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SUITS OF CLOTHES FOR MEN, YOUTHS AND BOYS.

We also have a large range of up-to-date Boots, Shoes, Slippers, Sandals and Sneakers. Not the lowest prices but the Best Values

H. D. WOODBURY THE VILLAGE STORE KINGSTON VILLAGE

Kingston Theatre

F. W. FOSTER, Mgr

SATURDAY

JUNE 20

SHORT SUBJECT SHOW ALL COMEDY

REEL

Virginian Cat's Meow Bucaneers

6 Reels of Laughter - 6 Regular Prices Show at 8.15

Sure He Was Right

"I insist that rats gnawing matches started the fire in my store," said he who had a suspicious fire to his friend. "How can you be so sure?" the friend asked. "It is said that it has been tested out that rats never gnaw matches."

"Well," was the somewhat absent-minded reply. "I coated the matches with limber cheese before I put them in the shavings."

The spoken word belongs half to him who speaks, and half to him who hears.

RECORD BREAKING SALE

HOSIERY AND FOOTWEAR

JUNE 6th to JUNE 27th

Boys Heavy Brown Sneaker Boots with heel, sizes 1, 2, 3 and 4 SALE \$1.48 Boys Brown Oxford with Crepe Rubber Sole, sizes 1, 2, 3, 4 and 5 SALE \$1.38 Girls Black and Brown Sandals, sizes 11, 12, 13, 1 and 2 for seashore Clearing Sale \$1.48

O. W. CHESLEY Reliable Footwear NOVA SCOTIA MIDDLETON Open Tuesdays and Saturday Nights

1925 FUELS

For Quality Coal and Coke we take great pride in offering you our products. We endeavor to carry nothing but the best. Give us a ring any time and we will give you our very best service.

J. M. Broadfoot, Middleton DEALER IN COAL AND COKES

Here's What You Want:

- Cabbage -Fish -Halibut -Crocker's Pickles

It is an easy matter to get an appetizing meal with the above. These are fresh and wholesome. Just try some. At this time of the year they are most appreciated. Besides the above we carry a full line of choice meat cuts. Give us a ring and we will be ready to serve you - It is a pleasure.

TELEPHONE 137 FOR SERVICE

J. F. Woodbury

The Meat Market Opposite Royal Bank.

CORRESPONDENCE

MIDDLETON N. S. June 12th, 1925 To the editor of "The Outlook," Dear Sir:-

The following from the American Journal of Nursing is submitted with a view of removing some of the misapprehension and superstitions regarding Scarlet Fever.

Yours truly, J. A. SPONAGLE

The Nursing of Scarlet Fever By Elizabeth F. Miller, R. N.

Scarlet Fever is one of the communicable diseases that has had the distinction of much superstition in past years. While the theory of contact infection has permeated many communities, and through a fair percentage of the population realize the infective agent is found principally in the nose and throat of patient, we still hear echoes like the following: "The dangerous time in scarlet fever is the peeling period."

In my personal experience I have had nurses, doctors, and registered call me for a nurse who has had the scarlet fever herself, in order that she may be safe to nurse a case for which they called her. Many registries still require a nurse to be a week after leaving a scarlet fever patient. These incidents and many others have a deterrent effect upon nurses in general when they are needed for a patient having scarlet fever.

The recent developments in research work in scarlet fever under the direction of Dr. Dick of the Infectious Institute in Chicago has given us new knowledge concerning this disease. The aseptic nursing started fourteen years ago under the leadership of Dr. Chapin of Providence, Rhode Island, known as the Chapin technique, or the Pasteur Method has given us a new point of view about the nursing care of a patient affected with this disease.

In the following suggestions concerning the care of the patient, we shall think in terms of clean, and contaminated areas, and this will apply to both hospital and home management in the nursing of the patient.

The first principle in aseptic technique is to limit the infection to the least number of articles possible, this includes concurrent disinfection, or the immediate cleansing of any contaminated surface, and the immediate disinfection of all discharges from the patient, all dishes, utensils, etc., that the patient contaminated or that were indirectly contaminated by the nurse. All dishes and utensils used by the patient should be sterilized after each use even though they are isolated.

General instructions for the Nurse

- 1. The nurse should wash her

Rich in Flavor

delicious "WALBAY" TEA satisfies the most discriminating taste. A trial will convince you.

hands each time she contaminates them. She can facilitate her work in the home by having squares of clean paper for opening faucets, and doors, and protecting clean surfaces from contamination.

