The Sabbath Chim ome, thou Almighty King, Help us thy name to sing, Help us to praise? Father all glorious, O'er all victorious,

ome and reign over us, Ancient of days, Come, thou incarnate Word, Fird on thy mighty sword: Our prayer attend; Come, and they people bless; Come, give thy word success Spirit of holiness,

ome, holy Comforter, ny sacred witness bear, In this glad hour; nor, who almighty art, owrule in every heart, nd no'er from us depart Spirit of power.

To thee, great One in Three, The highest praises be, Hence evermore; Thy soveroign majesty May we in glory see, And to eternity Love and adore.

THE EARTH'S MOTION.

It is Alleged that the Poles in Moving Describe Circles.

f the most curious inquiri scientific nature now under way is the investigation of the fixity of the earth's axis of rotation. It appears from various astronomical observations that the latitudes of cer-

Mr. S. C. Chandler, after studying the Mr. S. C. Chandler, after studying the results of the observations that have been made as to variations of latitude, has deduced the conclusion that all the changes can be accounted for by supposing that the North Pole revolves in a circle sixty feet in diameter, once in every four hundred and twenty-seven days.

To many persons such inquiries may not

To many persons such inquiries may not To many persons such inquiries may not appear to be of much practical importance, but is it not worth while to learn everything we can about this great ship of space which is bearing us on a wonderful voyage through the ocean of infinity, and every peculiarity of whose motion has some relation to the forces that control the apparantly endless journey?

The Beauty of Apology.

Scarcely a day passes but each one of us is gnilty, through carclessness, ignorance, or perhaps intention, of some unkind, hasty, word or act against another. We misjudge another's word or deed, and, with angry notives, we try to right ourselves and assert our injured dignity. When our better acture is restored we regret that we were not slow to anger. We are mortified that bur own perceptions were not keen enough to see the word or deed from an impartial point of view, and often we feel true continuing that we have cherished unjust suspicions, and voiced our thoughts indignant-

bering! Most sciences, I think, were then a very deal thing—withered contentions, and voiced our thoughts indignantly and harshly. There is an uneasy tugging of our conscience and a hurt spot in another's heart—two discords where all'might have been harmonious. Or we are so busy with our duties, so wrapped up in our efforts to get what we wish, that we hurry along rough-shod over anything or person that checks our hasty pace. We are not unkind, but carcless of another's share in the daily doings. We are self-assertive, and we imagine every one else equally able to maintain himsell. We are surprised to find our self-centered course; or we are ignorant of the tender spot, the sensitive nerve, in our neighbor's more high-strung nature, and with idle or best-intentioned chat, we press clumsily the place we should avoid.

All this is annoying, and we who conscientiously live to do good rather than evil, feed discouraged with our tactless selves, and often justly with those whose feelings are apparently "always on draught." Buthow many of us are willing to apologize? How many cheerfully use this, the first means of righting wrongs? Just why should false pride succeed in convincing us that to assure another that we regret the vrong, and are minded not to repeat it, is humiliating? The humiliating part of the matter is our own shortcoming in tact and thoughtfulness, not the fact that we say we see our blunder. The offense is twofold—our part and our neighbor's—and it is not enough to be mentally resolved that the trouble shall not arise again. The neighbor should share this resolve, this mental apole-ory. Not that apology is the whole of repentance, genuine turning from past acts, in the first chord that leads quickly, saturally back from discordant keys to past or higher harmonics.

The Fisheries of I ake Supenor.

The Fisheries of I ake Superior.

At Port Arthur alone the figures of the fishing industry for the market are astonishing. In 1888 the fishermen there caught 500,000 pounds of white-fish, 360,000 pounds of lake trout, 48,000 pounds, of sturgeon, 90,000 pounds of pickerel, 30,000 pounds of other fish, or mere than a million pounds in all. They did this with an investment of \$2800 in boats and \$10,000 in gill and pound nets. This yield nearly all went to a Chicago packing company, and it is in the main Chicago and Cleveland capital that is controlling the lake's fisheries. The white-fish is, in the opinion of most gourmets, the most delicious fish known to Americans. The lake trout are mere food. I am told that they are rather related to the char than to the salmon. They are peculiar to our inland waters. They average five to ten pounds; but whatever their weight be, it is a mere pressure of hard dry flesh, calcutated only to appease hunger.

