

INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-tives"

Rochon, P. Q. suffered for many years with indigestion and constipation. Neighbor advised me to try "Fruit-a-tives". I did so and to the use of my doctor, I began to feel and he advised me to go on "Fruit-a-tives".

Consider that I owe my life to "Fruit-a-tives" and I want to say to who suffer from indigestion, constipation or headaches—try "Fruit-a-tives" and you will get well!

CORINE GAUDREAU.

Box, 6 for \$2.50, trial size 25c. Dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Auctioneer

J. F. ELLIOT.

Used Auctioneer of the County of Lambton.

Attention to all orders, reasonable. Orders may be left at the Guide-Advocate office.

MEDICAL.

NEWELL, P. H. B., M.D.

P. & S., M. B. M. A., England, former County of Lambton, Watford, Ont.

Main St., opposite Bell Telephone Exchange—Front street, one block west.

SAWERS, M. D.

WATFORD, ONT.

(BY OF NAPIER) OFFICE—Formerly occupied by Dr. Kelly. Phone 100—Ontario Street, opposite M. J. S. Night calls Phone 132.

SIDDALL, M. D.

ONTARIO

Victoria Hospital, London, Ontario Street, in office formerly occupied by Dr. Kelly. Day and night calls phone 100.

DENTAL.

ORGE HICKS,

UNIVERSITY, I. D. S.

D. of Dentistry, Post graduate work. Orthodontia and the best methods employed in dental work. Office—Over Dr. Kelly's. 1st and 3rd Thurstons St., Watford.

HOWDEN

S. L. D. S.

The Royal College of Dental Surgeons, and the University of Toronto. Latest and Most Approved Methods used. Special attention to all dental work. Office—Over Dr. Kelly's. 1st and 3rd Thurstons St., Watford.

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Surgeon,

LATE ONTARIO VETERINARY—Dentistry a Specialty. All animals treated on scientific methods. Office—Over Dr. Kelly's. 1st and 3rd Thurstons St., Watford.

Consider your bread as well as your body. If so, then you are not satisfied. Our ever-ready and satisfied reasons why you are disappointed. A trial.

It is time for you to get your wedding complete. We have one of the best.

Lovell

CONFECTIONERY

AM PARLORS

Full weight of tea in every package

RED ROSE TEA "is good tea"

Sold only in sealed packages

What COMFORT LYE

Comfort Lye is a very powerful cleanser. It is used for cleaning up the oldest and hardest dirt, grease, etc.

Comfort Lye is fine for making sinks, drains and closets sweet and clean.

Comfort Lye kills rats, mice, roaches and insect pests.

Comfort Lye will do the hardest spring cleaning you've got.

Comfort Lye is good for making soap. It's powdered, perfumed and 100% pure.



is splendid for —

SHERWIN-WILLIAMS PAINTS & VARNISHES



Spare the Paint and Spoil the House.

S-W Paint Prepared

Everybody knows S-W Paint Prepared—the choice of professional and amateur for house-painting. S-W is more than a beautifier; it is a genuine assurance against decay, the slow destroyer of woodwork.

FLAT-TONE

S-W FLAT-TONE preserves your walls, while offering the finest artistic possibilities. The colors are rich, soft in tone, very durable, and your walls are SO easy to clean. 24 Beautiful shades for walls and ceilings.

SCAR-NOT

By all means, varnish furniture that is showing signs of wear or hard knocks. Remember the name SCAR-NOT. It is the special S-W Varnish for this purpose. SCAR-NOT is not affected by hot or cold water.

REXPAR

S-W REXPAR will not turn white. Use this varnish for your outside doors, canoes, store fronts, and any woodwork on boats. An absolutely waterproof varnish for exterior use.

MAR-NOT

For your floors, use MAR-NOT. Until MAR-NOT was produced, it was very difficult to get a varnish for floors that would stand much walking and dancing and shifting furniture. S-W MAR-NOT ensures a tough, durable, water-proof finish that anyone can apply successfully.

We carry all S-W Paints and Varnishes. Ask us for Color Cards, prices or any information you may require.



The N. B. Howden Estate, WATFORD, Ont.

PLANT POTATOES NOW

Increased Yield Secured by Hilling Them.

Good Combs Beekeeper's Asset—Best Are Always Produced During Heavy Honey Flow—Best of Care Should Be Taken of New Combs.