2. Keep hands away from the face of a patient who is coughing or sneezing, or the patient's bed, or kiss a child, or allow a patient in contact with the face or hair, area into the room.

3. Avoid as far as possible getting in direct line or near the mouth of a patient who is coughing or sneezing, as infectious particles may be thrown several feet under these conditions.

4. Take a daily wash with the fresh air. If a nurse's technic has been observed, she is safe to go into the community just as nurses employed in communicable disease hospital.

5. Antiseptic gargles do not keep a nurse from being infected and may lower the resistance of the mucous membrane. Washing the mouth with physiological salt solution is always cleansing whether nursing a scarlet fever patient, or a non-infectious patient.

The nurse's bed room should be a clean area, or her gown should hang in the patient's room out of reach of the patient. If a nurse is obliged to sleep in the room with a patient, distance of six or eight feet should separate her cot from the patient's crib or bed. If this is impossible, a screen should separate them.

The room chosen for the patient should be bright, airy, and well ventilated. The room should be clean, that is, un-contaminated. She can insure cleanliness by covering it with a sheet, she or the doctor touch the bed accidentally.

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A daily cleansing bath between blankets is essential to relieve the kidneys of extra strain, and for the general welfare of the patient. Rubbing a scarlet fever patient with alcohol is irritating to the skin, and is contraindicated. Formerly the skin was anointed with oil or vaseline during both the eruptive stage and the desquamating period; this method is now obsolete, for the theory of desquamating skin by means of oil, or fat, has long been abandoned by the best communicable disease authorities.

If the exanthem causes discomfort, it may be allayed by bathing with a half of one per cent. Sebo-dol solution once or twice a day as indicated.

In consideration of the diet, if the onset is attended with much nausea, food is restricted until the gastric symptoms subside. During the period of nausea cracked ice and fruit juices should be given.

If the kidneys function, that is, if the output of urine is normal, the amount of liquids may be increased correspondingly. In the vast majority of instances water, well diluted, given in large quantities from the beginning.

The diet is usually liquid until the temperature is normal, then food may be increased and varied according to individual doctor's instructions according to the general condition of the patient. Meat was formerly restricted entirely, but it is now given in limited quantities after temperature is normal for some days, without any disastrous results.

If there is edema, the patient is given the same diet as any other patient would receive who has impaired kidneys.

Elimination is very important from the onset of the disease. Urge the patient to take a stool every day, or three quarters daily, excluding his liquid diet. Plenty of fruit juices, especially orange juice, well diluted, and cranberry and grape juice are helpful. Diuretics are given according to the doctor's orders, and may include Basmann's mixture, and potassium citrate. If the water is forced from the beginning, there is little need for diuretics, and it is safe to assume that the administration of quantities of water during the earlier stage helps to prevent later complications and infections. The output of urine should be observed and noted daily.

The mouth should require the same attention as any other febrile condition demands, the nurse always bearing in mind the infective element found in the throat and nose, therefore the necessity for very careful handling of the patient's mouth, and the immediate disinfection of the solution, basins, and her hands. When the patient begins to eat solid food, the use of the tooth brush after each meal is indicated and is practical when the nurse has but one patient. Thorough cleansing of the tooth brush is necessary after each use.

The patient should be in a recumbent position as long as the temperature is elevated, and as long thereafter as ordered by the physician. This varies with the degree of toxemia. Some patients may sit up in bed after seven days, while others are obliged to rest for a longer period. Unless complications arise, the ordinary patient is allowed to be up and found at the end of three weeks, and in nice weather should be allowed in the fresh air if supervised.

There must be constant watching for untoward symptoms which may indicate any one of the complications so frequently seen in scarlet fever. Among the common complications are otitis media (middle ear), cervical adenitis (glands neck), endocarditis (head) nephritis (kidneys), and

arthritis (joints). Other associated infections are always possible and this is a point to observe in the handling of scarlet fever patients.

Severe complications may occur in the mildest cases, for this reason the most diligent care, at the very beginning, should be given even though the temperature is almost normal from the beginning. This point is sometimes forgotten. Complicated cases of otitis media, and cervical adenitis often become surgical cases and here we have the possibility of severe streptococcal infection, so strict surgical asepsis, as well as medical asepsis, is indicated to both nurses and doctors handling the patient.

