

## Clothing

SUITS OF CLOTHES FOR MEN, YOUTHS AND BOYS.

We also have a large range of up-to-date Boots, Shoes, Slippers, Sandals and Sneakers. Not the lowest prices but the Best Values

**H. D. WOODBURY**  
THE VILLAGE STORE  
KINGSTON VILLAGE

## Kingston Theatre

F. W. FOSTER, Mgr

## SATURDAY

JUNE 20

SHORT SUBJECT SHOW ALL  
COMEDY

REEL

## Virginian Cat's Meow Bucaneers

6—Reels of Laughter—6

Regular Prices Show at \$15

### Sure He Was Right

"I insist that rats gnawing matches started the fire in my store," said he who had a suspicious fire to his friend.

"How can you be so sure?" the friend asked. "It is said that it has been tested out that rats never gnaw matches."

"Well," was the somewhat absent-minded reply, "I coated the matches with limber cheese before I put them in the shavings."

The spoken word belongs half to him who speaks, and half to him who hears.

## CORRESPONDENCE

MIDDLETON N. S.  
June 12th, 1925  
To the editor of "The Outlook,"  
Dear Sir:—

The following from the American Journal of Nursing is submitted with a view of removing some of the misapprehension and superstitions regarding Scarlet Fever.

Yours truly,  
J. A. SPONAGLE

The Nursing of Scarlet Fever  
By Elizabeth F. Miller, R. N.

Scarlet Fever is one of the communicable diseases that has had the distinction of much superstition in past years. While the theory of contact infection has permeated many communities, and through a fair percentage of the population realize the infective agent is found principally in the nose and throat of patient, we still hear echoes like the following: "The dangerous time in scarlet fever is the peeling period." "Scarlet fever lives a long time in closets on wall paper, or beneath it." "It is a dangerous air-borne disease." We also see a picture frequently of two boys passing a placard, each one holding his nose lest a germ fly out and breathe it. This picture though ludicrous has also misled the public.

In my personal experience I have had nurses, doctors, and registered call me for a nurse who has had the scarlet fever herself, in order that she may be safe to nurse a case for which they called her. Many registries still require a nurse to be a week after leaving a scarlet fever patient. These incidents and many others have a deterrent effect upon nurses in general when they are needed for a patient having scarlet fever. A. If the attitudes are due to a lack of knowledge of the mode of transmission of scarlet fever, and every nurse would be enlightened by reading Dr. Chapin's book on "The Sources and Modes of Infection."

The recent developments in research work in scarlet fever under the direction of Dr. Dick of the Infectious Institute in Chicago has given us new knowledge concerning this disease. The aseptic nursing started fourteen years ago under the leadership of Dr. Chapin of Providence, Rhode Island, known as the Chapin technique, or The Pasteur Method has given us a new point of view about the nursing care of a patient affected with this disease.

In the following suggestions concerning the care of the patient, we shall think in terms of clean, and contaminated areas, and this will apply to both hospital and home management in the nursing of the patient.

The first principle in aseptic technique is to limit the infection to the least number of articles possible, this includes the patient, the nurse, the environment, all dishes, utensils, etc., that the patient contaminated or that were indirectly contaminated by the nurse. All dishes and utensils used by the patient should be sterilized after each use even though they are isolated.

### General Instructions for the Nurse

1. The nurse should wash her

## Rich in Flavor

delicious

## "WALSH" TEA

satisfies the most discriminating taste. A trial will convince you.

hands each time she contaminates them. She can facilitate her work in the home by having squares of clean paper for opening faucets, and doors, and protecting clean surfaces from contamination.

2. Keep hands away from the face. The nurse must not sit on the patient's bed, or kiss a child, or allow a patient in contact with the face or hair.

3. Avoid as far as possible getting in direct line or near the mouth of a patient who is coughing or sneezing, as infectious particles may be thrown several feet under these conditions.

4. Avoid as far as possible getting in direct line or near the mouth of a patient who is coughing or sneezing, as infectious particles may be thrown several feet under these conditions.

5. Take a daily wash in the fresh air. If a nurse's technique has been observed, she is safe to go into the community and nurse a patient in a communicable disease hospital.

6. Antiseptic gargles do not keep a nurse from being infected and may lower the resistance of the mucous membrane. Washing the mouth with physiological salt solution is always cleansing, whether nursing scarlet fever patient, or a non-infectious patient.

