If All, mighty King, in risen strength victorious,
Itali, orient light of Heaven's eternal day;
Flushed with the glow of five bright wounds all glorious, shedding their beams o'er life's benighted way -The Reserrection.

FOURTH MONTH 30 DAYS

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RESURRECTION

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Indulgenced. prayer

An indulgence of 300 days, every day, is granted to all those, who, with at least a contrile heart and devotion, shall make the Novema in honor of 8 Paul of the Cross. A pickary includence, at the close of the asid Noveus, to those who, being truly pent-test, after confession and communion, shall pray for the needs of Holy Church and for

HOME CIRCLE **EEEEEEEEEEEE**

THE NERVOUS FORCE OF CHIL-DREN.

Dr. Julia Holmes Smith, who has made the health and the diseases of obildren a special study, says that the child of to-day is often injured physically and morally through his nervous system at a very early period of his life. A daby at birth has will and do your best. a brain much larger proportionately to the size of the body than has a on with wonderful rapidity, and needs little stimulation for its development. Over-excitement is very unwise. The young child should have a great deal of quiet for the evolution of its nervous organism. It will be active enough presently without any etimulation.

In the nature of the healthy child after infancy to be in motion almost incessantly. Professor Curtis says "Last year I tried hundreds of experiments on children in order to determine how long a time they could be still I found that children under ave would not sit without moving more than thirty seconds, and childrea under ten would not sit more than ninety seconds. In order to find out what was the average activity of children of different ages, I bought four American pedometers and put them on children and adults. I found that the activity of children below mix was nine and three-fourths miles a day. Of country children from nine to sixteen; the average was nine and one-half miles. These figures show that the child has plenty of surplus energy and that its use is pleasant

When we realize that nervous force has to be used for all this muscular work, a plea for care in the evolution of the brain and the nervous organism in young children in order to prevent trouble later in life certainly seems justified.

BE CAREFUL IN YOUR READ-

ING. Avoid the weak novel, whether in moral tone, in thought, or in both. Such reading perverts the taste and incapacitates for the enjoyment of productions of genius. To satisfy the craving for such food the mind seeks something still more startling and unreal. Your life should be filled with virtuous, clevating thoughts. Read that which will make you stronger, happier and botter; that which will help you, hold you and uplift you; that which will increase your capital for intellectual comfort and healthful influence; that which will give your brain mental fibre, nerve and heart; that which will enable you to see further, judge more accurately, stand more firmly, work harder, think more of your fellows and rise higher; that which will make you more a man or fore a woman. When you have read such books you will have no taste for the weak novel. It not only lacks any high moral, but it contains inimuations against religion, truth and justice, and its general tone is in faor of immorality, deceit and lying. seither for mental discipline nor for | game. Give it a trial.

the development of intellectual strength. The brain is tired. The movel-reader cannot gather up and also his mental powers and resources to advantage. The weak novel creates and losters discontent with honest living. You should take things as they are, look the world in the face bravely, go to work with a

BROWNING ON REALISM.

The following anecdate from the late Mrs. Arthur Brenson's recollections of Browning, in The February Century, gains force from the poet's well-known charity dowards the faults and weaknesses of others. The Woiter says:

"I recollect that a certain lady, whom he had known elightly years ago in Rome, met him one day in the street and greeted him with: 'Oh, Mr. Browning, you are the very person I wished to see! This was somewhat embarrassing, as he did not recognice his former acquaintance in the least, so she hurriedly explained to him who she once had been-the wife of an English banker in Rome - and who she then was-the wife of an

Italian counsellor of perfecture. "And what, pray, can I do for you?" asked Mc. Browning

"I have written a poem," was her answer, and I want you to read it and tell me what you think of it,' so there and then she brought forth a manuscript from her pocket, and acas about to read it aloud in the street when he stopped her, saying: "Not here, not here! Had we not

better go inte a shop?' "So, as they chanced to be near the library on the Piazza, they stopped into a bookshop, and the title and dedication of the poem were read. It was addressed to a French novelist, whom the author called 'the Jenser of literature." Mr. Browning was displeased, but, as he said, he managed to conceal his real sentiments. only saying:

"'I think I should be an unlair critic on such a subject. I should rather not hear the poem.'

"Surprised, the lady asked his reason 'Do you not think,' she inquired; 'that the portrayal of the evil existing in the world has the effect of making people fear and avoid it?'

