RHEUMATIC PEOPLE

Can Only Find Relief By Enrich ing the Blood.

Rheumatism is a disorder of the blood. It attacks people when the blood is overcharged with acid and impurities, thus setting up inflammation in the muscles and joints. Wet weather or cold weather of autumn may start the tortures of rheumatism, but is not the cause. The cause is in the blood and the blood only. Victims of this malady have every reason to fear the first dull ache in the limb and joints, followed by sharp pains through the flesh and muscles; these e symptoms of poison in the which may shortly leave the victim painracked and helpless

There is only one way to cure rheu-matism, and that is through the blood Liniments, hot applications, and rub-bing may give temporary ease, but cannot possibly root the trouble out of the rich, red blood which Dr. Williams' Pink Pills actually make. This new blood drives out the poisonous acids and impurities, and the rheuma tism disappears. If you are a sufferer from this painful malady begin curing yourself to-day by the use of Dr .Williams' Pink Pills, and see how soon the pains and stiffness of the away, leaving behind new energy and new health.

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.



Lesson III. Oct. 19th. 1919. Jesus in Peter's home. Mark 1; 29-39.

COMMENTARY-I. Healing in a ome (vs. 92-31), 29. Forthwith wher they were come out of the synagogue on the Sabbath and Jesla had been teaching and exerciysing divine power of the synagogue of Caper-naum. Immediately after the casting out of the demon Jesus with the four disciples whom He had recently called went from the synagogue service to Peter's home (Matt. 8;14), where Andrew also dewlt. 30. Sick of a fever -She was prostrated. Fevers were prevalent about Capernaum, on account of the marshy region near. According to the physician Luke it was a "great" fever. Intermittent fever and dysentery, the latter often fatal, are ordinary Arabian diseases.—Maclear. Anon—"Straightway."—R. V. Tell him of her—The mighty cures which Jesus had already wrought prepared the minds of those interested to believe that He could cure this wo-13. Took her by the hand and lifted her up—Matthew says, "He touched her hand." This was a token of the application of power. The fever -"He willed and it was done curative virtue is in Christ's will, not in instrumentalities." Ministered unto them—Such fevers naturally leave the patient weak and liable to dangerous relapses, and much time dangerous relapses, and made the and care are required to cover the us-ual strength. In this case strength was given immediately, and they cured was given immediately, and they cured woman went about the household tasks that awaited her. Through the coming of Jesus into the home health came instantly to one who was seriousl yill. Blessings ever attend the presence of Jesus, and happy are they presence of Jesus, and happy are they who give him welcome. Cures were sometimes grought by our Lord, which were not instantaneous, as in the case of the blind man whose sight was re stored gradually (Mark 8; 22-26); but usually he healed completely and in-

II. Multitudes healed (vs. 32-34). 32. Even—Evening. Jesus had attended the Sabbath service in the synagogue. The sun had set and the Sabbath They brought unto him-Since the Pharisees considered it unlawful to on the Sabbath, the of the sick refrained from bringing them before the close of the Then also it would be cooler than in the heat of the day. Pos sessed of demons. (R. V.)-A tion in which demons or evil spirits took control of the person to such an that he was unable to restrain himself from acts of violence or wickedness. 33. All the city was gathered— Two notable miracles had been wrought that day. The cure of the demonias in the synagogue had aston ished the people beyond measure and the healing of Peter's wife's mothe occasioned great wonderment reports of these cures spread rapidly throughout the city, so that by even-ing the crowds had assembled, bringing those who were afflicted. door-The multitudes pressed to the door of Peter's home. They were convined of Jesus' power and willing ness to relieve those who were in distress. 34. He healed many—Matthew "And healed all that were sick" (8:16), and, connected his work Isa 53: 4, as being the fulfilment the prophecy there recorded, and said, "That it ma bye fulfilled which was spoken by Esaias, the prophet, saying, Himself took our infirmities, and bare our sicknesses" (Matt. 8;17). Divers discases—Many different dis-eases. No discase was in existence that could baffle the skill of the great Physician, and he could bring relief from every sort of trouble. Suffered not the devils to speak, because they kne wihm—Jesus was not willing to have testimony born to his Messiah. ship by demons. The voice from heaven which always spoke the truth had declared him to be the Son of

URINE Night Morning w eep Your Eyes God, and he would not permit lips, given to lying, to testify to his divinity. The works that Jesus performed, the spiritual sublimity and simplicity of his teachings and his own declarations concerning his nature and mission, joined with the testimony from heaven made clarable delivers.

heaven, made clear his deity.

