who indulge them; folks who are

eternally selfish and other folks who

help them to be so by their self efface

Now, do these sufferers deserve as

they should be given doses of their

who was very disorderly and untidy

about her room. Her mother fretted

and fumed but patiently picked up

after her, and the girl grew worse

instead of better. Finally she mar-

ried a man who not only did not pick

up after her, but who was extremely

disorderly himself. The result of this

dose of her own medicine was that she

Again a woman who was naturally

acquired the lacking bumb of order

ultra easy going married a man who

was some degrees more so. In this

Now wasn't it too bad that the

housemates of these people didn't ap-

and aggravated cases of unlivableness

that even the homeopathic treatment

won't cure, but I am sure that it would

ply this treatment years before?

own medicine.

A BLOOD MEDICINE WITHOUT ALCOHOL.

Recently it has been definitly proven by experiments on animals that alcohol lowers the germicidal power of the body and that alcohol paralyzes the white corpuscles of the blood and renders them unable to take up and destroy disease ferms. Disease germs cause the death of over one-half of the human race.

A blood medicine, made entirely without alcohol, which is a pure glyceric extract of roots, such as Bloodroot, Queen's root, Golden Seal root, Mandrake and Stone root, has been extensively sold by druggists for the past forty years as Dr. Pierce's Golden Medical Discovery. The refreshing influence of this extract is like Nature's influence—the blood is bathed in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumulated during the winter.

Dr. R. V. Pierce, the founder of the Invalids' Hotel and Surgical Institute, and a physician of large experience and practice, was the first to make up an ALTERATIVE EXTRACT of roots, without a particle of alcohol or narcotic.

"It is with the greatest of pleasure, that I write to let you know of

If you spill tea on a tablecloth, cov- strain the juice through cheesecloth

er it with common salt and leave it To eight ounces of juice add one

on for a while. When the cloth is ownce of alcohol and a few drops of

The great secret of frying is to have ging an ironing board around by hav-

elenty of fat and to have it boiling hot ing it attached by hinges to the wall.

when you drop things into it, so that When not in use it can be held fast

Dr. Pierce's Pleasant Pellets regulate liver and bowels.

bake in hot oven until tender.

To make cucumber juice, crush the

Save the time and trouble of lug-

crush with a roller and put them in a

covering for the amateur upholsterer

vas and the colors are admirable

In a house of small closets much

long rods of wood or metal, over

Fresh, sweet suet is a great re

grays, browns, reds and blues.

es and small dishes.

burned in the basket.

There is a man rageously extravagant and husbands

DIES!

FREW.



ing Agents

RGAN

ave commenced our

llars Organ House in New-

2 Comp'y.

LE!

OODS

AIR'S

217 Ladies'

ers' samples; White, Black all kinds and

45c. up

39c. up .59c. up .59c. up ey, worth . . . \$1.49

SES Silk; all sizes.

... 79c. . \$1.99

RTS. naker, made ge and Cloth. h a lot more

ERSKIRTS. only, assorted er half price.

AIR.

erns or

PROFITS over 100 pr.ct. OF ORIGINAL SUM ASSURED.

The following are exampl s of Canada Life Policies, in which the Profits added to same have more than doubled the original amounts.

Policy No.	Yearly Premium		Profits Added to 1910	Total Assurance to 1910
	\$41.84	\$2,000	\$2,286.97	\$4,286.97
	12.40	800	821.95	1,621.95
	78.34	4,000	4,039.97	8,039.97
1,694	43.17	2,000	2,005.59	4,005.59
	16.75	1,000	1,005.35	2,005.35
	53.55	1,400	1,415.14	2,815.14

At age 30 a saving of \$14.00 monthly will buy a Profit-bearing Endowment Policy in the Canada Life for \$5,000, payable to you, at maturity in one amount or by way of annual instalments.

Send your name, age and address for a proposition of from \$1,000 to \$5,000 or more.

Canada Life Assurance Co.

C. A. C. BRUCE, Manager, St. John's.

for the purpose of obtaining interest. The more interest you get, the more money you will save. We own and offer a number of Securities that will meet the requirements of those who wish to double their interest income-with safety. Ask for particulars.

F. B. McCURDY & CO..

Members Montreal Stock Exchange.

C. A. C. BRUCE, Manager,

Fjuly30,tf

'BIAR MOOR WOUR

The Leading Wholesale

OF ST. JOHN'S. WE STOCK:

and Boys' Fleeced

Lined Underwear.

