

A FEW REMINDERS and SUGGESTIONS



For the Busy Housewife while preparing for the Christmas Season.

Don't Forget You Require:

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|------------------------------|---------------------------|
| English Mincemeat. | Nestle's Thick Cream |
| Cranberry Sauce. | Assorted Spices. |
| English Plum Pudding. | Gelatine. |
| American Fig Pudding. | Isinglass. |
| Apple Pudding. | Mixed Peels. |
| Almond Paste. | Sultanas. |
| Blanched Almonds. | Seedless Raisins. |
| Icing Sugar. | Seeded Raisins. |
| Nonpareils 100's and 1000's. | Dessert Raisins. |
| English Flavourings. | Cleaned Currants. |
| English Colourings. | Pastry Flour. |
| English Seasonings. | Swansdown Cake Flour. |
| Ground Sweet Almonds. | Custard Powder. |
| | Crystallized Rose Leaves. |
| | Violets & Carnations |

TURKEY, CHICKEN, DUCKS, GEESE.

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|---------------------------------------|-----------------------------------|
| Imperial French Plums. | Fruit Salad. |
| Canton Ginger Crystallized Pineapple. | Fruits in Jelly. |
| Glacé Asst. Fruits. | French Green Peas. |
| Glacé & Crystallized Fruits. | French Beans. |
| Maraschino Cherries. | Champignons. |
| Crème de Menthe Cherries. | Macedoines. |
| Tunis Dates. | Asparagus Tips. |
| Jordan Almonds. | Asst. Soups in Glass. |
| Shelled Walnuts. | Canned and Bottled Fruits. |
| Brazil Nuts. | Dessert Fruits. |
| Soft Shell Almonds. | English Jams and Jellies. |
| Naples Walnuts. | English Biscuits. |
| Barcelonas. | English Shortbread. |
| Eleme Figs. | English Cakes. |
| | English & American Confectionery. |



Roast Beef, Roast Pork, Roast Veal, Roast Lamb.

- | | |
|-------------------------|----------------------------------------|
| Sausage Meat | English Ox Tongue. |
| Fresh Every Hour. | Whole Chicken |
| Fresh Sausages | in Aspic Jelly. |
| Our Own Make. | Chicken Breasts. |
| Minced Suet | Steak and Kidney Pudding. |
| Fresh Daily. | |
| Royans a la Bordelaise. | English Cheddar. |
| Parmesan Cheese. | Hams and Bacon. |
| Eng. Stilton Cheese. | English & French Table Waters. |
| English Loaf Cheese. | Havana Cigars. |
| Edam Cheese. | Turkish, Egyptian & Russian "Savory's" |
| Gorgonzola Cheese. | Cigarettes. |

ELLIS & CO., Limited 203 Water Street
Groceries and Delicatessen Market.

The House of Harnessed Death

MY NIGHT IN A POWER STATION: BY THE "TIT-BITS" MAN.

Few experiences have filled me with greater awe or more wonder than the night I spent in one of Britain's biggest electric power stations. Standing within its towering walls amid the roar of the mighty turbines, I could not help reflecting of man's insignificance when compared with the terrific hidden forces around me, and, again, of his greatness in controlling those forces and subjugating them to his needs.

The factors that play the most prominent part in the making of electricity on a large scale are coal, which in the case of the power station in question is brought up to the very walls by river, turbines, and cables—miles and miles of them reaching out like veins a few feet below the ground level of the great city they serve with electric energy.

Talking With The Eyes!
The interior of a big power station reminds the visitor of a museum. Grouped at intervals in the centre of the spacious floor are the turbines, huge shining cylinders which, although they look as lifeless as empty drums, they are in reality pulsating with a tremendous power. Each turbine is raised off, just as a museum exhibit might be, the only persons who are allowed to make its intimate acquaintance being the engineer in charge and his assistants.

At night, when the activity of the power house seems to rise to fever pitch, one may see the engineer's men toiling about their jobs of moving levers here, turning wheels there, and touching switches everywhere, with the perspiration streaming down their faces. They talk with eyes and hands rather than the voice, for the noise is stupendous.

Furnaces burning at white-heat that almost blisters the face as one passes into them are part of the essential equipment of the power station. The molten fires, glowing with what seems like volcanic intensity, are fed from above by trucks that come and go automatically, discharging their loads of coal into huge hoppers. The loads do not fall straight into the fires, but drop just short of them, whence they are carried slowly forward on a moving floor into the white-hot heart of the furnace.

The steam engendered in this way passes into pipes that carry it to the turbines, in which it rotates at thousands of revolutions a minute a number of blades or fans, which in their turn pass on the energy they create to the generator. From the generator the power emerges into the night, which helps to illuminate.

Distributing The Current.
But before the current can leave the power station it has to be distributed through the various cables that lead north, south, east and west.

The distributing medium consists of a series of marble slabs on which glow and wink clusters of red and green lights, intermingling with innumerable switches and levers and white press-buttons. Here it is that the energy drawn from the coal has to submit to being firmly harnessed, as it were, before passing on to its appointed task, whether that task be to light a room, cook a joint, animate a sign in Piccadilly, or restore the flickering strength of some sufferer in a hospital ward.

