

DOMINION ATLANTIC RAILWAY

Steamship Lines - TO - St. John via Digby - AND - Boston via Yarmouth "Land of Evangeline" Route.

On and after Oct. 16th, 1911, the Steamship and Train Service of this Railway will be as follows (Sunday excepted):

Midland Division

Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 7.30 a.m., 5.35 p.m. and 7.45 a.m. and from Truro at 6.50 a.m., 3.20 p.m. and 12.45 noon connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston S.S. Service

BOSTON-YARMOUTH SERVICE. The Royal and United States Mail Steamship "PRINCE ARTHUR" sails from Yarmouth on Wednesday and Saturday on arrival of Express train from Halifax, arriving in Boston next morning. Returning leave LONG WHARF, BOSTON, at 1.00 p.m. Tuesday and Friday.

St. JOHN and DIGBY

ROYAL MAIL S. S. YARMOUTH. Daily Service (Sunday excepted). Leaves St. John 7.45 a.m. Arrives in Digby 10.45 a.m. Leaves Digby same day after arrival express train from Halifax.

BASIN OF MINAS SERVICE. S. S. "Prinice Albert" between Parrsboro-Kingsport-Wolfville daily, (except Sunday).

F. GIFFKINS, Kestvill, General Manager.

FURNESS, WITBY & CO., LTD. STEAMSHIP LINERS.

LONDON, HALIFAX & ST. JOHN, N. B., SERVICE.

Table with columns: From London, From Halifax, Steamer, Date. Includes routes like Shenandoah, Kanawha, Durango, Rappahannock.

LIVERPOOL, ST. JOHN'S, NFLD., & HALIFAX SERVICE

Table with columns: From Liverpool, From Halifax, Steamer, Date. Includes routes like Venango, Tabasco, Almeriana.

FURNESS WITBY & CO., LTD., Agents, Halifax, N. S.

H. & S.W. RAILWAY

Table with columns: Accom. Mon. & Fri., Time Table in effect, October 8th, 1911, Accom. Mon. & Fri., Stations, Read up.

CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S.W.R. AND D. A. RY.

P. MOONEY, General Freight and Passenger Agent.

The Monitor Wedding Stationery

will suit the most fastidious of brides. Correct in style, excellent in workmanship. Old English Wedding Text, Imperial Script, Tiffany Script on smooth or kid finish stationery. Ask for samples.

CALL ON T. J. MARSHALL CUSTOM TAILOR

And see his fine line of Suitings for Autumn wear. Prices reasonable and work first-class. SHAFNER BUILDING, Queen Street.



To be Well Supplied

with what you want is half the getting together of a good dinner. You have to be provident and lay in your supplies before they're needed. It gives you confidence to look up and see a

Fine Supply of Groceries.

You can't make better preparation than to buy what you need of these from us now. We will give you choicest to be had and make price to suit you.

We pay 22 cents for Butter, 24 cents for Eggs.

J. E. LLOYD and SON



Stoves!

We offer to the public one of the largest assortments ever offered in Bridgetown. Silver Moons, Oak Stoves, from \$5.00 up. Queen Stoves from \$3.25 up. Ranges and Cooks.

Plumbing and Heating by hot air and water. Job work strictly attended to.

Crowe Elliott Co., Limited, Bridgetown, N. S. Phone 1 ring Successors to R. Allen Crowe

Advertisement for THE MONITOR - SENTINEL subscription, offering a balance of 1911 for free.

Nova Scotia Fruit in the West

W. H. Chase Declares Our Apple Growers Have Advantage Over American

Montreal Star: That Nova Scotia can supply the west with better fruit than the United States and that therefore inter-provincial trade should be advocated above other policies, is the opinion of Mr. W. H. Chase, of Wolfville, N. S., one of the biggest fruit shippers in that part of the country.

lally since the C.P.R. has come into possession of the Dominion Atlantic system. The Canadian Pacific spied out the land and knew what crop producing qualities of the counties of Hants, Kings and Annapolis amounted to. As a matter of fact, they are now carrying some times twenty thousand barrels daily over the road to Halifax, and the quantity reaches frequently as much as sixty thousand barrels.

