



N. M. RUTHSTEIN
The Steel Shoe Man—He has made a million feet happy.

To Dealers—

Get in line with the leading merchants of Canada and supply your customers with my Steel Shoes. Save them the bother and delay of ordering direct—as they do when dealers disappoint them. A man who knows Steel Shoes will have no other kind—he knows their extra comfort, extra health and economy features. Write for terms today to Blackford Davies & Co., Ltd., 60-62 W. Front St., Toronto, Canada's Leading Shoe Jobbers.

Do it now and give your customers a square deal on the work shoe question.

Join the Great Army of 500,000 Who Wear Ruthstein's Steel Shoes—For Comfort, Health and a Saving of \$10 to \$20

HALF a million people have bought my Steel Shoes. Every pair was sent out on Free Examination. Every pair could have been returned. But the half million people recognized at once what my Steel Shoes meant. Today not one of them would do without my Steel Shoes. They now know perfect comfort in all kinds of work—in all kinds of weather. They know what it means to be free from wet feet, and all resulting sickness, such as colds, rheumatism, neuralgia, sore throat, and even the dreaded pneumonia. They know what it means to be free from corns, bunions, callouses, and sore, aching, tired feet. And they know real shoe economy. For the half million Steel Shoe wearers will each save \$10 to \$20 shoe money on every pair of my shoes. Steel Shoes outlast 5 to 6 pairs of ordinary shoes.

Don't you want to join this great army of health-savers and money-savers? Don't you want to do your work without your feet bothering you? Don't you want to save about \$10 on your shoe money every year? Then wear Steel Shoes, like the half million that are now doing it!

No More Wet or Cold Feet

There is nothing in the world like my Steel Shoes. Nothing can even compare with them. The soles are stamped out of a thin, rust-resisting, seamless, special process steel. This steel extends from heel to toe and up around the edges. There are no cracks or seams. The soles are studded with adjustable steel rivets which protect them from wear and give a sure, firm footing. When rivets wear out they can easily be replaced by yourself. Fifty rivets cost 30 cents and they will keep your shoes in good repair for two more years.

The uppers are made of the very best quality of pliable, water-proof leather, fastened forever to the steel bottoms. Water or cold cannot penetrate my Steel Shoes. Thus they keep your feet always dry and comfortable! And Steel Shoes have inner soles of springy hair-cushion which gives elasticity to tread and absorb jar when you walk on frozen ground. But comfort isn't all. You

Save Doctor Bills

Do you know the real reason why you get so tired standing on your feet all day tramping around? It's a hundred to one that you have broken down the instep of your leather shoes, making you stand flat-footed. There's where the fatigue comes in. Thousands of people have their shoes made to order putting in steel shanks to prevent this.

Every pair of steel shoes that I make prevents it. But that isn't all. Steel Shoes protect your health in many ways. They are easy to wear and dry as powder. Cool in the summer, warm in the winter and dry all the year round.

Outwear 3 to 6 Pairs of the Best All-Leather Shoes

Note the quality of the uppers. See the turned-up steel soles—and how everlastingly they are fastened to the uppers. Note the adjustable rivets which can be replaced at a trifling cost when worn down. Examine every part carefully. Satisfy yourself that Steel Shoes are the only kind of work shoes fit to wear. Nearly every progressive, wide-awake dealer in Canada sells and recommends Ruthstein's Steel Shoes. Go to your dealer. If he can't supply you, order direct from me. I'll send you a pair—the size and style you want at these prices—and I'll send them out on free examination. Made in all sizes from 5 to 12, for boys and men. 6-in. high—\$3.00. 6-in. high with extra grade of leather—\$3.50. 9-in. high—\$5.00. 12-in. high—\$6.00. 16-in. high—\$7.00—the best shoe on the market regardless of price. Boys' Steel Shoes—sizes 1 to 4. 6-in. high, Boys' Steel Shoes—\$2.50 per pair. 9-in. high, Boys' Steel Shoes, black or tan—\$3.50 per pair. In ordering give correct size. Boys' Steel Shoes will please the boy and save you money and worry.