" 'Not in the very least,' he explained; 'the exact contrary is the case It tends to make prople who sin occasionally consider themselves admirably virtuous as compared with those who commit sins every day and hour.' So saying he took leave of the poetess."

"BY NEDICINE LIFE MAY BE PROLONGED." - So wrote Shakespears nearly three hundred years ago. It is so to-day. Medicine will prolong life, but be sure of the qualities of the medicine. Life is prolonged by keeping the body free from disease. Dr. Thomas' Eclectric Oil used internally will cure coughs and colds. eradicate asthma, overcome crosp and It also weakens the mind. It serves give strength to the respiratory or-

While the trips while I for porch have

CHILDREN'S CORNER

POLLY AND MOLLY McGREW.

Polly and Molly they went to Polly and Molly they lived by rulo-They each had a pencil and each had

And each knew how to begin again Polly and Molly they did their hair In round little knuts with the utmost

Wore bibs to their aprons, and nobody knew Which was Polly which Molly No-

"Wo both on the self same day were

And when I win in the spelling-bee, The folks don't know if it's you or

To wear a plait suppose you begin While I tuck the bib of my apron in-For when I win at the spelling-bec, I would like everybody to know it is

Said Molly to Polly, and laughed right out. And she clapped her bands and gave a shout "If you tack the bib of your apron

To wear a plait I'll at ence begin. For when I am head in the grammar,

The folks don't know it it's me or youIf I parso a long sentence all right, I would like everybody to know it is

So Polly and Molly they went to school. In the blissful break of their old-time

A shining braid from a twin head A bibless front marked the other

And all the world in amazement knew Which was Polly which Molty Mo-

Said Polly to Mully, one later morn, We both on the selfsame day were So you should not wear your hair in

While mine in a knot is carciully And if you've a left to your apron

For when I miss in the spelling-bee, I would rather folks didn't know It was me."

Then Molly to Polly she dropped her. "I agree with you, Polly," she softly said:

fully slaid. I never should were my hate in braid: And if I've a bib to my apron new. You should have a faib to your apron,

too-For when I am foot in the grammar, I just have the folks to be sure it is me.'

So Polly and Molly went back to school.

Determined always to five by rule-They cach had a penoil and each had

And each knew how to begin again In little round knots was their shining bair Arranged with the utmost deliberate

They were bibs to their aprens, and nobody knew Which was Polly which Molly Mc-

Grew -Louiso R Baker in Youths' Com-

A DULL GIRL "Would you rather be good or clev-

er or happy?" There had been a hot discussion over the old question at Maggie Barton's luncheon. Each fate had had its champions, and nobody had come to saying that the terms were not "mutually exclusive," and that it would be hard to choose one of them which should not carry at least one other in its train.

On one conclusion the bery of girls had been agreed-that to be a dull girl was a severe trial in this modern world. Edith Colman was the only one who did not say a word on the subject. Yet she knew more about it than all the other chattering, vivacious young creatures; for she was the very type under discus-

sion-a dull girl. She went home that afternoon with a fathomiess depression in her heart. Life did not seem worth living, since she was to have mone of its fairest prizes-praise, admiration, social auc-

Not only was her spirit heavy, but her foot seemed weighted with lead, and when she tried to talk a little at the dinner table, her words came more thickly and slowly than usual. She believed her duliness was increasing. The next morning found her too foverish to think even of her stupidity. By noon she was shut up with a trained nurse and an attack of pneumonia.

Then a strange thing harpened in her family. They found that the only duli child among the six boys and

girls was desperately missed. She was was not alarmingly ill, so that the lamily judgment was not warped by auxicty.

One simple fact was that nothing seemed to go well without her The flowers on the breakfast table were faded; there was nobody watching at the window to let Mrs. Colman in from a hard morning of shopping; Bridget was crying with toothache, and there was nobody to console or advise her, Bod couldn't get his arith inetic lesson, not because Edith wasn't there to help him, for she, poor
girl, knew less about the problems
than he did, but because nobody
thought to send him off to the dining room, where he could work in solitide, Helen hadn't the audience which she liked for her practicing. even Mr Colman was irritably saying that half the house was gone, and he recalled remoraefully that he Said Polly to Molly, one Nonday had been wishing not long ago that "Edith had something to say for

herself " The Colman family discovered suddealy what the world needs to learn, that a so-called "dull" girl who has enough sense to discover her own limitations can be an invaluable element in the happiness of her friends

When Edith got well - for she did get well with promptness-she found that she was not to lose all the prizes for which she had longed at Magete Barton's luncheon

The outside world never viewed her in a different light. To them she was always "the dull one of the Colman girls " But in the little circle for whose praise alone she really cared she was destined to have that best tribute in all the world-not the sense of being thought clever or wise ed, but of being indispensable. -Youth's Companion.

