

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevent This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that *Auto-intoxication*, due to non-action of the bowels, is directly responsible for various diseases and bladder troubles; that it upsets the stomach, causes indigestion, loss of appetite and sleeplessness; that chronic rheumatism, gout, pain in the back, are relieved as soon as the bowels become regular, and that rashes, flukes, eczema and other skin eruptions disappear when "Fruit-a-tives" are taken to correct constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. See a box, 6 for \$2.50, trial size 25c. At all druggists or send on receipt of price by Fruit-a-tives Limited, Ottawa.

EDITOR'S MAIL

All letters addressed to the Editor must be accompanied by the name and address of the sender, not necessarily for publication, but as evidence of good faith. No notice will be taken of anonymous communications.

The Graphic does not hold itself responsible for opinions expressed in this column.

Editor of the Graphic, Campbellton, N. B.

Dear Sir: I noticed in your valued paper an editorial also a letter from W. H. Wallace of Campbellton, as to the advisability of erecting a dam for power on the main Restigouche River. This splendid idea has stirred the people up as to the great benefit to our section as well as to the growing town of Campbellton. Our Government should be asked to move in this matter at once. One only has to read and observe what is being done in other places.

Mr. Wallace advances good ideas. His letter last year, signed "Working Man's Friend," was well received and set people thinking as to their rights. There is no doubt in the past and at present, our forests have not been protected, and mining has not been encouraged, our highways in this sec-

tion have been neglected and a bridge should be built.

Mr. Wallace should be asked to offer as our independent candidate to represent us at the House at Fredericton. He would look after our rights and after the interests of the people. Thanking you for space.

PROGRESS.

Mrs. J. W. Woodside, Toronto spent several days here this week visiting her mother Mrs. Wm. Currie. She left on Tuesday morning for Moncton to visit her father the Hon. Wm. Currie. Mrs. Jas. A. McDonald and Miss Nita McDonald left on Monday evening for Montreal, where Miss McDonald will enter the Royal Victoria Hospital for treatment.

Nursing Sister Gertrude Kerr who recently returned from France, where she has served for some time with the American Corps, is visiting her mother in town.

Pte. Benjamin Letourneau, just returned from France is in town visiting friends and relatives accompanied by his son Oscar and daughter Beatrice. Pte. Letourneau is a brother of Mrs. W. A. Rogers.

Miss Ethel Lingley is visiting in Montreal this week the guest of Miss Ina McKnight. She will attend the graduating exercises of her sister, Miss Tessie Lingley, who completes her course of training at the Royal Victoria Hospital, this week.

BASKET SOCIAL.

A basket social will be held in the Dundee School House on Saturday evening, April 5th. Proceeds in aid of the parish school. 4-12.

TRUCKING

I am now prepared to do all kinds of light or heavy trucking. Will be glad to do hauling of any kind for any one, at any time. Call Telephone No. 314.

OLIVER DEWAR, Mar. 26-4-12. Campbellton N. B.



Election Notice

Public notice is hereby given that a court for the nomination of candidates for the offices of Mayor and Councillors of the Town of Campbellton will be opened in the Town Council Chamber on

TUESDAY, APRIL 8th at two o'clock, p.m., and remain open until five o'clock p.m. as required by law.

If more than the requisite number of persons be nominated for the said offices of Mayor, Councillors for the whole town and Councillors for the several wards of the town then a poll will be opened on **TUESDAY, APRIL 15th**, of which due notice will be given.

Dated at Campbellton, N. B. this 25th day of March, A. D. 1919.

JOHN T. REID, Town Clerk.

Real Help

IN every case of weakness, or wherever energy or vitality is less than it ought to be, in every case of convalescence, Hall's Wine gives real help. Hall's Wine gives you value for money. You feel better from the first glass you feel yourself growing stronger every day with strength that will last. "Hall's Wine" writes a lady recently, "has strengthened me more than I believed possible," and another lady after being ill for over three years with anæmia, writes: "After taking half a bottle of Hall's Wine I felt new energy returning, and now, after the fourth bottle, I feel better than ever in my life!"

Hall's Wine

THE SUPREME TONIC RESTORATIVE

GUARANTEE: Every bottle of Hall's Wine contains a full after dinner glass of it. If you do not feel decidedly better, return the bottle empty bottle, and we will refund your money.

