

alkalies. Alkalies neutralize the acids, act as diuretics, and eliminate the *materies morbi*. Alone and in small doses, they are unable to cure; but when given in very large doses, their effects are marvellous; the pulse falls, the urine is increased in quantity and becomes alkaline, and the inflammation subsides. The symptoms of the disease are moderated, the duration of the attack is shortened, and the cardiac complications are prevented.

The dose of the alkalies must be increased until the acid secretions are neutralized. A very good combination of these remedies is the following.

R. Sodæ bicarb ʒ iss.
Potas. acetatis ʒ ss.
Acid. cit f. ʒ ss.
Aque f. ʒ ij.

S.—This dose should be repeated every three or four hours until the urine becomes alkaline. On the subsidence of the active symptoms, two grains of quinia may be added, with advantage, to each dose. The alkalies must be gradually discontinued but the quinia continued.

The diet should consist of beef-tea or broth, with bread and milk; no solid food should be allowed. Woolen cloths moistened with alkaline solutions may with advantage be applied to the affected joints. To these laudanum may be added for its anodyne effect.

The patient must be sedulously protected from vicissitudes of temperature, and lie in bed between blankets.

The alkaline treatment relieves the pain, abates the fever, and saves the heart by lessening the amount of fibrin in the blood.

A long time ago Dr. Owen Rees, of London, introduced the use of lemon juice. This remedy was thought to convert uric acid into urea, and so to help elimination. Though the treatment is practically right, the theory of it is wrong. Lemon-juice does good in mild cases, but cannot be relied upon in severe attacks.

During the febrile stage of acute articular rheumatism the diet should consist mainly of farinaceous and mucilaginous preparations, with lemonade and carbonic acid water as a drink. The cloths applied to the joints should be changed when they become saturated with sweat, and in changing them the patient should be protected from the air.

The sweating may be controlled by small doses of atropia, from one-sixth to one-thirteenth of a grain. To prevent subsequent stiffness, the joints should be bathed with warm oil and chloroform, and wrapped in flannel cloths. In the proper season this condition is very well treated by sea-bathing. There is no specific plan of treatment in acute articular rheumatism. The treatment must vary according to the intensity of the inflammation and the peculiarities of the patient.—*M.d. Record*, Jan. 18, '79.

MICROSCOPY AS AN AID TO MEDICAL DIAGNOSIS.

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In order to understand the urinary sediment it was necessary to be familiar with the anatomy of the kidney, and the anatomy of the kidney could not be understood without familiarity with its entire histology. When that was mastered the study of the urine could be commenced.

The anatomy of the kidney was first considered, and a detailed description given of the structure of the cortical and the pyramidal substance.

There were mainly three kinds of inflammatory processes in the kidney, formerly considered under the general term Bright's disease. He thought, however, that such terms as Bright's disease and Pott's disease were general terms, and should not be used by scientific men.

The inflammatory processes in the kidney were mainly of three kinds: 1. Catarrhal; 2. A more severe form, or croupous; and 3. A still more severe variety, suppurative nephritis.

The catarrhal process consisted essentially in a serous exudation, in which there was desquamation of a certain amount of epithelium that could be seen in the urine. That primary condition could give rise to new connective tissue formed from epithelium, and at last terminate in the small granular kidney. If, therefore, we found in the urine a varying amount of albumen with epithelia of the kidney, recognized by their size, we could determine positively that an inflammatory process of a milder character was going on in the organ; in other words, that the patient was suffering from catarrhal nephritis.

In another series of cases there was present in the urine a varying amount of albumen and tube-casts.

Dr. Heintzman believed that the tube-casts consisted of protein substance, or a modified form of fibrinous or albuminous material. Hence there was no good reason for omitting the term *croupous nephritis*. He then referred to the various theories which had been given regarding the formation of tube-casts: 1. That an exudation took place in the tubules, coagulation occurred, and casts were formed; 2. That the epithelium lining the tubules was transformed into casts; and 3. That the casts were produced by the coagulation of material secreted by the epithelia themselves. The latter was the theory which he adopted.

A brief description of the various kinds of epithelium found in the uriniferous tubules was then given: 1. The epithelium of the convoluted tubules, which he thought were separated by a cement substance; 2. The flat epithelium of the loops of Henle; and 3. The cylindrical epithelium in the straight tubules.