Wrist Watch May Cause Neuritis.

An eminent doctor has recently announced that he has treated several cases of neuritis, which have been directly caused by wrist watch straps being worn too tightly.

WOMEN and THE HOME

Predecessor of Christmas Mince Pie.

Goose-pie was formerly one of the chief Christmas dishes. The Christmas pie has varied considerably in its composition, and often included chicken, neat's tongue, eggs, raisins, lemon, orange peel and various spices.

THE OTHER WISE MAN FINE MUSICALE GIVEN IS PRESENTED MONDAY BY MARION KEITH CLUB

Drama League and Music Club Miss Alice Graves Is Heard For Collaborate At Christmas Meeting.

of the London Drama League and the production, Henry Van Graves, who has recently returned the production, incidental music throughout the play from England, where she has been

borg Hausch, flute, and Aileen McDougall, piano. Their group includes:
Serenade by Titl; Norwegian Dance,
Griegg; The Air, Bach; and Rondo
Alla Ongaresely, Haydn. Other
numbers will be The Angel's Song
(Stickles), by Mrs. Edward Wyatt,
with violin, cello and piano obligato.
She will also sing Song of Chimas

Erie Mitchell, who gave delightful
solos and piano selections by Miss
Margaret Gladman, who also acted
as accompanist, were greatly enjoyed. Piano numbers were also
given by Miss Nina Taylor.
The many guests were received by
the hostess, Mrs. Nichols, assisted by
She will also sing Song of Chimas by Worrell, and The First Christmas Morn, by Newton, Gurli Ernestine Hausch will give a solo number, Ballade et Polanaise de Concert Zieuxtemps. Miss Minnie Raymond and

CLUB NEWS

TO DELIVER BASKETS.

The Sanatorium Aid will provide necessities for 50 needy families this Christmas. Plans for the distribution of these baskets were made yes terday by the committee in charge, including Mrs. J. C. Judd, Mrs. A. B. Greer, and Mrs. John Stevely.

The Municipal Chapter, I. O. D. E., of London and the St. Mary's Chap-ter of the Daughters of the Empire will co-operate with the Red Cross Society in giving presents to the soldier patients at Byron Sanatorium. The Municipal Chapter will devote as its share of the gift fund, the \$48.71 balance from the I. O. D. E. soldiers' comfort fund, of which Mrs. F. J. Greenaway was one of

children of Rectory Street School interesting program has been prehas been postponed to Tuesday af- pared.

Finished Family

Service.

Everything washed sweetly

clean, no marks. Everything

beautifully ironed, ready to use or put away. A dainty service, complete in each de-

tail. Five pounds flat work

and five pounds wearing

Wet Wash

Everything washed and rinsed in eight to ten changes

of water. The excess water is

turned damp, sweet and clean,

ready to iron or hang up to

15 for 75c

removed and the bundle re-

apparel

King Winter Says—"It Is

Now My Turn"

PHONE 558 TODAY AND CHOOSE ONE OF

THE SERVICES LISTED BELOW

Someway and Somehow.

Don't Throw Your Old Carpets Away.

"VELVETEX" RUGS

First Time Since Coming

To London. A charming musical program will An artistic program was presented be given at the Christmas meeting this afternoon at the musicale and in the Collegiate auditorium. Miss Margaret Glass is staging and drama-songs were given by Miss Alice

was written by Charles E. Wheeler, studying for the past three years.

Those taking part are: Vincent This was Miss Graves's first public Vincent This was Miss Graves's first public Perry, Eula Kennedy, Mrs. Luta Layman Durst, Blanch Tancock, Edward Webster, Lawrence Glass, Alvin Ball, numbers were greatly enjoyed. She James Tulnan, A. L. Christinani Sydney Kingsmill and W. J. Ross. The Hausch Quartet will also play were: Readings by Mrs. Charles Wiluring the production.