HAD LIVED A CENTURY The Barrie Advance of March 20 says: The death took place on Saturday last of one who had lived in the Township of Flos for 63 vears and who at the time of her death had reached an ago that but few attain. This was Mrs. Catherine McAvoy, relict of the late Henry McAvor. who pre-deceased her some 42 years. She was 100 years old, and up to two days of her death was in perfect health and always able to help herself 'She was born in County of Galway, Ireland, and came to Canada 63 years ago, settling in Flos

She died at the residence of her brother-in-law, Mr. Thomas McAvoy, from which place the fineral conducted by Mr Byrne took place The remains were taken to Apto Roman Catholic Church, where a Solemn Requiem Mass was celebrated by Rev. Father Gearin, assisted by Rev. Fa-ther Sheridan, deacon; Rev Father Crows, sub-deacon, and Rev Father Movna, master of ceremonies. Rev. Esther Moyna paid a feeling tribute to the goodness of the departed in his funeral sermon The remains were interred in to Cemetery. The patibearers consted of her six nephews, Mr. .d. J Frawley, of this town, and his brothers, Nicholas, John, Thomas, Constantine and Jere-

The deceased leaves no children, but is survived by one brother, John Huesey, Mt. St. Louis, who is two years her junior. No more widely known nor more highly respected personage lived in the county. The homestead on the townline was given for church purposes, with which the deceased was closely identified, being a true Christian until death.

A PLAY OF THE PASSION Great success has attended the production in Paris of the "Mystery of the Passion," by M Jouin, Vicar of the Church of St. Augustin, with remarkable music by M. Alexandre Georges The dramatic part comprises about six tableaux, beginning with Jerusalem from the Mount of Olives, and ending with Calvary Everything is most impressive, but strong objections were raised to the production of the mystery in the "New Theatre," an adjinct of the "Casino de Paris." H. E. Cardinal Richard, in a note sent to The Semaine Religiouse of the diocese, says that he would have countermanded the performance of the mystery play in such a place as the New Theatre, but he had not been informed in time. and he did not want to interfere with the arrangements made. His Eminence finally contented himself with the assurance of the organizers of the performances that everything would be carried out with the greatest respect, and that there would be no representations of the mystery during the closing days of Holy Week.

THE ODD PENNIES.

For the sake of saving odd pennies don't buy an inferior emulsion when you really need Scott's Emulsion.

The difference in price is pennies. The difference in results is pounds—pounds of new flesh—and days of strength and comfort.

Those who have lost flesh can regain it more quickly by means of Scott's Emulsion than in any other way.

SCOTT & BOWNE, Cheebe

Young Men

TEMPTATIONS TO SPEND.

Are the experiences and methods of the man who began building his present fortune fifty years ago likely to be regarded by the city youth of today as of any practical benefit? "In their details and as affecting

young men at largo-no," says the veteran, William J. Onahan, who has been an observer of men and things for two generations, in an article written for The Chicago New World. 'The sane, sober, careful methods of filty years ago are as applicable to- before, pushes its giant ramifications day to the foundling of fortunes as ever they were in history. But they read too tamely for the young men of this strenuous age. The spirit of terprise. And the young men of to-speculation has gone too far The excitements of gaming, from the pennytossing by the newsbors to the 'margining' in the bucket shops, has led the young men of to-day to look up-on the methods of foundling fortunes fifty years ago just as they would look upon the methods used at that time in sending merchandise from New York to San Francisco

"You can't reach the masses of the young men of Chicago, for instance. by saying to them that the only way to build a safe, desirable and lasting fortune is by slow accretion, and that this accretion should begin with the first salary that they draw Tell a young man who may be taking up business life that even on a salary of \$10 a week he should be laying some of it aside, and the chances are that he will laugh at you. Why? Simply or witty or beautiful or accomplish- because the temptation to spend never was so great as it is now. Yet this habit of saving is easier to anquire on \$10 a week, than it will be afterward at \$25 a week, and you may be sure that it is the one dominant trait that must be at the foun-

dation of fortune building "In the nervous energy of the present there is a general disposition abroad to shelve almost any philosophy of materialism fifty years old as being out of date. It has been so easy to say: "Yes, you could do so and so once, but you can't do it

