THE TRUE WITNESS AND CATHOLIC CERONICLE

bulk, being emptied into fifty pound tin cans and stored for any length of time at 30 degrees Farenheit. When taken out and thawed they should be used as soon as possible. Figs should be stored apart from any strong smelling product, such as cheese, onions, etc., as they very readily absorb bad odors. It is of the utmost importance that the germ in the eggs should be preserved and that temperature of the room should not vary one half degree. "Opinions vary regarding the tem-perature at which eggs should be kept, two of the large houses in this city storing them at 30½ deg., while another carries them successfully at as low a temperature as 29 deg. Eggs may be hold in cold storage for six or eight months, or even longer, and are packed in cases to contain 80 dozen each. They should never be washed. "During the month of September,

BO dozen each. They should never be washed. "During the month of September, 1900, 600,000 cases of eggs, each case containing 30 dozen were taken into cold storage at the Chicago Stock Yards. Two of the largest packing houses have bosen lying in supplies from the west and have now in their chill rooms about 216,-000,000 eggs, the prices paid rang-ing from 4d; to 6d, per dozen. "America, it is believed, is at pre-sent the only country engaged in the egg canning industry. The whites and yokes of broken and cracked eggs are separately preserved in airtight tins. Decayed and colored eggs are also saved in this manner for tua-ning leather and glossing finely pre-pared leather. The principal man-kets for this product are South Am-erica and the West Indies.

"BUTTER .- Butter may the kep

"BUTTER.—Butter may be kept either cool or frozen, although the latter process is more in practise in Chicago, the flavor and quality be-ing well preserved. Ordinary cold storage butter may be kept at 32 deg. to 35 deg. Fahr., while for freezing a temperature of 20 deg. is recommended, and when carried ior any length of time, say four or ive months, the prevailing temperature

d into fifty pound for any length

Our Boys and Girls.

THE VISION OF MY MOTHER.

When the work of day is done, the dusk a vision clear ses on my sight of one for loved and ever dear.

She, my queenly mother stands Cazing at the empty space That had been my resting place When a child, and wrings her he

Oit her dear voice, rich and deep, Sang my childish heart to sleep, Even now I hear her voice! Woe is me, I see her weep!

Watch the glistening moisture rise Frow to tears within her eyes— Sistening stars in moonless skies-Which in falling crystallize.

Thus are they borne hence to God By an angel, sweet and fair, Who, before the Throne of Grace Says, "Behold a Mother's Prayer!"

Sad I see thee, saintly one, Byer loved and ever dear, Daily when my work is done; And my speech is but—a tear."

-A. D

AN IDEAL HOME.—Young read-ers, let home stand first, before all ether things. No matter how high all other things, your ambition, yeur talents, may reach, never for-get or linger away from that place which you should at all times hold macred—the good home. Be one of its ministering angels by keeping alive true Christian charity, truth, and gentleness. Then will it truly be said, that such a home is an ideal ere, in fact an earthly Paradise.

LYING AND DISHONESTY. — These two vices seem to take root with many boys and girls in their tender years. From whence do they come? Not from the home, assuredly not from the school? Certainly not. Then they must come from that great source of too many evils—bad companionship. Mixing up with so-salled "smart characters," who spend the greater portion of their time in roaming the streets drink-ing in evil. Lying and dishonesty are unfortunately growing up and we coming quite an element with tundreds of our young folks. Be on your guard against these two vices before it becomes too late. Be cour-ageous and manly, tall the truth at all times, and you will win the es-tem and confidence of all. Keep no-thing that is not your own. Be not hight-fingered in school or at home. Vous or at home by taking books, points arises. A visitor on one oc-main the purse when an oppor-tion the purse when an oppor-tion the purse when an oppor-tion of the usitor who were em-ployed at different kinds of works, the visitor was particularly struck with one young man who possessed a charming count-nance. He entered LYING AND DISHONESTY. The visitor was particularly survey with one young man who possessed with one young man who possessed a charming countenance. He entered a charming countenance. He entered into conversation with this prisoner and obtained the following facts. The prisoner said : "I am to pass several years of my life in this large several years of my life in this large for I committed several persons whose lives were as mile calamity. When they were a mile calamity. When they were a mile calamity. When they were a mile the boat the boat they steered toward the fort he is present way the control of the boat was carrying too take five cent pieces from my moto the's purse. Little by little the bad habit grew up I started to rob stores in dord other places, and was finally and the nearby the boat was on the halyards. "I you, too, will wind up like that the forturate one, but then it will be too late. Be wise in time. Carry truth and honesty with you through life, and you will be blessed with success, happiness and contentment."

