

### Programme Balance

I will spare you a sermon on this subject. But you will understand why, with these problems in mind, we have aimed for balance in our Programme. We give games their due, but what might be called the non-competitive sports are also receiving a fair share of our attention.

Canoeing, camping, hiking, sailing, hostelling and the like are all a part of our way of life. We must learn to use and to conserve our heritage of forest, lake and mountain and to use it well, within the uses that nature intended, as well as mastering man-made games.

Our Fitness and Amateur Sport Act came into effect as recently as January 1962. In co-operation with the provinces, we are still working our way toward full use of the maximum annual allocation of \$5 million provided under the Act, with \$2 million earmarked for the coming fiscal year.

Through the National Advisory Council appointed under the Act, I receive the best possible advice on all the aspects of the many fields covered by the Programme. Included among these ladies and gentlemen are directors of schools of physical education, officials of national and international sports bodies, sportswriters, and persons who have been active in various community projects.

The Council's discussions can be heated on occasion, as you might imagine, but its recommendations have been sound and well considered. Its work is supported by committees involving the provinces, dealing with such matters as research development and scholarships and bursaries.

Within this framework, we have developed three main channels in our Programme -- grants directly from Ottawa, grants to the provinces, and services provided directly by my Department.

### Direct Grants

Under the first heading, we have already helped many national organizations to strengthen and extend their services. Grants to the Canadian Amateur Hockey Association and the Canadian Intercollegiate Athletic Union come within this category. We have also helped to make possible such projects as the Canadian National Exhibition's Fitness Festival last September, and others that brought the cause of fitness to the fore.

Grants are made to the Canadian Olympic Association to assist Canadian participation in the Olympic, British Empire and Commonwealth, and Pan-American Games. Also, national organizations such as the Canadian Amateur Ski Association, the Canadian Figure Skating Association, the Canadian Wheelmen and many other groups have received assistance to send athletes abroad and organize competitions at home.

The Federal Government is increasing the emphasis on research. Grants for this purpose, to universities and professional organizations, are designed to increase our knowledge of what constitutes fitness for many