PAINS IN SIDE AND BACK

How Mrs. Kelly Suffered and How She was Cured.

Burlington, Wis.—"I was very irregular, and had pains in my side and back, but after taking Lydia E. Pinkham's



pound Tablets and using two bottles of the Sanative Wash I am fully convinced that I am entirely cured of these trou-bles, and feel better all over. I know your remedies have

good and I hope every suffering woman will give them a trial."—Mrs. Anna Kelly, 710 Chestnut Street, Burlington, Wis.

The many convincing testimonials constantly published in the newspapers ought to be proof enough to women who suffer from those distressing ills peculiar to their sex that Lydia E. Pinkham's Vegetable Compound is the medicine they need.

This good old root and herb remedy has proved unequalled for these dreadful ills; it contains what is needed to restore woman's health and strength.

If, there is any peculiarity in your case requiring special advice, write the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for free advice.

Guide-Advocate

PUBLISHED EVERY FRIDAY. PTION—\$1.00 per annum in advance, \$1,50 i advance to the United States.

ADVERTISING RATES.

toe One Yea Half Year 3 Months olumn 588 \$22 32 32 ourth column 22 12 aorter period 4 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

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LOCALS—10c, per line each insertion. Miminum
harge 25 cents.
Advertisements without vertisements without specific directions will be ted till forbid and charged accordingly.

buide-Adnocate

WATFORD, JANUARY 21, 1916

NOTE AND COMMENT

essity of knowing where one is going before one starts.

ong themselves in what shall consist council.

bert and Ellice Islands Colony.

From America comes the startling The figures, however, are in themsuggestion that in Germany plural | selves abundant indication of the farmarriages, after the war, will be encouraged and legalized in order that Act. the population of that Empire shall as soon as possible regain its proper proportion of males. Startling as the proposal is, it is by no means a new

one. nd was to a certain extent put in practice after the Thirty Years' Official Germany has gone no further than discussing whether, at the close of the war, the legal age for marriage shall be abolished and State premiums given to large families also, on the other hand, whether bachelors and old maids shall not be heavily taxed.

The Ontario Government has caused to be published in the Ontario Gazette a notice decreeing that no alien enemies be allowed to have wills probated or letters of adminis-tration granted. The order makes provision, however, that by special permission of the crown small sums of money may be paid out of an estate left to an alien if such sums are to meet debts owing to their subects. The Government passed the order-in-council when it became known that enemies of the King who are at present interned in Canada or are forced to report to the police at regular intervals were in a position to receive the benefits of any estate that might be willed to them.

BOSANQUET COUNCIL

Council elect D. F. McIntyre, reeve; Richard Thomson, John Menenick, Robt. Tuball and Fred Rawlings. Councillors met on the 10th inst, pursuant to statute and subscribed to the statutory declarations.

Win. Trick and Jas. Hamilton were ap-pointed auditors; John H. Campbell, assessor; J. W. Watson, collector and John H. Clemens a member of the Board of Health.

Council adjourned to meet on the second Monday in February at 10 a.m. GEO. SUTHERLAND, Clerk.

Many children die from the assaults of worms, and the first care of mothers should be to see that their intants are free from these pests. A vermifuge that can be depended on is Miller's Worm Powders They will not only expel worms from the system, but act as a health-giving medicine and a remedy for many of the ailments that beset infants, enfeebling them and endangering their lives.

It is received the we now commemorate and the victory which will be ours. I am able to look away for pardon and peace and strength to Him who lives that we too may live with Him, and I breathe this prayer:

Lord when with dying lips my prayer is said;

Grant that in faith Thy Kingdom I may see,

And thinking on thy cross and thorn crowned head;