Your Druggist will sell—Extra large size bottle, \$1.50. Smaller size, \$1.00. Sole Proprietors: STEPHEN SMITH & CO., LIMITED, 27 FINE ST., LONDON, ENGLAND. Agents, FRANK L. HENDRY & CO., 61 St. Ann Street, Montreal, 6111.

HOUSE LIGHTING and FIXTURES. MOTOR-INSTALLATION and REPAIRS.

"Wire to ASKER to Wire"

E. G. Asker, Bs. C.,

Electrical Engineer, Campbellton, N. B.

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DALHOUSIE

Dalhousie, March 26.—On Thursday a Welcome Home was tendered to several of our returned soldiers in the basement of St. John's Presbyterian Church. Among the Dalhousie heroes who will probably attend the ceremony are Ptes. Miller, Jamieson, McNeil, Wright, (Dundee), Woods, Eslinger, Roy, Tomlinson, Symmonds.

At the request of Sir Douglas Hazen and through the courtesy of Rev. A. A. Boucher, Mr. P. P. Morris, of Carleton Place, N.B., will address a public meeting in the Convent Hall, Dalhousie, on Sunday evening, March 29th at 7.30 o'clock on the sale of War Thrift Stamps.

On Saturday, Miss Hogan and Miss Laura Boudreau, of Campbellton were in Dalhousie and inaugurated something new for the shirtless people. Saturday was Tag Day with us, and the two popular Campbellton young ladies returned home delighted with their visit. They were working in the interest of the proposed new Hotel Dieu Hospital, at Campbellton, Come again.

Miss Marie LeBlanc, daughter of Postmaster A. J. LeBlanc, who has been prominent in choir circles, pianist at the Star Theatre and teacher, has decided to become a nurse, and will leave on Friday for New York to enter the Roosevelt Hospital. On Monday evening the members of the Dalhousie Athletic Club, presented her with an address, accompanied by a very handsome kodak. The presentation was made by Mr. S. L. T. Clifford, president of the Club. The ceremony took place in the Club Rooms and refreshments were served.

Miss Blanche LaPointe, has gone to Campbellton where she has accepted a position as stenographer in the Provincial Bank.

Mrs. Fred. B. Knight, Moncton, is spending a few days in town, the guest of Mrs. C. H. LaBouliere.

A Restigouche boy who is making a name for himself in the West, is James Albert McDonald, formerly of Dalhousie. He was recently elected Mayor of the Town of Nelson, B. C. He is carrying on successfully a wholesale fruit, produce and confectionery business. His wife is a Dalhousie girl, formerly Miss Edith Almon, daughter of the veteran section of St. John's Presbyterian Church, Dalhousie.

Mrs. P. Main and Miss Blanche Maine who were called to Tracadie recently, on account of the sudden illness of a dear relative, have returned home.

Mrs. Duncan McLean, was called away this week to her former home in Queen's Co. N. B., because of the serious illness of her mother.

Miss Margaret Callahan, of the Campbellton teaching staff, was a visitor to the shirtless recently, the guest of Mrs. C. H. LaBouliere.

Miss Eileen McEvoy is spending a few days with friends in Sydney, N. S. Miss Annie McNeil has returned home after attending the millinery openings in St. John.

Mrs. J. M. Colton, who was visiting her sister Mrs. R. L. Lennox, in Toronto, is spending a few days at her old home in Dalhousie the guest of her parents Mr. and Mrs. C. H. LaBouliere. She is on her way to Halifax.

Mr. and Mrs. Charles Little, who have been visiting Portland and other American towns, have returned home.

Mrs. Wm. Winchester, who was ill during six weeks with typhoid fever, at the Hotel Dieu Hospital, Campbellton, has returned home very much improved in health. She is highly pleased with the treatment given and kindness extended to her by the good sisters, who have been so sorely tried by fire losses. Mrs. Winchester is so grateful, that she has forwarded to the Sisters, a beautiful statue of St. Anne. The statue is three feet high.

Mr. Everett Day died recently in Dorchester, Mass. Much sympathy is felt in the community for his widow, formerly Miss Lizzie McAislaill of Dalhousie, N. B.

