

## SONG IN THREE AND FOUR PARTS.

Part songs for mixed voices, in three and four parts.  
(Lessons in teaching, with practice throughout the term.)

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## X.—CALISTHENICS.

(20 Lessons, with Exercises.)

Positions of walking, standing, and running, (1) for boys, (2) for girls.  
Exercises for the chest, neck, fingers and feet.  
Exercises with rods, dumb bells and clubs.  
Exercises in jumping, bending the body and limbs.  
Length of pace for young ladies ; for gentlemen.  
Positions of the arms and hands in walking with and without articles, such as hand-bags, parcels, etc.

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## XI.—MILITARY DRILL.

(20 Lessons, with Exercises.)

Position of attention, and standing at ease.  
Squad drill. Extension motions.  
Turning—Length of paces for men.  
Number of paces per minute in slow, quick and double time.  
Increasing and decreasing the front of a body of men.  
Moving by fours. Length of pace required.  
Side pace, length, etc.  
*For Reference.*—Hughes' Drill and Calisthenics.

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## XII.—METHOD.

*Review and Method of teaching the following subjects :*

## 1. LANGUAGE LESSONS, GRAMMAR, ANALYSIS, COMPOSITION, SPELLING.

(20 Lectures.)

*Language Lessons.*—Object : to teach the *formation* and *expression* of ideas. Principles of this teaching derived from the study of perceptive powers.

## COURSE OF LESSONS :

1. Naming objects (present and absent) for *clear ideas* of *single objects* and their names. Answers full, simple sentences and correct pronunciation ; Reading and writing as accompaniments.