Arthritis is a common complication occurring usually the first week. It may assume a painful aspect, and in any event, calls for prompt nursing measures. When the patient complains of "joint pains," place him between blankets, if in winter, and at all times show the affected joints in cotton. Bathe affected joints each day, being careful to bathe one joint at a time and re-wrap at once with cotton cloth after exposing another joint. This care often prevents much pain and obviates the general discomfort attending scarlet fever arthritis.

Nephritis is an important complication. Frequent urinalysis is absolutely necessary in scarlet fever, and should be repeated at least every third day. The nursing care and attention to eliminate infection is the ultimate recovery of the patient.

Termination of the Case If the nurse has observed all the details of her technic from day to day, the release of the patient is a simple procedure. A warm soap and water bath and the washing of the patient's hair are all that are necessary for the patient. The thorough disinfection of all contaminated articles is necessary. For the mattress, an exposure of twelve hours to sunlight should be all that is necessary if the mattress was properly protected. Blankets can be washed and dried in the sun.

The former terminal ceremony of fumigating is now obsolete, and attention should be directed to the daily keeping areas and surfaces free from contamination. The new light that has been given to us in handling scarlet fever is that as well as any communicable disease patients has interested, thereby dispelling much of the superstition and ignorance that formerly surrounded the disease.

WEDDING

Spinney - Spinney

The home of Mrs. J. B. Spinney, South Greenwood, was the scene of a very pretty wedding on Tuesday morning, June 9th, when her second daughter, Lillian, was united in marriage to C. Maynard Spinney of the same place.

Promptly at 9.30 to the strains of the Bridal March from "Lohengrin" by Wagner, played by Fitch B. Banks, cousin of the bride, the happy couple passed down an aisle, formed by eight girl friends of the bride holding white streamers decorated with pink and green, extending from the front door to a natural arch formed between two trees on the lawn, and which were suspended by two letters: "S" - "S" in pink and white.

The ceremony was performed in the presence of a large number of relatives and friends, by the Rev. H. H. Phinney, pastor of the Lower Aylesford Baptist Church. The bride, who was given away by her mother, was beautifully gowned in sand colored silk canton crepe, carrying a shower bouquet of carnations and sweet peas entwined with fern.

After congratulations, a dainty wedding breakfast was served in the dining room, which was very prettily decorated in apple blossoms and sun sweet peas.

The bride party left on the west-bound express for points in Massachusetts, where they will spend a short honeymoon. On their return, Mr. and Mrs. Spinney will reside in South Greenwood, where their friends wish them a long and happy wedded life.

The bride was the recipient of many beautiful gifts, including aluminum, silver, glass, ceramics and other useful gifts, and a substantial cheque from the groom.

Thankful Mothers

Once a mother has used Baby's Own Tablets for her little one she would use nothing else. The Tablets give such results that the mother has nothing but words of praise and thankfulness for them. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N. S., who writes: "I have used Baby's Own Tablets for my children and from my experience I would not be without them. I would urge every other mother to keep a box of the Tablets in the house."

The Tablets are a mild but thorough laxative which regulates the bowels and sweetens the stomach; drive out constipation and indigestion; break up colic and simple colic and make teething easy. They are sold by medicine dealers, or by mail at 25c. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Genuine Thrift

Wife (to expostulating husband) - "What's that you're telling me? I am not economical! Why this is the twelfth hat I have used this hat with!"

There are no mitacles to the man who does not believe in them.

ANNIVERSARY OF THE FIFTIETH YEAR OF MARRIED LIFE

A celebration of the 50th year of married life, which Mrs. Alice Zwicker took place the 8th day of June, 1925. Everything tended to make it an enjoyable occasion. The day was propitious. Nature offered its congratulations in verdure, sunshine and blossoms, and "all went merry as a marriage bell."

Friends came from far and near. The rooms were filled. An elaborate feast had been prepared which the guests enjoyed exceedingly. Gold and its equivalent from their children and other friends swelled their finances. An address prepared by Phineas Whitman was read by his daughter, Mrs. Leonard Whitman, as follows:-

"We greet you on this, the fiftieth year, the anniversary of your married life, and wish you bon voyage to the Better Country through your remaining days. We hail you as among our good citizens whose lives have tended to make Albany a pleasant place to live in. We greet you as honest, diligent, hospitable and generous as far as you thought your means would admit, always paying your honest debts and, though at times it may have been a hard struggle, you ever succeeded in keeping the wolf from the door. We greet you, neighbor Zwicker, as a successful hunter and trapper. The moose, the foxes, the minks and the muskrats have had to pay tribute to your coffers and have helped you out of many financial difficulties. We hail you and Mrs. Zwicker as the parents of two stalwart sons, who following in the footsteps of their father have been successful hunters and trappers and have added their quota to Albany success. As also the parents of three children, who are all doing well in their respective places. We wish you a very happy termination of mortal life and an entrance into life eternal."