The nurse's bed room should be a clean area, or her gown should hang in the patient's room out of reach of the patient. If a nurse is obliged to sleep in the room with a patient, the distance of six or eight feet should separate her cot from the patient's crib or bed; if this is impossible, a screen should separate them. The screen can be a suspended sheet of a fancy screen covered with a sheet.

Her bed should be clean, that is, uncontaminated. She can insure cleanliness by covering it with a sheet less than the doctor touch the bed accidentally.

The room chosen for the patient should be bright, airy, and well ventilated. The bathroom if possible. Draperies and rugs may be removed for the sake of resistance to the disease. The daily cleaning, not because the organisms will light on them and clothes hanging in the sunlight for twelve hours and then placed in a clean area until the patient is entirely recovered.

A daily cleansing bath between blankets is essential to relieve the kidneys of extra strain, and for the general welfare of the patient. Rubbing a scarlet fever patient with alcohol is irritating to the skin, therefore contraindicated. Formerly the skin was anointed with oil or vaseline during both the eruptive stage and the desquamating period; this method is now obsolete, for the theory of desquamating skin being a means of infection has long been abandoned by the best communicable disease authorities.

If the exanthem causes discomfort, it may be allayed by bathing with a half of one per cent. Sodium Bicarbonate solution about once or twice a day as indicated.

In consideration of the diet, if the onset is attended with much nausea, food is restricted until the gastric symptoms subside. During the period of nausea cracked ice and fruit juices should be given.

If the kidneys function, that is, if the output of liquid is normal, the amount of liquids may be increased correspondingly. In the vast majority of instances water can be given in large quantities from the beginning.

The diet is usually liquid until the temperature is normal, then food is increased and varied according to individual doctor's instructions in accordance to the general condition of the patient. Meat was formerly restricted entirely, but it is now given in limited quantities after temperature is normal for some days, without any disastrous results.

If there is edema, the patient is given the same diet as any other patient would receive who has impaired kidneys.

Elimination is very important from the onset of the disease. Urge the patient to take plenty of water, or three quarts daily, excluding his liquid diet. Plenty of fruit juices, especially orange juice, well diluted, lemonade and grape juice are helpful. Diuretics are given according to the doctor's orders, and may include the diuretic, Basmann's mixture, and potassium citrate. If the water is forced from the beginning, there is little need for diuretics, and it is safe to assume that the administration of quantities of water during the earlier stage helps to prevent later complications and infections. The output of urine should be observed and noted daily.

The mouth should require the same attention as any other febrile condition demands, the nurse always bearing in mind the infective element found in the throat and nose, therefore the necessity for very careful handling of the patient's mouth, and the immediate disinfection of the solution, basins, and her hands. When the patient begins to eat solid food, the use of the tooth brush after each meal is indicated and is practical when the nurse has but one patient. Thorough cleansing of the tooth brush is necessary after each use.

The patient should be in a recumbent position as long as the temperature is elevated, and as long thereafter as ordered by the physician. This varies with the degree of toxemia. Some patients may sit up in bed after seven days, while others are obliged to rest for a longer period. Unless complications arise, the ordinary patient is allowed to be up and around at the end of three weeks, and in nice weather should be allowed in the fresh air if supervised.

There must be constant watching for untoward symptoms which may indicate any one of the complications so frequently seen in scarlet fever. Among the common complications are otitis media (middle ear), cervical adenitis (glands neck), endocarditis (heart), nephritis (kidneys), and arthritis (joints). Other associated infections are always possible and this is a point to observe in the handling of scarlet fever patients.

Severe complications may occur in the mildest cases, for this reason the nurse must be given even though the temperature is almost normal from the beginning. Complications of otitis media, and cervical adenitis are indicated to both nurses and doctors handling the patient.

Arthritis is a common complication occurring usually the second week. It may assume a painful aspect, and in any event, calls for prompt nursing measures. When the patient complains of "joint pains," place him between blankets, if in winter, and at all times wrap the affected joints in cotton. Bathe affected joints each day, being careful to bathe one joint at a time and re-wrap at once with cotton between exposures of another joint. This care often prevents much pain and obviates the general discomfort attending scarlatinal arthritis.

Nephritis is an important complication. Frequent urinalysis is absolutely necessary in scarlet fever, and should be repeated at least every third day. The nursing care and attention to eliminate the cause of the ultimate recovery of the patient.

