

treated by his combined method. Under this method no such result follows in other plans of treatment, and with this plan a permanent result is got. This treatment has a wide application. Whether iodide of potash or mercury or the iodide alone be given internally in suitable cases without satisfactory results, if the pilocarpine be added, good results will always follow.

MENTAL SANITATION.

The assistant superintendent of the Brockville Asylum for the insane, Dr. R. W. BRUCE SMITH, contributed a scientific paper with the above title. It was a plea for prophylaxis in insanity, and he thought that much would be accomplished in this direction during the twentieth century. Insanity was on the increase in Canada, and it can be ascribed to the fact that, while these unfortunates are well attended when they become insane, the fact that there have been no preventive measures employed speaks for itself. In order to accomplish good in this direction, we must seek either to lessen the demands on, or to strengthen the resisting power of the brain. He condemned inter-marriages in families, and also amongst those of a deranged mentality. Fifty per cent. of the cases of insanity were hereditary, and the descendants of these should be careful in contracting marriage ties. He referred to a portion of one county in Ontario alone, where indiscriminate marriage and inter-marriage has become most fruitful; and he has seen several members of one family from that locality inmates of the same institution at the same time. He considers that the day may yet dawn when we will give the same attention to the rearing of children as we now give to the breeding of horses. Speaking of farm life and the tendency it has to melancholy, he thought this class of the community should receive education in participating more in the enjoyments of life and not to continue to rot in domesticity. An upheaval in the sentiment and surroundings of the rural homes would work wonders in prophylactic principles.

The Canadian Medical Association endorsed the scheme for the formation of a Dominion Anti-Consumption League. The following were recommended as provisional officers:—President (Honorary), The Governor-General; President, Sir James Grant, Ottawa; vice-presidents were appointed for all the provinces; the secretaries are to be the secretaries of the different provincial boards of health. Secretary-Organizer, Rev. Dr. Eby, Toronto; Treasurer, J. M. Courtney, Esq., Deputy Finance Minister, Ottawa.

RE MEDICAL DEFENCE ASSOCIATION.

The Association recommended that Dr. V. H. Moore, Brock-