Speaking of possible competition, Mr. Chase said that there was no place in sight, as the particular climate found in the valley flanked by the north and south mountains rendered any serious competition out of the question. England and Scotland take the larger quantity of Nova Scotia apples, although there have been five shipments direct from Halifax to Hamburg, during the present fall, and it looked as if the apple export business to Germany would in a few years reach very considerable proportions.

GIFT OF A DYING TOT

Savings of a Little Child Dying of Tubercular Trouble Goes to Help the Consumptive Poor

How true it is in many different walks of life that "a little child shall lead them." We have been shown a copy of a letter written by a lady of St. John, N.B., who only a month ago lost her little child, a girl of nine years, of tubercular trouble. The mother's own words tell the story better than it can be told in any other way.

The letter is typical of many that are being constantly received at the head office of the Muskoka Hospital, 347 King St. W., Toronto. These come from all parts of Canada, for patients are received from anywhere in the Dominion.

The Courage to Be Happy

"The courage to be happy" is what, according to a recent writer on Germany, characterizes an ever-increasing number of young men and women in the Vaterland. Modelling themselves on Goethe—the serene, self-centred philosopher—they yearn primarily after self-expression and self-development as the principal means of producing happiness.

This is all very praiseworthy, perhaps, if happiness is to be regarded as the highest height to which we can attain. But there is something to be said for the opinion of Lesbia, George Bernard Shaw's heroine, when she said: "I'm afraid I think this rage for happiness is vulgar."

Sawdust Bread

Queer Product of German Bakery is Equaled Elsewhere.

Bread made out of sawdust. Sounds queer, but it is a fact. That ancient anecdote about the Frenchman losing his horse just as he had succeeded through the aid of green goggles in teaching the animal to eat sawdust; instead of grain should now be revived and sent out to make the rounds of the press.

In making this peculiar bread the sawdust is first subjected to a process of fermentation and various chemical manipulations. Then it is mixed with one-third part of rye flour, formed into loaves and baked in ovens like any other bread.

Sawdust bread may not taste so bad as it sounds. In various parts of the world bread is obtained from trees. For example, in the Molucca Islands the starchy pith of the sago palm furnishes a white, floury meal, which is made into flat, oblong loaves and baked in curious little ovens divided into small oblong cells just big enough to receive the loaves.

Along the Columbia River bread is made from a kind of moss that grows on a species of fir trees. After being dried it is sprinkled with water, allowed to ferment, rolled into balls as big as a man's head and baked in pits, with the help of hot stones.

ARE YOUR HANDS CHAPPED

Zam-Buk Will Cure Them. The particular danger of chapped hands and cold cracks (apart altogether from the pain) is that the cold is likely to penetrate and set up inflammation, festering, or blood-poison. Directly the skin is broken by a cut, grazed, or scratched, or chafed and cracked by the action of the cold winds and water, the one necessary precaution is to apply Zam-Buk freely.

The pure herbal juices from which Zam-Buk is prepared are so perfectly combined and refined that the immediate effect of these Zam-Buk dressings is soothing, antiseptic, and healing. Pain and inflammation are allayed, disease germs expelled from the wound or sore, and the latter is quickly healed.

Zam-Buk is not only a powerful healer and skin purifier; it is strongly antiseptic and germicidal, and so forms the ideal protection for the skin against disease germs. It quickly heals cold cracks, chaps, chilblains, cold sores, etc.

Mrs. O. M. Phoenix, Newcastle, Alta., writes: "I must tell you how pleased I am with Zam-Buk. My husband had an old frostbite on his foot for many years, and had tried almost every known remedy without any effect, but the first application of Zam-Buk seemed to help him so much that he persevered and the sore is now cured. We would not be without Zam-Buk in the house."

USE FOR ROSES.