III. Jesus at prayer (v. 35). 35. In the morning—The day following the Sabbath. A great while before day—The fact that Jesus rose thus early in the morning shows how important and necessary He understood it was for Him to pray. It indicates how great was the burden upon His heart for a lost world. A solitary place—A remarkable feature of the Lake of Gennesaret was that it was closely Gennesaret was that it was closely surrounded with desert solitudes
These desert places, thus close at
hand on the table-lands or in the ranand on the table-lange of invited with the safety of the eastern and western ranges, gave opportunities of retirement for rest or prayer.—Stanley and there prayed—His soul craved the Father that His communion with the Father that He might carry forward the great w committed to Him. He prayed for world that He came to redeem praying, however, was not wholly on His own account and for His own need, and on behalf of others, but it was an example for us. Prayer is in-dispensable to the Christian's life. He can not maintain His experience of saving grace and of heart cleansing without this exercise. He cannot grov out prayer, nor can he be a succes fisher of men unless he is much in prayer. Peter and John and the other disciples were learning of Jesus, being prepared for the great work they Were to do for Him and this example He gave them of frequent and earnes prayer would be of inestimable value to them throughout their ministry. IV. Spreading the Gospel (vs. 36-39). 36. Simon and they that were



with him-With Simon Peter were his brother Andrew and James and John. Followed after him—Jesus had probably tarried long in prayer, and because the people were desirous of coming to Him, His disciples went in search of Him. 37. Had found Him— They doubtless knew where they would be the most likely to find Him from their acquaintance with His ways in the past. It is well if the followers of Jesus are so given to praye that those who know them have the knowledge that they are often to be found in that exercise. Jesus was just entering upon His great Galilean ministry and a season of communion with the Father would be a most help ful preparation for it. All men seel for thee—The knowledge of his remarkable power in healing the sick and casting out evil spirits had reached the people. ed the people throughout Galilee (Mark 1. 28), and the demands upon him were great. It was for the tem poral good that Jesus could bestov rather than for the spiritual goo that he desired to impart, that the people were seeking Him. 38. Into the next towns—The word "towns" here means "places larger than villages."— Whedon. Preach there also—His la-bors must not all be expended upon one community, but He must carry the gospel and its blessings into the regions beyond. This was the first missionary circuit of Jesus through Galilee. For therefore came I forth —His mission was to do good to the souls and bodies of men. He did not undertake His earthly mission for the sake of being held in admiration by the multitudes or to work miracles to satisfy, their curiosity, but to bring them to a knowledge of the only wa of salvation. 39. lu their synagogues —He made use of every opportunity to preach the gospel, entering the syn-agogues scattered here and there, even though the worship was practically lifeless .The law was read, and He was given an opportunity to unfold its spiritual and powerful truths He could give the true interpretation to the scriptures that were there read to the people and could show that the prophecies concerning the coming of the Messiah were being fulfilled in their very presence. A new and weighty responsibility was thus placed weighty responsibility was thus placed upon them. And cast out devils —He both healed the sick (Matt. 4, 23-24) and cast out demons. Divine power was required for either work, and both showed that the gospel came for the deliverance of man from his dis-

Questions.-What had Jesus done the synagogue of Capernaum? accompanied Jesus from the syna-gogue? Where did they go? In what



way was Jesus a blessing in the home? What took place when the home? What took place when the Sabbath was over? Why did Jesus forbid the demons that He cast out speak? What did Jeous do early next morning? Why did Poter and the other disciples seek for Him? Wha course had Jesus laid out for Himself? What was the purpos Christ's mission? Through w means did Jesus reach the people? the purpose of Through what

PRACTICAL SURVEY. Topic-Christ in the Home.

