger swallowiail, mourning cloak, and red spotted purple. The naturalist could not at first find the bomby:

#### Killed by Blood Poisoning

Used an old razor for paring his corns because a 25c, bottle of Putnam's Corn Extractor will cure ail the corns in a family for a year. Sate because purely vegetable. Use only Putnam's Extractor, 25c. at all dealers.

#### THE YELLOW PERIL. (Buffalo Express)

(Buffalo Express)

The shameful plea is made on behalf of chalifornia that the white race there cannot meet. Japanese competition on squal terms; that, owing to the superior intelligence and industry of the Japanese. If given free play, the majority of the superior whites soon would be reduced to a state of sertion to the Japanese. It is a humiliating confession. We refuse to believe that it is a truthful one We think better of the Caucashai race, particularly of the American branch thereof.

It's a curious fact, through, that most of those who argue for this extraordinary conservation or protection of humans are determined opponents of the protective principle as applied to other raw materials and manufactured products in the forms of goods.

In the chromistaness, it is good news that the Japanese have decided to go to law, instead of war, about it. So fragite and helpless a people as those are describes to be by their applicables could not be expected to defend, their own coasts against so cuming and determined an enema.

### Ask for Minard's and take no other. PLAIN CAKE.

Cream 1-2 cup of butter or butter substitute with I cup of sugar, Add 2 eggs, I at a time, beating light before adding the second. Now beat in 1-2 cup of sweet milk and 1 12 cups of flour into which sift 2 tablespoons of baking powder, and just before turning into greased cake pau, add I cup of walnut meats that have been put through the meat grinder. This should be baked in a shallow

## CAROLINE COZ SAYS:

For a sluggish liver eat "greens" once

a day for a week.

Myou are nervous eat onions on have diabetes eat asparagus. your are bilious eat watercress.
your complexion is bad eat carrots,

SANOL is the "RELIABLE CURE" for Gall Stones, Kidney Trouble, Kid-ney Stones, Bladder Stones, Gravel, Lumbage and all diseases arising from Uric Acid. Price \$1.50. SANOL'S ANTI-DIABETES is the only remedy which has a record of complete cures of Diabetes. Price

For sale at all leading druggists. Send for free literature The Sanol Manufacturing Co., Ltd. Winnipeg, Man.

### The Japanese Compositor.

The workers in the composing rooms of the Japanese journals are confronted by a complicated task. The printing of those journals is done in two languages, the "Kana" and the square characters serving as a key to the The square characters are based on Chinese ideographs, and pre sent a mixture of geometric figures

and crosses.

It is said that in Japan there are from four thousand to five thousand of these ideagraphs in everyday use. It follows, therefore, that the Jap com positor must be something of a scholar from the Oriental standpoint, at least to recognize these characters at sight In order to lighten his task he has adopted the following disposition of the work.

He seats himself at a table, upon which are spread the 47 Kana characters. As copy is received he cuts it into small strips and hands each strip to a boy. This lad proceeds along the composing room until he has finally collected from a number of cases an ranged in files the different ideographs desired. Some seven or eight boys are thus employed, and as they proceed here and there in search of the ideo graphs they maintain, for some un known reason, a curious chant

At last all the ideographs called for are placed before the compositor. He dishes out the corresponding types in the Kana character, and finally sets up the whole for "proving" These proofs are sung aloud by one reader to another.

#### TAO AID THE POOR MAN. (Ottawa Citizen)

Whatever to-operative promises the reuction of producer-to-consumer expenses on articles of daily consumption, it should be encouraged. Several projects of this sort are now being considered in the city.

They may all help a little.

But perhaps the action of largest ef-But perhaps the action of largest effect in this way would be through r. saner form of taxatilon. Every poorest
man pays taxes on the building he calls
his home, probably in the form of rent.
He pays higher for his provisions because
the rising rents of stores compel grocers
to pay more, every cent of which they
will collect from their customers. To
exempt improvements, and to collect for
community purposes what the community
creates in land values, would be far to
better the conditions of the man with \$500
and a family. nd a family

Only One "BROMO QUININE." That is LAXATIVE BROMO QUININE, Look for the signature of E. W. GROVE, Cures a cold in one day, Cures Grip in two days. 25c.

## Fox Mothers a Lamb.

An example of Christ's peaceful kingdom as described in the book of Isaiah has been found at Mussy-sur-Seine, not far from Paris. The owner of a herd of sheep found among the flock a deformed lamb which seemed to have little chance of life. In order to get rid of it he took it to a neighbor who kept a fox which had an especial liking for rabbits and chickens and threw it into the animal's cage. A few hours afterward the shepherd on the kind of a butterfly he sought; but he did not cease his search nor his journey around the world, till be had found his specimen.—Christian Herald.