All kinds of Re- All kinds of Men's ed. gular Piece Goods & Cotton Tweed and Pound Remnants. Denim Overalls & Jackets

SLATTERY BUILDING

Duckworth and George's Streets St. John's.



more attractive or better variety than now For summer time comfort, at home or away. You'll find here much that will nterest you.

U. S. PICTURE & PORTRAIT Co.

Complete House Furnishers. Water Street East.

Homeopathic Treatment.

BY RUTH CAMERON.



outrageously overbearing the most patient little wife that

much pity as they usually receive, so long as they help maintain the cause ever lived. People w h of their suffrings? know them both often say: "How can he be so dishave any effect on the offenders. agreeable when she is so good?

If she were sharp or cross, that would be another thing, or another could be treated by homeobut she is such an angel, I can't understand it."

It seems to me that the very thing that puzzles them is a partial explanawhen she is always ready to lie down and let him walk over her? Why

shouldn't he be disagreeable since he

can always relieve his feelings that

ere sharp and cross occasionally. picked on her. But if she is always an angel of patience, why shouldn't ne be a devil of unlivableness when he

feels like it?

Angels make devils sometimes, case the cure was even more speedy think, and goodness and badness are contemplatory to a greater degree

If you will look about you, you will see that the world is full of people who are cross and folks who let peociently pick up after them; husbands who are overbearing and wives who

Household Notes.

soak it liberally

has been added

o do with less service.

washed all stains will have disappear- benzoin.

The revolving breakfast tray is a a change.

en utensils clean by scrubbing with glass jar until wanted.

comfort which American women

Keep breadboards and other wood-

soap and lukewater water, to which

household ammonia or common soda

A good simple dessert is baked ap-

oles, cored and with the cavities filled

with cinnamon and sugar. Cover bot-

Appendix

Pruning the

What thousands of people are rushed to the hospitals these days with the idea that pruning the appendix will rid them of the cause and effect of wrong habits of eating and living.

We eat too much, take too little outdoor exercise, breathe impure air, and when the system gets loaded with foul impurities, which irritate the digestive system and set up inflammation, we are told that the operating table is the only place for us.

Why not prevent appendicitis, as

table is the only place for us.

Why not prevent appendicitis, as well as acute indigestion, peritonitis and Bright's disease of the kidneys, by keeping the liver active and the bowels regular. Dr. Chase's Kidney-Liver Pills cleanse the digestive system of foul impurities more quickly

Week End Specials

36 Tins.

36 only 5 lb, tins Preserved Pure Butter in sealed tins. Will keep for years. The famous

Blue Nose Butter, 38c. lb.

11 Baskets

11 only 3 gall, baskets Fancy you that nothing they could do would

\$1.20 Basket.

48 Baskets.

48 baskets choice Burban mean, as far as concerns the character of the dose, not its size. That is:

48c. each.

Soper & Moore

over it some boiling white wine vinegar, with sugar and spice to taste When cold, cork tightly,

Keep a long nail near the laundry ubs and use it to remove the rubber stoppers instead of chains. The nail erves as a lever.

When the fragrance of a balsam oillow seems to be fading, hold the pillow over the steam of a tea kettle and it will be restored.

There is to be had a combination rush, scraper and self-wringing mop, ll on a long handle, which is a wonlerful help in scrubbing floors. Grease stains on leather may be

emoved by benzine or pure turpen-Wash the spot afterward with eaten white of egg or a kid reviver. A good recipe for collars and cuffs s five teaspoonfuls of starch, one nuart of water, one teaspoonful of porax and one teaspoonful of lard or paraffin. Have the water boiling, place the starch, borax and fat in the starch kettle and stir in enough cold vater to make a smooth paste. Then add the boiling water and cook till horoughly clear. Strain and use hot. To shrink washing materials, keep our material in the same creases as when bought, opened only enough to ie easily in the bottom of the bathub. Run enough water in the tub to over the goods and leave for a suffiient time to be thoroughly shrunk. Then lay the broom across the tub and carefully hang the material upon

Let it drain in the tub and dry. sliced cucumbers while fresh and An Anglo-Negro Composer.