The musical program includes a jorie Allan, accompanied by Mrs. number of artistic groups, among them being numbers by the Hausch, Quartet, Gurli Ernestine Hausch, violin; Pauline Wilson, cello; Ingerborg Hausch, flute, and Alleen Mc-

with violin, cello and plano obligato. He hostess, and the pres-by Worrell and The First Christmas ident of the club, Miss Anne Mc-Gregor. Mrs. Morley Adams ushered to the tea room, and the attractive tea table was presided over by Mrs. J. D. Detwiler and Mrs. W. Quigley The tea room assistants were mem-bers of the club, including: Misses Anne George, Alice Martin, Hazel Currie, Ruth Watson, and Evelyn Hardie. Misses Mary Marshall and Kathleen Johnston acted as door attendants, and Miss Margaret Casselman was in charge of the door re ceipts. The proceeds are in aid of the hospital, of which Dr. Gushue baskets of groceries, meat and other Taylor, medical missionary in For mosa, is in charge.

ternoon and evening of next week. In the afternoon the lower grades present a program, after which I. O. D. E. TO HELP RED CROSS. the little ones, and the drawing for the prize takes place; and in the evening, the upper grades, give their entertainment, which is followed by a treat, also provided by the club.

PUPILS TO GIVE RECITAL. Pupils of Miss Dorothy Cahill, clever young violinist of the city are to be heard in recital at the Dundas Centre Methodist schoolroom, next Tuesday evening, at 8 o'clock. Miss Cahill's pupils are to be assisted by POSTPONES PARTY.

Miss Elsie McLeod, elocutionist; Mr. Bruce Wells, violinist, and Almond Cahill, flautist. The public are inhave been held yesterday for the vited to the recital for which a mos

Thrif-T-Service

Everything carefully washed

and thoroughly rinsed. The flat-work is ironed, wearing

apparel sent home damp, a good-sized family washing

can be done under this \$1

Semi-Finish

(Rough Dry)

Everything washed. Flat work

ironed, pieces needing starch

are starched, underwear, hosiery and flannels fluffed

dry, only a little ironing to

10 pounds \$1.00

9c Per Pound excess.

Dorothy Dix's Letter Box PRESENT CLEVER PLAY

The Woman Who Must Choose a Profession at Thirty-Three-The Man She Loves Regards Her as a Little Sister-Is the Man With a Past Ever a Desirable Husband?

Dear Miss Dix-How can a woman decide what profession she is best tea given by the Marion Keith Club suited for? I am thirty-three years young now, and the time has come when the London Women's Music Club, the given by the Marjon Keith Club suited for? I am thirty-three years young now, and the time has come when which is being held Monday evening at the home of Mrs. Emerson Nichols. I must plan for the future financially. Do you think the medical professal auspices of the Literary Society of

through owing to ill-health. But loved it, and the medical or nursig profession appeals to me most. HOPEFUL.

Answer: There are many successful women doctors, and there is no reason why you should not enter that profession if you feel that you are called to it. But you are starting very late in life. It takes many years of study and much money to put a stu dent through a first-class medical college, and give her the hospital experience that needs. Also, it requires robust

If you could not stand the strain f nursing, why do you think you would be able to endure the irregular hours, the going out in all sorts of weather, and the strain incident to the life of a physician? Before you undertake the study of medicine, you had better have a thorough physical examination, and ask some competent physician's advice on the subject.

Your age is a bar to your taking up the profession of medicine, but it is an advantage in any sort of clerical or secretarial work. Employers would rather have women who are still youngish, but not very young, because they are not so likely to marry just about the time they get well trained and valuable, and also because they take more interest in their work, to which they are settling down for a life job, instead of regarding it as a bridge of sighs that they

As for what particular line of work you choose, that does not matter. All that counts is how you do it. You can fail or succeed in any line, and your pay envelope depends on how much skill, and energy, and enthusiasm you put into it.

Generally speaking, women succeed best when they stick to women's work. Most of the high-salaried women are private secretaries, and buyers of women's wear, and teachers. Most of the women who make fortunes are dressmakers, and milliners, and run women's specialty shops, and keep boarding houses and hotels.

There will always be a demand for pretty clothes, and those who know now to make them can ask what prices they choose. People will always be hungry, and need comfortable places to sleep, and the women who furnish home cooking and make homes for the homeless will have their houses full

But in choosing your profession choose something you like to do for its own sake, for we never succeed unless we put our hearts DOROTHY DIX. as well as our backs into our job.