I. The home. II. Its bulwark.

Jesus exercised both a public and a private ministry, and the events of the lesson include both. Ailke in the synagogue and in the domestic circle, his love and power were beneficently manifested. He regarded the individual as well as the multitude, as worthy of attention. He came into personal contact with the sinful and suffering

get a trial treatment of the world's greatest remedy. Buckley's two bottle mixture; nothing ever made like it... One bottle gives instant relief, while the other drives the polson from the system. Something different; no burning or nerve wrecking drugs, but two scientific mixtures that will conquer any of the above aliments. Don't hesitate a minute longer. Fill out the blank below and get started on the road to health.

W. K. BUCKLEY.

W. K. BUCKLEY MANUFACTURING CHEMIST. 97 Dundas St. East, Torento.
Sir:—Please send me two bottles of your mixture. I enclose ten cents to cover cost of packing and mailing. Do this to-day as for a limited time only I make this offer.
NAME...
ADDRESS.

Spiritual ailments and bodily diseases veloped, every type of merchant vesses were embraced in the sphere of his purpose and ministry (Psa. 103: 3; Matt. 8: 17).

The home was the

first divinely-ordained institution among men. It involves the family which was the first relation estabwhich was the first relation estab-lished in primeval conditions and innocence. It antedates the church and nation and is the foundation of both. Domestic relations precede, and in our present existence are worth more than all other social ties. Both Jesus and the apostles placed special honor upon, and rigidly safeguarded, the sacred relation in which it origin-ates. He graced with his presence and ed with his benediction the marriage in Cana, and solicitude for its unmarred sweetness called forth the first exercise of his miraculous power and "glory" (John 2: 1-11). Upon the integrity of the home depends the well-being of the race. The perpetuation of the letter under the most far. tion of the latter under the most fav orable conditions of heredity and environment is its first design. The development of character under equal advantages is second. It is the chief school of human virtue. Uron it de pends the perpetuity of any nation.

Joseph Cook said, "Only the home can found a state. The moral tone of any is shaped by the home life and can never rise above its average Its virtue or virus permeates the en-tire body politic. It is the safeguard of private virtue and of public liberty The best place to make men of boys and women of girls is here. We should jealously beware of any influence or agency which tends to lower sacredness or intrude upon inviolate domain, under whatever in sidous guise or disguise it may pre-sent itself."

II. Its bulwark. The Christian system recognizes and regulates al human interests. Apart from its teach ings and moral force none can attain their best or remain incure. All other restraints prove but feeble barriers in the presence of unleashed passion. Christianity inculcates those principles of authority, obedience, affection and orderliness which are inseparable from an elevated domestic life. It is at once the source and security of all human progress. The sweetest type of heaven is a home where Christ reigns. His dominion bars its portals against the ingress of illicit desire or purpose, which Jesus says is equiva lent in its effect upon character to overt violation of its obligations. Jesus was God's ideal of manhood. Unlike his forerunner, he was no ascetic. He sanctified all the rela tions of human life into which it was possible for ..im to enter, by fulfilling them. In Cana, Capernaum, Bethany and Jerusalem he entered into the domestic and innocent social life of those among whom he went, and he moved as a living benediction among them. Christianity is the bulwark of

FOR MARRIED MEN ONLY

When your razor is dull as a hoe. ask your wife of she wasn't paring her corns. Get her Putnam's Corn Extractor; it's the only painless and safe cure. All dealers sell "Putnam" at 25c per bottle.

Work of the Mystery Ship

Of the numerous sideshows of the British Navy during the war of the past four and a half years, the most amazing is the part played by the "Qr" boat or mystery ship. The story of the work done by these special vessels, as told by Lieutenant-Comamnder Austen, V. C., who was one of the first officers gazetted to them, truly forms a romantic chapter in Great Britain's naval history. Between them and their opponents, the U-boats, it was a veritable war of "stunt" and camouflage. They were typical tramp was a veritable war of "stunt" and cam-ouflage. They were typical tramp steamers from Bristol Channel ports and specially fitted out for their mission in a naval dockyard, in 1915, when the U-boat menace was becoming serious. It was not until October of that year that they were ready for their roving com-mission, to decoy and sink enemy subthey were ready for their rowing commission, to decoy and sink enemy submarines. Although they scoured the seas for many months of wearying strain, without ever sighting their prey, they were ultimately rewarded with conspicuous success. Their task was made none the easier by the knowledge which the Germans had of the types of English merchant ships halling from the different ports, for many of the men of the enemy craft had been trading with the English ports before the war and were well acquainted with the sort of craft likely to be on a particular stretch of the sea. So, a "Q" boat commander had to be careful to avoid steering a course which would not agree—with the appearance of his ship. Once the enemy's suspicions were aroused, the submarine remained submerged and fired her torpedo at the ship.