riage is early enough when it occurs atter the parties have arrived at ripe mathood and womanhood. Twenty-one in the case of the woman, and rom 23 to 25 in the case of the marning the same are ages at which marriage is as early as generally it ought to be. To the wage-earner usually a wife is a heighmate in every sense. By the practice of industry and economy, the will reduce the cost of living to the lowest reasonable point. The man will find that it is no more, but sometimes is actually less expensive, to provide for himself and his wife that it was to get on alone. This is because he is removed from many temptations to waste momey. Usually be finds that what he saves in this way enables him to rear a family out on the second the same is a decided earning acacty. In view of these conditions early marriage is good, but is it not true that satistice show that the great at early age, most of the emonen long before 30 and most of the monen long before 25. of independence and boldness that would quite astonish older heads. In New York city a few days ago, two boys were arrested for stealing thousands of cigarettes from a to-bacco store. On being brought be-fore the judge, one of them was ask-ed the following questions: 1. What possessed you to rob all the cigarettes in the store? We wanted to have a smoke as we had not one for several days, and as we have a craze for cigarettes, we thought it better to put up a supply for the future. 2. About how many packages do you smoke each day? Bach due ment

2. About how many packages do you smoke each day ? Each of us smokes ten packages. This last answer, no doubt, must, have set the judge thinking. In a few years these two youts will wind up by being sent to an insane asylum. Do you see what habit made them do? Boys (and some girls also) you who are given to the dangerous cigarette, break yourselves off from such a bad practice; and add to your yitality instead of taking away from it. tor has at 25 a practice sufficient to support in the circumstances to which she has been accustomed the young woman who would make for him the most desirable companion. If such a young man waits a few years longer, and does not marry until he approaches 30, there is no reason for censure. I believe that the figures in the case of this class show that the great majority marry between the ages of 25 and 30. Under the circumstances I see no occasion for alarm that people do not marry early enough.

FRIENDSHIP .--- To make friends is

easy enough, but to keep them is much more difficult. There isn't a person in the world, rich or poor, high or low, who can afford to slight an offer of friendship made by one of the humblest of human be-inge.

ings. Frienship is not always looking friendsnip is not always looking for faults, but bears patiently with those they may happen to notice in those who are their true friends. More good and true friendship is wanted the world over. The young should set the example.

"This life without a faithful friend Were but a cheerless void, A gloomy desert, dark and drear, And fit to be destroyed."

FAITHFUL.—Two boys were at work rigging a small sailboat. It lay in an inlet on the New Jersey coast, and had been hired from them for the season by a stranger from New York New York.

New York. "Come along, Bob!" said one of the boys. "It's all right now. We'll be too late to see the ball match, if we don't start at once." Bob had taken down some of the old romes and bad sized the back

old ropes, and had rigged the boat with new ones. The halyards he had

with new ones. The halyards he had not yet examined. "They're all right," urged his companion, trying them; "strong enough to last for years," "No: I'll put in new halyards. I promised to make a thorough job of it."

"Then you'll miss the game. I'm

off.

Tom ran across the fields : Bob

of." Tom ran across the fields ... Bob hesitated as he looked after him. It was a sharp disappointment to miss the game. The old halyards were worn, but they were still stout. "They,"Il stand this summer well enough," muttered Bob. Then, with a quick, decisive move-ment he cut them and proceeded to put in new ropes. "I'll make the job thorough," he said. That very evening the New York gentleman took a party of his friends out for a sail, among them several persons whose lives were es-pecially valuable to the community, and whose death would have been a calamity. When they were a mile from the land a force squall struck the boat. They steered toward the shore. The boat was carrying too much sail for such a wind. "If your gaff gives way we are gone," said a physician in the party in a low voice.

