

TOGO'S CHANCES.

New York Poet: On a paper comparison Togo's chances diminish thruthe juncture of the two Russian squarrons. But in naval computations twice two are not necessarily four, and Rogistvensky's command actually became more heterogeneous and unwieldy thruthe absorption of Nebogatoff's ships, and the final battle may well be a fable of the owl and the crows. Evidently, Togo has reckoned that the risk of attacking the Russians at a dietance and in detail was too great and now the argument against an ordinary feet action is much strengthend. The plan must he not to pound, but to harry, and the Japance, with a higher average of speed and a trifling superiority in secondary batteries, may fight almost on their own terms. Russia's great preponderance in the heaviest metal is, barring luck, quite illusory, for hits are infrequently scored by the great turner to guns. It would be idle to forecast Togo's strategy, but the indications are for a running figh beginning in Formosan waters. It should be a contest of a unique and instructive character to naval strategists, for on both sides one must presume that the admirals will spare their armored vessels and will employ torpedo craft and light cruisers on the fighting line with prodigal recklessness. Under a fearless captain an egg-shell cruiser mounting a brace of heavy guns may be a most formidable instruent of attack, tho herself likely to succumb to the first rapid-fire shell that reaches her vitals.

Lesle's: An English gentleman of the provinces in the fare came as suspended from a kite, has been acquired by the guite and trials were referenced and trials and trials were referenced and trials are aches her vitals. The absorption of Nobesticins show, which we did not covere from the date of the control of the

Is to Take Supreme Command of

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St. Petersburg, May 18.—The fears ex-pressed here yesterday that owing to he reported nervous breakcown of Vice-

Russian Naval Forces in

the Far East.

warsaw, May 18.—Prominent Jewish merchants are preparing to forward an address to the throne, condemning the address to the Jewish agitators.

tion of certain statements of her in a recent newspaper maddress to the throne, condemning the address to the Jewish agitators.

tions for the Care of the The Man She was a pair of brown eyes. There was also associated with her a poke

She was a pair of brown eyes. There was also associated with her a poke bonnet and a money box, a blue suit with a belt around it and a pair of saucy boots that didn't look as flat on the bottom as most girls' boots seem to. When that pair of eyes got into the middle of the sporty bunch that was dissecting the baseball situation, there was a satisfied glad-I-saw-her-first expression on the front windows of the ball men. The brown eyes smiled. It wasn't one of those smiles, and it wasn't one of those smiles with a sort of a half wink hidden away in some corner of the off lamp. It was something like one of those smiles that didn't last long after they leave the farm. Perhaps it was hardly a smile at all. Just a sort of announcement that there's a little bit of business to be done, and if it can be done these eyes can do it. Anyway, it was there, and while it was there, it was all that was there. The ball men krew what was coming, but they hadn't had it served up that way before Money boxes had been coming their way at short intervals for several days. She was after a self-denial week contribution to help the Army to provide a home for neglected children.

"Well dear, what can we do for you to-day. Don't mind me calling you dear do you?" asked the good-looking man with a family.

"Don't care whether you do or not, if you will give me something to help the children," softly replied a voice that was made to order to fit those eyes.

"You haven't any children, have is the one that takes advantage of his exportunities and makes the best use of his money. Here's a chance to kill two birds with one stone. Take advantage of Pias'c
Form methods of selling highgrade CLOTHING at moderate prices and save money. The quality of Plastic Form



"The Perfect Food"

Now 10c.

Made in Canada
Made from Best Canadian Wheat
Made with Best Canadian Barley Malt
Made by Canadian Workmen with Canadian Machinery

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American medicinal plants:
Lady's Slipper (Supripedium Pubescens
Black Cohosh (Cimicifuga Racemosa).
Unicorn Root (Chamælirium Luteum).
Blue Cohosh (Caulophyllium).
Golden Seal (Hydrastis Canadensis).

Grape-Nuts

comes to your case. Drop tes and coffee absolutely and if you want to get to the front by bounds cut your tebacco down to at least one-half. Now for breakfast.

A little very ripe fruit, a saucer of Grape-Nuts (not over 4 heaping teaspoonfuls with some rich cream poured over it, insist on cream, milk will do as a last resort, but water spoils the delicate sweet flavor), a slice of very hard-baked toast, thinly buttered, and a cup of Postum Food Coffee. No more.

That will carry you until lunch time, when the same arti-

cles can be used, and add a little hot clear soup. Take dinner at 6 or 7 and have a generous portion of meat, only one kind. Cut out the soup and fish, have 2 vegetables and a Grape-Nuts pudding, a cup of Postum Food Coffee (which will not keep you awake) and one or two slices of buttered toast. QUIT THERE.

Two days thus will open your eyes and 10 days make this good old world seem a happy place again. It's nice to be happy.

THERE'S A WAY, AND