As the work of the mystery ship de-

HAT is where Mama and I stay when we go to Toronto. Mama says she always likes to stay there because they give us such splendid attention. She says it is just like being home only it a better (sause it A scharge. The Little Girl is Right. The WALKER HOUSE Manage ment take special pains in catering to women and children when/ traveiling without gentlemen escorts. It's a home for travellers, located in the City of Toronto. The WALKER HOUSE TORONTO

veloped, every type of merchant vessel upon the seas was pressed into the service; and, concurrently with its development, the trustfulness of the Germans was changed for distrust and extreme wariness. There was no outward sign in any of the vessels to arouse this distrust, which was the result solely of unpleasant experience which contributed in no small degree to the success of the "Q" boat service. It was twofold, material and moral. They not only destroyed many U-boats, but by the caution they instilled in the Germans they enabled many merchant vessels to escape which otherwise would have been lost, and they caused the enemy to waste numerous costly torpedoes and forced many of their boats back to port and so shortened their period of activity. In fact, the influence

otherwise would have been lost, and they caused the enemy to waste numerous costly torpedoes and forced many of their boats back to port and so shortened their period of activity. In fact, the influence of the "Q" boat upon the war must not be measured solely by the actual number of enemy craft sunk, considerable though it was; as the author says, "it was a case of the moral outweighing the material effect of the new warfare."

The most astonishing reature of this campaign was the heroism and unflagging perseverance of the crews, who were all volunteers, eager to meet a submarine and try issues with her. It was veritably a service which defanded a self-restraint and courage which could only be found amidst the surroundings of the sternest discipline. It was only perfect discipline, combined with sporting instinct, which could enable men to put up with dire discomfort, to lie, sometimes for hours under shell fire, often wounded and uttering no complaint; waiting for the supreme moment when they could give the enemy his knockout blow. Under the cloak of apparent gross indiscipline, these crews, dressed as merchant service men, readily submitted to the most iron discipline, and it seems little short of marvelous how readily they adapted themselves to their unwonted conditions. Throughout hours of almost unendurable tension and excitement, they "preserved their self-control, and, more wonderful still, their sense of humor." Their spirit, will be understood by what one of Lientenant-Commander Austen's men said to a visitor to the Suffolk Coast: "We don't mind explaining the men said to a visitor to the Suffolk Coast: "We don't mind explaining the ship to people, sir, but they expect us to talk about ourselves."

COPPER AND BRONZE.

One of the most interesting discoveries by Egyptologists throws new light on the relative origin of copper and bronze in the Mediterranear countries. At Ortu Commidue, alongside some ancient copper mines of prehistoric age, a foundry has been uncovered with all the furnaces for smelting and molds for casting, just was abandoned thousands years ago.

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HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 75c. Teatimonials free.
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STORING VEGETABLES FOR WINTER.

Potatoes, carrots, parenips, 011) 43 turnips and other root crops, also capbage, celery, pumpkins, squasas, etc., can be safely stored for use through-

out the winter.

A cellar under the house or out-building makes a good stores pia's An outdoor cellar is desirable where the quantity stored is to be large, and banks can be made in the field that will safely carry the crops through the

Pumpkins and winter squasa, requiring dry, warm storage, will keep in unused rooms or closets.

The cellar should be clean cool and well ventilated. If there is a leater in the cellar the vegetable storage room must be partitioned off the temperature can be controlled and Withilation supplied by an outside window.

Outdoor storage cellars possess all the advantages of the strage room in the basement and are cuprior in many respects. It is possible to keep such a cellar cool and quickly reduce the temperature of the stored products by opening the door during the night and closing it in the morning before the air becomes warm.

