CHATS WITH YOUNG MEN

DON'T KNOCK

Now, what's the use of hammerin' When a feller's down, and stammerin', All the things he did, and didn't do,

and don't;
Just take him by the hand and say, Theer up " old pal, what's wrong to-day? And meet him with a smile and pleasant front.

There's enough to do the "knock-And exclaim. Oh my, how "shock-

ing." Did you hear that Mr. So-and-So fell

through?
'Tis a friend of course who tells it, And another friend who swells it, It's a volume when the story reaches

Just take this "tip;" the rifle Which aims at every trifle, May kick, "mon cher ami," and shoot

your way; We all must taste earth's sorrow, But for each there comes a morrow, have his day.

-P, O. R. in Viatorian When the "under dog" will surely

A THOROUGHBRED'S CREED

I believe in work. For discontent I believe in leisure and in play For neither mental nor physical development is possible without them.
I believe in thrift. For to store up little regularly is to store up char

I believe in simple living. For simplicity means health and health

means happiness. I believe in loyalty. For if I am not true to others I cannot be true to

I believe in bracing up my brother. For an encouraging word may save the day for him.

I believe in living up to the best that is in me. For to lower the standard is to give up the fight.

These beliefs I shall keep always with me, and I shall strive to live up to them. For to do so is to be a thoroughbred. The Hudsonian.

CHARACTER MORAL BASIS OF LIFE

Character is the moral basis of life. It is the foundation on which the lower habitation of our moral destiny and the higher superstructure of our eternal fate are built, for woe and destruction or for permanency and weal. For this life of ours is, like the Bridge of Sighs, "a palace and a prison on each hand;" with this difference: that it is no longer a quest. God was pleased to purify

We go back to the etymology of words to get at their real meaning, and we find that the word " charac ter" means an engraving, the something that is cut and graved and chiselled on the individual soul. The equivalent Greek word has that neaning, and it is a significant one Character is that which individualizes us, which separates the "me" from the "thee." It is the distinctive feature of every soul, the sum of excellence or defects which make us what we are.—Selected.

WHEN VISITING A SICK PERSON

Don't tell him you heard he was Don't tell him you heard he was seriously ill. Even if he is, it might baye hear deemed advisable to keen have been deemed advisable to keep

sation or the recital of pleasures that

he is missing. Don't talk or laugh loudly, or dis-

stay a little longer. HE KNEW WHAT AN OATH WAS

when a rather diminutive witness was put on the stand. Naturally, the

whether the youngster was competent to testify, so he proceeded to question him.

"Fourteen years, sir," replied the boy, "but I am small for my age."
"Yes, I see," returned the judge.
"Do you understand the nature of an of death, sent for the poor hermit to ward off the foe whose advance neither his fortresses nor his guards check. Francis went by the

joinder of the youngster. "I have caddied for you three or four times, sir."

things that it can accomplish.
We can cut through the hardest rocks with a diamond drill and melt steel rails with a flame; we can tun-nel through mountains, make our way through any physical obstruc-tion and checkmate the very laws of

nature by our enthusiasm. Enthusiasm is the very art of high persuasion, and the salesman's progress is commensurate with his ability to move the minds of other people. If he is a real salesman this is pre-eminently true. It is the zest that he injects into his work that kindles an appreciation in the mind of his prospect.—Catholic Columbian.

OUR BOYS AND GIRLS

SHORT SKETCH OF LIVES OF SAINTS OF THE WEEK

APRIL 1 .- ST. HUGH, BISHOP

It was the happiness of this Saint to receive from his cradle the strongest impressions of piety by the example and care of his illustrious and holy parents. He was born at Chatéuf, in the territory of Valence in Dauphine, in 1053. His father. Odilo, who served his country in an honorable post in the army, labored by all the means in his power to make his soldiers faithful servants of their Creator, and by severe punishments to restrain vice. By the advice of his son, St. Hugh, he afterwards became a Carthusian monk, and died at the age of a hundred, having received Extreme Unction and Viaticum from the hands of his Our Saint likewise assisted, in her last moments, his mother, who had for many years, under his direc-tion, served God in her own house, I believe in a cheerful countenance.

For a sour face is the sign of a grouch.

by prayer, fasting, and plenteous alms-deeds. Hugh, from the cradle, appeared to be a child of benediction. I believe in holding up my chin.

