## THE FARMER'S ADVOCATE.

# Had a Weak Aching **Back and a Nasty** Sick Headache

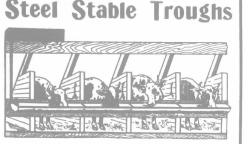
1774

Mrs. W. R. Hodge, Fielding, Sask. writes:—"A few lines highly recommend-ing Doan's Kidney Pills. For this last year I have been troubled very much with nasty sick headaches, and a weak aching back which caused me much misery, for I could not work, and hac no ambition for anything. My kidney, were very badly out of order and kept me from sleeping at nights.

"I tried many kinds of pills and medicines but it seemed almost in vain. I began to give up in despair of even being well and strong again when a kind neighbor advised me to try Doan's Kidney Pills, which I did, and an thankful for the relief I obtained from them for now I am never troubled with a sore back or sick headaches. I will always say Doan's Kidney Pills for mine and can highly recommend them to any sufferer."

Price 50s per box, or 3 boxes for \$1.95 at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited Torente, Ont.

When erdering direct specify " Doan's."



While you're fixing up your stables this summer be sure to install our steel, ever-lasting, stable troughs. Every Farmer and Dairy man knows the great advantages of properly watering their stock—especially cows—in the stable during cold weather. Our steel stable troughs are EASY TO ERECT.

ERECT. MADE IN SECTIONS. they can be ex-tended to fit any size stable—simple in con-struction. Nothing to get out of order, always ready for use. We guarantee the quality of the material and take all respon-sibility—mon y back if not as represented. Used in the new stables at the Guelph Ex-perimental Farm, etc. Write for catalogue 22. Troughs and Tanks for all purposes.

## STEEL TROUGH CO., Tweed, Ont.

#### RATHER THIN.

"How much cider did you make this year ?" enquired Farmer A of Farmer B, who had offered him a sample for trial. "Fifteen bar'ls," was the answer.

Farmer A took another sip. "I reckin, he drawled, "ef you'd had another Si." apple you might ha' made another bar'l."

# SAVED HERSELF

## **OUESTIONS AND ANSWERS.** Miscellaneous.

### PERENNIAL SOW THISTLE.

Could you tell me the name of the enclosed weed. I found a small patch in one field when cutting the oats. This is the first I have ever seen of it. J. N. Ans .- The enclosed weed is the root

and a rosette of leaves of the perennial sow thistle (Sonchus arvensis). This is one of the worst weeds in Canada. If left to grow, it will produce stems from 1 to 5 feet high, and the flowers are bright yellow, 11 inches across, borne in corymbs. They close in strong sunlight. It seeds profusely, and the seeds are distributed by the wind. It also spreads rapidly by the vigorous running rootstocks. Wherever it becomes established, it will smother out the cultivated crops almost completely. It must be fought with determination to prevent its seeding and to kill the rootstocks. Small patches may be eradicated by digging out the roots and destroying them. This may have to be done several times during a season. It requires system to eradicate it where it is present over larger areas. Special treatment for a season is necessary, and it must be closely watched for a number of years. Summer-fallowing, with the frequent use of the broad-shared cultivator, is good practice. A good method is to plow lightly after harvest, and follow this with the frequent use of the broad-shared cultivator. Later in the fall plow a little deeper. In the spring give frequent cultivation so as to prevent the weed making any growth and to weaken it. About the middle of June or July first sow rape in drills at the rate of 1 to  $1\frac{1}{2}$ lbs. per acre. Cultivate at short intervals until the rape completely covers the ground. This will usually exterminate the pest. After the rape is pastured off the field can be plowed and put into a hoed crop the next season if any small patches of the weed remain. This insures a thorough job.

#### VENTILATING BASEMENT.

1. What would it cost to install the Rutherford system of ventilation in basement of barn, 42x100?

2. Some place tile in each of the four walls a few inches from the top. What is your opinion regarding the system ? T. L.

Ans .--- 1. This depends on the number and size of the inlets and outlets installed, upon the arrangement of the stables in the basement, and upon the number of cattle, horses and other stock housed. The total cross section area of the intake should allow 15 square inches per head of cattle or horses kept in the building, or about 1 square foot for each 10 head. The outlet should, according to J. H. Grisdale, who has experimented considerably with this and other systems, have double the capacity of the intake; square inches intake openings should be distributed in such a way as to permit of air entering from as many sides as possible. No openings should, however, be less than 4 inches wide and 10 inches long. Outlets should never be less than 18 inches across. A large outlet about three feet square near the center of the stable and extending up to a little above the peak of the roof would be the main item of cost. 'Two 26 in. x 26 in. outlets might be used, but one three-foot outlet would do. If placed in the wall at time of building the intakes would cost but little. If holes in an old wall had to be made for them the cost would be somewhat greater. Outlet shafts should be double-boarded with an air space between, or if single-boarded matched lumber must be used. Knowing the height of the outlet you can easily figure the cost of lumber required to put it in. For a 40-foot outlet about 500 feet of matched lumber would be required for a 3-foot single-boarded flue. If doubleboarded nearly 1,000 feet of rough lumber would be necessary. The entire cost. labor included, should not exceed one hundred dollars, and it might be done for much less. 2. Tile, as suggested in the question, are not the best means of ventilation. They cause dealts and a poor circulation of air usually results, the foul air not being driven out as well as where flues are constructed to the roof.



