

## SELECTED BOOK LIST.

### FOR THE USE OF CHRISTIAN WORKERS IN MORAL REFORM.

NOTE.—In this branch of reform great discretion is essential, both in acquiring and using sound knowledge. As in medicine, success in healing depends upon a judicious application of general principles by a careful diagnosis of individual cases, so in moral reforms in an *increased* degree, because this disease is mental and spiritual, therefore less open to observation of results, and requiring infinite patience and calm courage. The following works are chosen as among the best, of many that are good, not by any means as a complete catalogue of even desirable books. They are also included in this list entirely on the personal responsibility of the author, and in no sense as advertisements for any publishers.

#### For General Readers Desiring Complete Information.

- HOME HAND BOOK**, of Domestic Hygiene and Rational Medicine. 20th thousand. 1624 pages. 500 engravings, 25 colored plates, and a paper Mannikin. Cloth, \$5.50; heavy leather, \$7.50.
- MAN THE MASTERPIECE**, or Plain Truths Plainly Told about Boyhood, Youth, Manhood. Contains 620 octavo pages, 30 full-page illustrations, and a Mannikin. *A book for every man.* Price, cloth, \$3.90; library, \$4.50; half morocco gilt, \$5.
- THE LADIES' GUIDE IN HEALTH AND DISEASE.** Prices: cloth, \$3.90; library, \$4.50; half morocco gilt, \$5.
- SUNBEAMS OF HEALTH AND TEMPERANCE.** 220 quarto pages. Cloth, \$2.25, finely illustrated. Safe for intelligent boys and girls to read. The foregoing are by J. H. Kellogg, M.D.
- SOCIAL PURITY.** By J. H. Kellogg, M.D., including *A TALK TO GIRLS*, by Mrs. J. H. Kellogg. Contains 64 pages. Price, 15 cents. 40,000 copies of this work have been sold within a few months.
- All the above may be obtained post free, on receipt of price, from Good Health Publishing Co., Battle Creek, Michigan.
- THE JUKES.** A study in Crime, Pauperism, Disease, and Heredity. 3rd edition. Cloth, \$1.00. By R. L. Dugdale. Pub. Putnam and Sons, West 23rd St., New York. (This is specially commended to Day and Sunday School Teachers and District Visitors, etc.)
- THE TRINITY OF EVIL.** By Canon Wilberforce, M. A. Paper, 30c; cloth, 50c.
- HIDDEN DEPTHS.** By F. M. F. Skene. 3rd Canadian edition. Price, 35c.
- (These two, Toronto Willard Tract Depository.)

#### For Parents and Women.

- VITAL FORCE: How Wasted and How Preserved.** By E. P. Miller, M. D., 41 West 26th St., New York. Paper, 50c; cloth, \$1.
- HOW TO BATHE** On use of Water in Preserving Health, etc. Same author. Paper, 30c; cloth, 75c.
- A FATHER'S ADVICE**, a book for every boy. Same author. Price 10c.
- A MOTHER'S ADVICE**, a book for every girl. By Mrs. E. P. Miller, M. D. Price, 10c.
- (These should be first read by parents and at the *right* time placed in hands of children.)
- THE BEACON LIGHT** (Physiology for the Young, to help Mothers and Teachers.) By T. L. Nichols, M. D., London, Eng. May be had of Miss Julia Colman, 47 Bible House, New York. Price: paper, 25c; cloth, 50c. (This was most appreciated by refined Christian mothers in England, after the White Shield was inaugurated in 1885, and should be re-published in America at cheaper price,) and at Willard T. D. Tor.
- TOKOLOGY, a Book for Every Woman.** By Alice B. Stockham, M. D. Price, \$2.
- TRUE MANHOOD.** For Young Men. By E. B. Shepherd, M. D. Price, \$2. (Highly recommended for boys on leaving Christian homes.)
- THE MAN WONDERFUL IN THE HOUSE BEAUTIFUL.** An allegory, teaching the Principles of Physiology and Hygiene, and effects of Stimulants and Narcotics. By Chilion B. Allen, M. D., and Mary A. Allen, M. D. Price, \$1.50.
- These three post free from Dr. A. B. Stockham, 161 La Salle St., Chicago.
- PLAIN TALKS WITH Young Home Makers.** By Hope Ledyard. Cassell & Co., 106 Fourth Ave. New York. Bound, 40c.
- BOYS AND OTHER BOYS.** By Lucy A. Scott. Paper, 25c; cloth, 50c. (These two for boys and girls)
- GIRLS OF TO-DAY.** Same author. Pub. W. T. P. A., 151 La Salle St. Chicago. Paper, 25c; cloth, 50c.

#### For Mothers.

- SCHOOLBOY MORALITY**, by (an English woman) E. C. P. CLEAN HANDS; SECRETS. By Dr. Kate C. Bushnell. Pub. W. T. P. A., 161 La Salle St., Chicago. Each, 3c; per 100, \$2.
- LEAFLETS FOR MOTHER'S MEETING** (List from W. T. P. A. as above). Each, 2c; 50c per 100.
- (*"LETTER OF ELLICE HOPKINS to the Women of America"* in this series should be read and pondered by every Christian woman.)
- MARRIAGE—ITS DANGERS AND DUTIES.** R. H. Darby, 432 Ninth St., Washington, D. C. Price, 10c. (For the Society for Moral Education of Washington, D. C.)
- LEAFLETS No. 1 TO 4.** By Mrs. C. T. Cole. Sold by Miss Jennie Duty, 180 Arlington St., Cleveland, Ohio.
- NOTE—These are newly published and surpass in simplicity, accuracy, and practical purity of expression, any of the size and price I have yet seen.—E. H. B.

#### Temperance and Social Purity Journals.

- THE PHILANTHROPIST.** Ed. by Aaron Powell, P. O. box 2354, New York City.
- THE TEMPERANCE TEACHER**, a new monthly by Julia Colman, 47 Bible House, N. Y. City, from whom may be obtained all kinds of reliable Temperance and Purity Literature. (Each contains valuable Book Lists.)
- These are two inexpensive journals, invaluable to practical workers on these important lines.

#### White Cross, larger and smaller series.

- (Where all are good, selection is difficult, but the following are most practically useful as ammunition for W. C. Soldiers:)
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| No. 4. True Manliness.  | No. 6. Wild Oats.             | No. 10. God's Gift of Speech. |
| No. 11. What can we do? | No. 12. Little Kindnesses.    | No. 17. A Strange Companion.  |
| No. 19. Damaged Pearls. | No. 22. White Cross Standard. | No. 23. Buried Seed.          |
- (These are in the larger series, mostly 3 cents each.)

Lost in Quicksand, Touching Pitch. Is it Natural? The Defaced Image Restored? My Little Sister. These are best of shorter papers; 2 cents each.

A leaflet called The Temple of Eternal, and The Apocalypse of Evil, are worthy to be had at 161 La Salle St., Chicago.

The Willard Tract Depository, Toronto, keeps supply on hand from Eng., convenient to E. P. Dutton & Co., 31 West 23rd St., N. Y., and American White Cross