

110,000
Policyholders
in the
Mutual Life
of Canada

Safety in Numbers

THE Mutual Life of Canada is a company of approximately 110,000 policyholders bonded together for mutual protection and support in time of trouble. They obtain the insurance practically at cost. Surplus profits over and above provision of necessary reserves are divided among participating policyholders.

Last year, the sum of \$2,689,000 was thus distributed to Mutual policyholders as dividends.

Mutual profit-participating policyholders have three options: (1) They may apply their profits to increasing the face value of their policies; (2) They may apply them to reducing premiums; (3) They may take out their profits in cash.

The Mutual Book tells the whole story. Write for it.

THE MUTUAL LIFE OF CANADA Waterloo Ontario

W. J. FINE, District Manager,
St. John's, Nfld.

Under Labour's

Umbrella

THE EXTREMISTS' OUTLOOK.

Mr. MacDonald's Home Truths—
Smashers, Not Smashers, Wanted.

(By SCRUTATOR)

Several froth and flash had any the L. P. spokesmen would be statesmen, but as such things are useless in this work-a-day world. At the Eastern Conference of that party, it was dismissed as of practical importance, except it be so far as it may serve to belittle the look foolish. A series of such conferences ought to be sufficient definitely to resolve Labour Party into its constituent parts. As a matter of fact such a series is already in operation. The Parliamentary party is at present divided into four groups—the Trade Union group, which is the largest, the Labour group, the Clydeside group, the Landshury group. Adversity keeps these groups together under the Labour umbrella. The chance of office would cause them to fly apart, and the result would probably be that the Trade Union group would fix up a work-agreement with the Liberals, or give up all hope of effecting serious reforms. That, however, is something ahead.

EVOLUTION—IN FOUR YEARS.

At the meantime the L. P. are in a desperate hurry. They want the result of a gradual evolution towards a new state, which represents the result of Mr. Ramsay MacDonald. They are content to wait even for

twenty years. The "revolution" is to start in four years' time—presumably immediately after the next general election, when, according to the optimists at Gloucester, Labour is to obtain a clear majority and the "dictation of the proletariat" is to begin. Upon what foundation that prophecy rests I am not able to say, but if the L. P. want it to come true I think they will be well advised to have no more open conference to advertise the absurdity of their position. The nomination of their own leaders, squabbling among themselves, trimming for votes—such things, surely, are not calculated to impress the electors favourably with the wisdom and sanity of those who aspire to guide the destinies of a great Empire. Even if the British people believed that the present social system is cracking, as one speaker alleged, they are scarcely likely to send for men who are agreed only on the necessity of pulverising it to smithereens, regardless of the horrors that would follow. In such a case it is repairs, not smashers, that a sensible electorate would call in.

MACDONALD'S HOME TRUTHS.
Mr. Ramsay MacDonald told the conference some home truths. For instance, he told them, from his own experience, that to frame and carry an Act of Parliament is a very different thing from passing a resolution in general terms in a conference of uncritical enthusiasts. A measure that might have an easy passage in an L.P. conference would be hammered to bits in the House of Commons, and if it were not, it might be summarily rejected by the House of Lords. What then? The Labour Party might appeal to the country, and it might get defeated, and then the "revolution" would have to be postponed. Mr. Mac-

Donald and his colleagues in the late Government know something of the difficulties of office, and that is why, as honest men, most of them to-day belong to the moderate school. It may suit the ambition of two or three ex-Ministers to pose as extremists, and to ignore obstacles which they must know are insurmountable—at any rate in their day. But their turn will come. Years and experience will teach them a little wisdom, and doubtless they, too, will then be pushed aside by the bolder spirits of a new generation. It was even thus, as the careers of such men as Joseph Chamberlain, Lloyd George, John Burns, and now those of Ramsay MacDonald and J. H. Thomas, amply prove.

NOT PRACTICAL POLITICS.

As a practical, peaceful policy of to-day Socialism is really not deserving of serious consideration. Not only would it not work, but it is not 'on' even as an experiment. The wholesale transfer of property and the no less serious abolition of personal liberty could not be effected except by methods similar to those of the Bolsheviks of Russia. A revolution might be declared by Act of the Commons, but a counter-revolution might, and no doubt would, come without such a sanction. That, to speak plainly, would mean civil war. The talk about compensation is all moonshine and is not likely to delude even the co-operators, thousands of whom are owners of real estate. Compensation could be paid only out of the property confiscated, and the money would be practically worthless in a state where private enterprise was prohibited. The real trouble is that Socialism cannot get a start without robbery, and that people will not consent to be robbed without a struggle. I am a believer in democracy, but democracy must justify itself in honest, enlightened ways if it wishes to safeguard itself against a recurrence of tyranny.

LET WORKERS BE WARNED.