Trusses Like These Are a Crime

## Leg - Straps. Such Harness Has Forced Thousands to Undergo **Dangerous** Operations.

Trusses like those shown above-the belt and eg-strap, elastic and spring contraptions—sold by lrugstores and many self-styled "Hernia Special-sts"—make life miserable tor everybody who wears

Moreover, they often do immense harm-they squeeze the rupture, often causing strangulation-dig into the pelvic bone in front-press against the sensitive spinal column at the back.

### The Plain Truth Is This.

Rupture—as explained in our free book—can't be relieved or cured—can't even be kept from growing worse—unless constantly held in place. Just as a banda ze or splint is the only way a broken bone can be held—the right kind of truss is the only thing in the world that can keep a rupture from coming out. What a difference it will make when you get that kind of a truss. And you can get exactly that hind at term

And you can get exactly that kind of truss on trial-vithout risking a cent of your money. It's the famous Cluthe Truss or Cluthe Automatic about it.

Automatic about it. Massager. Far more than a truss—far more than merely a device for holding the rupture in place. Self-regulating, self-adjusting. No belt, elastic belt or springs around your waist, and no leg-straps—nothing to pinch, chafe, squeeze or bind. About it. Just use the coupon, or simply say in a letter or postal, "Send me your book." In writing us, please give our box number as below— Box 109—CLUTHE COMPANY — 125 East 23rd St. New York ity

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We have so much faith in the Cluthe Truss-w We have so much faith in the Cluthe Truss—we have seen it work wonders for so many others—that we want to make one especially for your case and let you wear it at our risk. We'll give you plenty of time to test it—if it doesn't keep your rupture from coming out, when you are working and at all other times—if it doesn't put an end to the trouble you've heretofore had



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Get Rid of Elastic Bands, Springs and with your rupture—if you don't get better righ away—then the truss won't cost you a cent.

How It Strengthens and Heals.

In addition to holding the rupture, the Cluthe Truss or Cluthe Automatic Massager is constantly giving a soothing, strengthening massage to the weak ruptured parts. All automatically--the massage goes on all day ong, all without any attention whatever from you.

The World's Greatest Book

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Un Rupture. Don't go on letting your rupture get worse-don't spend a cent on account of your rupture until you get our free book of advice. This remarkable book-cloth-bound, 82 pages, 21 separate articles, and 19 photographic pictures-took us over 40 years to write-took us that long to find out all the facts we've put in it. It explains the dangers of operations and why they don't always cure to stay cured. And tells-ab-olutely without misrepresentation -all about the Cluthe Truss-just how it holds--how it gives the curing massage-how it is water-proof-how it ends all expense-how you can get it on trial-and gives names and addresses of over 4,000 people who have tried it and want you to know about it.

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# YEARS OF PAIN

## If She Had Used Dodd's Kidney Pills First

### Mrs. McRea Suffered for Over Two Years, Then Two Boxes of Dodd's Kidney Pills Made a New Woman of Her.

Previl, Gaspe Co., Que., Oct. 23.-(Special.)-That she might have escaped two years and seven months of suffering had she tried Dodd's Kidney Pills in the first place, is the firm conviction of Mrs. John McRea, an old and respected resident of this place. And this is the reason she gives for believing so :

"For two years and seven months I was a sufferer from Kidney Disease, brought on by a strain and a cold. My eyes were puffed and swollen, my muscles cramped, and I suffered from neuralgia and Rheumatism. My back ached, and I had pains in my joints.

"For two years I was under the doctor's care, but he never seemed to do me any lasting good. Two boxes of Dodd's Kidney Pills made a new woman of me."

To save yourself suffering, cure your Kidneys at the first sign of trouble. Dodd's Kidney Pills are the one sure cure.



Morriston Tamworths Bred to the proved Chester White Piss. Largest for sale, from, to 10 months old; young sows, dandies, in farrow to first-class boars. Chas, Currie, Morriston, Ont, Karrow to Statistic Chester Ch