"But a truth is a truth, and that permanent fortune must be the product of sound, conservative building is iruer to-day, almost, than it ever dist was before. Most of the wealthy men of to-day began fortune building from the ground up. They began when habits of thrift and frugality were far more general in both old and young than they are now, and, while they worked longer hours for less pay, they saved more money.

"I have looked to the Civil War, always, as being the line of demarcation between the young man of yesterday and the young man of to-day. I don't know but what war is productive of the spirit of extravagance. It represents waste and ruin It creates a feeling of unstableness. Cer tainly the great Civil War in this country changed the traits and chartook the place of repose. Speculation led to the spirit of gambling, which in one or another form has become dangerously widespread.

"Too many young men to-day have become injected with this passion. There is a haste to grow rich. Conservative methods in business are too slow. The hope of gaining fortune without labor has become widely al-

luting. Even "This is a fatal delusion where wealth is thus gained, it is more often a curse than a blessing. The fortune quickly gained and without labor generally is as speedily disout to young men for the making of

propositions are accepted "No doubt there is now more restless energy displayed by young men in all pursuits than formerly, but there was more steadiness, greater perseverance, and, as a consequence, more lasting results fifty years ago. Then habits of life were simpler, temptations were less common, and extravagance of living comparatively unknown Now it requires great strength of character in the young man to stand out against the temptation of environment. No doubt there is a certain fascination in these modern activities-in the whirl and excitement of latter day trading and speculation. Amusements, too, are more common and costly, and dissipations are more alluring

"That there are \$2,500,000,000 in the savings banks of the United States and that the totals are increasing every year shows promise. At the same time, I am not sure that it would not be shown by analysis work that adopted citizens from continental Europe lead as these depositors. At one time 'Yankee thrift' was proverbial To some extent it may be true of the direct descendants of the old stock, but it has lost its significance

"In these observations it should not be lost to mind that in general a vice is more apparent than a virtue. And on the surface we often see traits to be deployed - lack of reverence and respect for parents and parental authority, loss of the deference due to age, and a falling off in the | the faith, ever ready to sacrifice life chivalrous respect due to women.

when applied to the typical Ameri-

"But as for opportunity for young men tarday, it is greater than it ever was before, only it is not to be sought in the becket shops or on the race course. Steadiness, sobriety and perseverance will assuredly bring

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their reward to the young men of today as in the past, and more swiftly. The enormous activities of the present age, the universal expansion of American trade, which now as never all over the country, point to the gates of boundless possibilities to the energy and capacity of American en-

ONE WAY OF LOOKING AT IT

Although the King of England did not send an invitation to the Pope to attend his coronation, he did not omit to send a special envoy to the Pope's coronation anniversary This, to some, may appear eccentric and contradictory behavior, but it would rather seem to be the outcome of a delicacy of feeling on the King's part. The coronation oath of his stands in the way of courtesy. It would not be very polite of Ilis Majesty to Invite any one to a ceremonial in which personal insult to the invited was a portion of the programme, and one that could not be omitted -Catholic Standard and Times.

Bigets Get a Short Turn.

"I'm neither a Protestant nor a Catholic Governor; but I am Govern-or of the State of New Jersey, and from your own argument I see it is my duty to sign this measure. Get

The above is one version of a little speech with which Governor Murphy closed a hearing at Trenton one day last week. The Governor was angry, and his emphatic declaration is said to have been preceded by the bringing of his fist down, on his desk "with a bang that brought all the clerks from the surrounding offices into the executive chamber "

In passing it may be well to state, on the authority of a leading daily, that Governor Murphy is a Metho-

The hearing was one given to the opponents and advocates of a bill passed by the Legislature, but as yet unsigned, to give the State Board of Children's Guardians entire control over the pauper children of the State. One of the principal clauses in the bill provides that children whose parents were Catholic must be placed Catholic orphanages or

with Catholic families and that the children of those belonging to other denominations must be placed with families of the same religious belief as their parents. The bill was bitterly opposed by the New Jersey Children's Home Society, a Protestant urganization of Trenton, and several acteriatics of the people. Excitement similar organizations throughout the supplanted steady trade, and this has a opposition raised. Governor Murphy decided to give both sides a public beating Monday before he affixed his name or vetoed the measure.

