
SECOND WEEK.

HAPPINESS, SOUGHT AND UNSOUGHT.

There are two ways of seeking Happiness: Either you soar far above all miseries, rising on wings of a masterful will.

Or you sink down into a little nest amid the garden of miseries, so low and cosy that you see no furrows and feel no disturbances.

But Happiness is not so found. It comes when you cease to seek it. Forget it, and it is there!