Killed by Blood Poisoning

Killed by Blood Poisoning

ning about the place as happy as any of its kind. Now the owner does not know whether to give the fox credit for his humane instincts or to believe that he was merely waiting until his prey grew large and fat enough to make a

cage and in a little time it was run-

### good square meal. Minard's Liniment Lumberman's Friend.

### GOOD OLD RED.

-It figures in hatdom.

A but may be heautifully red.
Or the hat may be trimmed in red.
Red range from cerise to darker hues.
For summer red-trimmed white hats re promised.

are promised.

A boat-shaped hat shows a red picot brim, and a crown draped with dark blue.

Red is also much in evidence in containing with some green and gray

#### EVIDENCE OF PEACE SPIRIT.

(Buffalo Express)

The plan for a memorial bridge across the river to commemorate the 100 years to peace has received favorable consideration from the Americans and Canadian delegates. It is a proposition that is of the greatest interest to Buffalo and to the ontire Niagara frontier. the greatest interest to Buffalo and to the untire Niagara frontier.

When nations abandon forts and built bighways to facilitate communication across their frontieres, that is practical evidence of the spirit of peace and friendship and a guarantee of its permienace. Such a bridge would stand for centuries as an example to the world.

### BLAME THE WOMEN.

(Ottawa Citizen)

#### AN ANTI-PARADER (Washington Star)

"So you enjoyed the concert?"
"Yes," replied Mr. Cunrox. "It's worth
paying something to listen to a band that
stays in one place instead of moving
down the street just as it hits a tune
you really enjoy."

The laws of gravitation decree that what goes up must come down. This is a comforting theory to apply to the high cost of living.

### DAIRY RECORD CENTRES.

The marked increase of interest in cow testing is one of the good signs of the times. New associations are being the times. New associations are being organized and new dairy record centres have been established this year at Alexandria and North Gower, Oct., Shaw ville and Ste. Henedine, Que., Scotsburn, N. S., and Sussex, N. B.

N. S., and Sussex, N. B.

With a simple record system, there is
no valid reason why a dairy farmer
should harbor the type of cow that is
reluctant to pay her way; with systematic records of the yield of each cow, he is in a position to build up a herd in which each individual pays a good profit which each individual pays a good profit. To increase the profit per cow means to increase the interest of farm life and the real joy of living. Would you not rather keep cows giving thirty dollars profit than those giving only one dollar profit? Milk record forms, we may remind our readers, are still supplied free capalisation to the Pairy Commission. on application to the Dairy Commission on application to the Darry Commission er, Ottawa. State in your letter whether you want forms for keeping daily weights or only three days per month Send for record forms and insure yourself against the modern burglar commission. made by the god cow.-C. F. W.

#### Grouchy? Eat Eggs.

Fish may make you brainy, but it's eggs that make you amiable, at least if we can believe the claims made for this particular article of food by a German scientist of note.

"Cranks, grouches, nervous wrecks of all kinds, should eat all the eggs they can possibly digest." said Prof. Stieg-letz. "Eggs are the best thing in the world for those whose ill tempers make themselves and every one around them uncomfortable. They should be soft boiled preferably and eaten four times a day for four weeks on a stretch. Then the diet should be stopped and not ced again for four or even six

And though no mention is made whether Easter eggs in particular have any more healthful and cheerful effect than ordinary eggs taken at or-dinary times, isn't it always true that the better the day, the better the deed?



#### ANENT WHISKERS.

ASK YOUR DEALER.

(Pittsburg Gazette-Times) It is a strange yet sadly true that, whereas your average man with whiskers is proud of them, and cultivates them with care, he is unable to meet gratefully any slighting allusion to them. He will any slighting allusion to them. He will brave almost any ordinary personal comment as if he had a pachydermatous hide, but let there be mere mention of asparagus in his presence, or a passing remark about alfalfa, and immediately you have his "goat"—or goatee, if you prefer that term, it seems as if supersensitiveness and heards were inseparable. Only the whiskerando is immune from this handicap. In his case the beard is not only alone a pride, but, it is a challenge, for he knows that he is envied in the possession of trimmings luxuriant and, has the common garden competition out of the runnig. Why there should be this sensitiveness concerning beards, or why whiskers should be the object of so much fun-making, is not clear. Periaps a non-partisan commission might enlighten the

