

soul and body greater to one who assists at morning Mass.

\* \* \*

By Mass alone is God, on earth, adequately and absolutely honored ; He receives therein a gift equal to Heaven itself. Of all devotions Mass is by far the holiest, in fact it is above being ranked as a devotion. It is the living Sun that quickens all our works. To neglect it is to cut off the well-spring of godliness.

A holy soul used to say : "Would I had  
" as many hearts and as many tongues as  
" there are leaves in the forest and drops  
" in the sea to love and praise Thee, oh  
" Lord, as thou deservest"! And one day  
Our Lord Himself answered her thus : "re-  
" member, my daughter, that a single Mass  
" heard with devotion gives me all the glory  
" you aspire to and infinitely more besi-  
" des".

Thus it is that by assisting piously at one Mass there is more glory to God and merit for ourselves than any other prayers or good