It is, I suppose, quite useless for anybody, including MacDonald, Thomas, and Hodges, either to counsel or to lash the firebrands. They prefer the class-war gospel of Mr. A. J. Cook, of the Miners' Federation, who is out for popularity as a disciple of Lenin. The appeal must be to the rank and file of the workers, not forgetting the four and a half millions of Co-operators, who have made such a great success of private enterprise in manufacture and trade. The great mass of our workers are honest, peaceful, home-loving people. It is time that a great effort was made to open their eyes to the perils towards which the false doctrines of Socialism are impelling them, and thus, dear to them. Excluding from consideration the extremity of civil war, Socialism would of a certainty destroy our foreign trade, already gravely imperilled by trade union folly. Without foreign trade, which means our food supply, millions of our people would starve to death, just as millions starved in Russia. Let them be warned in time. There is no need for them to abandon the idea of a better and fuller life for themselves and their children, but there is an urgent need for them to realise that that ideal cannot be reached by revolution of any sort, and that it can be reached by slow-moving reform, which aims at social equity while safeguarding the priceless beacons of peace and liberty.

On the Air To-Day

STATION WOR—405 METERS—740 KILOCYCLES.

Saturday, May 9th, 1935.
(Daylight Saving Time.)

6.45 a.m., 7.15 a.m., 7.45 a.m.—Bernarr Macdonald's "Early-bird" Gym Class.
7.30 p.m.—Recital by Nina E. Mares, soprano, O. Harry Hirt at the piano.
Program—"At Dawning"—Cadman; "Si mes Vars Avenant des Ailes"—Hahn; "Selection from 'Andrea Chenier'"—Puccini; "Toy Balloon"—Fox.
8.15 p.m.—Bert Norman and his Bertrand Island Orchestra.
8.30 p.m.—"Girls' Week Program" by the South Side High School Girls under the direction of Phillip Gordon, Musical Director.
8.45 p.m.—"Music While You Dine." Canary Cottage Inn Orchestra.
9.00 p.m.—"The Euclid Trio."
9.30 p.m.—"The Commanders" direct from the new Hofbrau Haus, Broadway and 68th Street, New York City.
9.00 p.m.—Mabelanna Corby pres-

ents: Elizabeth Spencer, dramatic soprano; Janet Bush-Hecht, contralto; Charles McBride, baritone; Mme. Alva Victor, violinist; Katherine Tift Jones, interpreter of Southern stories; Mabelanna Corby, composer-pianist, at the piano.
9.30 p.m.—Dr. Henry Neumann, well known educator, speaking on "The Humor and the Wisdom of Mark Twain."
9.45 p.m.—Recital by Katinka Narinska, concert pianist.
9.00 p.m.—Harry Hershfield vs "Able the Agent."
9.15 p.m.—Mabelanna Corby presents: Elizabeth Spencer, dramatic soprano; Janet Bush-Hecht, contralto; Charles McBride, baritone; Mme. Alva Victor, violinist; Katherine Tift Jones, interpreter of Southern stories; Mabelanna Corby, composer-pianist, at the piano.
10.00 p.m.—The Moscow Art Trio.
10.30 p.m.—R. Emmett Kennedy, author, in Negro song and story.
11.00 p.m.—City's Orchestra direct from City's West 56th Street—New York City.
8.00 p.m.—Mabelanna Corby pres-

What They Say has been said by Thousands

Constipation, skin and stomach disorders banished—

Energy restored—with one simple fresh food



"I AM A LIFE-LONG newspaper man. Following several years of travel and residence in remote sections, I became afflicted with chronic indigestion and other ills which caused almost constant distress. I began taking

two cakes of Fleischmann's Yeast daily. In a short time relief was afforded, until after two or three months no more was needed. I am now in fine condition in every respect." (George F. Weeks, Washington, D. C.)

"I WAS IRRITABLE, nervous, weak, an old young man with a blotchy face. I applied for a job in a R. R. Shop. Each day I was about to quit, for I felt I couldn't do a man's job. Intestinal poisons clogged my system. My wife suggested Fleischmann's Yeast. I began taking one cake in hot water regularly before I ate. I was rewarded. Not a blotch remained. I am a new man, full of stamina, pep, vigor—with ruddy complexion and master of my job." (M. J. Barton, Deer Lodge, Montana)



"AS A PROFESSIONAL WOMAN, housekeeper and clubwoman, health and appearance are of paramount importance to me. I was threatened with a breakdown—below par, constipated, and accumulating fat. I tried Fleischmann's Yeast. How splendid the effect! Constipation gone—no further tendency toward ill-placed fat—normal vitality, efficiency, appearance." (Mrs. B. D. McFarland, Rocky Ford, Colo.)