He went through his studies with great applause, and having chosen to serve God in an ecclesiastical state. I believe in keeping up my courage. For troubles flee before a brave dral of Valence. His great sanctity and learning rendered him an orns ment of that church, and he was fin ally made Bishop of Grenoble. set himself at once to reprove vice and to reform abuses, and so plentiful was the benediction of Heaven upon his labors that he had the comfort to see the face of his diocese in a short time exceedingly changed. After two years he privately resigned his bishopric, presuming on the tacit consent of the Holy See, and putting on the habit of St. Bennet, he entered upon a novitiate in the austere abbey of Casa Dei in Auvergne. There he lived a year, a perfect model of all virtues to that house of Saints, till Pope Gregory VII. commanded him, in virtue of holy obedi

ence, to resume his pastoral charge difference: that it is no longer a quest. God was pleased to purify Council of Three masked and veiled his soul by a lingering illness before in impenetrable disguises, but our own selves, who, with perfect freedom, construct these elements that lead to happiness or misery by guiding the conduct of our lives.

memory for everything but his prayers. He closed his penitential course on the 1st of April in 1132, wanting only two months of being eighty years old, of which he had been fifty-two years bishop. Miracles attested the sanctity of his happy death, and he was canonized by Innocent II. in 1134.

APRIL 2.-ST. FRANCIS OF PAULA At the age of fifteen, Francis left his poor home at Paula in Calabria. to live as a hermit in a cave by the sea-coast. In time disciples gatherserved a perpetual Lent, and never bed; his best garment was a hair be fact from him.

Don't speak of the deaths you have heard of from the same malady.

Don't suggest that the illness may be more serious than at present apshirt, and boiled herbs his only fare. pears.

Don't try to shake his faith in the mode of treatment that is being em-Don't tell your troubles. The patient has enough of his own.

Don't, on the other hand, expect him to enjoy light, frivolous corner. of it, and the preacher, finding that he made no way with his hearers, determined to see this poor hermit and confound him in person. The Saint received him kindly, gave him a seat by the fire, and listened to a long exposition of his own frauds. Don't stay too long. Go while the patient would be glad to have you embers from the fire, and closing his hands upon them unhurt, said, "Come, Father Anthony, warm your-self, for you are shivering for want One day a certain popular judge of a little charity." Father Anthony, falling at the Saint's feet, asked for pardon, and then, having received his embrace quitted him, to become was put on the stand. Naturally, the judge was assailed with doubt as to his panegyrist and attain himself to question him.

"How old are you, my little man?"

asked the judical one, in a kindly voice.

"How old are you, my little man?"

francis told him to give it back to his oppressed subjects, and softened his heart by causing blood to flow the ill-gotten coin. Louis XI. voice.
"Fourteen years, sir," replied the boy, "but I am small for my age."

of France, trembling at the approach of France, trembling at the approach

that moves the world. There is nothing comparable to it in the Jesus on his lips, "Into Thy hands, things that it can accomplish.

O Lord, I commend my spirit."

APRIL 4 .- ST. ISIDORE, ARCHBISHOF

Isidore was born of a ducal family, at Carthagena in Spain. His two brothers, Leander, Archbishop o at Carthagena in Spain. His two brothers, Leander, Archbishop of Seville, Fulgentius, Bishop of Ecija, and his sister Florentina, are Saints. As a boy he despaired at his ill success in study, and ran away from school. Resting in his flight at a roadside spring, he observed a stone which was hollowed out by the dripping water. This decided him to return, and by hard application he succeeded where he had failed. He went back to his master, and with the help of God became, even as a youth, one of the most learned men of the time. He assisted in convert ing Prince Recared, the leader Arian party; and with his aid, though at the constant peril of his own life, he expelled that heresy from Spain. Then, following a cali from God, he turned a deaf ear to the entreaties of his friends, and embraced/a hermit's life. Prince Recared and many of the nobles and clergy of Seville went to persuade him to come forth, and represented the needs of the times, and the good he could do, and had already done, among the people. He refused, and, as far as we can judge, that refusal gave him the necessary opportunity of acquiring the virtue the power which afterwards made him an illustrious Bishop and of his brother Leander he was called to fill the vacant see. As a teacher, ruler, founder, and reformer, he labored not only in his own diocese. but throughout Spain, and even in foreign countries. He died in Seville on April 4, 636, and within sixteen years of his death was declared a