### Termination of the Case

If the nurse has observed all the details of her technique from day to day, the release of the patient is a simple procedure. A warm soap and water bath and the washing of the patient's hair are all that are necessary for the patient. The thorough disinfection of all contaminated articles is necessary. For the mattress, an exposure of twelve hours to sunlight should be all that is necessary if the mattress was properly protected. Blankets can be washed and dried in the sun.

### WEDDING

Spinney—Spinney

The home of Mrs. J. B. Spinney, South Greenwood, was the scene of a very pretty wedding on Tuesday morning, June 16th, when her second daughter, Lela Blanche, was united in marriage to C. Maynard Spinney of the same place.

The ceremony was performed at 9.30 a.m. at the bride's home, "Lobengrin," by Wagner, played by Fitch B. Banks, cousin of the bride, the happy couple passed down the aisle, followed by eight girl friends of the bride holding white streamers decorated with pink and green streamers from the front door to a natural arch formed between two trees on the lawn, and which were suspended the two letters "S"—"S" in pink and white.

## ANNIVERSARY OF THE FIFTIETH YEAR OF MARRIED LIFE

A celebration of the 50th year of married life, which Mrs. Alice Zwicker took place the 5th day of June, 1925. Everything tended to make it an enjoyable occasion. The day was propitious. Nature offered its congratulations in verdure, sunshine and blossoms, and "all went merrily as a marriage bell."

Friends came from far and near. The rooms were filled. An elaborate feast had been prepared which the guests enjoyed exceedingly. Gold and its equivalent from their children and other friends swelled their finances. An address prepared by Phineas Whitman was read by his daughter, Mrs. Leonard Whitman, as follows:—

"We greet you on this, the fiftieth year, the anniversary of your married life, and wish you both joy and health, and all the good things of life. Better Country through your remaining days. We hail you as among our good citizens, whose lives have tended to make Albany a pleasant place to live in. We greet you as honest, diligent, hospitable and generous as far as you thought your means would admit, always paying the honest debts and, though at times it may have been a hard struggle, you ever succeeded in keeping your neighbor Zwicker, as a successful hunter and trapper. The moose, the foxes, the minks and the muskrats have had to pay tribute to your coffers and have helped you out of many financial difficulties. You hail you and Mrs. Zwicker as the parents of two stalwart sons, who following in the footsteps of their father have been successful hunters and trappers and have added their quota to Albany's success. As also the parents of two lovely daughters, who, following in the footsteps of their mother, have been successful in their own way. We have frequently helped you in your places. Lastly, we wish you a very happy termination of mortal life and an entrance into life eternal."

"We would add a poem as found in an old album:

### The End of the Day

It is not sad at the end of the Day  
When we reach the golden age,  
Where the sunlight falls from the Jasper walls  
On the beautiful final page.  
Voices were sweet in the morning hour  
When we walked in Lover's Lane,  
When our steps were light and our eyes were bright,  
And we reeked not of loss or gain.

We've had rough and smooth as we've trod the road  
And we've ever been comrades loyal,  
Honest and true the long days through,  
We have shared our woe and weal,  
There were little heads in our crowded home  
There were young folks blithe and gay,  
They have gone apace on the self-same way,  
We have fared to the setting day.

We have shared the cup, we have shared the loaf  
We never have grown apart,  
Old time is a cheat for our pulse beat  
As in youth's exultant heart.  
The children's children are ours to love,  
They are helping to make us young  
The ones we hear as the night draws near  
From the heavenly flights are sung.

### IN MEMORIAM

Mrs. Mary E. Pinney  
At her home, at Melvern Square, on June 8th, after a few months' illness, Mary Eliza, widow of the late Timothy Pinney, passed away, at the age of eighty-one years.

Mrs. Pinney was the daughter of the late Capt. Tolson and was born at Lower Granville, now known as Karsdale, but came with her parents to Granville, P. E. where her childhood was spent until her marriage at the age of eighteen.

She was baptized in infancy by the Rev. John Moore Campbell, at that time Rector of the Granville Parish, and her early training under the influence of a Godly mother helped to mould her character into what a good wife and mother should be, and enabled her to meet the storms of life with true Christian fortitude.

A faithful wife, a devoted mother, and a friend to all, her memory will never fade in the hearts of those with whom she came in contact, during the walks of life.