Spiders era seven times stronger in pro-

Spiders are seven times stronger in pro-

INCENDIARISM IN MONTREAL,

Four Blazes in One Hour-Firemen Over come by the Benne Smeke:

A despatch from Montreal says:—Bonse-cours.Market, an old historic landmark, and at one time the City Hall, was badly damaged by fire to-day. That incendiaries are at work there can be no doubt, as within an hour no less than four blazes were discovered, all of which bore evidence of having been set on fire. The market confiagration is serious. Upwards of twenty firms, principally in the dead meat, provisions and fruit business, have been either partly or wholly burned out and the stocks of many others in the building badly damaged by smoke. Not withstanding this, however, the loss, owing to the nature of the stocks carried by the firms, is exceedingly hard to estimate but it is probably safe to say that it will not reach \$20,000. The damage however, was not the most serious feature of the fireby any means, for there were many accidents, and men of the Montreal department marrowly escaped sacrificing their lives to the cause of duty. Suffocation from the dense smoke was the principal cause of the disaster. It was the second time in the history of Mona treal fires that a general ambulance alarm had to be turned in. This was done shortly after 1 o'clock and from that hour until 5 o'clock the four ambulances of the Montreal General and the Notre Dame hospitals were later to done the two institutions. It is not improbable that some of the cases may yet end fatally. It was the saferers were taken either to their homes or to their several stations,

of rotation. It appears from various astronomical observations that the latitudes of certain observations of latitude states are slowly changing. The changes are exceedingly slight, so that only the nost delicate measurements can reveal hem; but in many branches of science it is the small things that count most, since they give the investigator his closest acquaint-ince with the operations of nature.

Yet, although the variations of latitude that seem to have been detected are very mall—amounting, for instance, in the asse of the observatory of Pulkowa, in Rusia, to a motion away from the North Pole of six inches in a year—very interesting ieductions may be drawn from them. Mr. G. C. Constock has suggested, in a careful liscussion of the subject, that the change in the position of the poles, which is indicated by the variations in question, might possibly be the result of a slight motion still remaining over from a great shifting of the earth's axis in long past time, by which the North Pole may once hospitale were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two institutions. It is not improbable that some of the cases may yet end fatally. Mmy of the sufferers were taken either to the two in

The man taught enough by life's dream, of the rest to make sure.

By the pain-but, triumphantly winning intensities of lise of a reward and repose, by the struggle in this.

Tuesday—
The man taught enough by life's dream, of the rest to make sure.
By the pain-throb, trulumphantly winning intensified bilss, and the next world's reward and repose, by the etruggio in this.

—[Robert Browning.]

Wednesday—The practice of men holds not an equal pace; yea, and often runs counter to their theory; we narurally know what is good, but naturally pursue what is evil; the rhetoric wherewith I persuade another cannot persuade myself, there is a det praved appetite in as that will with patience hear the learned instructions of reason, but yet perform no farther than agrees to its own irregular humor. In brief, we all are monsters, that is a composition of man and beast wherein we must endeavor to be as the poets fancy that wise men Chiron, that is, to have the region of the man above that of beast, and sense to sit out at the feet of reason. Lastly, I do desire with God, that all, but yet affirm with men, that few shall know salvation: that the bridge, is narrow, the passage straight unto life; yet those who do not confine the Church of God, either to particular nations, churches, or families, have made it far narrower than sure and the continents of the rest of reason. Lastly, I do desire with God, that all, but yet affirm with men, that few shall know salvation: that the bridge, is narrow, the passage straight unto life; yet those who do not confine the Church of God, either to particular nations, churches, or families, have made it far narrower than our Saviour ever meant it.—[Sir T. Browne.

Thursday—With our sciences and our cyclopacidate may be plucked to present the few whom the same that the wind the wind the processed whom the same the case of the vertical way and the continuence of the winds. The test science, without this, is but as the dead time berring; lwo severates the continuence of the winds.

I was taught to draw chickens thus: First, to remove the crop, which is done by cutting the skin le

tous trust, in every varying light upon their plumage, and in every beat of their quiversing wing, and in every warbled melody of their natural joy, say to us; "Fear not speeped above the sod and looked about on the brown earth and up into the gray sky.

A few snowflakes flitted through the chilly air and one fluttered down and fell upon the face of the crocas.

The lower shivered and the snowflake was gone.

The lower shivered and the snowflake was gone.

The over the crocas and the snowflake was gone.

The flower shivered and the snowflake was gone.

Transport of winter air shock the company of gentry in America. But we don't call them gentry. We call them tramps." A laugh went round the snowflake was gone.

Farmers' Boys and City Life.

And then the crocus smiled and blossomed and kept the sunshine there.

HOW THE SULTAN EATS.

To Mimself Lives Simply but Feeds Lavishly Six Thousand Persons.

Handling,

There are few breeders who realize the importance of this factor in judging of the merits of a beef animal. While form, color, finish and smoothness are readily perceived by the eye, yet the all-important question of quality is best determined by the handling. From the handling can be determined to a large extent the relative proportion of fat and lean and the quality of the same. This cannot be done in every case, but a careful study of handling will enable one to arrive at the truth quite often.