Doctor of the Catholic Church. APRIL 5 .- ST. VINCENT FERRER This wonderful apostle, the "Angel of the Judgment," was born at Valencia in Spain, in 1350, and at the age of eighteen professed in the Order of St. Dominic. After a brilliant course of study he became master of sacred theology. For three years he read only the Scriptures, and knew the ole Bible by heart. He converted the Jews of Valencia, and their synagogue became a church. Grief at the great schism then afflicting the Church reduced him to the point of death; but Our Lord Himself in glory bade him go forth to convert sinners, "for My judgment is nigh." This miraculous apostolate lasted twenty one years. He preached throughout Europe, in the towns and villages of Spain, Switzerland, France, Italy, England, Ireland, Scotland. sinners were reformed; Jews, infidels, and heretics were converted. Stu-pendous miracles enforced his words. Twice each day the "miracle bell" summoned the sick, the blind, the lame to be cured. Sinners the most obdurate became Saints; speaking only his native Spanish, he was understood in all tongues. Processions of ten thousand penitents fol-lowed him in perfect order. Convents, orphanges, hospitals, arose in his path. Amidst all, his humility remained profound, his prayer con stant. He always prepared for preaching by prayer. Once, however, when a person of high rank was to be presfor study. particularly struck by the discourse which had been thus carefully worked second sermon made a deep impression on his soul. When St. Vincent that in the first sermon it was Vin- one Sunday morning.

St. Celestine was a native of Rome, and upon the demise of Pope Boni face he was chosen to succeed him, in September 422, by the wonderful consent of the whole city. His first official act was to confirm the condemnation of an African bishop who had been convicted of grave crimes. He wrote also to the bishops of the provinces of Vienne and Narbonne in Gaul, to correct several abuses, and ordered, among other things, that absolution or reconciliation should never be refused to any dying sinner who sincerely asked it; for repentance depends not so much on time as on the heart. He assembled a synod at Rome in 430, in which the writings of Nestorius were examined, and his blasphemies in maintaining in Christ a divine and human person were condemned. The Pope pronounced sentence of excommunication against Nestorius, and deposed him. Being informed that Agricola, the son of a bishop called Severianus, who had been married before he was raised to the priesthood, had spread the seeds of the Pelagian heresy in Britain, St. Celestine sent thither St. Germanus of Auxerre, whose zeal and conduct happily prevented the threatening danger. He also sent St. Palladius, a Roman, to preach the Faith to the Scots, both in North Britain and in Clared: Ireland, and many authors of the life of St. Patrick say that apostle likewise received his commission to preach to the Irish from St. Celesthe 1st of August, in 432, having reigned almost ten years.

APRIL 7. - BLESSED HERMAN JOSEPH OF STEINFELD

Herman from his earliest years ENTHUSIASM

ENTHUSIASM

Enthusiasm that the genuine enthusiasm that he can arouse, for it is the energy

Enthusiasm to sales a devoted client of the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One he can arouse, for it is the energy

Enthusiasm that the successors of Louis showered favors on the Saint, his Order spread throughout Europe, and his name was reverenced through the Christian world. He died at the age of ninety one, on he can arouse, for it is the energy

Enthusiasm that the successors of Louis showered favors on the Saint, his Order spread throughout Summons

Europe, and his name was reverenced through the Christian world. He died at the age of ninety one, on he can arouse, for it is the energy of the control of the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One bitter winter day, as little Herman error for the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One bitter winter day, as little Herman error for the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One bitter winter day, as little Herman from his earliest years was a devoted client of the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One bitter winter day, as little Herman from his earliest years was a devoted client of the Mother of God. As a little child he used to spend all his playtime in the church at Cologue before an image of Mary, where he received many favors. One bitter winter day, as little Herman from his earliest years are solved in the church at Cologue before an image of Mary, where he received many favors.

Save Food

In a time needing food economy many people are not getting all the nourishment they might from

It is not how much you eat, but how much you assimilate, that does you good.