PAUL DUFAULT PHONOGRAPHIC RECITAL

At Opera House To-morrow and Saturday With Big Picture Programme.

Additional interest is added to the picture program at the Opera House to-morrow and Saturday where some of Paul Dufault's famous successes will be heard on the Victrola. The program includes Gladys Hueston in "For Sale," Harold Lloyd in a great comedy and Pearl White in another exciting adventure of "The House of Hate."

Special Matinee Saturday, Monday and Tuesday Douglas Fairbanks will be at the Imperial in his mile a minute scream, "Say Young Fellow."

A good horsehoeer and general blacksmith. Apply to W. B. MILLER CO. LTD., Mar. 26-12. Campbellton, N. B.

FOR SALE. One Pool Table, also one Barber Chair. Apply to GRAPHIC OFFICE, Mar. 26-2-wk. Town.

NOW RAISES 600 CHICKENS

After Being Relieved of Organic Trouble by Lydia E. Pinkham's Vegetable Compound.



Oregon, Ill.—"I took Lydia E. Pinkham's Vegetable Compound for an organic trouble which I could not put my mind to the floor and I could scarcely do my work, and as I live on a small farm and raise six hundred chickens every year it made it very hard for me. I saw the Compound advertised in your paper, and tried it. It has restored my health so I can do as any work and I am so grateful that I am recommending it to my friends."—Mrs. D. M. Alters.

Only women who have suffered the tortures of such troubles and have dragged along from day to day can realize the relief which this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, brought to Mrs. Alters. Women everywhere in Mrs. Alters' condition should credit by her recommendation, and if there are any complaints write Lydia E. Pinkham's Medicine Co., Lynn, Mass., for advice. The result of their 40 years experience is at your service.

THICK, GLOBBY HAIR

FREE FROM DANDRUFF Girls! Try It! Hair gets soft, fluffy and beautiful—Get a small bottle of Dandruff.

If you care for heavy hair that gleams with beauty and is radiant with life, has an incomparable softness and is fluffy and lustreous, try Dandruff. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive scalp disease robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; the hair falls out fast. Surely get a small bottle of Knowlton's Dandruff from any drug store and just try it.

ADLER-KA DID IT! "I had pain in the pit of my stomach, no appetite, sour stomach and very much gas. Doctors could not help me. The FIRST dose of Adler-Ka helped me." (Signed) Henry Welp.

One dose Adler-Ka relieves sour stomach, gas and constipation INSTANTLY. Cleanses the upper and lower bowel, flushing ENTIRE alimentary canal. Removes ALL foul matter which poisons system. Often CURES constipation. Prevents appendicitis. It has been sold for many years. It is a mixture of buckhorn, cascara, glycerine and nine other simple drugs. A. McE. McDONALD, Druggist.

LEMONS MAKE SKIN WHITE, SOFT, CLEAR Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out the roses. The freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skin and complexion lotion at about the cost as usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle. Then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

FOR SALE. Newly calved cow, good milkier, for sale. Apply to F. GILMAN, Mar. 27-1-wk. Town.

HOUSEKEEPER. Wanted at once a competent and economical cook and manageress for small restaurant. Apply. Mar. 20-1-wk. c-o Graphic, Town.

WALL PAPER SAMPLES. Wm. Metzler has a full line of Wall Paper Samples in hand. Sample books from these different firms. Ask to see samples or phone 256.

WANTED. Horse suitable for delivery. Would prefer to trade and pay reasonable amount in exchange. GEO. G. MCKENZIE, Mar. 26-2-ins. Town.

HOUSE WANTED. Wanted to rent a self contained house with modern improvements. West end preferred. Wanted about May 1st. Write particulars to "E" c-o GRAPHIC. Mar. 18-2-pd.

WANTED. A good horsehoeer and general blacksmith. Apply to W. B. MILLER CO. LTD., Mar. 26-12. Campbellton, N. B.

FOR SALE. One Pool Table, also one Barber Chair. Apply to GRAPHIC OFFICE, Mar. 26-2-wk. Town.

Andrew's Book Store CAMPBELLTON, N. B. Opposite Subway.