Those who take Hood's Sarsapa-rilla for scrofula, eczema, eruptions, catarrh, rheumatism or dyspepsia, say it cures promptly and perma-nently even after all other prepara-tions fail. You may take this medi-cine with the utmost confidence that it will do you good. What it has done for others you here even

NOTES FOR FARMERS.

Constipation is cured by

and would not freeze any sooner if placed at 10 deg. below zero. In Chicago meats are generally stored at zero, and after being thoroughly frozen they are kept at 15 deg. to avoid shrinkage.

one for others you have every reason to believe it will do for you

THAT IS WHAT THEY SAY.

Those who take Hood's Sarsapa

GOOD ADVICE.—The fashion of passing hasty judgment upon our neighbor is one which is followed by hundreds of people who lull them-selves to sleep with the idea that they are model parishioners. Every parish has its little army of gos-sippers, and for their special benefit we reproduce the following season-able advice :— Perhaps it were better for most of us to' complain less of being misun-derstood and to take more care that we do not misunderstand other peo-ple. It ought to give us pause at a time to remember that each one has a stock of cut-and-dry judgments on his neighbors, and that the chances are that most of them are quite er-roneous. What our neighbor really is we may never know but we may be pretly certain that he is not what we have imagined, and that many things we have thought of him are quite beside the mark. What he does we have seen, but we have no ture many things we have thought of him are quite beside the mark. What he does we have seen, but we have no idea what may have been his thoughts and intentions. The mere surface of his character may be ex-posed but of the complexity within we have not the faintest idea. Peo-ple crammed with self-consciousness and self-conceit are often praised as humble, while shy and reserved peohumble, while shy and reserved peo-ple are judged to be proud. Some whose life is one subtle, studied sel-fishness get the name of self-sacri-fice, and other silent heroic souls are condemned for want of human-ity.

before 30 and most of the women long before 25. There is another class, however, whose condition may be considered, namely, the class of young profes-sional and business men. It is very seldom that a young lawyer or doc-tor has at 25 a practice sufficient to support in the circumstences to

GOOD ADVICE .- The fashion

allowed to thaw in the natural way the flavor is asserted, 'being stronger and more developed than when it has actually been frozen. Farmers get 3d. to 4d. per pound in Indiana, Kansas and Nebraska during the summer, taking contracts in small towns to supply it. "Butterin and oleomargarine are stored at about the same temperastored at about the same tempera-

"CHEESE. — Cheese will keep one year, if necessary, in cold storage, temperature 31 deg. to 32 deg. with a variation of not more than one de-gree. It should be in ripe condition

a variation of not more than one de-gree. It should be in ripe condition before being stored, which is gener-ally from June to January. Damp-ness should be excluded from the room, otherwise the cheese will be-come mouldy.

come mouldy. "MILK:-Milk may be kept in

whick — which may be kept in cold storage for a short time, but is not as a rule frozen. It is believ-ed that there is a great future for the dairy business in the freezing and cooling of milk, in the making of butter, etc.

"MEAT.—Meats of various kinds are stored at temperatures varying from 30 deg. to 45 deg. Fahr. Fat meats are greatly improved by freez-ing, as the vesicles are frozen and the meat is thus made more tander. Liver is harder to freeze than the meat itself. It is packed in boxes of 100 pounds each and takes 48 hours to freeze at a temperature of zero and would not freeze any sooner if placed at 10 deg. below zero. In

any length of time, say four or 'vo months, the prevailing temperature in Chicago is 5 deg. below czero. June is the best month to store butta, which, made in this month is pack-ed in wooden tubs, spruce or ash being preferred. These tubs are some times covered with burlap to pro-serve their cleanliness. When taken from cold storage during the autumn months or early in the winter it is allowed to thaw in the natural way the flavor is asserted, being stronger are Mr. and Mrs. Peter Beamer. For a long time Mrs. Beamer was the victim of a complication of diseases, which made her life one of almost constant misery, and from which she nearly dispaired of obtaining relief. To a reporter who recently inter-viewed her, Mrs. Beamer gave the following particulars of her illness, and ultimate cure'For some nine years I was troubled with a pain in the back, and neuralgia, which caused me unspeakable misery. The pain in my back was so bad that whether sitting or lying down. I suffered more or less torture. My appetite left me, and I suffered from headaches accompanied by attacks of dizziness that left me at times too weak to walk. My nervous system was badly shattered, so that the headaches accompanied by attacks of dizziness that left me at times too weak to walk. My nervous system was badly shattered, so that the slightest noise would startle me, and my sleep at night was broken by sheer exhaustion. I was under the

