

with natural laws, that birds change their domiciles at certain seasons; that the salmon go into our rivers; and that even some animals alter their colors with the variation of the months; in the same way man is impelled to connect his ideas with a higher being, to speculate about a life after death, to love and to hate; and so it is merely following an impulse of nature that we take to strong drinks.

The *nations of the black continent* prepare intoxicating drinks from the seed of the millet, from the date-tree and from a certain grass (*holcus spicatus*).

The *Tartar* drinks his "Koumiss," the *Abyssinian* his "Bousa." *South America* possesses in Palque and Guarapo (made from aloe and sugar-cane) an equally strong drink.

The Romans found wheat-beer in *Spain, Britain and Germany*.

*Tcha* or *Te* (our tea) was unknown to the old *Chinese*. Their favoured drink was *Sam-shee*, a wine, distilled from the juice of rice or of millet, and another drink, in its effect resembling opium, made of the plant *Huang* (hemp.)

Their old historians complain about debauchery and gluttony.

As the Persians progressed in conquering other Asiatic races they laid aside their original clothing of sheep-skin and their diet of milk and badly cooked flesh. They adopted the more luxurious clothing, food and drink of their new subjects. A considerable por-