#### A WINDSOR LADY'S APPEAL

To All Women: I will send free with full instructions, my home which positively cures Leucorrhoeg, Ul ceration, Displacements, Falling of the Womb, Painful or Irregular Periods, Uter-ine and Ovarian Timors or Growths, aline and Ovarian Timors of Growths, are So Hot Flushes, Nervousness, Melancholy, Pains in the Head, Eack or Bowels, Kidney and Bladder troubles, where caused by weakness peculiar to our sex. You can continue treatment at home at a cost of only about 12 cents a week. My book, "Women's Own Medical Adviser," also sent free on request. Write to-day, Address Mrs. M. Summers, Box H. 8, Windsor, Ont. Nervousness, Melancholy,

#### ATHE BEAT.

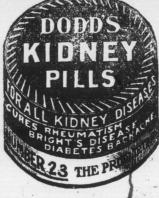
Pittsburg Gazette-Times)

To find fault with a poor man, one genuinely unfortunate, who is doing the best he can to make ends meet, for failure to pay his way, is not seemly. But the unscrupulous four-flusher who year in and year out systematically defrauds the corner grocery, is a pest not to be defended. It is a common experience to learn of such a one declining to pay food bills running all the way from \$100 to \$500 and \$1,000. What is the consequence? The grocer must either go to the wall or adjust prices upward so that they who do not pay him cover the losses sustained through the patronage of genteel frauds. This makes living high for everybody. Suggestion that a strictly cast system will cure the evil loses signt of the infinite adroitness of your so-called high-class beat. As a rule he patronizes, and even our most carefully managed business houses fail to escape his wiles. The heat, too, is numerous and sometimes imposing.

"I believe that a man should follow Pittsburg Gazette-Times)

his own inclinations," remarked Wise Guy. "Yes, if they are going remarked the the right direction," add 1 the simple

"Pop. is an abyse anything sleepy?"
"Of course not, child. What put that
into your head?" "Well, it's always
vawning." Rutimers America. Baltimore American.



### **Weary Tiredness** Changed to Vigor

THAT PLAYED-OUT FEELING WAS QUICKLY REMEDIED AND HEALTH RESTORED.

Story of a Merchant Who Almost Lost His Business and His Health Through Neglecting Early Symptoms of Disease.

"My life for years has been of se-dentary character," writes T. B. Titch-field, head of a well known firm in Buckingham. "Nine hours every day I spent at office work and took exercise only on Sunday, I disregarded the symptoms of ill-health, which were all too apparent to my family. I grew thin, then pale, and before long I was jaun-diced—eyes and skin were yellow, my strength and nerve energy were lowered, and I was quite unfitted for business, In the morning a lightness in the head, particularly when I bent over, made me very worried about my health. Most of the laxative medicines I found weakening, and knowing that I had to be at pusiness every day I neglected myself rather than risk further weakness. course I grew worse, but by a happy chance I began to use Dr. Hamilton's chance I began to use Dr. hamitons Pills. I was forcibly struck by the fact that they neither caused griping nor nausea, and it seemed incredible that pills could tone, cleanse and regulate the system without causing any unpleasant after effects. Dr. Hamilton's Pills acted with me just as gentle as na ture—they gave new life to my liver, strengthened my stomach, and won me back to perfect good health. My akin is clear, dizziness has disappeared and my appetite, strength, spirits are per-fect."

Refuse anything offered you in-stead of Dr. Hamilton's Pills, which are sure to cure. Sold in 25c boxes, five for \$1.00 at all druggists and storekeepers, or postpaid from the Catarrhozone Co., Buffalo, N.Y., and Kingston, Can-

#### Military Embroidery.

Paris like them. Revers are embroidered. Waistcoats are embroidered. Stole effects are embroidered.
The embroidery is in dull gold and

The ground is of white, red, cerise, waistcoats thus adorned are worn with suits of dark-blue or crepe de chine.

The proper coat for these costumes is like that of the Gardes Francaises of the time of Louis XV. and Louis XVI.
Such a little coat is even worked out in flowered silk or satin, or even in cretonne, the straight lines of the uniform being somewhat adapted.



including ENGINEERING **Arts Summer** Session

For calendars write G. Y. CHOWN

# Kingston, Ont KINGSTON . .

#### Three Simple Desserts.

(I'v Caroline Coe.)

Apple Custa d-Take one pint stewed apples, drain all water, drained and one cup of sugar and pinch of stlt, beat four eggs very light and add to apples, add one pint of sweet pinch of stit, beat and one pint of sweet and add to apples, add one pint of sweet milk. Stir well. Grate a little nutneg milk. Stir well. over the top. Bake one-half an hour.