No. 758 PALACE STREET, was badly shattered, so that the slightest noise would startle me, and my sleep at night was broken by sheer exhaustion. I was under the care of three different doctors at va-rious times, but did not succeed in getting more than the merest tem-porary relief. I also used several advertised medicines, but with no better results. I was finally urged to try Dr. Williams' Pink Pills, and got half a dozen boxes. In the course of a few weeks I noted con-siderable improvement, and as a con-sequence, I gladly continued the use of the pills for several months, with the result that every symptom of the malady left me, and I was able to do my housework without the least trouble. As several years have passed since I have used the pills, I feel safe in saying that the cure is per-manent, and the result also verifies the claim that Dr. Williams' Pink Pills cure when other medicine fails." The reporter can only add that Mrs. Beamer's present condition indicates a state of perfect health, and speaks louder than mere words can do, the benefit these pills have been to her. Dr. Williams' Pink Pills have re-stored more weak and alling women and girls to robust health than any Two Doors West of Beaver ABOUT LA GRIPPE.

ABOUT LA GRIPPE, An American newspaper in refer-ring to the prevalence of la grippe in its district, says:... "Heter medicine than this nip-ping, eager air, which paints roses in the palest checks, and makes the social of the gentlemen who imbibe of a generous tint, could not be found. The germ theory of the pre-pagation of disease still commands the respect of scientists, in spite of the jeers of the scoflers, who be-lieve that the micro-organisms as-sociated with certain maladies are the product, rather than the cause. These micro-organisms which are as-sociated with diseases of the respir-atory tract appear to be proof against cold, but there are few of any sort which can long withstand the combined influences of dry at-miserable germ which is associated with ls grippe, if it does not per-ist. curls up and waits for another

the combined influences of dry at-mosphere and bright sunshine. The miserable germ which is associated with la grippe, if it does not per-ish, curls up and waits for another period of slushy snow. "A zero atmosphere on land quick-ly freezes the moisture in the atmos-phere, which then falls in the form of tiny particles of frost, leaving the air bone dry. Dry, cold atmosphere is a direct and instantaneous tonic of recognized efficacy. The latest treatment for consumption, and the disease leading up to it, is to keep the patients in such an atmosphere as prevailed in Michigan yesterday. The benefits of the sudden change are quite incalculable in extent, but easily discernible in character. "Grip" and pneumonia do their dead-liest work in a moderately cold, hu-mid atmosphere. Their victims are left with inflamed air passages, if are peculiarly susceptible to the at-tacks of the consumption bacilius. The dry, sharp atmosphere and the bright sunshine brace the nerves of the side and the well alike. At the same time, they weaken, if they de not destroy, the power of the dis-asses which have prevailed so gener-ally during the Past four weaks, and they will graetly mitigate the vollowed the grippy period."

J.A. KARCH No. 8, Place d'Armes Hill, Ville-Jossy is

Touraine, which

sleeping upon th

going down the Tours. Its white

tages, with their red roofs, the h

they seem to lea

of which spring turrets of a chat

the Renaissance, Italian villa, an

which cling to th

sides in a word

it, gives it an a

makes it one of t which can be fou

which can be tool charming country justly called " France." But, to truth, I must at presents this ench when the sun is beath its bright

FRANK J. CURRAN, B. A., B.C.L. AUVOCATE, SAVINGS BANK CHAMBERS. 180 St. James Street, MONTREAL.

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Hall Hill.

beath its bright rolls in silver v green trees are it birds and love-bu-elegantine blosso hedge, and when, open window, or tially raised curts glimpse of some actively engaged housework. But w the ditches along Tours to Ville-Jo muddy water, whe ASPHALTERS Luxfer Prisms and Expanded Metal Work. Hot Blast Heating, etc.

