to come within sight of such a high attaimment. To live in this world, and yet keep ourselves uncontaminated by its influence, pure in heart and life, seems as impossible as to be immersed in water and yet keep dry; or to walk a muddy road, and keep our garments clean; or to take fire into our bosom and not be burned.-Well, if not more impossibie than these, it can be done. It has been done-to some cxtent at least, by help of Him who says, " My grace is sufficient for thee."
'lo be plunged overhead in water, and yet keep dry, is not impossible. From rocking boat, or sandy shore, observe yon sea-fowl poised on white wing above the deep! Catching sight of her prey, see! sbe lescends like a flash of light, diving into the belly of the wave; ere long she emerges, and bearing no touch of damp on her snowy plumage, riges into the air with feathers dry as the eagle's that springs from the rock to soar in sunny skies. With feet webbed to swim, and broad sails to fly, and wa:m downs to preserve har heat, God has fmrished this bird with an oil, that, coatiug her feathers, protects them from the touch of water. Nor is it impossible to crawl undefiled in mireHow often have I seen a creeping thing come wriggling out of the fonlest mud, pure, clean, without a speck on its ringed and slimy form. And if God enables it by a fluid secreted from its lubricious shin to pass thrugh defilement undefiled, may not the Christian say, Shall He take such care of the poor worm that we tread upon, and not preserve from worse pollution those whom He has called to heaven, and redeemed with the blood of His beloved Son?
" He who His Son, most dear and loved, Gave up for us to die, Shall He not all things freely give That goodness can supply?"
Grant that contact with a sinful world is like taking fire into our bosom;-it does not follow that we shall certainly be burned. With the troulled king, has nobles, and the eager multitude that crowd round the fiery furnace, look at these three Hebrews! Their naked feet are on glowing conls! they breathe the burning flame! and yet they come forth, no hair singed on beard or eyclash, nor smell of fire upon their clothes.

We might meat this difficulty with sicid answer as the holy Leighton ouce gave to such another plea. Grieved with the wiv happy state of his country, and the failure of hiscon well-meant attempts to reconcild his countrymen to prelacy. and stop the bloody cruelties of the time, he had retired into England to pass the clouded evening. of his lite in the house of a married sister Having a tamily, she had many domestic cares; and cumbered by them, she eame far short of his elose and devout walk with Ged. One day. addressing her brother, who had nerer married, she said, "It is easy for you to live a life; it is casy for you to live a holy life; it is otherwise with me; with chikdren and many houselond cares to occupy my thoughts and engrosi my attention, such a life as yours is to no impowsible." With one blow of his gentle hand, Leighton demolished her plea, Ho engaged in no argument, nor set hinkelt to prove her wrong, but kindly turning ${ }^{0}$ her, and quoting God's own word, he saids "Enoch walked with Gorl, and hegat son ${ }^{3}$ and danghters." like her, many deenf high degrees of grace beyond their reach: therefore they aim low, and in consequence of that ther attainments are low ; for fur are so fortunate as the son of Kish, who, kaving home to seek his father's axses, found a crown on the way. We expect too little; and to those who would disniss this subject, abandoning all efforts after in purity which they deem as impossible in this world, as to live in water, or breatho unhurt in fire, 1 have an answer, drawn also drawn from the Word of God-ar arrow taken from the quiver where the good Arelibishop found his shaft. Whas saith the Lord? He puts the cave in your own form, and taking your rery figures of five and water, says, "When thou passest through the waters I will be widh thee, and through the waters they shall not overthow thee; thou shalt walk throngh the fire, and not be lurned, neither shall the flame kir dle upon thee."

To keep themselves nnspotted from the world.

God's people are sarefully to avoid its vices.

There is much vice in the world.Thousands make no profession of religion; having broken lonse from their ancborm and drifted into practical infidelity ther