As an indication of feeding qualities it is even more valuable. A large, loose, mellow hide indicates a vigorous outside circulation. Such an animal will usually prove a quick and profitable feeder. The fairs offer a good opportunity to study handling. The owners are willing to volunteer information and the cattle quiet enough to be handled, so that a great deal may be learned in a short time.

Martin Luther's Last Will and Prayer.

Dressing Chickens.

I was taught to draw chickens thus: First, to remove the crop, which is done by cutting the skin lengthwise over it, and peding it loose; draw it out, then make an incision below the breast, insert the hand and draw the intestines, which is a todious and useless operation unless the fowl is for the roast. If for frying or fricassee, first remove the wings, then the legs; make the incision below the breast large enough to insert two fingers, hold out the flesh and cut down to the back on both sides; bend the back over and it will unjoint; cut the remaining flesh and remove the back from the intestines. Next cut through the ribs on both sides, then pull the neck piece and the breast apart until unjointed, cut the remaining flesh, and the chicken is drawn and cut up at the same time. It can be prepared for the kettle-in this way in half the time taken when the other method is followed.

Oh! Yes They Had.

Farmers' Boys and City Life.

The flower shivered and the showlake was gone.

A gist of winter air shook the crocus, but it was brave and the wind passed on.

The crocus looks about the bare, brown earth and ever up to the gray sky.
The clouds were moving slowly and the gray was changing to white.
The crocus watched and waited.
It no longer saw the bare earth; it saw only the whitening clouds.
A bit of blue came and went, and came again.
Then a sunbeam struggled through the rifted white.
Faint and fickle it looked out upon the brown earth and hid itself again.
The crocus shivered a little and waited.
The sunbeam came forth shyly as it it flirted with the flower and looked over the brown earth.

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The rocus shivered and the crocus, the bare, but and they can make more by staying at home that they can make more by staying at home that they can make more by staying at home that they can make more by staying at home than by running off to town. The farm is a far better place than the city and the gray at home than by running off to town. The farm is a far better place than the city and they can they can be tester place than the city and they can they can be tester place than the city and they can they can eath and the ture will be covered by the people of the cuture will so one say at home tha

There is no morality without religion and there is no religion without morality and there is no religion without moralit Morality is religion in practice; religion morality in principle.

A crippled man is helpless; frost-bites cripple and St. Jacobs Oil cures frost-bite promptly and permanently. A fact without dispute.

They Have Their Heads Modled.

They Have Their Heads Modled.

A curious eighteenth century custom has been revived by the leading Paris coiffures, of having models made of the heads of distant clients, in order to study the effects of new styles of hair dreewing and keep the ladies posted on the neward and most becoming fashions. A Russian grande dame, for example, sends at a considerable expense a fac-simile of her head and face, copied perfectly in every detail, to her hairdresser in Paris. He experiments freely, and when a satisfactory result is obtained he mails a photograph of it, with minute directions for arrangement, each month to the St. Petersburg belle, and thus enables her to look up to date in the matter of coiffure. The inital expense is not small, for the wax modelier must be in his way a true artist.

A New Business for Women

A New Business for Women.

A new profession is open to women in large cities. No special qualifications are required beyond good looks and good taste. The profession is that of window gazing. The duties are light and the pay is good. All that is required is to stand in front of your patron's street windows during the fashionable hours of the afternoon and in sufficiently enthusiastic terms draw the attention of your companion to the merits of the latest sweet thing in bonnets or that perfectly ideal theater cloak for the benefit of the genuine shoppers who are passing. The professional window gazers must go in couples in order to be able to start a conversation.

What She Said.

What She Said

Mrs. R. Peck, E. 15th street, New York
City, visited Canada lust year, and had the
good fortune to pick up something which
not only suited her, but her neighbors also.
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says:—"I bought three bottles of Nerviline
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ever used." Nerviline deserves such a commendation, for it is a most powerful, penetrating, and certain remedy for pain of all
kinds. Take no substitute.

The moral feelings of mankind are so or-

The moral feelings of mankind are so organized, that men must feel toward us according to the moral qualities which we pos-

Nature's Oreative Powers Srpass

Nature's Oreative Powers Strass all the arts of man. Fearless of contradiction, St. Leon mineral water has proved its superiority. Used freely as a table water it absorbs those secretions that quench life. Also St. Leon soothes, feeds, and tones up the nerve and vital forces, is so full of that mysterious life, sustaining fluid can be ignited. The charmed, refined feelings that flow steadily on when St. Leon is imbibed those only can tell who try it well.

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a week. I have recommended them to a
number of my friends, who declare that they
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used that done all that is claimed for it.
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