Tours to Ville-Jo muddy water, what trees bend and cr efforts of the wind birds are cold in the outspread wir ther, and when all closed, I assure yo is not a cheerful p Now, the story of to tall you, opens c as that. Until

had been splendid, the sky became cluwind had sprung u piling up the black burgh, the villas, reads of Tours. T

king fitted up his to reprove the elem ter with the numer his 'ghtning artill which had pretende light of the sun. A by the thunder, bee strokes the clouds and so bitterly tha zens of ville-Joss since the deluge no ever been seen. Wa calling them ''oldes Luckily for mankin inew deluge lasted fe hot forty days; everything degenerat --men as well as t was enough to thor-travellers whom I to duce to you. The one was a me years of age, very lent, though all his graceful to a deg found among very la a magnificent head, in the style of Dant and the nobility of pride of his gaze ha him to be compared plan Jove. His comp so large, and much y thirty years of age, ver twenty-three to long black mustache

long black mustache exquisite mouth, which preesed something or his beautiful eyes ah black diamonds, and abundant hair, which ly and had the hue wing, his complexion paleness which the It bidezza in the art Southern origin. Both with that careful eleg characteristic of good just now our two tra a pitiful state, and on been a woman or a a print state, and or been a woman or a of the world, to dis ognize all the persons which we have just en aeath the coat of sli "splashes of mud which "We wil melt before said suddenly the you two. two. "Especially," replied

sarily the poorer qualities, are sold first. "Grapes should be very carefully selected and packed and no bruised or decayed berries overlooked, as they would spoil the whole lot. They will deteriorate after cold storage." "Malagas, being harder than Con-cords, will keep longer and retain their flavor better. "Pears should be stored when firm and used soon after being taken out, the temperature to be higher than for apples. It is recommended that all soft fruits be placed in cold storage when ripe. "Onlons will keep for months, if put in sound and dry and packed in crates. They should not be stored with other articles. "SYSTEMS OF REFRIGERATION. The various systems at present in use in refrigeration are of three kinds: (1) Direct expansion by the use of either carbonic acid gas or any drous ammonia; (2) Brine cir-culation or indirect expansion; and (3) Air circulation. Accountant and Liquidator) Air circulation. There are also three processes in eration in mechanical refrigera

barrels should be placed on their sides. The weaker, though not necessarily the poorer qualities, are sold

operation in mechanical ; tion, viz., compression, cond and expansion of the gas."

RENEWED VIGOR

USE OF DR. WILLIAMS' PINK PILLS.

frs. Peter Beamer Tells How The

Pills Released Her From Years of Neuralgiae Pains After Doctors and Other Medicines Had Failed.

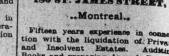
Among the best known and most

espected residents of the township

of Gainsboro, Lincoln county, Ont.

are Mr. and Mrs. Peter Beamer. For

... Montreal.,



THE CIGARETTE HABIT. — The eigarette habit is growing day by day with the young. In fact, in mow-a-days it is a rare thing to see youngsters even at the ages of six, seven, and eight, who can't smoke the poisonous things. Many of them eas smoke them with a certain air

HOUSEHOLD NOTES.

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COLD STORAGE.—The following article on the preservation of food in Chicago by cold storage and re-rigeration is taken from the British "Board of Trade Journal," and is full of interest to farmers and dairy-men who are interested in the down opment of this important branch of

lopment of this important branch of industry. "In a report received at the for-fign office from H.M. consulate in chicago, it is stated that in that it is stated that is the store of cubic feet, each carrying on an extensive business in eggs, but-try, and fruits, etc. "Ice for the preservation of perish-able articles and fruit has been used in the United States for many years. In 1886 the first mochanical appli-ance for artificial refrigeration was setted in New York, and three years later in Chicago. This was the Pon-tifax machine, and from it all the other systems which are now more widely used have sprung. "Cold storage houses, where natu-ral ice is used as the refrigerating artificial plant and the making of ice has become a very important indus-try.