Paked Prunes--Wash one pound diam-sized, as well as moderate-prieed primes. Place them in a bean jar, cover with water, add one scant cup of sugar, three cloves and one slice of lemon. Bake slowly, keeping covered all the time. When prunes look shiny or clear they are ready to serve. Try to bake these the same day you bake beans. Same fire will serve for both dishes.

Banara Whip To the white of one egg add one sliced banana, beat with wire beater until the slices are entirely dissolved and the mixture smooth, to this one tablespoon of pulverized sugar and four or five drops of len mice. Delicious spread over slices drops of lemon cake or with lady fingers.

## Minard's Liniment Used by Physicians LOVE FOR GOD.

(By William Shire Wilson.) The elements of emotion of human heart Echo and re-echo with throbs of joy, happiness surpassed.

The name of God when spoken stirs the heart and cells of mortal beings

brain,
Does it link with "Spirit." "Angelic,"
"Fame" of "Heaven's" realms?
Christian mind on earth can fathom depths -Responsive echoes answer It's the Love for "God."

Sorrow, bereavement dwell at times in mortal beings. Love of "God" is balm, brings joy, no

pain, at so sweet in "Prayer" Love for "God?" What Time and Tide wait for none, even tho mortal Fame, "Jehovah Supreme!"

Tide ebbs and flows. In imagination of Artificial wonders achieve, intellect re-

fines, but in love for humanity.

The wonders of "God" define Creation. Humanity can never fathom only in "Spirit" and Love for "God."

A man is master of his liberty.

## TURTLE MOUNTAIN

#### Forest Reserve a Beautiful Pleasure Resort.

A forest reserve, in spite of its name, is not an area intended to be reserved altogether from public use. On the contrary, the idea in setting it aside is not to keep it from the use of the public, but rather so to manage the area that, while the present users are afforded the freest possible use of the tract, the natusources contained in it may be con tinued unimpaired for the use of future

Following out this general policy, and striving to make the areas now reserved of use to the people, whose property they are, the Forestry Branch of the Department of the Interior is endeavoring to make known to the public of the neighboring country the advantages of the Turtle Mountain Forest Reserve as a summer resort, in which people may

summer months.

The reserve is located immediately The reserve is located immediately north of the international boundary, and approximately fifty miles cast of the boundary between Manitoba and Saskatchewan. It can easily be reached, by motor or by horse vehicle, from Boisse vain or Whitewater, two points which are easily specasible by either (1.2 R or are easily accessible by either C. P. R. or C. N. R. By motor the journey is accomplished in about an hour; by horses

in about two and a half hours.

Lakes well stocked with fish are numerous throughout the reserve; wild fruits abound in their season, and mos-quitoes are much less troublesome than on the prairies. On Lake Max, the largest of the lakes of the reserve, the three islands, on the largest of which (Arbor Island) villa lots have been laid out by the Government. Several motor boats and skiffs are now on the lake, and bathing facilities are first-class, especially for the children. The island is well stocked with trees, and the grateful shade and the constant breeze during the best of summer go to make a vacation heat of summer go to make a vacation spent here very attractive.
Gordon Lake and Lakes William and

Oscar also offer many attractions. Good maps of the reserve will shortly be available, and these, as well as other information concerning the resort, may be obtained from the Director of For estry, Ottawa, or the Supervisor of the Turtle Mountain Forest Reserve, White water, Man.—Department of the Interior, Forestry Branch, Press Bulletin No. 89.

### For Women's Ailments

D . Martel's Female Pills have been the Standard for 20 years and for 40 years prescribed and recom-mended by Physicians. Accept no other. At all druggists.

#### TIMELY FIRST AID.

(By a Physician.)

A live wire may drop at any time and in almost any place nowadays. It be-hooves the public, for its own sake and safety, to know the quick way to eccure a remedy in case of an electric shock. The first thing to do, always, is to reak the contact with the live wire. live wire may be picked up by a person who is wearing a rubber glove, if there are no holes in it. It may be picked up by a person who is wearing rubber shees providing they are without holes, and the added precaution is taken to prevent my one from touching him while holding

The next aid to the person shocked by electricity is to by him flat on the ground and loosen his clothes. Then rub

the body vigorously. Artificial respiration should also be place when there seems no sign of life. is essential to continue the treatment

for a length of time in stubbern cases

I am never without it now. Yours gratefully, MRS. C. D. PRINCE. Nauwigewauk, Oct. 21st.