EAT 2 OR 3 CAKES regularly every day before meals: on crackers—in fruit juices or milk—on just plain. For constipation especially, dissolve one cake in hot water (not scalding) night and morning. Fleischmann's Yeast is made in Newfoundland.

Chicago Nurse Pays Remarkable Tribute to Yeast Treatment

Miss Gayle Pond, R. N., of 222 E. Huron St., Chicago, tells a vivid and interesting story of her experience with the famous little foil-wrapped cakes. Here is the letter she wrote to The Fleischmann Company:

"AS A GRADUATE of a Chicago hospital, I have had the great advantage of working with some of the most eminent men in the medical world. But diets, treatments and exercises, invaluable to many others, failed to give me any permanent relief.

"For years I fought a chronic constipation and I firmly believe that in the past two months yeast has accomplished what faithful dieting and regular exercise had failed to do.

"Despairing of ever being entirely well, I began eating yeast, merely to satisfy a friend who had urged me to try it. At the end of two weeks—skepticism gave way to amazement. My chronic constipation and dull headaches had begun to disappear. In one month I was feeling better than I had for ten years. And now at the end of two months I am absolutely normal.

"In my position as supervising nurse in the health department of a large utility company I find constipation one of the most common ailments among our employees. And I consider yeast the best remedy that I can advise for it."

NOT a "cure-all," not a medicine in any sense—Fleischmann's Yeast is simply a remarkable fresh food.

The millions of tiny active yeast plants in every cake invigorate the whole system. They aid digestion—clear the skin—banish the poisons of constipation. Where cathartics give only temporary relief, yeast strengthens the intestinal muscles and makes them healthy and active. And day by day it releases new stores of energy.

Buy several cakes at a time—they will keep fresh in a cool dry place for two or three days. All grocers have Fleischmann's Yeast. Start eating it today!

And let us send you a free copy of our latest booklet on Yeast for Health. Health Research Dept., The Fleischmann Co., 201 Duckworth Street, St. John's, N.F.

BON MARCHE MOTTO:

QUICK SALES and SMALL PROFITS
Cutting profit down to a minimum but continuously renewing our Stocks, we can offer the public the LOWEST PRICES IN ST. JOHN'S.

We have real Clean-up Job Lots in stock that are really attractive to Outport customers looking for Real Snaps. Our purchase of a Clothing Company has put us in the forefront with Bargains in MEN'S and BOYS' SUITS, ODD PANTS and OVERALLS.

A Specially Low Priced Denim Overall. \$1.15 Garment.	Extra heavy Blue Denim All sizes \$1.25 All sizes Overalls
500 Pcs. MEN'S COTTON TWEED PANTS. Special, \$1.85 pr.	
Just a few pairs left of Men's Woolen Tweed PANTS \$1.95 PANTS	A huge range of Men's all- wool TWEED PANTS. SPECIAL \$2.35 SPECIAL
A Splendid Range of HIGH CLASS PANTS \$3.10 Pair	
Special—A range of Men's all-Wool Tweed Suits, all sizes \$12.80 Suit	Special range of Boys' Long Pants Suits; ages 13 to 16 years \$9.80 Suit
Special—Men's Socks; all colours 19c. pair	Boys' Silk and Coloured Hose, ribbed, 18c. 20c. 25c. 35c.

BonMarché
CASH STORE

Radio Batteries

Charged by an Expert
WILLARD BATTERY SERVICE STATION

M. Maddigan, Manager
Cliff's Cove. Phone 1808.
Feb 21, 11

Winston Rigging Works.

Bambrick Street.
Phone 1593.

Ship Rigging, Wireless and
Radio Poles erected, painted and
repaired. Also for sale Radio
Poles, all ready for erection,
from \$4.00 up. Work personally
attended to.

OFFICE:

8 Water St. West.
Feb 11, w.s.t.f.

Ready May 7th.

Cabbage Plants,
Cauliflower Plants, B. Sprouts,
Savoy Cabbage,
Pickling Cabbage, Parsnips,
Daisies, Sweet Williams,
Hollyhock, etc., etc.

ORDER EARLY.

GROVE HILL,

Phone 247R.

— OR —

"THE FLOWER SHOP,"

166 Water Street,
may 1, eod

Hear the Madrigal Singers

perform British choral music of
three centuries, on May 14th, at
Synod Hall. may 5, eod

Horse Cough Mixture!

At the present time there are quite a few Horses in the city suffering from Coughs.

We have an excellent mixture that we have been making up the past five or six years for various horse owners in the city and which they say is the best they have ever used. We can supply you with a large bottle of this mixture for \$1.00.

You can get a bottle at either our Water Street, West End, Theatre Hill, or Wholesale Department, Duckworth Street Stores.

DR. F. STAFFORD & SON.

apr 27, 11

SNOODLES

The Cow Caused Considerable Consternation—Consequently A Queer Questionnaire.

By CY HUNGERFORD