Dear Miss Dix-I am a young girl of nineteen. Ever since I can emember a certain young man has been my ideal. He is more than anything in the world to me, but he doesn't love me. He calls me his little

A wealthy young man has asked me to marry him. He is a splendid young man, and would do his best to make me happy, but it hardly seems right to marry him when I know I love the other. What would you do?

I would stay single, and give time an opportunity to solve my sentimental problem. If you will just sit still and wait, the strangest and most wonderful things happen to you, for time is a magician that opens unexpected doors to us, and makes the queerest things come to pass. At nineteen you have got lots of time. So don't be in

Time often changes a make-believe brother into a lover. A man sees nasium. a girl grow up, and he doesn't think of her as a woman. She seems just like a little sister to him, and then something happens-perhaps the girl goes away from home and stays a while, or something else occurs that makes him see her in a new light, and he suddenly realizes that his feel-

Never give up a man until he is dead or married to another woman, and don't be foolish enough to rush off in despair and marry some other man while there is still hope. Keep yourself, as old-fashioned Methodists used to say, in an attitude to receive the blessing, if his feelings toward you change.

It is a most dishonorable thing to, a woman to marry one man while she loves another. It isn't playing the game fairly with him because you are taking his all, and giving him nothing in return And you will be utterly miserable, because the more you realize that you ought not to love the other man, the more of a romantic halo you will cast about him, and the more you will desire him.

Take my advice, and just wait. Time will either give you the man you love, or else it will cure you of your infatuation for him, and then when you marry you can give your hand and your heart together. DOROTHY DIX.

Dear Miss Dix-I am a girl twenty-two years old, and I am in love with a man ten years my senior. He wants to marry me, but he is a man with a dark and wicked past. Is such a man a desirable husband?

a hurry. Just wait.

No. Why take damaged goods when there is so much of the clean article to be had? Believe me, my dear, none of us leave our pasts behind us. They always lap over, and lay a mortgage on our futures. We cannot wipe out the sum of our sins, and start a fresh account with life. They are written in indelible ink on our

Be sure of this, that every woman who marries a man who has sowed a wild-oat crop has to help him harvest it, and she does it in tears and sorrow. Sometimes she does it in her own broken health. Sometimes in nursing a man who is paying for the follies of his youth in premature senility or incurable nervous maladies. Sometimes in bearing children who are born idiotic or deformed, for the sins of the father are visited on the children even unto the third and fourth generations.

It may be a long time before we get a single standard of morals, and women demand the decency of men that men demand of women, but at least the woman who has any self-respect can refuse to marry a man whose character needs to be run through a steam laundry before it is fit for a nice woman to touch.

DOROTHY DIX. Copyright, 1923, by Public Ledger Company.

HOLDS BENEFIT CONCERT.

ing by St. George's Society, in Dufferin Hall.

ferin Hall.

A benefit concert was held recently in the hall in aid of this fund, and among the artists taking part were Misses Irene Tingey, Emily Woods, Ethel Woods, Christine Myers, and Messrs. Edwards, A. E. Smith, J. T. Austin, G. McConnell, J. H. Finney, M. Woods and Wilkinson, Enjoyable numbers were also given

IN TORONTO. Among the jolly Christmas parties arranged for children will be the party being given next Friday evening by St. George's Society in Duf-Versey's place for the week-end.

ENGAGEMENTS

AT SOUTH COLLEGIATE

"The Maid of France" is Given by Pupils Before Literary Society.

The presentation of "The Maid of France" last evening by pupils of the South London Collegiate under the sion a suitable one for a woman? I the school was an undoubted sucried nursing, but could not carry cess. The cast, trained under the direction of Miss Bessie McCamus and Mrs. Carr-Harris had been cleverly chosen. Miss Donna Gracey took the title role as Joan of Arc; Miss Ruth Tanner, a French flower girl; Bob Ferguson, a British officer Reg Appleyard, an English Tommy William Sinclair, a French peasan

> the days of the great war, in a town the days of the great war, in a town square, about the monument of Joan of Arc. And the climax of the play comes when the statue of Joan of Arc becomes living flesh and converses for a few moments with those who happen to be in the square.
>
> Many attractions were offered for the party which followed the presentation of the play. There was a grand march, dancing, fortune tell-

ing, guessing games, ping-pong, and even a radio room under the manage-ment of N. J. Ireland to provide en-

PERSONALS

Miss Ruth Williams of El Paso Texas, arrives in the city Monday to spend a month with her parents, Mr. and Mrs. John Williams, Elmwood avenue.

