

Surely example goes before precept, and any model farm, or even, an individual who farms well sets a good example which affects the welfare of the human race and this applies as much to Canada as it does to Cuba.

EXTRACT OF LETTER FROM MR. W. W. HOWARD
Ceiba Mocha, Province of Matanzas,
Cuba.

"The work on the Outlook farm is going forward with increasing success. Of the fifty-four men, women and boys on our pay roll, not one has failed to learn the use of American tools easily and quickly. When the newness and strangeness of the work has worn away, we shall have a force of field hands as efficient and industrious as any one could reasonably desire. *Patience, kindness and human sympathy* will work wonders with these people."

After alluding to the wonderful fertility, the writer goes on to say, and this is the most interesting part of his letter, as showing that the infection had taken hold.

"Our presence in the village of Ceiba Mocha has had a remarkable effect upon the sanitary condition of the place. The Alcalde (a chief magistrate) of the place has, for several days, had a gang of men at work, cleaning the streets, and that entirely of his own volition. We were too busy to suggest the cleaning of the streets. When the accumulation of months of dirt and grass had been deposited in piles along the sides of the street, we showed our appreciation of the changed spirit of the village, by offering the alcalde the use of a four mule team and big waggon, with which to travel the stuff to a dumping ground some distance from the village. Our offer was accepted with profuse acknowledgements of satisfaction.

"When our big waggon appeared in the street ready for work, the householders ran out with all sorts of home-made brooms to sweep up any stray litter that might have been raked into piles with hoes. The streets were swept as clean as Broadway. Afterward, the village physician came to us to ask us to express the opinion that all pigs should be removed from the village. We had no hesitation in expressing that opinion, and the satisfied physician, who had been for weeks protesting against the presence of the pigs as injurious to health, went off to find the alcalde.

"On the evening of July 4, about a hundred of the citizens of Ceiba Mocha formed in procession, with a drum and a profusion of Cuban and

American flags, and marched to the head quarters of Outlook Farm No. 1, for the purpose of giving expression to their satisfaction over the establishment of the relief-work in their village... The people felt that a new life had begun to dawn for them, and they wished to show their appreciation of the service which the relief movement promised, not only to Ceiba Mocha, but to the whole of Cuba. The speakers pointed out that the people of the village felt encouraged to pluck up heart to do something for themselves, a practical illustration of which was the cleaning of the streets."

Well done Outlook, your victory over ignorance, sloth and their accompanying vices will be more glorious than any won on the field of battle, and should teach all the world to go and do likewise.

GEO. MOORE.

A HARDY PERENNIAL.

Monarda didyma.—This is one of the most useful of the hardy herbaceous perennials and has been a favorite in English gardens for generations, but will thrive equally well in this climate. Its



Monarda didyma

brilliant red flowers, which are borne above the foliage, and remain a long time in bloom, make it one of the most attractive plants for mixed flower borders or among dwarf shrubs, which have gone out of blossom.

There is also a white variety which is not so showy, this is sometimes called Bergamot, but the trivial name is *Oswego tea*.

Bergamot (*Monarda fistulosa*) is not so conspicuous, the flowers being purple, lilac or white. All have rich aromatic leaves, but the true Bergamot perfume is extracted from a variety of the Orange family (*Citrus-bergamia*), named from the town of Bergamo, (1) in Italy. From the rind of

(1) It was in that town that Rubini, the greatest tenor of the century, was discovered singing in the chorus of the Italian opera. He worked as a tailor in the daytime! Ed.