PHONOGRAPHS. Be our agent. Secure high grade instrument for yourself and make money by helping us to sell to your friends. Write now for full particulars.

CROWN TALKING MACHINE CO., 318-b Craig St., West Montreal.

WANTED. Chamber maid, good money, write ROTAL HOTEL, St. John, N. B. Mar. 12-4-pd.

McKenzie's

Silk and Dress Goods Specialists.

Fashion Display Thurs., April 3rd

We extend a cordial invitation to all our friends and patrons to visit this opening, from 8 to 10 p.m. Living models will present the correct and fascinating models in Women's and Misses' ready-to-wear Suits, Coats, Dolmans, Capes, Dresses, Blouses, Neckwear, Raincoats, etc.

In addition to our exclusive range of the leading Canadian manufacturers' garments, we will have on display about 75 of the newest in New York creations, selected by Mr. McKenzie when there.

Our extensive range of Yard Goods will be attractively displayed on the centre tables in the Grocery Department.

Last year the attendance at our opening was so large we did not have room to show our ranges satisfactorily as we would like. This year we will show our garments in the Grocery Department, which will give double the room.

GROCERY DEPARTMENT.

We greatly appreciate the large patronage enjoyed by us in this department and will always endeavor to appreciate same by handling same in a sanitary manner, and by stocking only the best grade of goods.

As a token of our appreciation we will serve refreshments in this department, and an opportunity to sample some of the many attractive lines carried by us.

Refreshments Will Be Served Afternoon And Evening.

GEO. G. MCKENZIE Co., LTD. PHONE 267.



Beans! Beans!

Double Hand Picked.

These Beans are clear of all small shriveled stock, entirely clear of sand and stones. 50 bags in stock.

PRICE: 9c per lb. - - by bags. 10c per lb. - - small lots. Send for trial lot. Strictly cash.

S. S. HARRISON EEL RIVER CROSSING, N. B.

Local Items

Newsy Notes of Town and Gathered by Gm

DEAD AT CAMPBELLTON, N. B. On March 15th, Janet Marjorie, infant daughter of Mr. and Mrs. Henry A. Moudry, age one month.

MR. BUCKLEY COMING. Mr. L. Buckley who looks after the boys of the C. E. T. in the Maritime provinces, will be here Saturday evening. The boys will hold a banquet that evening in St. Andrew's Church Hall.

CARD OF THANKS. Mr. and Mrs. C. S. O. Crockett and family wish to thank their friends for the many kindnesses extended them during their recent and bereavement also for the many expressions of sympathy.

CARD OF THANKS. The Sisters of the Hotel Dieu extend grateful thanks to the public whose generous contributions made such a grand success of the recent "Tag Day" in aid of the Hospital.

SUPPER IN METHODIST HALL. The Ladies Aid of the Methodist Church are holding a Supper in the Hall of the Methodist Church, Thursday, April 3rd from 5.30 to 7 o'clock.

ON BUSINESS TRIP. Mr. S. A. Feiler, who now represents Talbotson, Freres & Co., Quebec left Monday morning for trip down the Gaspé coast. Feiler will also visit the I. N. R.

VIMY RIDGE DAY. On Wednesday, April 3rd, C.W.V.A. will hold a tag day, in the anniversary of the taking Vimy Ridge and no doubt the city will contribute liberally to the social fund.

MEMORIAM. In loving memory of James H. Kay who died April 3rd, 1913. Sadly I miss you but yet in my soul I hope for the future to banish pain. Faith points the way to a bright tomorrow. Auld whippers to me that I'll you again. Inserted by his sister M.

CARD OF THANKS. The members of the Catholic Guild beg to tender their thanks for hearty co-operation of them on Tag Day for Hotel Dieu fund.

Considering the storm the \$470.79 was larger than expected. Therefore much appreciated. Amount collected at Ashol, Richardsonville, \$12.00; Dalhousie, \$54.00; and Campbellton \$376.79.

DIED SUDDENLY. Mr. James Firth, one of the widely known and respected residents of Falmouth died very suddenly day afternoon. He was going his house to the barn, and fell at the barn door. Deceased his seventy-first year and good health up to the last. He died Campbellton Friday. The was held Monday, interment made at Campbellton. A sister kept house for him survives.