Miss Willena Crawford of the Y. W. C. A. staff, Toronto, will spend Christmas in London with her par-ents, Rev. John Crawford and Mrs. Fred Harley is home from the Uni-

versity of Michigan at Ann Arbor, and will spend the Christmas vaca-tion with his parents. Mr. and Mrs. Frank Harley, Gerrard street. Miss Nellie Bragg of Lawson &

cester. . Mrs. William Chamberlain, Prin ess avenue, leaves today to spend

the holiday season with her daugh-ters, Mrs. E. W. Williamson in Cininnati, Ohio, and Mrs. H. E. Knight, Miss Alice Bowen-Walton, 270 Cenweek of a luncheon given in honor of Lady Vayaseur of London, Eng-

land. Lady Vavaseur will go on to Kingston from London. Dr. and Mrs. D. C. McFarlane, acnpanied by Mrs. McFarlane's sis-

Mrs. Arthur Thompson. ture make their home in London. Dr. seeing them. Laidlaw is occupying the office of late Dr. S. Moore, the corner of King and Wellington streets.

Among the enjoyable university affairs of the holiday season will be the Christmas lit. to be held Tuesday evening in the Oxford street gym-nasium. The program will include songs by the Glee Club and each year will present a short skit. Following the program, dancing will be enjoyed. Among the interesting musical events of this month will be the recital which is being given by the pupils of Thomas Martin, assisted by pupils of Charles E. Percy on Thursday. Those taking part in the program will be: Miss Evelyn Jar-Miss Mildred Pocock, Miss Muriel Lancaster, Miss Mildred Chant-ler, Miss Helen Thompson, Miss Laura Kirkwood and Frank James.

A jolly affair of last evening was the Christmas party given by the students of the East London Collegiate, in the Central Collegiate auditorium, under the direction of the students' legislature of the East London unit. The auditorium, where London unit. The auditorium, where dancing was enjoyed to Pudney's orchestra, was gayly decorated. The same bright decorations were used in the gym., where games were ar-ranged, also in the cafeteria, where Miss Taylor and her committee were in charge of the dainty refresh-ments. A. E. O'Neill, principal of the East London unit, was chairman of the evening, and welcomed the guests, who included the students, the representatives of the staff and student bodies of the South London, Central and Technical High Schools. and the representatives of the board of education. Miss Menhenick looked after the games, and Miss Watson was in charge of the dance program, which included a bubble dance and Paul Jones. Jack Rourke, premier, took care of the general ar-rangements, assisted by Daisy Pontminister of social entertainment

New Method of

A news item from abroad informs us that the American method of producing a slim, trim figure is meeting with astonishing success. This system, which has made such a wonderful Impression over there, must be the Marmola Frescription Tablet method of reducing fat. It is safe to say that we have nothing better for this purpose in this country. Anything that will reduce the excess flesh steadily and easily without injury to the stomach, the causing of wrinkles, the help of exercising or dieting, or interference with one's meals is a mighty important and useful addition to civilization's necessities. Just such a catalogue of good results follow the use of these pleasant, harmless and economical little fat reducers. We say economical because Marmola Prescription) can be obtained of any draggist the world over or from the Marmola Company, 4612 Woodward Ave., Detroit, Mich., for one dollar a box, which is a decidedly economical price, considering the number of tablets each box contains. They are harmprice, considering the number of tab-lets each box contains. They are harm-less.—Advt.

WHAT every woman knows is that | Rabbit. You should go in and hear the last foods of the menu are the the song story yourself. You will most important—if well chosen they find its melody infectious.

comes around again most every wo IN honor of the holiday season

there must be a new frock for the Christmas dance, to say nothing o the New Year's party. The deb., the debutante and the The sub girl will find the most enchanting frocks at Kathleen H. Harper's, cor-ner of Dufferin avenue and Colborne For the deb's mother, rich velvet gowns cut on the more stately

CONSOLE SETS. Of blue Venetian glass are lovely to righten up the table. The candlesticks are slim and graceful.

producing the excellent. Cadbury's English chocolates, delicious beyond words. Shortbread of the best, and

packed in the daintiest of boxes, and

last but not least is their famous

GIFTS for the little folk-what would Christmas be without the Jones, sailed yesterday from New York, on steamship Majestic for England, where she will spend Christmas with her parents in Wor-"Our Darlings." The illustrations children? Their thrilling are so that the youngest child would understand them. For Bobby, a copy of "The Boys' Own Annual" is Every woman likes to have a manisure to please. I saw these books at the Wendell Holmes book shop.

