

the result, in its expression, of vibration. Any *continuous* effort towards union with the more durable conditions of consciousness must have the effect of increasing the rate of thought vibration, and, we are assured, of finally rendering permanent the desired condition.

The highest conception of concentration is not, then, concerned with spasmodic attempts to assimilate the vibrations of any lower aspect of manifestation, but a steady endeavour to be united with the highest. "We needs must love the Highest when we see it." It is an attitude of life, and not merely an intellectual attribute.

And as so many have elected in these days to unite themselves with the perishing idols of time and space, the toys of fame and wealth, the vanities of lust and pleasure, it is of the more importance for those who have any real sense of the truth and beauty of life to clearly and sanely point out the better worth of the things that are eternal.

They that sow to the flesh must reap as they sow. They that sow to the Life will have the harvest of the Spirit. "These two, light and darkness, are the world's eternal ways; by one a man goes not to return, by the other he cometh back again upon earth."

BEN MADIGHAN.

ANOTHER VIEW OF IT.

Man has, or appears to have, two minds, each endowed with separate and distinct attributes and powers; each capable, under certain conditions, of independent action. * * * For convenience I shall designate the one as the *objective mind*, and the other as the *subjective mind*, or soul. * * * The objective mind is capable of reasoning by all methods,—inductive and deductive, analytic and synthetic. The subjective mind is constantly controlled by suggestion. * * * The subjective mind exercises complete control over the functions and sensations of the body. The functions and sensations of the body can be controlled by the suggestions of the objective mind of the person to the subjective mind, or by the suggestions from without. The sub-

jective mind or soul never sleeps. The subjective mind always reasons logically and perfectly from a suggested premise whether that premise be true or false. The memory of the subjective mind is perfect.—*Thomas Jay Hudson in The Law of Psychic Phenomena.*

FOR THE LAMP.

THE THOUGHT FAIRIES.

There is a strange place in this everyday world of ours; strange, because we do not see it with our very eyes, and because it is a silent place.

It is called Mental Plane.

The workers in Mental Plane are the thoughts that each one of us holds and that we permit to go out. Who is that little unseen fairy, brightly hurrying along the way of Mental Plane? It is a kind and loving thought just sent out from the brain of one who loves his fellow-men. See it as it goes along, passing through the different houses on its way (the houses, you know, are the people's heads), getting bigger and more beautiful as it goes. In each house it passes, the person feels happier but does not know why. Now it comes into a house where it is recognized, and the man cries out, "Oh! stay a moment, beautiful thought; stay long enough to help me, before you go on!" The little fairy says: "If I stay long enough to help you, there will be one thing that you must do, and that is, send out a companion with me when I go. If you receive help you must give help in return. From me you can know many of my kindred; keep them all but one for a time, but send out one other with me."

So the man did, and the little companions tripped silently along the way of Mental Plane together.

And so they keep going and coming among us; if we do not succeed in holding them for a time, at first, as the man did, we will, some day, I am sure. For to be able to hold one of these little thought fairies for just *one minute* is a great thing. They seem so light, but they really are very heavy when we hold them, and that is because they are so important, and mean so much.

ELIZABETH HYATT.