

mise every thing that is necessary for us.

4.

Those who are firmly established in conformity to the will of God, are always directed by his wisdom. The Lord takes them as it were by the hand, to prevent them from falling; he sheds on them his Divine light, they enjoy during the course of their life a perfect peace and tranquillity, they make rapid progress in virtue, and they are continually employed in holy works.

5.

Affability and meekness are very powerful virtues in gaining souls to God.

6.

The best dispositions which we can bring to meditation and prayer, are humility, a conviction of our own nothingness, a mortification of our passions, and of the natural inclinations that lead us to evil, purity of intention, the presence of God, an entire conformity to his will, and frequent aspirations towards the divine goodness.

7.

Charity is a love superior to the senses, and to reason itself, by which we love men, our brethren, for the same motives that Jesus Christ had in loving them; that is, to sanctify them in this world, and to procure them eternal bliss in the next.

8.

Pride is a most pernicious vice, and the more to be dreaded, as we are strongly inclined to it by nature. We should, therefore, use continual vigilance to act always in opposition to corrupt nature.

9.

The chief remedies against the revolt of our senses, are—1. Assiduous prayer, accompanied by great mortification in eating and drinking. 2. Constant attention to the duties of our state. 3. A sincere communication with him who directs our heart. 4. A filial confidence in the assistance of God, and the powerful intercession of the most holy virgin. But all these means will be ineffectual, if we be not careful above all things, to fly from the dangerous occasions, as far as lies in our power.

10.

We should not consider as a human work, that of which no man has ever thought.

11.

The authority of God with which superiors are invested, is not injured when they take the advice of their inferiors in their affairs; on the contrary, the success which generally accompanies this step, causes their authority to be more loved and respected, and God gives his blessing to what is undertaken in this manner.