Several months ago a fad for making rosaries out of rose leaves was started in Los Angeles. The poetic idea has been commercialized and on a limited scale the business of making necklaces of beads from rose leaves has been launched here. The success of the enterprise is due to the fact that the East is willing to pay handsome prices for the trinkets. Florists are finding a ready market for roses left on their hands by selling them at a discount to the maker of this peculiar jewelry. It is too bad that all of these rare leaves might not first be distilled before being worked into paste so that none of their fragrance would be lost.

Large advertisement for PURITY FLOUR, featuring an illustration of a hand holding a loaf of bread and a barrel of flour. Text includes 'Be Fair. Buy a sack or barrel before judging PURITY FLOUR' and 'More bread and better bread'.

Jack-in-the-Box

He Makes a Hit as Santa Claus' Assistant.

At a Christmas party for children last year they had a big box on a platform covered with red cambric, to which sprays of holly were pinned. At just the right moment Santa Claus appeared, saying he had an assistant this year who was so popular he just had to keep him shut up. He said all children loved him so that he was sure he would be recognized at once. Then he unhooked the box, and "Jack" leaped out with a spring, his arms full of parcels. "Jack" was pushed down into the box with a great deal of difficulty, and Santa told him to look for more presents and hooked the box, in a moment unhooking when Jack sprang up with more parcels. This act was repeated several times, and the children went wild with glee.

SURGICAL POSSIBILITIES

Vistas of infinite and almost incredible magnitude are opened up for the healing of the many ills that flesh is heir to by the extraordinary surgical operation lately reported from the Methodist Episcopal Hospital at Philadelphia. It is alleged that Dr. Hammond has just removed a diseased kidney from a patient and replaced it with a perfectly healthy one taken from the body of an unfortunate pedestrian killed by a speeding automobile. The operation, as technically described, included an anastomosis of blood vessels and a connecting of veins, arteries and other ducts and glands, but the crowning feature of the performance is the promised recovery of the patient.

Truly, every flesh achievement in this remarkable century reveals wonderful possibilities whose end the most daring prophet can hardly predict. Surgical science is advancing by leaps and bounds.

Chamberlain's Stomach and Liver Tablets do not sicken or grip, and may be taken with perfect safety by the most delicate woman or the youngest child. The old and feeble will also find them a most suitable remedy for aiding and strengthening their weakened digestion and for regaining the bowels. For sale by all dealers.

Not Altogether Absent

(Toronto Globe)

"The name of Sir Wilfrid Laurier has largely disappeared from the newspapers."—London Free Press (Conservative) Whereupon the editor of The Ottawa Journal, as good a Tory as The Free Press man, but with the instincts of a gentleman, comments as follows: "A good many of us bear with equanimity a somewhat lesser mention by the newspapers if our name were written as large in the honorable history of our country as that of Sir Wilfrid Laurier."

CAN YOU ASK MORE

Your Money Back for the Asking. You Promise Nothing.

We are so confident that we can furnish relief for indigestion and dyspepsia that we promise to supply the medicine free of all cost to every one who uses it according to directions who is not perfectly satisfied with the results. We exact no promises and put no one under any obligation whatever. Surely nothing could be fairer. We are located right here where you live, and our reputation should be sufficient assurance of the genuineness of our offer.

We want every one who is troubled with indigestion or dyspepsia in a form to come to our store and buy a box of Rexall Dyspepsia Tablets. Take them home, and give them a reasonable trial, according to directions. If they don't please you, tell us and we will quickly return your money. They have a very mild but positive action upon the organs with which they come in contact, apparently acting as a regulative tonic upon the relaxed muscular coat of the bowels, thus overcoming weakness, and adding to restore the bowels to more vigorous and healthy activity. Three sizes 25c., 50c. and \$1.00. Remember, you can obtain Rexall Remedies only at our store—The Rexall Store, Royal Pharmacy, W.A. Warren.

The ill-omened, the croaker, can do a town more harm in a minute than the good citizen can repair in a month.