

sheets, energetic and enterprising, and the life and activity of the city is excellently indicated by the newsy appearance of both.

The Y.M.C.A. are contemplating the erection of a handsome building on Hastings Street to cost 30,000 dollars and have already raised 5,000 towards it, besides the value of the property at present owned by them.

Vancouver is favoured with a most delightful climate. The winter just past has been a very fine one, and spring is entered upon full of sunshine and everything to make life happy. To people coming from Eastern Canada, or the Old Country, it is a great change, and it is only by living here a season that one is really able to judge of the salubrity of one of the best climates in the world. In every respect Vancouver is pushing to the front and may very properly be called the Chic go of the coast.

### OUR INSTITUTE.

It will not of course be amiss, in this our first paper, to say something—briefly—of our Institute. It was first formed as a Young People's Association in the old Church on Water Street, and, we believe, was the first society of this kind started in the city.

In August, 1888, it was found necessary to reorganize the Association, and accordingly with this end in view, a committee was appointed to draw up a Constitution and submit the same at the next meeting.

This committee consisted of J. Z. Hull, A. A. Boak, E. Higgins and C. J. Bearchell. The Constitution framed by these was submitted to the Association and with a few alterations was adopted.

The Committee recommended that the name of the Association be changed and that it be thereafter known as "The Vancouver Young People's Methodist Institute." This met with the approval of the meeting and, by a unanimous vote, was adopted, so that our organization is now known by that name.

The first copy of the Constitution, as adopted by the Institute, was, in some mysterious way, mislaid, so that the Committee were called upon to re-write it, and this one was read, as before, before a large meeting of the Institute and unanimously adopted. We have now a Constitution which only needs a little time to prove it a good one, and, as some of the most experienced members have examined it and reported it to be all that is desired, we have no hesitancy in making this assertion. We only regret that so far no steps have been taken to have it printed and distributed among the members.

How can we expect anyone to know anything about the Constitution when there is only one copy in existence and that, we believe, lying around in a very loose manner?

But on the other hand we can easily understand how it is that some members of the Institute are continually asking questions about and finding fault with the Constitution, and even going to the extent of saying they do not think it a good one, when, in reality, they know very little or nothing about it. It is only fair to ask for it a good trial and we venture to say that it will be found, in the end, to be possibly the best suited for the Institute.

Let us go to work then, get it printed in neat pamphlet form, have each member provided with a copy and then we shall be in a position to understand it.

The re-organization of the Institute called for the election of a new staff of Officers and a Committee of Management.

Those who were first elected to hold office under the new Constitution were:—T. G. STARK, President; Mrs. T. HOOPER, Vice President; ERNEST ROBSON, Secretary; MISS SLADE, Assistant Secretary; MISS SIMPSON, Treasurer, and a committee consisting of MISSES MANNING, and HOBGSON, MESSRS. E. HIGGINS and T. HUNTER.

This Committee with the Officers mentioned above, formed the Committee of Management for that term. We regret that during their term of office they had no chance to get the Institute into proper shape, the regular night of meeting being taken up for some time by other arrangements, and then it was found rather unpleasant to hold meetings in the Tabernacle during the winter weather, so that the Institute had practically adjourned until the basement of the New Church was finished.

It is needless to say that during this time the interest in the organization had considerably weakened, but we hope now that we are in such comfortable quarters, we will all endeavour to make up for lost time, and by a united effort, bring our Institute into the front ranks among similar associations. We are now in the middle of the second term under the new Constitution.

The Officers and Committee elected for the current half-year are:—G. W. PHIPPS, President; A. A. BOAK, Vice-President; THOS. BECKETT, Secretary; W. T. TRYTHALL, Assistant Secretary; T. G. STARK, Treasurer; MISSES TRYTHALL and MORRISON, MESSRS. W. H. GOODWIN and T. HUNTER, Committee.

This Committee has sub divided into a Literary and Essay Committee, a Debate, a Social and Entertainment and a Membership Committee, thus dividing up the work and making each sub-committee responsible for one night in every three. We are now getting into line. Let us stand shoulder to shoulder and we will surely not be ashamed of the results of our efforts to promote the moral, intellectual and spiritual welfare of our Young People.

### OUR CHURCH.

THE new Church now nearing completion, on Homer St., is a decided ornament to the city. From every direction, north, south, east and west can the fine structure be seen. This building will cost about \$10,000 when completed, and will be a credit to the Architect, Mr. Thomas Hooper. We ought to feel proud that a member of our Institute is capable of designing so handsome a structure. Without the gallery the Church will seat about 550 persons. It is expected that the grand opening of the Church will take place about the 12th of May next, when in all probability the Rev. Dr. Carmen, General Superintendent of the Methodist Church of Canada, will conduct the services. It is to be hoped that those in whose hands the matter lies will take steps to have a good organ put in as soon as possible. A good organ placed in the Church right away, would pay for itself in a short time. People insist upon having good music, so that if we intend to keep in the front ranks we must attend to this matter without delay.

### TONGUE TICKETS.

THE popularity of Peter Piper's celebrated peck of pickled peppers will probably never wane as a snare to catch the tongue that would fain be agile; but that test has formidable rivals. The following short sentences, as their authors maintain, do wonders in battling the ordinary power of speech:—

Gaze on the gay gray brigade  
The sea ceaseth, and it sullieeth us.  
Say, should such a shapely sash shabby stiches show?  
Strange strategic statistics.  
Give Grimes Jim's gilt gig-whip.  
Sarah in a shawl shovelled soft snow softly.  
She sells sea shells.  
A cup of coffee in a copper coffee-pot.  
Smith's spirit flask split Phillip's water's fifth squirrels skull.

### A RECIPE FOR THE LADIES OF VANCOUVER.

MISS CORSON said at the Baltimore cooking school, that a Baltimore lady had a recipe for "cooking husbands so as to make them tender and good." It is as follows:—

A good many husbands are utterly spoiled by mismanagement. Some women go about it as if their husbands were bladders, and blow them up. Others keep them constantly in hot water; others let them freeze by their carelessness and indifference. Some keep them in stew by irritating ways and words. Others roast them. Some keep them in pickle all their lives. It cannot be supposed that any husband will be tender and good, managed in this way; but they are really delicious when properly treated. In selecting your husband you should not be guided by the silvery appearance, as in buying mackerel, nor by the golden tint, as if you wanted salmon. Be sure to select him yourself, as tastes differ. Do not go to the market for him as the best is always brought to your door. It is far better to have none unless you will patiently learn how to cook him. A preserving kettle of the finest porcelain is best; but if you have nothing but an earthenware pipkin, it will do, with care. See that the linen in which you wrap him is nicely washed and mended, with the required number of buttons and strings nicely sewed on. Tie him in the kettle by a strong silk cord called comfort, as the one called duty is apt to be weak. They are apt to fly out of the kettle and be burned and crusty on the edges, since, like crabs and lobsters, you have to cook them while alive. Make a clear, steady fire out of love, neatness, and cheerfulness; set him as near this as seems to agree with him. If he sputters and fizzes, do not be anxious; some husbands do this until they are quite done. Add a little sugar in the form of what confectioners call kisses, but no vinegar or pepper on any account. A little spice improves them; but it must be used with judgment. Do not stick any sharp instrument into him to see if he is becoming tender. Stir him gently; watch the while, lest he lie too flat and close to the kettle, and so become useless. You cannot fail to know when he is done. If thus treated you will find him very digestible, agreeing nicely with you and your children, and he will keep as long as you want, unless you become careless and put him in too cold a place."

Please address any communications intended for this paper to the "Manager of the Institute Vancouver, B.C."