The addition of a small teaspoonful of Bovril to the diet as a peptogenic before meals leads to more thorough digestion and assimilation and thus saves food, for you need less.

was coming barefooted into church.

his heavenly Mother appearing to him, asked him lovingly why his feet were bare in such cold weather. "Alas! dear Lady", he said, "it is because my parents are so poor. pointed to a stone, telling him to look beneath it; there he found four silver pieces wherewith to buy shoes. did not forget to return and thank her. She enjoined him to go to the same spot in all his wants, and dis Never did the supply fail him; but his comrades, moved by a different spirit, could find nothing. Once Our Lady stretched out her hand, and took an apple which the boy offered her in pledge of his love. Another time he saw her high up in the tribune, with the Holy Child and John; he longed to join them, but saw no way of doing so: sudden ly he found himself placed by their side, and holding sweet converse with the Infant Jesus. At the age of twelve he entered the Premonstratensian house at Steinfeld, and there led an angelic life of purity and prayer. His fellow novices, seeing what graces he received from Mary called him Joseph; and when he shrank from so high an honor, Our Lady in a vision took him as her spouse, and bade him bear the name Jealously she reproved the smallest faults in her betrothed, and once appeared to him as an old woman, to upbraid him for some slight want of devotion. As her dowry, she conferred on him the most cruel sufferings of mind and body, which especially severe on the great feasts of the Church. But with the cross Mary brought him the grace to bear it bravely, and thus his heart was weaned from earthly things, and he was made ready for his early and saintly death, which took place about

A KNIGHT OF THE EUCHARIST

Another of those silent, but none the less powerful sermons which are so frequently preached by laymen, without, perhaps, their knowing it, by prayes.
erson of high rank was to be prestat his sermon he neglected prayer
ts study. The nobleman was not
study. The nobleman was not
Times, of Philadelphia. "He was a
and for hours he with his up; but coming again to hear the Saint, unknown to the latter, the snow storm, had been fighting quarter million dollar blaze which destroyed a five story factory building heard of the difference, he remarked on Laurel street, east of Allen, early sea-coast. In time disciples gather. cent who had preached, but in the second, Jesus Christ. He fell ill at the second, Jesus Christ. He fell ill at Vannes in Britanny, and received the Called to show that they were the crown of everlasting glory in 1419. the sacristy, he asked one of the priests if he might not receive Holy Communion there. He politely declined the request to go into the Church, on account of the ice, now melting and running in rivulets on the floor. On Saturday night the fireman had gone to confession, and although called from his cot to the blaze at 1:30 a. m., he had maintained his fast until about 8 o'clock, when a superior granted him permission to go to receive his Eucharistic Lord. He then went back to the fire." are few, indeed, who can fail to be edified by even reading of this sturdy believer. His experience will bear repeating for the especial benefit of those young (and old) men who fail in their monthly Communion, and put off their Easter Communion, because "they can't get around to it." 'Where there's a will, there's a way -Catholic Transcript.

AN EDUCATOR'S WARNING

Cardinal Manning said that if you educate the present generation without religion, the next generation will pull down the churches. The late President Harper of Chicago Univer sity gave a similar warning and de-

"It is difficult to foretell the out-come of another fifty years of our educational system-a system which preach to the Irish from St. Celestrains the mind, but, for the most tine, in 431. This holy Pope died on part, leaves the moral side untouched, no religion, no ethics, merely a sharpening of the intellect. The Catholics meet the difficulty; our Protestant churches utterly ignore

wail unmanfully. The moment calls for a mobilization of energy; the feet must be braced and the teeth gritted; the dead weight must be overcome as quickly as possible and one must pass from sorrow into

THE BELLS

A photograph found on a prisoner shows German soldiers taking the bells from a church in a French village to recast them into cannon

They have taken your bells, O God-The bells that hung in your towers, That cried your grace in a lovely

song
And counted the praying hours!

The little birds flew away, Fearing a German prayer That curses a holy thing Like gas on the morning air, The little birds flew away For a terrible thing was there.

The consecrated bells Will call no more-no more Down the village street, Saying the old church door Is open to all men's feet : Come unto me-to me Dear Christ, what a thing was there For the little birds to see!

They have taken your bells - your bells

That the people loved and knew. That rang the bours of day And counted the long night through, And the little birds flew away, They could no longer sing In towers like tongueless men That were slaves of a tyrant King

The little birds flew away! They will tell the clouds and the wind, 'Til the uttermost places know

The sin that the Hun has sinned! Will the cannon not be cursed That is cast from a singing bell? Can they melt the Name of God In the furnaces of Hell? Will the bells forget their song Will they learn to roar and hate? They were your bells, O God, Blessed and consecrate The people loved them all,

And named them, bell by bell.

Will ever they learn to kill-Who have been loved so well? The little birds flew away From the desecrated towers, Their last, sweet hours, But the winds will take their song And carry it oversea,

And the singing bells shall haunt For all eternity !

AND WALLS

-Louise Driscoll



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