Start Wearing Them At Once Ask your dealer, but if he can't supply you, order right from this advertisement if you are in a hurry. Be sure to state size of shoe you wear. You take no risk. Money back if not exactly as I say or if you are not satisfied when you see my Steel Shoes. See your dealer at once—or order from this advertisement. Anyway send for my book—"The Sole of Steel," it is free. Address me personally.

N. M. RUTHSTEIN, Secretary and Treasurer

Steel Shoe Company

Dept. 13 Toronto, Can.

U. S. Factory, Racine, Wis.
Great Britain Factory, Northampton, Eng.



Free

Write for my book, "The Sole of Steel." But order your pair now in a hurry.

To raise additional funds, we had Col. Sam Hughes to give us a lecture, and we put on a play by local talent. Both these were highly successful. The farmers and townsmen who gave us free labor received complimentary tickets for these entertainments. To ensure a good attendance, we made a personal canvas of the town and sold tickets.

Last spring, a citizen gave us a number of full-grown maple trees. We transplanted these, while the snow was on the ground, and the transplanting was most successful. Only one tree died. This year we expect to have our six lots one of the beauty spots of Parkhill. We planted bulbs in the fall, and intend to do more of that kind of work later on. We have about \$70 in the bank, which we shall use to cut the grass and make other improvements.

Besides the lots, we planted ivy at the Town Hall, and stirred up the interest of the High-school teachers and students so that they spent \$25 planting vines and shrubs and bulbs, and in improving their grounds. This money was part of the proceeds of their annual concert. We also gave a prize for window-boxes, and some prizes for the best school gardens, and the best-kept school grounds.

The G. T. R. pulled down some old sheds on their property, and the Government bought a part of the gully, filled it in, and built a new post office on it. These things make a wonderful improvement, and we are working and hoping, that soon, very soon, the G. T. R. will continue the good work commenced by the Government, and make the rest of the gully a "thing of beauty, and a joy forever."

We started out with the idea of getting others to take an interest and do the work. If we want anything done now, we go ahead and do it ourselves, and we find that those who, in the first place, opposed us, have not only withdrawn their opposition, but have, in most cases, offered us help. If you take up this line of work you must be prepared for opposition and derision, and you must be prepared for some real hard work.

Fish Dishes for Lent.

Broiled Yarmouth Bloaters.—Wash and wipe dry. Broil in a toaster over clear red coals, place upon a hot platter, and squeeze a few drops of lemon juice over.

Finnan Haddies.—Pour boiling water over the fish. In a few minutes drain, place the fish on a baking-pan, brush over with butter and pepper, and bake in a hot oven eight or ten minutes.

Salmon Cream on Toast.—Drain and boil half a can of salmon in a pint of milk. Add salt and pepper to taste. Rub smooth one tablespoon flour with one of butter. Stir this into the boiling mixture. Serve on slices of toasted bread.

Cod au Fromage.—Mix 1 cup cold boiled macaroni broken into short bits and 1 cup cold boiled codfish, and put in a buttered baking-dish. Lay bits of butter (about half a cup in all) over it, and sprinkle with salt and pepper. Add enough milk to moisten, cover with fine bread crumbs, and sprinkle three tablespoons grated cheese on top. Bake until brown. A very nutritious dish.

Creamed Codfish on Toast.—To 1 cup shredded codfish, add 2 of water. Boil briskly 20 minutes. Drain, add 1½ cups sweet milk, 1 teaspoon butter, pepper to season, one beaten egg. Let simmer for 10 minutes, then serve on toast.

Baked Codfish.—Pick 1 cup fish fine, and let stew gently in a very little water. Mix 2 cups cold mashed potatoes with 1 pint sweet milk, 2 eggs, piece of butter size of an egg, pepper, and salt to season, if necessary. Stir with the fish, pour in a pudding dish, and bake 30 minutes.

Baked Whitefish.—For a three-pound fish, make the following stuffing: 1½ cups bread crumbs, a tablespoon butter, 1 beaten egg, salt and pepper. Stuff the fish and sew it up. Lay in a pan, pour 1 cup vinegar in pan, and bake 1 hour, basting frequently with butter in warm water. When done, remove the fish and boil up the gravy with 2 tablespoons browned flour, mixed with a little butter. Season, and serve very hot.