"Mr. Samul Coleridge-Taylor, one he foremost of English musical com posers of the present day, has jus lied. He was in his 38th year. "Mr. Coleridge-Taylor, whose mo

the inside cooks without absorbing against the wall by a piece of picture amous composition is his cantata Hiawatha,' to the music of which a part of Longfellow's poem is set, was To keep a net palm in order, the In packing children's lunches for of mixed racial origin," says the Telcaves should be sponged carefully school, always wrap the sandwiches in very week. Don't water palms too oiled paper. Meats for the filling are graph. "His father was a West Af nican negro, who practised as a do often; let the earth become dry, then best chopped. Cream cheese combintor at Croydon, and who married a ed with nuts make a good filling for Englishwoman. Displaying a high or der of musical talent as a boy, h Never throw away pieces of stale learnd to play the violin, and at the would do well to borrow from their cake. They are good for puddings. If age of ten joined the choir of St English cousins. It makes it possible you do not wish to use them directly, George's, Croydon. Later, as an alto, dry them thoroughly in a cool oven, he sang in the choir of St. Mary Magdalene, Croydon. In 1891 he entered the Royal College of Music, Kensing-The all-wool ingrain carpet called ton, with the intention of becoming filling makes an excellent furniture a violinist Finding however that he was more attracted by composition. he gave up the violin and devoted himself to creative work."

"The sudden death of Mr. Coleridge-Taylor at the age of thirty-seven will space can be economized by having be felt as a serious loss by all who are interested in musical matters,' which clothes hangers can be hooked. says the Times. "It is not only that In a china closet you can set in half shelves to save space-shelves five his career as a composer was begun inches wide to be used for jelly glasswith exceptional brilliance, but many other directions, as a conduc A good scheme of disposing of tor, as a teacher, and more especially kitchen rubbish is to have a rubbish as an adjudicator at important comchute in the kitchen at the top of the petitive choral festivals, his activities cellar stairs. It opens by a trap-door, have been exceedingly valuable.

"Samuel Coleridge-Taylor was born and into it all rubbish can be thrown, to land in a big wire basket in the on August 15, 1875; his father was a native of sierra Leone and his mother cellar. When full, the contents are an Englishwoman. His mixed descent cannot be forgotten in any study source for winter cookery. The suet of his music, since it makes his work should be freed from all loose skin an interesting example to all who are and flesh, then chopped fine and thor- concerned with the appearance of oughly coated with flour. To each racial characteristics in music. For quart of suet allow a cupful of flour in any work which one may take up and a teaspoonful of salt. It should it is obvious at once that it has cerbe packed in glass jars and set away tain features in its melody, style of To make pickled cauliflower, break our which distinguish it at once from the heads in pieces, wash and boil in the music of English composers." salted water for five minutes, drain

and throw into cold water, then drain MINARD'S LINIMENT RELIEVES

J. J. ST. JOHN.

50 baskets PLUMS, New PARSNIPS, New TURNIPS New CARROTS. New CABBAGE, APPLES.

GRANGES, BANANAS, Lakes Smoked CAPLIN, 24 in Carton, 8c. Choice Boneless JOWLS.

J. J. ST. JOHN.

McGuire's BREAD.

WE WERE FORTUNATE IN BUYING SOME COSTUME

Tweeds and Dress Cloths

That is the reason we can offer you

40 and 50 cent goods for

25 cts., 30 cts. and 35 cts.

The appearance will appeal to your eye, and the price to your pocket.

ROBERT TEMPLETON

RELIABLE GUNS!

When you need a gun, you need one that can be depended upon—one that is reliable, quick of action, simple and easy to operate.

The Stephens B. L. S. B. Shot-Gun

is just the one you require. 12 bore, well made, perfectly safe; in fact a good all-round gun which will furnish you with all kinds of sport. Prices from \$4.75 to

Other makes in stock are: Harrington and Richardson Shot Guns, 12 bore; Holles Eng. Twist, D.B. Guns, 10 and 12 bore; Holles Muzzle Loading Guns,

HEADQUARTERS for the very best Powder, Shot and Caps.

BOWRING BROTHERS, LIMITED,

HARDWARE DEPARTMENT.

At the Big FRUIT Store

200 brls. Choice Grav. Apples.

30 brls. Siberian Crabs. 50 half-brls. Pears. 50 sacks New Potatoes.

50 brls. Green Cabbage. 50 kegs Green Grapes. 50 cases Silverpeel Onions.

Edwin

Murray

The Following Brands of TEA

are known throughout the Island for

Unvarying Quality, Delightful Flavour.

Sold Wholesale in Half Chests.

Hazlefield, Lotus, Chester, Belmont. lorest, Lomax,

Fresh Shipments expected next week for the Fal

Now is the cheapest time to buy.

Teas are up again in Ceylon. Send your orders now for delivery

any time this fall.