The most popular type of storage ellar is built largely underground only the top of the side walls appearing above ground, constructed of wood concrete, stone or brick. The roof should be matched or boa ued up on the inside and also on the outside, the space between well pa kel with cawdust hay or straw and then shingled or given some other kind of a water proof outside covering.

or given some other hard or proof outside covering.

If the roof is to be covered with earth, only one thickness of boards will be necessary, strong enough to support the weight.

support the weight.

Storage in outdoor banks is the least expensive method of keepingmany vegetables and is fairly satisfactory where the ground is well drained. The method does not compare in convenience, however, with storage in celtars sin e in periods of bad weather the vegetables are often accessible with difficulty.

Do not make the mistake of start ing the work by excavating as advised by some of the agricultural departments. Where there are excavation water is likely to get in and start de cay and cause serious loss. Accept the advice of one who has stored vegetables out of doors through the most severe winters for thirty years or more, without loss.

or more, without loss.

Select a well-drained enot and cover the ground for a foot deep with have or straw. On this, in a conical or longitudinal pile place the root crops. outlding up piles not more than three feet high.

and this with three or four inches of earth. Allow a handful of the straw to protrude through the earth for ventilation. As winter approaches the earth covering should be increased. Six to eight inches of earth should be the final amount. Later give this a covering of a foot of straw and another covering of earth and the bank will carry the vegetables through a winter where the temperature goes 25

winter where the temperature goes 25 degrees below zero. Dig a trench around the bank to carry off all sur-

Vegetables suitable for storage should not be harvested and stored until cool weather arrives, or about the time of the first killing frost. However, potatoes should be harvested as soon as they reach maturity, and if basement or outdoor cellar storage is available, they should be stored im mediately. They should not be stored in banks or pits until the weather gets cool. Onions should be put in storage as soon as they are matured and thor oughly cured or dried.

WINTER STORAGE OF SQUASH Squash to be carried successfully in storage must be well matured and free from bruises, broken stems, cuts or frost injury. If one disposes of the well-colored, best matured squash and tries to keep those not well ripened, failure is likely to result under the most favorable storage conditions A squash may be sufficiently mature for immediate use, but not be suitable for storage. In selecting forstorage therefore, pick out those which have had the longest period of growth, and had the longest period of that to get just here it might be said that to get a large proportion of the crop for storage, due attention must be given to having the plants started early. It is well also to turn the squash occa-sionally when growing in order to develop a hard shell on all sides. They should be handled carefully and placed immediately in a well-ventilated, dry, warm room with a tem perature around 80 degrees until the shells and hard and dry, and then removed to a cool but dry, light and well-ventilated room. Under such conditions we have been able to keep squash until spring in perfect condi-tion.—W. S. Blair. Superintendent, Experimental Station, Kentville, N.S.

LET a woman ease your suffering. I want imple method of home treatment,
you ten days' free trial, post, and put you in touch with
ten in Canada who will
ly tell what my method
done for the m.
you are troubled
weak, tired
up, headback, back, regularly,

bloating, sense of falling or
misplacement of internal organs, nervousness, desire to cry,
palpitation, hot fashes, dark rings
under the eyes, or a loss of interest
in life, write to me today for free trial
treatment.

Mrs. M. Summers, Box 8, Windsor, Ont.

SCIENCE NOTES.

There are 782 varieties of Arctic flowers which have but two colors white and yellow. Compared with its area the popula-

tion of Norway is the smallest of any country in Europe.

Switzerland is considering the adop-tion of the 24-hour clock, abolishing the A. M. and P. M.

Egypt has a railroad which runs in a straight line over the desert for a distance of 45 miles.

Gasoline production in the United States has increased from 35,000,000 to 70,000,000 barrels a year since 1914.

The natives of India show the greatest interest in phonographs, and it is considered a good market for these in-

In coffee-growing countries a suffusion of the leaves of the plant is held by many to be superior to that made from berries.

large as a dinner plate. They are en-couraged by the natives because they keep the houses free of roaches.

A method has been discovered distilling valuable products from the chips that accumulate in wood-work ing establishments, and of making paper out of the residue.