Scalloped Herring.—Soak 4 or 5 salt herrings over night. Divide down the back and remove the skin and bones, then cut into inch-squares. Have ready a dozen cold boiled potatoes. Slice them, and put in a dish layer about with the

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PAY AFTER IT HAS PAID
FOR ITSELF**

LET US SEND YOU ANY OF THESE SPRAYERS—to try for 10 days, then if you buy, you can pay us cash or we'll wait till you sell your crop, then you can pay us out of the "extra profit." We pay freight. Wholesale dealers' prices.



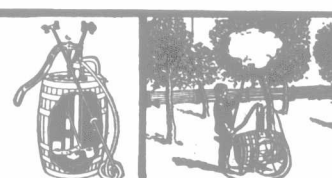
Man-Power Potato and Orchard Sprayer.

Sprays "anything"—potatoes or truck, 4 rows at a time. Also first-class tree sprayer. Vapor spray prevents blight, bugs, scab and rot from cutting your crop in half. High pressure from big wheel. Pushes easy. Spray arms adjust to any width or height of row. Cheap in price, light, strong and durable. **GUARANTEED FOR FIVE FULL YEARS.** Needn't send a cent to get it "on trial." You can get one free if you are first in your locality. Write today.



Horse-Power Potato and Orchard Sprayer.

For big growers. Most powerful machine made. 60 to 100 gallon tank for one or two horses. Steel axle. One-piece-heavy-angle-iron frame, cypress wood tank with adjustable round iron hoops. Metal wheels. "Adjustable" spray arms and nozzles. Brass ball-valves, plunger, strainer, etc. Big pump gives vapor spray. **Warranted for five years.** Try this machine at our expense with "your money in your pocket." See free offer below. Write today.



Fitz-All Barrel Sprayer.

Fits any barrel or tank. High pressure, perfect agitation, easy to operate. Brass ball-valves, plunger, strainer, etc. Automatic strainer. No "cup leathers or rubber" about any of our sprayers. Furnished plain, mounted on barrel, or on wheels as shown. **Five year guarantee.** It don't cost you "a cent" to try it in your orchard. Get one free. See below. Write today.

FREE—Get a sprayer FREE.—After you have tried the sprayer and are satisfied that it is just as we recommend it, send us a list of the names of your neighbors and we will write them and quote them price and have them call and see your machine work, and for every Fitz-All Sprayer we sell from your list we will credit you with \$2.00 or send you check if you have paid cash.

For every Man-Power Potato and Orchard Sprayer we sell we will credit you with \$3.50 or send check.

For every Horse-Power Potato and Orchard Sprayer we sell we will credit you \$8.50 or send check.

We do all corresponding and selling. All you need do is to show the sprayer. Many have paid for their sprayer in this way. This offer is good for only the first order in each locality. Don't delay. Send the coupon or post card NOW.

THE ONTARIO SEED COMPANY, SUCCESSORS, 138 KING STREET, WATERLOO, ONTARIO

COUPON — Fill Out and send to-day

This Coupon will not appear again. THE ONTARIO SEED CO., Successors, 138 King Street, Waterloo, Ontario.

Send me your Catalogue, Spraying Guide, and "Special offer" on the sprayer marked with an X below.

—Man-Power Potato and Orchard Sprayer.

—Horse-Power Potato and Orchard Sprayer.

—Fitz-All Barrel Sprayer.

NAME.....

ADDRESS.....

Council refused to give the School Board the money!

Most of us would have let local improvement die right there. But there was one intrepid spirit, enough in earnest to not know when she was beaten. She

and another member of the committee started out to collect the \$165, and they collected it in three days. Then the Local Improvement Committee bought the six lots three days before the option expired. We went out into the highways

and besought every farmer, far and near, to come in and give us a day, with his team, levelling our lots. They came, a few at a time, and after some weeks the old cellars were filled and the ground was fairly level. Then we seeded it down,