EXTENSIVE experimental work, under ordinary conditions, has shown that it is a good plan to use good-sized seed potatoes, and to cut them into pieces of from one to two ounces in weight, and having two, three or four eyes in each piece. It is an excellent plan to throw the freshly-cut pieces in finely ground land plaster or gypsum and to plant the sets immediately after cutting. The best returns have been obtained by planting the sets in rows about 28 inches apart and leaving the sets singly from 12 to 15 inches apart in the rows. In the average of seven years' experiments it was found in planting the potatoes one, three, five and seven inches deep that the highest average results were obtained from planting three inches, and the second highest from planting five inches in depth. Under average conditions it is usually wise to plant about four inches but the depth of planting would, of course, depend considerably upon the quality and the condition of the soil. If the soil is a sandy loam, the depth of planting may be deeper than in the case of a heavy damp soil.

In experiments extending over a period of ten years it has been found that about four bushels per acre increase has been obtained from hilling the potatoes in comparison with level cultivation.—Dr. C. A. Zavitz, O. A. College, Guelph.

Good Combs Beekeeper's Asset.

An asset to the extracted honey producer is combs, good combs and plenty of combs. It is sometimes a problem to obtain and maintain a sufficient stock, especially if the apiary is being enlarged. Moreover, there are several important problems associated. Fundamentally, good combs are obtainable only when built on full sheets of wire foundation. Such combs will endure; naturally built combs will not stand the wear and tear of repeated honey extraction. Beside being weak and likely to break out of the frames, naturally drawn combs usually contain drone cells to some extent, if not in excess. The presence of drone cells in combs, used either in the brood chamber or in extracting supers, is a source of continued disadvantage. Drone cells in combs are always costly. They may cost swarms; they may dampen the honey storing instincts (bees are adverse to the storing of honey in drone cells, until there is no other space available) if the drone cells are in the super, their presence induces the queen to leave the brood chamber. It is a maxim to have only combs of all worker cells reinforced with wire; to this end, full sheets of foundation are essential and economical.

The best combs are always produced during a honey flow, yes, when there is a surplus coming in, good combs may be produced in the earlier part of the season, just prior to the cropping season; yet, regardless of season, the best of combs are obtainable only on strong colonies.

Conversely, weak colonies, without the stimulation of the honey flow, fail to draw out the foundation evenly and fully; holes may even be gnawed in the foundations, which holes, when built in, will probably be filled with drone cells. With care, frames of full foundation, to be drawn out, may be supplied alternately with combs of brood or honey.

Moreover, the tendency is for bees to bulge the old combs, and to correspond, only partially draw out the foundation of the new comb, perhaps leaving the corners open. The best results are usual when several frames with foundation are grouped in one side of the hive, or a full super given. In order to induce the attaching of the comb to the bottom bar, new combs may be drawn out in the super, over a powerful colony and during a honey flow.

Having acquired new combs, good care should be taken of them. If they are intended for extracted honey production, they should be kept apart from the brood nest, not allowing brood to be reared in them. Combs darkened with brood rearing are not considered as wholesome for honey production as are virgin (new) combs. Furthermore it is considered on good evidence that dark combs will darken and hence deteriorate the light grades of honey. One generation of brood in a comb may not injure it for light honey cropping; it is thought by some to toughen and strengthen the comb, yet the more particular producers are equipping with virgin combs for the supers. These choice extracting combs are a valuable asset. Preserved from year to year, they should endure. Although labor has not advanced in price, all bee supplies are increasingly costly, hence good combs are to-day a greater asset than ever.—Dr. Burton M. Gates, O. A. College, Guelph.

Tracer Bullets in Air.

One fact about aerial fighting which has never been mentioned is that, after the first sight has been obtained, the pilot never uses his sight at all. He watches the bullets literally! That is, he watches the tracer ammunition. One in every three shots is a tracer—a bullet which trails a little path of smoke; and it is much more interesting to watch the tracers than it is to keep the eye on the sights.

Most pilots would like to use all tracers if they could, for they kill as readily as the regular bullets. But, unfortunately, tracer ammunition is dirty, and will soon choke the bore of the gun. As it is, a great many pilots load their magazines and belts with every other one a tracer, though it is strictly against the rules. The temptation, though, is too great to be resisted.

The tracer is made the same as the ordinary bullet, except that, in the end, is a small quantity of magnesium which ignites. It is not quite accurate, as it is lighter and drops a little in its flight, but it serves its purpose wonderfully.