Developing the Boy and the Girl

Of the activities encouraged and promoted by funds provided under The Agricultural Instruction Act of the Dominion none is more worthy than the improved means which have been made possible for the development of the juvenile mind. There is but one way that the boys and girls can be rivetted to the soil and that is by strengthening their attachment for it. This can only be accomplish- write again soon. I close now remaining ed by the inculcation of knowledge presented not altogether in utility fashion but in a manner that will emphasize the brightness, the wonder and the attractiveness of the works of nature. This the boys' and girls' clubs are doing; this the school fairs are doing. This the nature study classes in the public schools and that is by constitutional remedies, and that is by constitutional remedies are doing, this the nature schools are doing, this the nature schools are doing, this the nature of are doing; this the school gardens The pilgrimage of the peace ship are doing. They encourage associaindicates once again the eminent nec- tion and sociability in the first instance, a desire for emulation in the second, a favourable disposition for the outdoor life in the third and an Germany can have peace on the appreciation not only of the marvels, terms of the Allies as soon as she but also of the beauties, of creation likes. On her own terms, never. It in the fourth. All four divisions of is entirely for Germany to choose the work receive substantial support whether she will continue fighting in every province from the grants until she can fight no more or sur- derived under the Agricultural Inrender at discretion. The right anstruction Act. In Prince Edward swer to the German peace conspir- Island, the sum devoted to these acy is for the Allies to determine am- purposes in 1913-14, the first year the Act was in operation, was \$5,529 the terms of peace to be dictated to in the third year, or in 1915-16, it is the enemy when the right moment \$10,050. In Nova Scotia the sum comes. In the case of this country thus employed under the Act in the representatives of the Overseas 1913-14 was \$6,700; in 1915-16 it is Dominions must be called into \$10,000. In New Brunswick in the first year it was \$1,500. In the third year it is \$10,000. In Quebec A few more red spots have been the first year it was \$3,000; in the put on the map of the world. It has third it is \$8,000. In Ontario it was just been officially announced that \$10,000, it is now \$20,000. In the Gilbert and Ellice Islands, two Manitoba it was \$2,000, it is this groups lying near the equator to the year \$5,200. In Saskatchewan it is north-east of Australia, which were \$2,100. In British Columbia \$1.000 discovered in 1765 and which have was so used in 1913-14, but this year been under British protectorate since | for boys and girls, competitions, fairs, 1892, were formally annexed Novem- etc., and instruction in public schools, ber 10, 1915. The sixteen islands \$17,000 is to be spent from the will hereafter be known as the Gilgrants. It must be understood that while in some of the provinces the There are about 25,000 inhabitants money is directly employed for the in the colony, mainly made up of purposes set forth, in others it is fishermen, with a yearly import trade used in other ways and the sums of \$517.795 and exports valued at required for school fairs, school gardens, and so on, are received from provincial and municipal sources

A woman's heart weighs from eight to

reaching benefits conferred by the

ten ounces. France had a surplus of 645,000 women signature of before the war.

Letter from Corp. Sid. Welsh

6979 Corp. S. Welsh, No. 3, Coy, 1st Battalion, 1st Canadian B.E.F.,

J. J. Spackman, Watford,
Dear Jce—Received your very welcome
letter with Mr. Stevenson's enclosed and letter with Mr. Stevenson's enclosed and am sorry to know that you have been so ill but very glad to know that you are recovering. I was kind of surprised that I had not heard from Mr. Stevenson and also you but hope I will hear again. Still at the same old war and I am hoping that it will not be long before it is all over. No doubt the tremenduous scale on which it is taking place accounts for its prolongation quiet a bit and also the dirty methods employed by our enemies. It is impossible to imagine what this war is like and the very worst one you could It is impossible to imagine what this war is like and the very worst one you could imagine would be beautiful beside it, but then in God's good time it will finish with victory over the oppressor such as they little dream of. Do you know that there was fighting going on where once stood the Garden of Eden. Golgothas brow is being used by the Turks and the hill of Calvary where the Victory of the hill of Calvary where the Victory of the hill of Calvary where the Victory of the Cross was won by our Saviour is being blown to pieces by them for practice and all under German management apparently. I often think that we are fighting to maintain that victory, which was won on Calvary's Hill and that such a fight can have no other finish but one of victory for those who dare to stand firm and true the Him who shed the first blood to liber. to those who dare to stand firm and true to Him who shed the first blood to liberate mankind. Were they not sawn asunder, slain with sword, burnt to death aforetime for this very same cause; and shall not we do something to hold fast to that which is noblest, purest, aye and holiest, (God given). A common brother and sisterhood, co-heirs with our beloved Saviour of God, free to live in this beauti Saviour of God, free to live in this beautiful world made hideous only by the power of Satan and the folly of man. Oh! When I think sometimes how little I do, how weak I am, doing what I ought not and leaving undone what I ought to do, I feel ashamed but thanks be to God for the victory of the child Jesus, whose

crowned head;

May breathe my parting words remember Remember me and ere I pass away Speak thou the assuring word that sets me free,

And whisper to my heart This day shalt thou be in paradise with me.-Amen.