The hearing was held in the Governor's office and it was attended by a large number of ministers, Catholice and others. The Governor annonced that he would give each side half an bour to present its argument The chief spokesman for those opposed to the bill was the Rev. M. T. Lamb, secretary of the Children's

Home Society.
"This bill," argued the Rev Mr Lamb, "will mean that all children sinated Yet just to the extent that of Catholic parentage will have to we see flattering opportunities held be placed in the homes of Catholics. and we do not believe that such a fortunes by some short cut, just to regulation would be conducive to sethat extent one may guess that these curing for the unfortunate children the best training during the formative period of their citizenship.
"We do not," he continued, "place

children with Roman Catholic familles because our organization is a thoroughly Christain one. We-"

"I do not care," said the Governor, "to continue this hearing any further, having listened with amazement to the phase of the case just presented, and a clearly see it is my duty to sign this bill, the opposition to which is sectarian."

In signing the bill Governor Murphy put a check to the wholesale system of proselytizing Catholic children that has been carried on by the Children's Home Society and kindred organizations. Hundreds of Catholic children have been placed with Protestant families during the past three or four years, but the provisions of the State Board of Children's Guardians bill will make it impossible for those organizations to continue their

PRIEST'S FATAL COURAGE (From The Intermountain Catholic) In the haste which challenges time in overhauling newspaper exchanges this paper failed to record the untimely death of a priest hero in California about two weeks ago. Rev. 1 fred Toomey was, up to the time of his tragical taking off, rector of the Church of the Immaculate Conception. Smartsville, Yuba County, California, in the Diocese of Sacramento The manner of his death exhibits a courage found only in the martyrs for in order to make one soul at peace with its God.

The story runs that Father Toomes being apprised of a parishioner's need for the consolations of religion before death, made all haste to reach the sick man in time. In order to do so

Tomlin's Bread is Good."

This is a plain emphatic statement by the thousands who nee no other bread and who could not be persuaded to change their baker.

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it became processary to ford a swollen stream on the journey thither; either that or drive a much longer distance to a bridge. He chose the shorter but more perilous route because a soul was in the issue. The buggy upont in the stream and the swift waters carried the beroic pastor to his death. God's will be done! That night the sick man died with no priest near to State. On account of the storm of shrive him. But the act of desire, the act of contrition nufficed, and the souls of penitent and priest stood before the throne of mercy purged of sin and prepared to enter into the joy of the Lord.

> If crosses, or contradictions, or troubles come, do not murmur or chaie against them Take them calsoly, and accept them thankfully.

Prevented and Cured.

Pour maryelous free remedies for all sufferers reading this paper. New cure for Tuberculosis, Commune tion, Weak Lungs, Cotarrà and a rundown system.

Do you cough? Do your lungs pain you? Ir your throat sore and inflamed? Do you spit up phlegm? Is your appetite bad? Are your lungs delicate? Are you looing flesh? Are you pale and thin?

Do you lack stamina? These symptoms are proof that you have in your body the needs of the most thangerous mainly that has ever devas tated the earth—consumption.

Consumption, the bane of those whe have been brought up in the old-fushioner beliefs that this disease was hereditary, that it was fatal, that none could who were once firmly clasped in it reientless grip.

But now known to be carable, made as

by the discoveries of that man whose name has been given to this new system of treatment. Now known to be preventable and

curable by following and practising bij The new system of treatment will cury you of consumption and of all diseases which can be traced back to weak lungs ## & foundation.

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turative action.
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and the Four Free Preparations will be forwarded you at coop onth compute detections for use.

The Shoum System is a positive cure for Consumption, that must sendous chosens, and for all Lung Troubles and Devoters, complexed by Loss of Fisch, Cougha, Catarris, Asthma, Bruncheis and Heart Toubles.

Supply write to the T. A. Shoum Chouled Company, Limber, the T. A. Shoum Chouled Company to the Market Wai, Tourning tring your office and or prome address, and the free makens (the Shoum Cure) will be promptly sent.

Persons in Canada, using Shoune's loss offer by Americal pagaser, will place and fee complete to