End of the Day

It is not sad at the end of the Day When we reach the golden age, Where the sunlight falls from the Jasper walls On the beautiful final page. Voice: were sweet in the morning hour When we walked in Lover's Lane, When our steps were light and our eyes were bright. And we rooked not of loss or gain.

We've had rough and smooth as we've trod the road And we've shared our comrades' leal, Honors and shared the long days' through. We have shared our woe and weal, There were little heads in our crowded home. There were young folks blithe and gay, They have gone apace on the self-same race. We have fared to the setting day.

We have shared the cup, we have shared the loaf We never have grown apart, Old time is a cheat for our pulse beat As in youth's exultant heart. The children's children are ours to love. They are helping to make us young. They hear us hear as the night drows near. From the heavenly flights are rung.

IN MEMORIAM

Mrs. Mary E. Phinney At her home, at Melvern Square, on June 8th, after a few months illness, Mary Eliza, widow of the late Timothy Phinney, passed away, at the age of eighty-one years.

Mrs. Phinney was the daughter of the late Capt. Tomlinson who was born at Lower Granville, now known as Karsdale, but came with her parents to Granville Ferry, where her childhood was spent until her marriage at the age of eighteen.

She was baptized in infancy by the Rev. John Moore Campbell, at that time Rector of the Granville Parish, and her early training under the influence of a godly mother helped to mould her character into what a good wife and mother should be, and enabled her to meet the storms of life with true christian fortitude.

A faithful wife, a devoted mother, and a friend to all her neighbors, she never faded in the hearts of those with whom she came in contact, during the walks of life.

Patient and uncomplaining through a trying illness, yet she longed to be the obedient, and after weary days of waiting she quietly fell asleep, entering the harbour of Rest, there to meet the loved ones gone before.

She leaves to mourn their loss, two sons, Harry C. and J. Abner; one daughter, Miss Sadie; three grandchildren and one niece, Mrs. Homer Daniels, of Lawrenceport.

The funeral service, which was largely attended, was held at the home residence, the Rev. L. Distant officiating, assisted by the Rev. A. McLeod, and interment was made in the Presbyterian Cemetery, Melvern Square.

The music was rendered by the Melvern Choir, and the beautiful floral tributes from loving friends were as follows:-Wreath of roses and carnations - family; Spray of carnations - The congregation and members of the Methodist Church, Melvern Sq; Pansies - Mr. and Mrs. Forrest McNeil; Wreath - Mr. and Mrs. Ralph Lantz; Pansies - Mr. and Mrs. A. Oakes and family; Floral Pieces from Mr. and Mrs. Fred B. Baker, Mr. and Mrs. Edward Pasmore, Mr. and Mrs. W. H. McNeil and others.

MOTHERS CORNER

Mrs. George Foster, Sr., Port George, was the guest of Mrs. Jane Bent one day last week.

Mrs. Enos Swallow, Sprigfield, is the guest of his daughter, Mrs. Horace Roach.

Miss Etta Rafuse, Kentville, has been spending her vacation with her parents, Mr. and Mrs. W. Rafuse.

Mr. John Baker was the guest of Mrs. Jane Bent one day last week.

Mr. Ed. Bent, Kentville, is spending his vacation at home.

'Tis not enough to run well, unless you set out in due time.

Nearing a Breakdown

A Condition That Calls for a Reliable Tonic

Many women give so much of their time to the cares of their household that they neglect their own health and sometimes reach the verge of a breakdown before they realize that their health is shattered. Often the heart palpitates violently at slight exertion, the stomach fails to digest food and discomfort follows. The nerves become weak and headaches grow more frequent. The body grows weak and they are always depressed. This condition requires immediate treatment with such a reliable tonic as Dr. Williams' Pink Pills which on rich and build up the blood, carrying renewed energy to every part of the body. The value of Dr. Williams' Pink Pills in a rundown condition is proved by the following statement from Mrs. Alex. McInnes, Bowman River, Man., who says: "About a year ago I had a serious illness which left me very anemic. I was not able to get around to do my work; in fact I could scarcely walk. I was troubled with palpitation of the heart with the least exertion. One day a friend advised me to try Dr. Williams' Pink Pills as they had done her so much good. I followed this advice and took the pills for some weeks when I felt as well as ever. I have since been able to attend to all my household duties. The dizziness and palpitation have left me and I bless the day I tried Dr. Williams' Pink Pills. They are just the medicine for those who are weak and run down."

