

sports

Pandas split and Bears come very close



Pandas in action against Vikettes.

Gateway sports services.

"It was a case of playing the National Champions." This was the reason given by Pandas coach Debbie Shogan after her team was thumped 83-47 by the Vikettes from Victoria, Friday. "All we told the team was to go out and play the darn game"

go out and play the darn game." This was the same coach talking after Saturdays game. In a fan-tastic comeback the Pandas rebounded and defeated the Vikettes 53-50.

"Victoria came out flat but they put alot of pressure on us in the dying moments and we didn't wilt." said Shogan. The difference in the two

games was amazing. According to Shogan the Pandas didn't play well at all on Friday. They shot poorly and controlled the ball



Bears in action against Vikings.

badly. On Saturday they totally reversed that situation and shot well and defensed very well. On Friday, Luanne Hebb led

the Vikettes with 24 points but on Saturday the Pandas assigned Toni Kordic the job of covering Hebb and she did the job very well. Hebb did not figure in the high scores for Saturdays game. This was the first loss for the Vikettes in conference play this

Vikettes in conference play this year and is a tremendous boost for the Pandas. In Saturdays game Sherry Kanutsvig led the team with 10 points and on Friday it was Toni Kordic with the same point total.

We realized that it is a game of circumstance and if we take advantage of circumstances presented, anybody can win." finalized Pandas coach Debbie Shogan.

The Golden Bears took on

Pandas and Bears do well on track

Over this past weekend the University of Saskatchewan and the University of Alberta held their annual track meet in the Kinsmen field house. The U of Calgary also took part. Both the Bears and the

Pandas performed very well winning the meet. The final standings were for

Janice Cherry in the 300m. run in 41.7 seconds, Bergit Otto in the 1000m. in 2:55.8, Lynn Hening in the 60m. dash in 7.9 seconds, Janet Shulla in the long jump (5.5m) and Sandra Ketterer in the shot put (13.78m).

The Bears winners were: Ian Newhouse in the 300m. in 34.8 secs., Louis Christ in the 4000 min

Tae Kwon Do wants you

by Andrew Watts

and people will start to think of says Chapman, the hands are left and learn first-hand from the best. arts such as Kung fu and karate free to block. and judo but there is one of the "With al nartial arts that doesn't get much makes it something really good to print, however it is unique within watch." comments John Chap-this area. The Korean Martial Art man. of Tae Kwon Do.

is a rather large club which is planning on an even larger a week. This makes the training recruitment night on Wednesday, gruelling but if you are willing to planning on an even larger recruitment night on Wednesday, January 6th at 6:30 p.m. The affair will be held in the Dinwoodie lounge.

According to club president John Chapman the interest in this art has risen sharply in recent years and the club here is the biggest in Western Canada and one of the largest in all of Canada. A large contributing factor to the rise in interest is due to the fact that the spectrum is due to the fact that the sport will be officially introduced into the Olympics in 1988 in Seoul, South Korea.

Because of the big interest in Tae Kwon Do we have had to set a quota upwards of 200 members." says Chapman.

martial art apart from the rest is The Martial Arts. Visions of Bruce Lee probably dance in your head. Mention the Martial Arts made up of kicks. In this manner,

The club, in its fourth year of Here at the university there existence, has recently upped its stay with it you learn an awful lot in a relatively short period of time. If you can space three workouts through the week this is considered fine. Most of the people in the club come to get in shape and learn something of self-defense as well.

"In every class we free spar so the people are able to learn a variety of moves quite quickly." Chapman says.

ment of women of any. 'Approximately 20% of our time to see it. Be there. club are women and I think this is black. But the similarities appear due to the large repatoire of kicks." offers Chapman.

The club at the present time is busy planning for an exchange trip with the University of Korea that would see five members go

"With all the kicks we use it is it something really good to totally immersed in the culture."

Chapman says. The selection of the five members will be performed by a selection committee and will be based on experience within and contributions to the club. So that's Tae Kwon Do, the

Korean Martial art of selfdefense. Grace and beauty in an almost balletic style. If you are interested, the physical conditioning is excellent. Remember the recruitment night on Wednesday January 6th at 6:30 p.m. in Dinwoodie Lounge.

Lastly, there is an added incentive for Wednesday. Accor-ding to President John Chapman, the five black belt instructors have Free sparring, explains been working on a big demonstra-Chapman, is no contact fighting tion. There will be demonstratitns and provides the students the on defense against a knife and opportunity to practise what they demonstrations specifically for have just learned. The entire women. The 'coup de gras' so to process is taught by five black belt holders so instruction is excellent. displaying their art with An interesting aspect of Tae numerous board breaking and Kwon Do is the fact that this impressive kicks, both standing martial has the highest enroll- and flying. It should be very impressive and well worth the the Vikings and had a similar time of it as did the Pandas. Unfortunately the Bears fell short by three points Saturday, 68-65, after being blown out 86-65 Friday. Bears coach Brian Heaney was unavailable for comment

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however, some aspects of the game were available. The most displeasing part of Saturdays game was the fact that four of the Bears key players fouled out of the game. Leon Bynoe, Shawn Izzard, Blaine Haines and Grant Ashlee all foiled out of the game. Perhaps with those players in the game the score could have been turned around

But stil the bears must have gained even more confidence in themselves as a team and have to be happy with Saturdays perfor-mance. A bright future seems inevitable for the University of Alberta Golden Bears basketball team.

At the present time the club has 150 signed members and a class size of about 80 - 100.

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Like most of the martial arts Tae Kwon Do has six levels of belts that a person can attain: white, yellow, green, blue, red and to end there. What sets this

the Pandas: U of A 98 pts., U of S 77 pts., and U of C 57 pts.

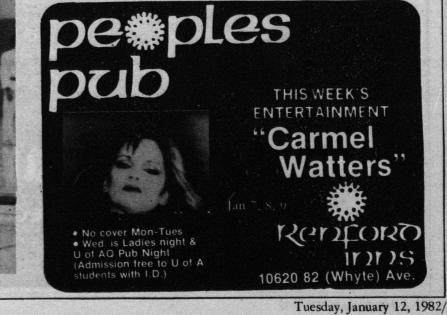
For the Bears the final standings were as follows: U of A 118 pts., U of S 102 pts., and U of

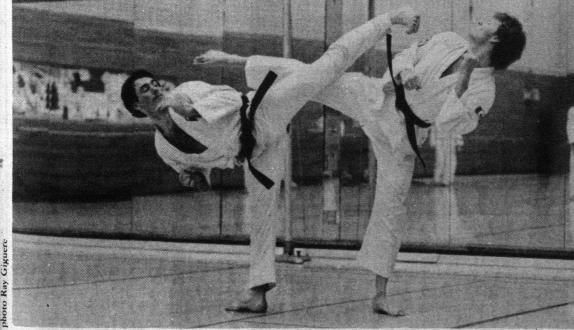
C 60 pts. The Pandas came away with six wins out of eleven events and the Bears won seven of thirteen.

Winners for the Pandas were: Jane Feiling in the 60m. hurdles in a time of 9.1 seconds,

2:28.4, Jack Suggett in the 60 dash in 6.7 secs., Ian Newhouse in the 600m. in 1:21.3, Jack Suggett in the long jump (6.78m.), Iraklis Kollias in the shotput with a toss of 15.44 and Byron Henry in the triple with a jump of 13.54m. The University of

Saskatchewan took home the blow torch trophy awarded the loser signifying that they were blown off the track





This is a black belt. You wouldn't want to meet him in a dark alley