

## WHEN THINGS GO WRONG

Many Canadians become ill and require medical assistance abroad. Be aware that standards of medical care vary from country to country and even within countries, although general health care is usually available anywhere. As a rule of thumb, more choices are available in urban than in rural or remote areas. However, options for specialized treatment may be nonexistent or inadequate at some destinations.



### Medical emergencies

Major tourist hotels, including those in developing countries, have in-house physicians who provide medical assistance to both resident and non-resident guests. Hotels can also arrange

appointments with local physicians. Most doctors have a fixed fee and will agree to make "house calls" to a hotel room on a priority basis.

If you need urgent care, the best option is often the nearest hospital. Mobile emergency services are rare in many countries, especially in the developing world, so use whatever form of transport you have. Canadian consular services include limited medical assistance abroad.

### Consular services for travellers

Foreign Affairs and International Trade Canada has more than 260 offices worldwide, where consular officials can assist Canadians travelling, working or living abroad. For a complete list of Canadian consular services and more information on planning a safe and problem-free trip, check the publication *Bon Voyage, But...* or visit the Consular Services website at [www.travel.gc.ca](http://www.travel.gc.ca), call **1-800-267-6788** (in Canada and the U.S.) or **613-944-6788**. You can contact us via TTY by calling **1-800-394-3472** (in Canada and the U.S.) or