MOTHER'S delight—a tea tray in rich mahogany or walnut. How delighted she would be to receive one of the beautiful trays I saw in the Thomas Furniture Company.

Thomas Furniture Company.

Thomas Furniture Company.

Thomas Furniture Company.

To the announcement of the visit of Sir John Martin Harvey and Lady Harvey with anticipation. Sir John and his entire London company will be the attraction at the

GIFTS for the home. Every housewife delights in the things which will add to the attractiveness of her home. Brass from the Willow ter, Miss Gladys Thompson of New York City, are expected in town Dec. have some wonderful reproductions 23, and will spend Christmas with of the best of the old-time solid Mrs. McFarlane's parents, Mr. and brasses in candlesticks, coal hods, bellows, toasting forks, trivets, door Dr. and Mrs. A. H. Laidlaw and Miss Dorothea have arrived in the city from Winnipeg and will in fu-



Somehow a pretty little lamp adds a great deal to the charm and homei ness of a room. Anyone who lives in a home is always delighted to find come on the table by daddy's chair or perhaps on the little table in sislamps at the Hydro Shop at very reasonable prices.

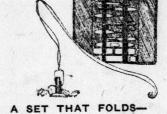
* * *
THE story of Peter Rabbit, so dear

to the hearts of children, may now be had in Q. R. S. word roll form at Ger-hard Heintzman's for \$1.50. It would hard Heintzman's for \$1.50. It would be futile to attempt a successful denial of the favorable and lasting impression made on the juvenile mind by the adventures of Peter with the favorable and lasting impression. The favorable and lasting impression made on the juvenile mind by the adventures of Peter with the given the giv

Many times has Danny Meadow

hat's irresistible.

* There is no gift SILK hosiery. There is no gift more acceptable. As Christmas time skilled kind fairy will surprise her with new silk hosiery. So, if you are puzzled about some friend on your list, see the display at the McEwen yarn shop Richmond street. You will be quite satisfied with your choice.



And will fit snugly in either a dressing table drawer or a traveling bag.

cure set.

forward to the announcement of the Friday and Saturday, and two of the would make a delightful gift for the Grand Opera House next Thursday, most celebrated plays in the famous young housewife. star's repertoire will be included in the London engagement. Thursday evening and Saturday evening "The Cigarette Maker's Romance" presented, and Friday evening and sented at the Covent Gardens, Lon-Manager Minhinnick of the Grand reports a brisk mail order sale, and amusement lovers who desire to secure suitable reservations are requested to secure seats early. The Grand Monday morning next at 9

YOUR last year's frock made over like new or your new material made gracious hostess delights in having up, at the Meadows & Rainey dress-making establishment, 183½ Dundas proud of. R. J. Young & Company street. Prices reasonable.

FOR the man who smokessure to please.

HOLLINS' Print Shop have the finest assortment of children's games, toys and Christmas decorations. They are quite worth a trip to Londor East to see.

East to see

NOTHING can quite equal a
lovely personal photograph as a
Christmas gift to one's closest
friends. The Darragh Studio do

exquisite work.

* * *
YOU will not hesitate long what to give the girl friend who mas gifts.

Danny's "Queer Log" Gives Him the up on that terrible creature, thinking it was an old log. The great jaws, with their awful-Surprise of His Life.