has become a try. "EGGS.—An enormous business is one neggs, which are taken into solution of storage they should be selected with great care, each one best of storage they should be selected with great care, each one terms in order to detect any defect. "The canding of eggs is a very "The canding of eggs is a very they is held up to a strong light in a dark room and its quality test based over in the canding process based over in the canding process based over in the canding process the whole case would be spoiled. In the whole case would be spoiled. In the whole case would be spoiled and be whole one decayed egg both size and the whole one decayed egg both size the selection of eggs both size and the whole one of the spoiled and the whole one would be spoiled. In the selection of eggs both size and the whole one of the spoiled and the whole one of the spoiled bases are packed in whitewood bases are packed in the packed bases are packed bas

"FISH AND POULTRY .---Fish and poultry are treated similarly. Meat will shrink about 1 per cent. and fish from 2 to 6 per cent. This is the moisture which is taken from the surface and forms in frost on the pipes of the room. "Duting the month of June there was a great demand abroad for frozen poultry, principally on ac-count of the Paris exposition. The Monarch Cold Storage Company, of Chncago, shipped 40,000 boxes to the United Kingdom and France, and the Union Cold Storage Company, also of Chicago, forwarded a largo supply.

also of Chrage, and the supply. "The circulation of air in the rooms is obtained by means of fans and is done in separate rooms, in which are placed pipes cooled by direct ammonia expansion, the air passing over the surface of the place.

direct animonia expansion, the air passing over the surface of the pipes. "The correct temperature at which fish should be kept after first being frozen is said to be 25 d.g. The largest fish storage house in Chicago maintains a uniform temperature of 18 dog. Fish after being frozen is subjected to a process known as glazing to prevent shrinkage. It can be preserved for an indefinite period, though six to eight months is gen-erally considered long enough, the fish being frozen in the spring and taken out during the scarce season. Fish may be placed in 50 fb. bar-rels, between layers of crushed ice, the barrels being perforated at the bottom. Oysters will keep for one or two months at 40 deg. but should not be frozen.

"FRUITS, ETC.—The average tem-perature for apples is 32 deg. They are kept in barrels or boxes and oc-casionally in bulk and will, if good fruit, keep for one year. If stored during the month of October at 2 to 3s. per barrel of 150 to 160 hs. they will sell in May at 9s. The

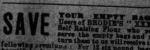
BE SURE that your blood is rich enricher and vitalizer is Hood's Sara-parilla. Be super for the Sarah Be sure to GET HOOD'S.

Dr. Williams' Pink Pills have re-stored more weak and ailing women and girls to robust health than any other medicine ever discovered, which in part accounts for their popularity throughout the world. These pills are sold by all dealers or may be had by mail at 50 cents a box, or six boxes for \$2.50, by ad-dressing the Dr. Williams Medicine Co., Brockville, Ont.

Keep your Hands White SURPRISE won't hurt them. It has remarkable qualities for easy and quick washing of clothes, but is harmless to the hands, and to the most delicate fabrics.

SURPRISE is a pore hard Scap.

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THE DOCTOR'S JOKE.

"Doctor," said the rheumatic pa-tient, "you seem to hunt for the sore spots." "I know them the moment I put my fingers on them," replied the specialist, who was giving his joints and muscles a knaading. "I don't have to hunt for them. That is a part of my education." "Your dingers become sensitive, I suppose," groaned the patient, "like those of a postal clerk, who can tell whether a leiter has money in it or not as soon as he takes it in his hand."

"Well, hardly so highly tr that," rejoined the specialis a slight muscular contends

"Especially," replied "since we must ha wrong road; we ought ed to the right surely. "What is this metroo I eatch a glimpse yon the young man, tremb Companion should be ri-companion should be ri-That must be Blois "That must be Blois are between Blois a "silv one hundred and we must be pretty near ing the time when we but we'll soon find out surriage." He stopped umed around, for he two small mountains o though they were not a filmalaya, were painful they a waited the appre-tance by a vigorous m They availed the app arawn by a vigorous "Per Bacchol It's a he as soon as he was tinguish the driver of "Just the thing for "Just the thing for di Capella," replied h anion. "As church p understand cash other forthwith drive us to in his old shay-comme e sloquent and passes

UMORS,