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men and women was perhaps in ancient Rome at the time of the decay and downfall of the Empire, when the bulk of the population was fed on imported corn, wine and oil, and supplied even with entertainment, almost entirely without exertion or labor of any kind, but this condition was of short duration, and speedily contributed to the downfall of the Empire.

In all history we find when men and women worked a race of heroes, thinkers, and artists laid the foundation of great nations. The idle woman is a deadly parasite, and when in history this type predominated the nation decayed. Study the history of Greece, Rome, Persia, and Turkey for proof.

In ancient Greece at its best the women were busy with duties that entailed hard work. From these women sprang the strong men of Greece. One writer says:—"It is the woman who is the final standard of the race, as her brain weakens, weakens the man's she bears; as her muscle softens, softens his; as she decays, decays the people."

We need young women today who are educated to the sense of usefulness as never before. Opportunities were never so splendid. There are our schools, courses by mail and books, and books, and books. Let me urge our young people to be very careful of the books they select. The wishy-washy L. T. Meade girls and the unfortunate Alger boy who always falls into the lap of a man of money are not very helpful character-inspiring stories. Select books that develop back-bone.

One time the son of a wealthy judge made this confession as the reason of his failure: "I was a great reader during my boyhood. For a time I read what was elevating—then the low type of books attracted me. My chances for a successful life were good up to that, but I swapped the opportunity for the best life for the worst. Bad books made me long to imitate the young artificial heroes. They gave me a start down ward and the rest was easy. That type of reading ruined me."

If we would make the most of life we must not seek the path of least resistance. If we throw away our opportunities we throw away our womanhood.

The law of life is ceaseless activity. In books on biography of some of the great men I find these concrete examples of determined ambition:—"Thurlof Weed walked two miles through the snow with pieces of rag carpet about his feet for shoes, that he might borrow a book."

"Samuel Drew went on with his studies when he was too poor to buy bread, and when he could appease the pangs of hunger only by tying a girdle about his body."

"Lord Eldon, England's great Chief Justice, being too poor to buy books when a boy, borrowed and copied three folio volumes of precedents, and the whole of Coke on Littleton."

"John Scott, after working hard all day studied long into the night, tying a wet towel around his head to keep awake."

"Hugh Miller hammered an education from a stone quarry."

"Lincoln walked forty miles to borrow a book."

"Euripides spent three days writing five lines—and those lines have lived centuries since his language has ceased to be spoken."

"Carlyle, after lending his manuscript of the French Revolution to a friend, whose servant carelessly used it to kindle a fire, calmly went to work and rewrote it."

Stephenson worked fifteen long years for his first successful locomotive.

We do not appreciate our privileges in Western Canada.

Prof. Rose, on his recent visit to Canada, said the Polish women and girls have had no opportunity for education. Before he left Poland he started a school for girls and some of them walked many miles—so eager were they to have a chance to learn. The attendance far exceeded his expectations, and he is going back to Poland to do all in his power to encourage the education of these girls.

Frances Willard said:—"The mission

THE CANADIAN THRESHERMAN AND FARMER

PEACE and Prosperity



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Food Production

Of all industries, the production of food is the least affected by the return to Peace conditions.

The market for Food is still unlimited. Nations are crying out for the products of the farms. It is said that Bread is the only effective weapon against the spread of Bolshevism.

True, there is the labour problem, but there is every reason to expect that the return of hundreds of thousands of men from France will solve that.

So that, as one of Canada's food producers, your income is assured, and there is really no reason why you should deny yourself the pleasure of owning a Gillette Safety Razor. Be able to say 20 years hence, "I bought this Gillette just about the time the Peace Treaty was signed, and it has given me the right start to every day's work since then."

Sold by Hardware Dealers,
Jewelers, and Druggists at
\$5.00. There is a set to
suit you!



479

of the ideal woman is to make the whole world home-like."

Then our work must not be looked upon simply as a means of making money, but as an opportunity of rendering service.

There is always a market for good work. People will pay for what they want. The story is told of a farmer's wife who wanted to give her daughter unusual musical advantages, but times were hard and money scarce. She said to her daughter, "There's no one in this part of the country who can make some and get money to pay for your music lessons." This girl was so earnest in her desire to study music that she said, "If you will make the sausage I

will try to sell it." Today the name of that farm on a package would sell anything.

Another woman educated her family by making doughnuts.

Opportunity comes oftenest in the humblest, quietest and most unexpected manner. Perhaps that is why so many fail to recognize it.

Larger duties are seldom offered to those who do not do the small tasks well.

Then let me emphasize the power of spirituality in a woman's life.

I have seen two girls in the same family. One was pretty—the other so plain that her sensitive soul felt she could never succeed in life.

But the face and form we wear are but a mask—a thin transparent veil through which the spirit looks. Finally in later years the soul breaks through and our whole history is written on our face for those who have learned to read. Time washes paint and artificiality off. Only the true soul makes the face beautiful. Every age has its own beauty. One's own true self is behind the face. Perfect unity with God's laws make every woman's face beautiful.

Spiritual law is the only beauty law there is. Behind every line there is thought.

"As a man thinketh so he is." Expression is the loftiest and final charm in every human face.

Heavenly thoughts are the only sure