Mouse been frightened, terribly frightened, but never in his life had he received quite such a fright as the walking log on the bank of a river far down in the Sunny South gave him. That great log had actu-ally walked a short distance down the bank. This hadn't frightened Reducing Fat

item from abroad informs he American method of proslim, trim figure is meeting slishing success. This system, made such a wonderful important the bank. This hadn't frightened Danny, because his funny little furry head head been so filled with astonishment that there hadn't been room for fright. Then at the very edge of the water the great log had come to rest again, and there for some time it had remained as motionless as when Danny had about made up his mind. head had been so filled with astonishment that there hadn't been room for fright. Then at the very edge of the water the great log had come to rest again, and there for some time it had remained as motioniess as when Danny had first watched it. Danny had bout made up his mind that it wasn't going to move again, when something happened that made every hair of Danny's coat stand right on end from fright. Without any warning at all, one end of that old log, the end nearest the water, suddenly opened. It opened wide, wide, very wide, indeed. It opened wide, wide that it looked as if it were going to spring apart.

This in itself was enough to frighten any one. Don't you think so? But it wasn't just the opening of that end of the big log 'hat frightened Danny's so. It was what he saw in that great opening. He saw teeth! He saw ever had ream old log at all. He knew that he saw in that great opening. He knew that this was some strange frightened Danny's so. It was what he saw teeth. Yes, sir, he saw teeth! He saw ever and ever such the the saw on that great opening. He saw that this was some strange of that old log when it began to walk. He knew that this was some strange of the two halves of the saw teeth. And they were such teeth A





Visits London Shops

It's been truly wonderful the last few days shopping

through London stores. The choice-the method

of display—the artististry displayed in many articles

-the wonderful values-combine with an appeal

Pego's remarks on this week's tour will help you

for street wear will be easily solved if you see the lovely brown brogues Cook's have, and oh so comfy-looking. Mother or sister would just love * * *
Say "Merry Christmas" most

heartily with some well-chosen Strathcona silver-plate from W. J. Wray & Company. They have an exceptional line to choose from. London playgoers will indeed look With this silver you can get an unlimited guarantee, and price is a third less than other makers.

FOR the friend who loves beautiful glass, Cowan Hardware Company cut - glass



TO INSPIRE CORRESPONDENCE. There's a fascinating leather deck WHEN downtown shopping, lunch settle down and write letters, but the the Blue Dragon Tea Room. All with this lovely set it will even be home-cooked food. Afternoon tea fun to write Christmas thank you

WREATH her face in smiles. The proud of. R. J. Young & Company have a new display of hand-embroidered Madeira serviettes, 12-inch size, which I thought were very lovely teakwood smoker set inlaid beautiful, I also noticed the cutest with silver from Willow Hall is bath sets, two towels and wash-cloth in colors, with whipped edges of contrasting shades, which would make a delightful gift.

> GIFTS for milady's dressing table are most acceptable. The Grey Beauty Shop have a lovely assortment of combs, powders, shampoos and many other little novelties which would please the girl friend you are wondering what to buy for.

> THE Little Green Art Shop specializes in hand-decorated Christ-You will find on sale

looking teeth, closed and the owner began to move forward. Straight into the water he went. There he floated for a few moments, still looking like sank below the surface and disappeared.

Danny Meadow Mouse scampered back to the safety of the brush along the bank. Perhaps you can guess how relieved he was to hear the voice of his friend, Mr. Mocker the Mock-

ingbird, whose sharp eyes had spied him. "I was looking for yau, Danny." said Mr. Mocker. "I was afraid some-

Nothing looks worse or does more to detract from the general appearance of a house, than old carpets or rugs which are worn, shabby and faded. But there is no need to throw them away no matter how old or dilapidated they may be.

may be.

Tie them in a bundle and send them to Canada Rug Company, London, Ont.

We sterilize and clean them and return to you in thick luxurious, reversible "Velvetex" Rugs, which will add cosiness and charm to any home.

We have thousands of unsulicited recommendations from satisfied customers. In Montreal, Toronto, Windsor and London our representative collects your old carpets from attic, cellar or off the floor.

We pay freight or express both ways everywhere.

Don't confuse "Velvetex" with any other made-over rugs. There is factory and reputation back of "Velvetex." We guarantee satisfaction. If you have any old carpets, we have a leaflet which will prove in-esting to you. Just mail us a card asking for Leaflet. Can guarantee 7 days' delivery or sooner for Christmas orders.
one 2485 for our representative to call. Established 1909.

CANADA RUG COMPANY VELVETEX BUILDING, 96-98 CARLING ST., LONDON, ONT.