There is a fortune waiting for the man who can devise a tracer that will not foul the bore, and which will accordingly permit the aviator, or indeed any machine gunner operating at short range, to employ it exclusively.—Scientific American.

A Golden Throne.

The Maharajah of Mysore has a throne made of solid gold, beautifully chased and set with precious stones, and resting on four huge lions, also of solid gold. Above the throne, which is covered with a thick cushion of cloth of gold with pearl tassels is a gold umbrella shimmering with pearls and precious stones, on top of which is a golden peacock encrusted with diamonds and emeralds holding in its beak a large emerald pendant. Silver steps lead up to the seat.

BUY W. S. STAMPS.

Nearly all children are subject to worms, and many are born with them. Spare them suffering by using Mother Graves' Worm Expeller, the best remedy of the kind that can be had.

For Colds, Catarrh or Influenza

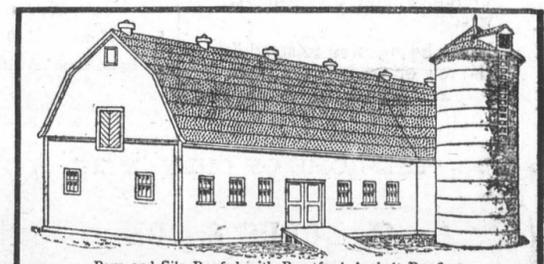


Do you feel weak and unequal to the work ahead of you? Do you still cough a little, or does your nose bother you? Are you pale? Is your blood thin and watery? Better put your body into shape. Build strong!

An old, reliable blood-maker and herbal tonic made from wild roots and berries, is Dr. Pierce's Golden Medical Discovery. This "nature remedy" comes in tablet or liquid form. It will build up your body, cure your cold, and protect you from disease germs which lurk everywhere. One of the active ingredients of this temperance alternative and tonic is wild cherry bark with stillingia, which is so good for the lungs and for blood; also Oregon grape root, glood root, stone root, Queen's root, all skillfully combined in the Medical Discovery. These roots have a direct action on the stomach, improving digestion and assimilation. These herbal extracts in the "Discovery" aid in blood-making, and are best for scrofula. By improving the blood they aid in throwing off an attack of influenza.

Catarrh should be treated, first, as a blood disease, with this alternative. Then, in addition, the nose should be washed daily with Dr. Sage's Catarrh Remedy.

Send 10c for trial pkg. of Medical Discovery Tablets or Catarrh Tablets to Dr. Pierce, Invalids' Hotel, Buffalo, N. Y.



Resists Fire, Sheds Water, Wears Long

Flying sparks and embers from a burning building often cause roofs near by to catch fire, especially in a dry, hot season. Under like conditions, roofs covered with

Brantford Asphalt Roofing

are in no danger from flying embers, because any that fall on Brantford Asphalt Roofing die out harmlessly. Build a bonfire on a roof of Brantford Asphalt Roofing and the fire will not spread and the boards underneath the roofing will be protected in a surprising manner.

If a fire starts in the interior of a building Brantford Asphalt Roofing acts as a retardant and keeps the fire from spreading. Fire chiefs and insurance companies endorse its use in the most congested cities.

Brantford Asphalt Roofing does not absorb water, but sheds the heaviest rain with ease. Acid proof and alkali proof. Reliable, durable, economical. Three weights—60 lb., 70 lb., 80 lb. per square.

Brantford Rubber Roofing

is the same quality as Brantford Asphalt, but has a smooth, rubbery surface instead of the sand. It is particularly suitable for verandah decks and floor coverings. Three weights—40 lb., 50 lb., and 60 lb. per square.

Leatheroid Roofing

Slightly lower quality than Brantford Rubber Roofing. Used for same purposes. Has a leathery surface. Exceptionally good roofing at a low price. 35 lb., 45 lb., and 55 lb. weights.

Standard Mohawk Roofing

is made of the same materials as Brantford Asphalt Roofing, but is lighter in weight. A thoroughly reliable roofing at a low price. Tested for years and has given entire satisfaction. Sanded on one side. One weight—40 lbs. per square.

Climax Sheathing Paper

A tough kraft paper coated with high-grade asphalt. For making buildings damp-proof and wind-proof. Also for roofing temporary bunk houses, lumber camps, etc.

Samples of any of these roofings and prices will be furnished on request.

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