

the frequenters of the Clinic, and the prescribing of oatmeal and such coarse foods to those suffering from it was alluded to. It is usually successful in persons up to sixty years, especially if following out-door employment. If the patient has passed sixty years it was better to avoid it as he has seen cases of very obstinate constipation follow its use. This is due to the muscular coat having lost its resiliency, and a condition of paresis ensuing.

A refreshing drink for a feverish patient is a tumblerful of cold water containing a teaspoonful of sweet spirits of nitre. A small quantity, say a wine glass, may be given at frequent intervals.

A case of severe hiccough was promptly relieved by a half drachm of pure ether in a wine glass of water. This hint was taken from the *British Medical Journal*, and had been used in a case where all the ordinary therapeutic means had failed.

Ecthol was tried with success in two or three cases of pimples on the face. It was given internally in teaspoonful doses three times a day; also applied locally several times a day, having previously steamed the face.

Resinol ointment is very satisfactory as a rule in pruritus ani and vulvæ.