Patients and uncomplaining through a trying illness, yet she longed to reach the other shore, and after weary days of waiting she quietly fell asleep, entering the harbour of Rest, there to meet the loved ones gone before.

She leaves to mourn their loss, two sons, Harry C. and J. Abner; one daughter, Miss Sadie; three grandchildren and one niece, Mrs. Homer Daniels, of Lawrenceville.

The funeral service, which was largely attended, was held at the home residence, the Rev. L. Distant officiating, assisted by the Rev. A. McLeod, and interment was made in the Presbyterian Cemetery, Melvern Square.

The music was rendered by the Melvern Choir, and the beautiful floral tributes from loving friends were as follows:—Wreath of roses and carnations—family; Spray of carnations from the congregation and members of the Methodist Church, Melvern Sq.; Pansies—Mr. and Mrs. Forrest McNeil; Wreath—Mr. and Mrs. Ralph Lantz; Pansies—Mr. and Mrs. A. Oakes and family; Floral Pieces from Mr. and Mrs. Fred B. Baker, Mr. and Mrs. Edward Pabson, Mr. and Mrs. W. H. McNeil and others.

MOTHERS' CORNER  
Mrs. George Foster, Sr., Port George, was the guest of Mrs. Jane Bent one day last week.

Mr. Enos Swallow, Springfield, is the guest of his daughter, Mrs. Horace Roach.

Miss Edna Rafuse, Kentville, has been spending her vacation with her parents, Mr. and Mrs. W. Rafuse.

Mr. John Baker was the guest of Mrs. Jane Bent one day last week.

Mr. Ed. Bent, Kentville, N. S., is spending his vacation at home.

'Tis not enough to run well, unless you set out in due time.

## Nearing a Breakdown

A Condition That Calls for a Reliable Tonic

Many women give so much of their time to the cares of their household that they neglect their own health and sometimes reach the verge of a breakdown before they realize that their health is shattered. Often the heart palpitates violently at slight exertion, the stomach fails to digest food and discomfort follows. The nerves become weak and headaches grow more frequent. The body grows weak and they are always depressed. This condition requires immediate treatment with such a reliable tonic as Dr. Williams' Pink Pills which enrich and build up the blood, carrying renewed energy to every part of the body. The value of Dr. Williams' Pink Pills in a rundown condition is proved by the following statement from Mrs. Alex. McInnes, Bowman River, Man., who says:—"About a year ago I had a serious illness which left me very anemic. I was not able to get around to do my work; in fact I could scarcely walk. I was troubled with palpitation of heart with the least exertion. One day a friend advised me to try Dr. Williams' Pink Pills as they had done her so much good. I followed this advice and took the pills for some weeks when I felt as well as ever. I have since been able to attend to all my household duties. The dizziness and palpitation have left me and I bless the day I tried Dr. Williams' Pink Pills. They are just the medicine for those who are weak and run down."

You can get these pills from any dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

June 15th—The men are all very busy at present looking after the orchards, some using dust, others spraying.

Mrs. Ida Gould, of Kingston Sta., recently spent two weeks with her sister, Mrs. E. R. MacMaster at Rockville Notch.

Mrs. Annie Baker is spending the summer at her home after being away all winter with her sister, Mrs. Charles Fox, Annapolis.

Mr. and Mrs. C. S. Spinney and grand-daughter, LaVaughn, also Mr. and Mrs. Carlisle Spinney recently spent a day at New Germany visiting their daughter, Ferna Spinney.

Miss Ruth Trites spent Sunday with her sister, Mrs. Lester Graves.

Mr. John Morse has returned to his home from the Berwick Hospital where he went through an operation for appendicitis.

Saunders Bros. have their saw mill running. They are very busy sawing staves.

Mrs. Lavina Saunders, Mr. LeMert Mappleback and Mr. Tinkham, of Aylesford, were calling on friends in this community recently.

Quite a large number from this place attended the District Meetings held at Morrisville last week.

Mrs. Merna Drew is home from Mass. having spent the winter with her father.

Mr. Everett Gates, of Stoneham, Mass., spent last week with friends here and at Berwick and Waterville.

Mr. and Mrs. H. Gray, of Aylesford, spent the 14th at L. S. Crocker's.

Mrs. Wharton, of Beach Meadows, recently spent two weeks with her daughter, Mrs. Lester Spinney.

He goes best who goes gently.

