

of the growing generation: "But the teacher's business was to do something which was beyond the power of the inspector to ascertain; and the elementary teacher would never be happy until he said, 'I know how much I am teaching these children, which no inspector could put his finger upon, and in that knowledge I am quite contented, and by that knowledge I am ready to stand or fall.'" If that spirit could be instilled into the minds of the teachers, the training colleges would have done their share in equipping them to deal with the great responsibilities and difficulties of the honourable but onerous profession, to which they have been called.—*The Capetown Times*.

—STAYING POWER IS THE SECRET OF SUCCESS.—"I have been watching the careers of young men in this city for thirty years," said an eminent New York preacher, recently, "and I find that the chief difference between the successes and the failures lies in the single element of staying power." It is by tenacity of purpose, rather than by sudden dash, however brilliant, that success is won. Hindrances, checks, trials, instead of defeating one, should bring out one's native force. "Feeble natures," on the contrary, as Balzac strikingly says, "live in their sorrows, instead of converting them into apothegms of experience. They are saturated with them, and they consume themselves by sinking back each day into the misfortunes of the past. To forget is the great secret of strong and creative existences—to forget after the manner of Nature, which knows no past, and begins again every hour the mysteries of her indefatigable productiveness." Harken to an old English dramatist:

The wise and active conquer difficulties
By daring to attempt them; sloth and folly
Shiver and shrink at sight of toil and hazard,
And make the impossibility they fear.

—*Saturday Evening Post*.

—THE EYESIGHT OF SCHOOL CHILDREN.—That the eyesight of school children may be preserved, in the best possible condition, the following rules should be carefully observed, says Dr. B. F. Rogers in the *Buffalo Medical Journal* for last March:

"*Light*.—This commences, of course, with the location of the school lot, its surroundings, and the number and location