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SELECTED RECIPES

Beef Olives. — 1 pound steak from the round of rump, cut in square pieces take the fat edges off and chop up for suet chop all the scraps and add to the stuffing one teaspoon parsley, two tablespoons chopped suet, one-quarter pound grated bread, a little nutmeg, ‡ teaspoon salt, ½ teaspoon pepper, grated rind of lemon, 1 egg. Put a little bit of the stuffing the size of a cork and roll in each, and tie with a string and roll in flour and fry with a teaspoonful butter till they get cooked on the outside; add one dessert spoonful flour and one and a half breakfast cup of water or stock and put all into a stew pan. Add one onion to flavor, steam 1 hour, dish on mashed potatoes and garnish with carrot and turnip.

Baked Apple Dumplings. — Peel and core apples, fill cavities with sugar, pinch of butter and grated nutmeg. Make a rich pie crust to cover, wetting edges where paste joins. Bake in moderate oven till a nice pale brown. Serve with cold thick cream, sweetened and flavored with grated nutmeg.

Breakfast Cheese. - Slice 1 pound good cheese into half cup of sweet milk and bring to boil. Dissolve enough corn starch to thicken. When boiled till smooth add 1 teaspoon baking soda-Stir; serve at once on hot buttered toast. Eat it before it gets the least chilled and it will be very digestible. Add pepper, salt and mustard to taste. A NOOK HELP.

Canned Pumpkin. - Fresh homestewed pumpkin makes the best pies This cannot be had the year round. But pumpkin may be so treated as to defy an epicure to distinguish the preserved from the fresh product. Stew the pumpkin "dry," that is, reduce the pulp greatly. Sift. Then to every three-fourths of a cupful of pumpkin add three-fourths of a cupful of white granulated sugar, one scant teaspoonful of ginger, one-eighth teaspoonful of cinnamon, one-eighth teaspoonful of nutmeg and a pinch of salt. Blend thoroughly. Heat to the boiling point, being careful not to burn the mixture. Seal in air-tight pint jars. This will keep indefinitely. preserving may be done in the fall when pumpkins are fresh, or a little at a time at each stewing, or in the winter when pumpkins will keep no longer. Whichever plan is followed the product is most convenient. For pie dissolve one cupful of preserved pumpkin in one and one-half cupfuls of hot scalded milk add one-half cupful of cream and two well beaten eggs; bake in a rich crust one hour and you have the famous old New England pumpkin pie.

Care of Celery. — Celery should be carefully lifted and stored in long narrow boxes, in which a few inches of has been placed. The celery should be placed root down and as close together as it can be packed. The box should be covered with sacking and placed in the root cellar. The root cellar should be dark and the temperature should be exactly thirty-two degrees. It is sometimes impossible to maintain exactly that temperature Thirty-six is easier to maintain. It does not harm if the thermometer drops a little occasionally, but do not keep it there long. When warm weather comes a little ventilation at night is good but care must be taken to prevent warm air from entering.

butter, one pound of sugar, and beat them to a cream,; then add two eggs, a small glassful of milk, and flour enough to roll them out like cookies (as thin as possible). Brush the top of each jumble with the beaten yolk of an egg, into which sprinkle some granulated sugar mixed with a small portion of cinnamon, and on the top sprinkle some chopped almonds. Bake in a good oven until a delicate brown. Take care they do not get too brown.

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