You can get these pills from any dealer or by mail at 50c. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

HARMONY

June 15th-The men are all very busy at present looking after the orchards, some using dust, others spraying.

Mrs. Ida Gould, of Kingston Sta., recently spent two weeks with her sister, Mrs. E. R. MacMaster at Rockville Notch.

Mrs. Annie Baker is spending the summer at her home after being away all winter with her sister, Mrs. Charles Fox, Annapolis.

Mr. and Mrs. C. S. Spinney and grand-daughter, LaVaughn, also Mr. and Mrs. Carlston Spinney recently spent a day at New Germany visiting their daughter, Fern Spinney.

Miss Ruth Trites spent Sunday with her sister, Mrs. Lester Graves.

Mr. John Morse has returned to his home from the Berwick Hospital where he went through an operation for appendicitis.

Saunders Bros. have their saw mill running. They are very busy sawing staves.

Mrs. Lavinia Saunders, Mr. LeMert Mappleback and Mr. Tinkham, of Aylesford, were calling on friends in this community recently.

Quite a large number from this place attended the District Meetings held at Morrilton last week.

Miss Merna Drew is home from Mass, having spent the winter with her father.

Mr. Everett Gates, of Stoneham, Mass, spent last week with friends here and at Berwick and Waterville.

Mr. and Mrs. H. Gray, of Aylesford, spent the 14th at L. S. Crocker's.

Mrs. Wharton, of Beach Meadows, recently spent two weeks with her daughter, Mrs. Lester Spinney.

He goes best who goes gently.

\$3.00

Have you sent in your subscription for The Outlook and The Family Herald and Weekly Star yet? You can get the two papers for one year by sending \$3.00 to The Outlook. This is a bargain and every farmer should take advantage of it, as we may have to withdraw the offer at anytime, so act today and save 50c besides the extra expense of mailing to the family Herald.

Meeting

The Annual Meeting of the Middleton Fruit Co., Ltd., will be held in the Town Hall, Middleton, on Saturday, June 20th, at 3 p. m.

H. PARKER MUNRO, Secretary

MIDDLETON FRUIT CO., Ltd.

\$3,200

Good little dairy farm 1 mile from town, station, stores, churches, etc. Orchard for about 50 bbls. Cuts 15 or more tons hay. Nice strip of land suitable for vegetables and strawberries. Several pear trees. Pasture and plenty of wood. Pretty good house with very attractive shrubbery about it. Fine barn 20 x 30. Good henhouse.

Annapolis Valley R. E. Agency Fred E. Cox & Son MIDDLETON

Maple Leaf House

MRS. W. W. COVERT, Proprietress PRIVATE HOME BOARD Transient \$1.50 and \$2.00 per day. Quietly Situated, near Station. Middleton, N. S. Telephone 117

CHARLTON'S LTD.

Some Real Bargains for Cash JUNE 19th to 25th

BLUEBERRIES, per can ..... 10 cts PEARS per can ..... 20 cts STRAWBERRIES, per can ..... 25 cts PINEAPPLE sliced, 2 cans of ..... 55 cts 12 Bars COMFORT and NAPTHA SOAP ..... 80 cts

GET YOURS NOW CHARLTON'S LTD. MIDDLETON, Nova Scotia

Extra Special

Women's 1-strap Black Patent Leather Slipper, attractive in appearance, stylish, serviceable, and Low-Priced, Sewn Leather Soles and low half rubber heels. All sizes. Former Price \$3.00 SPECIAL PRICE \$2.50

SHAFFNER'S SHOE STORE

Where Quality Counts We Win Store Opened Tuesday and Saturday Evenings.

Berry Season

BEFORE BERRY SEASON ARRIVES USE Canned Pears ..... 35c. tin Canned Peaches ..... 25c. tin Canned Pineapple ..... 35c. tin extra dice

Raspberry and Strawberry Jam, Marmalade, Fruit Salad (delicious) Spinach, Asparagus Tips. USE SWANSDOWN CAKE FLOUR FOR A NICE RICH CAKE Cucumbers, Cabbage and Pineapple Sugar will be high soon. We will give 13 lbs. for \$1.00 Cash on Saturday only. Try Marvin's White Lily Cake 40 Cents per pound

P. H. REED MIDDLETON, NOVA SCOTIA