

Do what you are bid by those who have the care of you ; for they know what is for your good ; and they will not bid you do what will hurt you : the things that they bid you do are for your own good.

As you would have others do to you, so do ye to them. Do not ill to those who have done good to you, nor to those who have done you ill ; but do good for ill, and shun those who do not so.

Hurt no one, for God has said, thou shalt not kill ; and we must not kill, nor hurt them who are with us.

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