Give my best wishes to all of yours and Give my best wisnes to an or yours and also remember me to all the friends. I pray that you soon will be strong and well again and for you all that the new year may bring with it joy and gladness and peace. Well Joe let me know if you Ever yours,

Deafness Cannot Be Cured

by local applications, as they cannot dition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirev closed. Deafness is the result, and un ess the inflammation can be taken out end this tube restored to its normal con-lition, hearing will be destroyed forever; nine cases out of ten are caused by Cat-

nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give Oue Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c.

Sola by Druggists, 75c Take Hall's Family Pills for constip

CHOP STUFF

Sarnia citizens were without natural gas for nearly 24 hours at one spell last week, the supply ceasing for some

Mr. Selby Smith near Leamington, had a fine return from his Virginia leaf tobacco this season. From ten acres of land the product was 13,319 pounds which he sold to the Empire Tobacco Co. and received \$33,505, a little over \$359 per acre.

Mothers can easily know when their children are troubled with worn's, and they lose no time in applying the best of remedies-Mother Graves' Worm Ex terminator.

The Windsor customs officials thought a certain tall and slender man had taken on too much flesh, Friday, during his brief absence from his Canadian home. When he came back from Detroit a few boats after he left Windsor he was conducted to the denuding parlors of the customs office and duly "frisked." This operation disclosed six heavy winter suits of underwear.

CASTORIA For Infants and Children

In Use For Over 30 Years Always bears



as below, with your name

and address only on the other side, will cost but one cent. Drop it in the nearest mail box, and it will bring promptly a copy of our illustrated 80-page catalogue for 1916. With it will come also—free -a 15c. packet of

Byron Pink Tomato

A perfectly formed tomato, the Byron Pink is uniform, large, and attractive. The flesh is firm, and the flavor delicious and full-bodied. It is a robust grower and a heavy cropper. It is an ideal tomato for forcing. You are going to buy seeds anyway; then you might just as well send for our catalogue and get this free premium for yourself. The Catalogue tells about the other valuable

premiums which we give with every order. DARCH & HUNTER SEED CO., LIMITED, LONDON, ONTARIO, CANADA

cent remedy for Headache Neuralgia, Anaemia, Sloep-Nervous Ex-50e AT ALL DRUGGISTS, or by mail from

GEORGIAN MFG. CO., - COLLINGWOOD, ONT.

THE 'WILLIAM BUCK' LINE

ANY purchaser of this line is assured of lasting satisfaction. The oldest and most reliable in the Dominion.

HAPPY THOUGHT STEEL RANGES HAPPY THOUGHT CAST RANGES RELIANCE FURNACES

LET US GIVE YOU PRICES TO-DAY

THE N.B. HOWDEN EST

TRENOUTH

- DEALERS IN -

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

> We Cary Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL. ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chapping and Rolling Done While You Wait PHONE 39

HANDSOME, LUXURIOUS FURNITURE

Buffets Extension Tables Sideboard Parlor Tables China Cabinet Card Tables Chiffonier Magazine Stands Dressing Table Jardinere Stands Hall Seats Umbrella Stands Morris Chairs Hall Mirrors

Iron Beds Walnut Beds Oak Beds Pedestals Child's Rockers Book Cases Bed-Room Chair Secretaries Rocking Chairs Desks Kitchen CabinetsHall Racks Music Cabinets Living Room Chairs Felt Mattresses Dining Chairs

Parlor Sets Library tablesCouches Davenports, and anything kept in a first-class furniture store. MASON & RISCH PIANOS

kinds of repairs. New and second hand sewing machines and all supplies. HARPER BROS.

Agents for Mason & Risch Pianos, Gramaphones, String

Instruments, Sheet Music, Edison Records, &c., and all

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

900 Drop

INFANTS & CHILD

Promotes Digestion.Che

ness and Rest Contains n

NOT NARCOTIC.

Recine of Old Dr.SAMUELPITCH

Aperiect Remedy for Constion, Sour Stomach, Diarrh Worms, Convulsions, Fever ness and LOSS OF SLEE

Chast Fletcher.

THE CENTAUR COMPANY.
MONTREAL&NEW YOR

35 Doses - 35 CE

Better

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farm

Exact Copy of Wrapper.

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