

The JAEGER Clothing being pervious throughout, because made *wholly of porous Wool*, keeps the tissues constantly drained of the superfluous fat & water, which, under unsanitary covering, are responsible for many of the disorders enumerated above. Under the JAEGER covering the flesh becomes literally *hardened*, acquiring greater specific weight, & the body is far better fitted to resist the attacks of epidemic & other disease, as disease germs find a much more favorable soil in which to multiply when the tissues are spongy & watery.

It is quite a mistake to suppose that the JAEGER Clothing & Bedding are enervating, or more fitted for invalids than for healthy people. The strongest man may succumb in a few days to congestion of the lungs, bronchitis, rheumatic fever, etc., brought on through his unsanitary clothing, or through sleeping in damp linen sheets.

That pervious All Wool Clothing & Bedding protect the body from chill is intelligible to everyone, but it is a common error to suppose that such Clothing & Bedding are "hot in summer." Heat is felt to be oppressive when the natural action of the pores is hampered, and the perspiration cannot escape. If the covering is *impervious*, there is a strong desire to throw everything off from the stifled skin; but the wearer of porous, woollen covering, through which the skin can *breathe*, is no more oppressed by it than is a cricketer by his flannels, which every athlete knows to be the coolest, safest, most comfortable wear for hot weather.

THE BERNIER EXPEDITION.

The daily journals have not given many particulars of the Dominion Government expedition which left Quebec sometime ago to make a complete survey of the northern coast of Canada. This expedition, which sailed in the S. S. Arctic, will also establish a series of police posts on Hudson Straits and elsewhere, and for this purpose a large and ample supply of food was taken. Among other things, the Government have purchased a large quantity of Lacto-Globulin, having decided that this food will be of decided benefit on sledge journeys, and as a special diet in sickness, and to give a salutary variety where so much preserved and sterilized food must of necessity be eaten.

There seems little doubt that Nansen had been furnished with a highly nourishing and readily carried food of this nature he would have reached the North Pole when he made his famous last dash, and Captain Bernier has recognized this fact by taking a considerable quantity of the most nourishing and easily assimilated food known.

It is a matter of some congratulation that this food should be a Canadian discovery and made in Canada.