

vours, you will be comforted, when you consider that *He gives all, who gives himself.*

The Apostles left their poor boats and nets, and received in return a most ample reward. The poor widow gave only two mites, and her offering was preferred to those of the richest persons.

He easily parts with all things, who always considers that he must die, and be separated from them.

In public assemblies, use no extravagant or unusual gestures ; but in all things, observe great modesty and discretion.

In all things, desire and prefer that which conduceth most to the service and glory of God ; such as to comfort the afflicted, reconcile those that are at variance, visit the sick and prisoners, and relieve the poor.

Never go to bed with any uneasiness of mind, but endeavour to pacify your conscience by confession or an act of contrition.

Every month, at least, confess your sins, make frequent acts of contrition, and daily use aspirations or ejaculatory prayers ; in order to prevent the deceits of the Evil One.

FINIS.