## CHARLTON'S LTD.

Some Real Bargains for Cash

JUNE 19th to 25th

BLUEBERRIES, per can ..... 10 cts  
PEARS per can ..... 20 cts  
STRAWBERRIES, per can ..... 25 cts  
PINEAPPLE (sliced), 2 cans ..... 55 cts  
12 BAR COMFORT AND NAPTHA SOAP ..... 80 cts

GET YOURS NOW

## CHARLTON'S LTD.

PHONE 8 MIDDLETON, Nova Scotia

## Extra Special

Women's 1-strap Black Patent Leather Slipper, attractive in appearance, stylish, serviceable, and Low-Priced, Sewn Leather Soles and low half rubber heels. All sizes.

Former Price \$3.00  
SPECIAL PRICE \$2.50

## SHAFFNER'S SHOE STORE

Where Quality Counts We Win  
Store Opened Tuesday and Saturday Evenings.

## Berry Season

BEFORE BERRY SEASON ARRIVES USE  
Canned Pears.....35c. tin Canned Peaches.....35c. tin  
Canned Pineapple.....35c. tin Canned Cherries.....25c. tin  
Raspberry and Strawberry Jam. Marmalade, Fruit Salad (delicious)  
Spinach, Asparagus Tips.  
USE SWANSDOWN CAKE FLOUR FOR A NICE RICH CAKE  
Cucumbers, Cabbage and Pineapple  
Sugar will be high soon. We will give 13 lbs. for \$1.00 Cash on Saturday only.  
Try Marven's White Lily Cake 40 Cents per pound

## P. H. REED

MIDDLETON, NOVA SCOTIA

## \$3.00

Have you sent in your subscription for The Outlook and The Family Her and Weekly Star yet? You can get the two papers for one year by sending \$3.00 to The Outlook. This is a bargain and every farmer should take advantage of it, as we may have to withdraw the offer at anytime, so act today and save 50c besides the extra expense of mailing to The Family Herald.

## Meeting

The Annual Meeting of the Middleton Fruit Co., Ltd., will be held in the Town Hall, Middleton, on Saturday, June 20th, at 3 p. m.

H. PARKER MUNRO,

Secretary

MIDDLETON FRUIT  
CO., Ltd.

## \$3,200

Good little dairy farm 1 mile from town, station, stores, churches, etc. Orchard for about 50 bbls. Cuts 15 or more tons hay. Nice strip of land suitable for vegetables and strawberries. Several pear trees. Pasture and plenty of wood. Pretty good house with very attractive shrubbery about it. Fine barn 20 x 30. Good henhouse.

Annapolis Valley R. E. Agency  
**Fred E. Cox & Son**  
MIDDLETON

## Maple Leaf House

MRS. W. W. COVERT, Proprietress  
PRIVATE HOME BOARD  
Transient \$1.50 and \$2.00 per day.  
Quietly Situated, near Station.  
Middleton, N. S. Telephone 117

A man is no happier than he thinks himself.

## RECORD BREAKING SALE

HOSIERY AND FOOTWEAR

JUNE 6th to JUNE 27th

Boys Heavy Brown Sneaker Boots with heel, sizes, 1, 2, 3 and 4 SALE \$1.48

Boys Brown Oxford with Crepe Rubber Sole, sizes 1, 2, 3, 4 and 5 SALE \$1.38

Girls Black and Brown Sandals, sizes 11, 12, 13, 1 and 2 for seashore Clearing Sale \$1.48

Come to the Store and See the Display of Shoes. Everyone a Bargain

## O. W. CHESLEY

Reliable Footwear NOVA SCOTIA  
MIDDLETON  
Open Tuesdays and Saturday Nights

## 1925 FUELS

For Quality Coal and Coke we take great pride in offering you our products. We endeavor to carry nothing but the best. Give us a ring any time and we will give you our very best service.

**J. M. Broadfoot, Middleton**

DEALER IN COAL AND COKES

## Here's What You Want:

- Cabbage
- Fish
- Halibut
- Crocker's Pickles

It is an easy matter to get an appetizing meal with the above. These are fresh and wholesome. Just try some. At this time of the year they are most appreciated. Besides the above we carry a full line of choice meat cuts. Give us a ring and we will be ready to serve you—it is a pleasure.

TELEPHONE 137 FOR SERVICE

## J. F. Woodbury

The Meat Market Opposite Royal Bank.