#### BLESSED IS WORK.

(Belleville Ontarlo)

(Delleville Ontario)

Work, Lucky is the man who is able
to find constant employment of a kind
suited to his tastes and his abilities. It
would be a better and a happier world if
everybody acquired a taste for work of
some kind, if not for the sake of making
a living, then for the sake of the work
itself and the satisfaction it brings.

One of the great mistakes of life it to
look upon work as merely a means to an
end, the end being the making of a living. For most people the work itself is
almost as necessary a condition of a happy life as food and clothing.

LACE.

It's in collars. It trims blouses.
It shows under chiffon.

It trims dresses and cloaks.
It is plaited up into dainty ruchings It forms dresses in conjunction with Shadow laces appear in ever so many

ostumes. Lace, of course, appears more or less

#### ISSUE NO. 21, 1913

HELP WANTED.

WANTED-GOOD PIECER NEEDED for night work. Apply, The Slingsby Manufacturing Co., Limited, Brantford, Ont.

WANTED-EXPERIENCED CONDEN-sor Minder or Cleaner for night work. Apply. The Slingsby Manufactur-ing Co., Limited, Brantford, Ont.

WANTED-SPINNING AND CARDing help. Experienced men prefer-Apply, The Slingsby Manufacturing Limited, Brantford, Ont.

#### APPLE BREAD PUDDING.

(By Caroline Coe). Butter five slices of bread, spread with apple sauce. Put these in a pie dish. Make custard of two eggs and one-quarter cup of sugar well beaten together. Add a cup and a half of milk. Turn over bread and dot the top with

bits of butter and bake forty minutes.

Serve with mock whipped cream.

Mock Whipped Cream—Peel and grate one large sour apple, mix at once with one cup of powdered sugar and the white of one egg. Beat all together until thick: Add half a teaspoon of vanilla. Just try it.



#### VOCATIONAL TRAINING.

VOCATIONAL TRAINING.

(Philadelphia Record)

Vocational training comes from Germany, and is a simple recognition of the fact that public school education, as at present conducted, does not fit the children for anything in particular, and that unless they go to coilege, they are apt to find themselves on leaving school with a mere smattering of knowledge and without our special aptitude. Under such circumstances many boys and girls take the first job that offers itself, and thus often find themselves in a line of work for which they are entirely unfitted. Mally une naturally follows, as they drag along in an industry where they can never achieve any great degree of sucess. These misfits are one of the burdens of the economic system of the day. Their wages are small because the ir services are not worth much.

h much. der vocational education it is hoped

Keep Minard's Liniment in the house

Where Sounds Are Seen. Curious phenomena have been witness ed lately by Prof. Mattengel at Vesuvius and later at Mount Etna, which seems

to prove that under certain conditions we can actually see sounds a perceptible second before we hear them.

According to Prof. Matteussi, sound, which is propagated as we all know by waves of air alternately compressed and expanded, becomes visible to the eye by a refraction of light before it is andible

to the ear, whenever these same waves of air are of different densities. One phenomenon which has observed many times is that of Vesuvius, working up into an eruption on a large scale by quick paroxysms, shooting out quantities of old and new lava at the I was very sick, with oninsy and rate of one projection a second. Sharp thought I would strangle. I used Mixthought I would strangle. I used MIN-ARD'S LINEAENT and it cured me at the sense a thin, luminous are could be seen flashing upward and outward from the crater and disappearing immediately in space. Then almost instantaneously there would follow the sound of explosion and the projection of gas and debris from the lip of the crate

The ame thing was noticeable at Etna. Prof. Matteucci insists that these are isible sound waves, and other scientists are studying the question and its possibilities, and hoping to enlarge upon it.

Your druggist will refund money if PA70 OINTMENT fails to cure any case of itch-ing Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

PILES CURED IN 6 TO 14 DAYS.

#### PUBLICITY SAFECUARDS JUSTICE

(Philadelphia Record) (Philadelphia Record)

A courr has no power to sit otherwise than with open doors," says the Lord Chancellor of England in an opinioa delivered by him in the House of Lords, sitting as the highest appellate tribunal of the British realm. This is the ruse in every country where the common law prevails, and some of the Judges, who have taken it upon themselves to prevent publicity by shutting the doors or sealing testimony in cases where "persons of privilege" were concerned, should take notice that pittless publicity still is at it always has been, the surest safeguard against injustice.

#### INDEED IT IS.

(Niagara Falls, N. Y., Gazette) Ella Wheeler Wilcox advises people to cork hard and marry early. Isn't this utting the cart before the horse?