Vision of an Empress.

Has anyone taken time to think of Empress Eugenie, widow of Napoteon III., just at this time? Nearly half a century ago she saw her France over-thrown in her own beautiful palace at Versailles by booted and spurred Ger man insolence. She saw her husband dethroned to die in exile. Later she mourned the death in battle under an alien flag of her only son, disinherited.

The dim eyes of the old woman, who

has known so much of pomp and pride and humiliation and exile, will now see the authors of her undoing stripped and bending with bowed head before the high court of civilization and without an extenuating circumstance to plead.

Surely a fitting and dramatic close

Avoid the chronic knocker who always has his hammer out. The first thing you know he will be using you as an anvil.

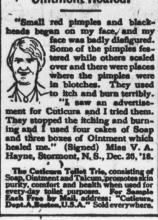
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A scientifically prepared remedy of proven worth, recommended by physicians. Sold for rth, recommended by physicians. So rly half century in Patented Tin Hinge c with Signature "Knickerbocker Ro across side. Accept no other. At

PIMPLES ITCHED AND BURNED

FaceWas Badly Disfigured. .. Cuticura Soap and Ointment Healed.



For the Housewife.

Thicken a puree with potato-it will do as well as flour and butter in an

cut, toast them in the corn poppereasy, quick and satisfactory. To keep the meringue on your pie

to keep the meringue on your pie-from falling, put in a saltspoonful of baking powder just before the mer-ingue is put on the pie.

Next time you have a roast of veal-bake it with onions and add a little tomato juice to the gravy. It improves the flavor greatly.

When you are at a loss for a salad,

try one of canned cherries, served on crisp lettuce leaves with French dress-

Curious Coincidence.

The news of Germany's surrender came midway between Sunday night, and Monday morning. It was on a Sunday morning that the world heard of Germany's declaration of wan against Russia. Serbia's answer to Austria's altimatum came the previous Sunday: It was on Sunday morning that we got the news of the firing of the first gun of our civil war, and it was on Sunday that Lee surrendered at Appomatiox. Later on, the firsh tidings of the sinking of Cervera's fleet at Santiago came on Sunday morning, as did that of the signing of the peace treaty between the United the peace treaty between the Un States and Spain.—U. S. exchange.

How to Lose Your Friends.

Lend them money. Tell them their faults.

Show them they're in the wrong. Beat them in an argument. Think of something before they do. Do something they should have

Do something better than they do. Know more than they do.

Become more popular than they are. Ask them for a favor. Show a special interest in their

Return to them good for evil.-Life.

FROM CHERRY-BLOSSOM LAND



erb of Cl verb of Cherry Blossom Land that beauty of ince depend on wor

What is is that makes on men often pale, sallow-faced, with dark circles under the eyes, and very often old as forty-five when they should be in their prime? Women suf-

che, spine-ache and he by irregularities and as a result diseases practice could suppose.

After long experience in the treatment of women's diseases, Dr. Pierce evolved a vegetable tonic and corrective which he called Dr. Pierce's Favorite Prescription. This is a purely vegetable preparation, without a particle of alcohol contained

When a woman complains of backache, dizziness or pain—when every-thing looks black before her eyes—a dragging feeling, with nervousness, she should turn to this "temperance" herbal tonic. It can be obtained in almost every drug store in the land and the ingredients are printed in plain English on the wrapper. Put up in tablets or liquid. Dr. Pierce, of Invalids' Hotel, Buffalo, N. Y., will send a trial size of the tablets for ten cents

Homing Instinct Supreme.

Science cannot explain the wonderful instinct which brings the pigeon to its home, but it is stronger than fear or any other obstacle. Liberated in the face of the heaviest barrage, it circles in the air to get its bearings, rises swiftly to a height of half mile, then is off with the speed of bullet. For a distance of 30 miles they are capable of making two miles a minute, and have flown 800 miles on a single flight.

NO PLACE LIKE IT. "Some families," said Uncle Eben "would be a whole lot happier if dey did n't keep tryin' to put too much jazz in 'Home, Sweet Home.'"

Friendship is a curious thing. The fellow who is his own best friend doesn't care whether he has others or not.