

THE ACCIDENT

Insurance Company of North America

HEAD OFFICE:—260 ST. JAMES STREET, MONTREAL.

Agenies in all the principal Cities and Towns in Canada and the United States.

The ACCIDENT INSURANCE COMPANY OF NORTH AMERICA is the first and only Company in America which devotes its entire resources to an exclusive accident business. It has paid over 5,000 claims, amounting to about \$200,000.

Annual cost of an Accident Policy, Preferred Class, \$5,000 against death by accident, and \$25.00 per week in event of disabling Injury at a yearly cost of \$25.00. Smaller amounts in proportion.

Accident Tickets, \$3,000, and \$15.00 per week indemnity: Premium, 25 Cents per day. 30 days \$4.50.

NO MEDICAL EXAMINATION.

OF importance for the MAINTENANCE OF SOUND HEALTH, equal to, or greater than, our surroundings, is the food we eat and the manner of its preparation. Baking Powders are now used in almost every family; it is therefore desirable to know that the

COOK'S FRIEND

BAKING POWDER

is a PERFECTLY HEALTHFUL preparation of the PUREST and BEST ingredients money can procure, that its use is not in any way injurious, nay, indeed, dyspeptics may USE WITH ADVANTAGE Bread made by its aid.

Housekeepers should be careful to purchase only the genuine "COOK'S FRIEND," which is a pure Fruit Acid Powder, entirely free from either Alum, Lime or anything not perfectly friendly to the human system.

The "COOK'S FRIEND" can be purchased at retail in every City, Town and Village of the Dominion.

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Sanitary Engineering & Ventilation Co.

OFFICE: ROOM 6, NO. 7 ST. JAMES STREET, MONTREAL.

Although it has long been recognized by the Medical profession that a large amount of sickness and premature deaths are directly attributable to *blood poisoning, etc.*, arising from defective drains and bad plumbing, yet it is not generally known how large a proportion of houses, even of the *better class*, have Sewer Gas laid on, which is constantly issuing forth from open joints or defective pipes.

This being so, it is a bounden duty which every householder owes to his family to ascertain the *sanitary* condition of the house before inhabiting it. He should neither rent nor purchase a house without first having it inspected by a competent Sanitary Engineer.

THE OBJECTS OF THE COMPANY ARE:—

1.—To furnish Proprietors and Householders, throughout the Provinces, with trustworthy advice on the subject of House Drainage, Water Supply, Ventilation, Heating, and other sanitary matters, and plans and specifications for carrying on the necessary improvements in the most efficient manner, without incurring any unnecessary expenditure.

2.—For furnishing the Public with the most modern and approved appliances for the exclusion of Sewer-Gas from Dwellings, Ventilation of Apartments, Supply, Storage, and Filtration of Water, Warming and Lighting of Houses.

3.—For ascertaining for every Householder the Sanitary condition of the house he is inhabiting, by employing competent Sanitary Engineers, or *Specialists*, to inspect the same, whose trustworthy advice on a matter of such primary importance should always be obtained, as work of this character should never be entrusted to those who have had no experience. A Sanitary Engineer would describe the existing defects and alterations necessary, give an estimate of the cost of the work, if required to be done, inspect the same after completion, and certify to its completeness.

The Company will advise upon, and superintend the Ventilation of Public Halls, Churches, Schools, Hospitals and other Public Institutions, either upon architects' plans of new buildings, or by personal inspection of existing ones.

DRAIN PIPES,

PORTLAND, ROMAN AND CANADA CEMENTS, FIRE BRICKS, FIRE CLAY,

Flue Covers, Chimney Vents, Chimney Tops, Enamelled Sinks, White Pressed Bricks, Garden Vases, &c., &c.

ALEX. BBEMNER,

640 Craig Street, Montreal.

THE philanthropic objects for which the CANADIAN SANITARY ASSOCIATION have been organized, are of vital importance to every member of the community. Its cordial support is therefore urgently requested.

If you do not become a Member, kindly return this copy to the Secretary, for which purpose a stamped cover is supplied, as the loss of it breaks the series for the year.