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"ST. AUGUSTINE"
Sacramental Wine.
The REV. DR. COCHRANE writes:--
Brantrord, May 23rd, 1895, Messrs. J. S. Hamilton \& Co
Gentiemen,-The St. Augustine Wine used in my oun church on sacramental oecasions, as well as in many other
churches, I have alway heard spoken of in the highest
terms and is admirably suited for the purn terms and is admirably suited for the purpose. Its deserved-
ly high reputation for purity can be relien upon. The unfer-
mented grape juice mented grape juice also commends itself to those who prefer
that the wine should not the fermented and should have
large and increasing sale in our Presbyterian and other

## St. Augustine in cases, 1 dozen quarts, $\$ 4.50$. Unfermented Grape Juice, 1 doz. 9 tss.; $\$ 9.90$

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Tha ligot Noptra ard End India Hanglige and Workmanshtp ta
the
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MENEELY BELL COMPANY<br>CLINTON H. MENEELY, - General Manager Troy, N. Y., AND New Yore City<br>

NO TIME TO LOSE.
Variable Autumn Weather Often Seals the Fate of Rheumatic Sufferers.

## Vietims of Rheumatism Find

a Cure in Paine's Celery
Compound.

Nothing Like it For Banishing the Awful Disease.

Old and Chronic Sufferers Are Made Hale and Strong.

Mr. William McWilliams, of Bradford, Ont., writes as follows about his case:-
" Unsolicited, I forward this testimonial as to the value of Paine's Celery Compound. I am well up in years and was sorely afflicted with rheumatism. I purchased and used six bottles of no rheumatism left."
The above is just an ordinary sample of the prof that cured people furnish every weeis.
Let us utter a few words of warning to all who
feel the pangs of a disease that makes life a misery and burden.
The most dangerous season of the year is now with us ; there is no necessity to enlarge upon this fact. Chilling winds, damp weather and tion of rheumatism, and brings many a sufferer to the grave.
the grave.
Take
you have failed all victims of rheumatism. I medicines of the day, remember you have not ye given Paine's Celery Compound a trial. This marvellous medicine has made new men and wom. en of thousands who were pronounced incurable by physicians. It can and will, do the same good work for you, if you fairly and honestly use it for a time. Mr. McWilliams' case was one that baffled all other medicines but Paine's Celery Compound, which proved victorious at every point, giving him
a new and better life. Go thou and follow his example. better life. Go thou and follow his example
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Hot water is one of our best remedial agents.

Keep meat sweet by placing out of doors over night.

Vinegar and sugar will make a good stove polish.

Inflamed parts will subside under the continual poulticing of hot water.

Grease may be removed from woollen goods by sponging with strong cold coffee.

Silken fabrics should never be folded in white paper. The chloride of lime which is used to bleach the paper causes a chemical change in the silk, and injures the color.

Nervous people should eat fat food Every irritable and exhausted nerve should, if possible, be coated with fat. With the fat should be combined grain foods and veget ables for strengtb, and fruit to keep up a healthful consistency of the blood.
The Louisville (Ky.) Medical News offers this remedy for dropsy, bladder and kidney troubles: Take two double handfuls of fresh corn silk and boil in two gallons of water until one gallon remains. Add sugar to make a syrup, and drink a tumbler of this three times daily.

Chopped Potatoes Fried.-Chop cold boiled potatoes and season them with a little pepper. Fry a slice or two of pork crisp in a spider, then
and brown it.

Puffis for Tea.-One cupful of cornstarch. two-thirds of a cupful of pulverized sugar one-balf cupful of butter, four well-beaten eggs, two teaspoonfuls of baking powder Bake in gem irons or patty tins, in a quick oven.

Baked Cheese. -One and one-half cup fuls of grated cheese, one-half cupful o very tine bread crumbs, one cupful of milk pinch of balt sake half; dash of pepper piven in a buttered dish.

Cocoanut Cream.-Whip one pint of cream to a stiff froth. Have ready three quarters of a box of gelative which has been soaked in one cup of milk for half an hour and the milk heated until the gelatine is dis solved. Strain, and when cool add it to the cream with one cup of sugar and two cups of cocoanut. Either the desiccated cocoanut or the fresa nut grated can be used. Pus the cream into a mould and set it on ice or in a very cold place.

To Make Good Apple Dumplings.Pare and halve the apples and core them allow one good handful of flour to a dump of a walnut a little salt, some lard the size powder ; moisten with ice water ; bave water boiling hot; roll the dumplings after putting them together in the flour box so as to avoid them sticking together, then drop into the boiling water ; boil moderately the minutes or half an hour This will maty four dumplings. Serve immediately

Peach Fritters.-Make a batter from one quart of flour, one cup of lukewarm milk and three quarters of a yeast cake dissolved in a littie water. Set to rise in a warm place this will take from four to five hours. When light add to the mixture three well beaten eggs, two tablespoonfuls of sugar, a piece of butter the size of an egg, and a little salt Mix with the hands as you would raised bis cuit. Break off small pieces of the dough and spread out thin with the hand. In the centre place a peach that has been cut in half and the stone removed. Roll the dough around it to make a ball and leave on the moulding board to rise the second time When again light fry slowly in very hot lard. The fritters are to be eaten with powdered sugar on a liquid lemon sauce.

It has been estimated that in Chicago last year $\$ 40,000,000$ was spent for liquors. It has also been pertinently added: What would this do toward settling the wage question? It would give 20,000 families homes worth $\$ 2,000$ each.
" THE COMMON PEOPLE,
As Abraham Lincoln called them, do not care to argue about their ailments. What they want is a medicine that will cure them. The simple, honest statement, "I know that Hood's Sarsaparilla cured me, is the best argument in favcr of this medi cine, and this what many thousanda vol untarily say.

Hood's Pills are the best after-din ner pills, assist digestion, cure headache.


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##  <br> BILIOUSNESS ${ }^{\text {If fravednald }}$ way, take a couple of Dr.Key's Kidney Way, take a couple of Dr.Key's Ki Pills and ward off the next attack.  For sale by Joh cor. Gerrard St.

Elias Rogers \& Co'y


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