### NEWS AND NOTES.

Opportunities of doing a kindness are often lost from mere want of thought.

So intimate is the alliance of mind and heart that talent uniformly sinks with character.—Emerson.

GOVERNOR HATCH, of Michigan, said the other day; "I tell you that the power of the Christian religion in the Michigan State Prison does more than all the discipline we can get there."

Ir every curse should stick a visible blister on the tongue, as it does invisible ones on the soul, how many men's tongues would be too big for their mouths as an open sepulchre full of dead men's bones !- Hebert Spencer.

#### TO THE DEAP.

A person cured of Deafness and noises in the head of 23 years' standing by a simple remedy, will send a description of it Free to any Per-son who applies to Nicholson, 177 McDougal street, New York.

One of the quickest known ways of dispelling a headache is to give some of the muscles, those of the legs, for instance, a little hard, sharp work to do. The reason is obvious. Muscular exercise flushes the parts engaged in it, and so depletes the brain .- William Blaikic.

#### A Liberal Triumph,

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