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Rural Recreation

One of the many American writers on rural life says that it is an undeniable fact that rural morality is closely dependent upon wholesome recreation, that games are essential as moral safety valves for releasing animal spirits which become dangerous under pressure. No healthy young thing can develop normally, can grow a sane mind in a sound body without some form of play. Watch the frolics of the calves and the lambs in the fields, watch the puppies and hens at their games. Prairie children often hardly know how to play; they do know, as a rule, a great deal about work for there are always plenty of chores for even the smallest children to do on a farm. As the boys reach their early 'teens they take the place of a man, while a girl of the same age takes her place in the work of the home, or as in the last few years of labor shortage, takes a soldier brother's place on the mower, binder, or rake. At seventeen or so these girls are in many instances taking upon themselves the responsibilities of marriage and motherhood. How can we introduce a fuller, wider life, more color, more romance, more fun and frolic into these young lives without organiza-

Perhaps you say the school should do that. Some schools may, but they are in the minority; many of the teachers are very young girls from these same kind of communities and they know nothing more of life. By the time they may have learnt a little more they marry. Then you say the church; why cannot the church develop community recreation? There may be two churches in the community, but both of them may only be visited by travelling ministers, or the resident minister may have so enormous a district to cover that work of that kind is not possible for him. Then what remains? As far as I can see the organized farm women are the right people to take up this problem of their own children, and the government, the school and the church should co-operate with them and give any assistance they can.

Education for Recreation

All forward movements have to do a great deal of spade work in the way of educating public opinion. Before we can solve the problem of rural recreation we must waken the minds of the farm mothers and fathers to the necessity of it. The majority of minds hate to be jolted out of the status quo. Progress always means effort, mental and physical. It is much easier to follow the lines of least resistance and live as our fathers and mothers did before us. There is frequently a feeling of resentment against those who try to push us forward against our will.

The first fact to drive home is that if rural life is to be made worth while for the growing generation, if the social instinct is to be developed, if the farm boys and girls are to be trained to play their part as citizens of a great nation, that training must be commenced through play. Play is the most important element in character building. Watch a child at play and you will get a very accurate insight into that child's disposition and aptitude for certain things. "Tell me how a man spends his leisure time (how he plays in other words) and I will tell you what kind of a man he is." I forget who wrote that, but the light of truth shines through the

Writing about rural morality and recreation, Dr. Wilson says: "What we do for hire, or under the orders of other people, or in the routine of life, is done ecause we have to. We do not choose the minor acts of studying in school, of work in the factory, of labor in the house, of composition in writing a book. All these acts are part of a routine which is imposed upon us and we call them work." But play is entirely volun-tary; every action is chosen and ex-presses will and preference. Therefore play is highly moral. It is the bursting up of our own individuality and it expresses especially in the lesser things the preferences of life. The great school for training men in the little things that make up the bulk of character is team work and co-operation in play. Here is

end, of honor, of truthfulness, of the subordination of one to another, of courand of co-operation.

What the U.F.W.A. is Trying to do

The women's section of the United Farmers of Alberta have from the time problem of the young people in the rural districts. They have done nothing spectacular so far; they have been trying in the first place through their little local

the school of obedience to others, of self- organizations, but they have found it ab- series of talks on Nature study given out sacrifice for a company and a common solutely necessary to have an organization of their own before that co-operation could be effective. When every age, of persistent devotion to a purpose, farming community has its organized groups of farm boys and girls then there is a unit which is ready to cooperate with the government, with Federated Sunday schools, with the Y.M.C.A. or Y.W.C.A., or any other body that offers us training of a specialized they organized first been studying this kind. For this reason the U.F.W.A. is organizing junior branches under a simple constitution of their own; it has asked for and obtained from the Board of Governors of the University of Alclubs to arouse the interest of the berta a week's conference for farm boys mothers in this problem; they have been and girls from 16 to 25 to be held in trying to build as they went along and June. At this conference there will be for conditions are so different in every developed their ideas; they have wel- a series of six lectures on citizenship and community that the fewer rules and recomed any co-operation offered by other rural life, six lectures on literature, a gulations laid down the better. In some

of doors, including geology, botany, birds and butterflies, a series of lessons in folk dancing for the girls, and a series in stock judging for the boys. Besides, there will be visits to interesting buildings and packing plants, instruction in group or team games, groups singing under expert leadership and moving pictures en-tertainment. Does not that open up a vision for the boys and girls of rural communities? It is bringing the university to the people who cannot go the university.

Junior Branches U.F.A.

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