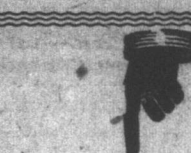
The marble switchboard comprises the means by which the engineer-in-charge ensures complete obedience in those forces which, if they contrived somehow to run riot, might conceivably wreck the city they serve. As it is, the magician of the power house, guided by the twinkling red and green lights, and by the needles on a score of dials beside them, sends forth into the night light, heat, and energy for the comfort and use of millions of people.

Whipping Post a Penalty of Crime

BOOT AND SHOE DEALERS INCENSED OVER LAWLESSNESS.

The boot and shoe dealers of Montreal are so alarmed over the inadequacy of police protection and the growth of crime and lawlessness in the city, that they have decided to approach the attorney general on the subject, asking that the utmost rigor of the law be applied to all hold-up men and burglars who are caught. To this end, they have passed a resolution which they are sending to the Attorney-General. The resolution reads as follows:

"Resolved, that the boot and shoe section of Canada, assembled in regular meeting, view with much alarm the increase of crime and theft, highway robberies and burglaries, and consequent danger to their lives and property; and they beg to call the attention of the proper authorities to this; and consider that the offenders are too leniently dealt with; that the penalties of the law should be inflicted even to the point of using the whipping post; and that if the law is not sufficiently adequate, the law should be quickly amended so that they may feel safer as to their persons and property."—Montreal Star.



Good home-made bread has always been the chief food of the earth's sturdiest race. None of the breakfast foods or health foods can equal bread in nourishment. Good bread is the most digestible food as well as the cheapest.

Buy and use
NATIVE FLOUR
in sacks, from
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dec14,lm,eod

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Stationery & Fancy Goods.

QUEEN QUALITY WALKING BOOTS.



In Rich Brown Calf, Laced Only \$6.00 the pair. With Rubber Heel attached.

We are showing some very handsome models in the new Queen Quality Walking Boot, for fall and winter wear. Extra high cut, laced, rubber heel. Goodyear welt soles. In plain or perforated effects.

In Queen Quality at \$6.00
In Boston Favorite at \$6.00
EAST END BRANCH
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Bargains in Musical Instruments for Quick Disposal

- 1 Superior Upright "Ricca" Piano, in perfect condition.
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dec8,lm,eod
MINARD'S LINIMENT FOR DIS-TEMPER

Know Your Glands

WILL CRIME BE CURED BY SURGERY?

A few days ago a woman in a London police court was defended on the grounds of deficiency in thyroid gland. This may seem to be merely an up-to-date variant of the old "third party" excuse for crime. But a little knowledge of those strange "ductless glands" of ours so newly brought into prominence makes one less sceptical. It is quite possible that within the next twenty years crime will be dealt with by the surgeon, prisons will be converted into hospitals, and the public executioner will turn anaesthetist. The average man believes that his thoughts, actions, and feelings are controlled by his mind. But it is possible to show that mind is itself under the despotic sway of the ductless glands, the thyroid, pineal, pituitary, and adrenal, which generate in the system chemical fluids on which depend health, happiness and morality.

Making Fat People Slim.
If the thyroid is active, life is "speeded up." If the thyroid is defective, brain and body are alike sluggish and stagnant. If the pituitary glands function well, the intellect is well-developed and productive. Fat, ugly, lazy, self-indulgent people can be made slim, beautiful, brisk, and self-controlled by the proper administration of pituitary extract.

Old age is not a "wearing out" process. It is a cessation of glandular activity. That crime, weakness, and immorality are similarly caused is strongly indicated.

At present the method of making up deficiencies in glandular products is rather crude. But enough has been done to show the way and to allow of prophecy. The Golden Age of man bids fair to be the Glandular Age, when salvation will be taken in tablet form.

Do Moths Like Camphor

Scientists are trying to rob us of the household tradition that camphor and naphthalin sprinkled on clothes will keep away moths. According to vivisection views (expressed in Nature) neither substance is of any use. Mr. R. G. Johnston writes that "Henry Fabre found camphor and naphthalin to have no effect on moths, and I have found these insects utterly indifferent to such substances."

Doubt is expressed as to whether a moth is capable of smelling at all. The head of the fur department of a West-end firm said: "We find that enclosing Naphthalin or camphor with furs when they are put away does to a large extent keep out the moth. But if there should be moths in the furs at the time they are put away, or moths are hatched from eggs in the fur, the camphor or naphthalin will not exterminate them; in fact, they seem to thrive on it. It is a preventive, but not a cure."

"The only sure way to prevent moths ravaging a fur is to put it in storage below freezing point. Then it is impossible for any egg to hatch out."

An official of the entomological section of the Natural History Museum said it was pure assumption to assert that moths could not smell, for no one knew. His experience was that naphthalin was the only way to keep moths away. "Put naphthalin balls with the clothes," he said, "and then wrap the clothes in stout paper, taking care to pin it well all round, so that nothing can get in. Then they will be quite safe from moths. It is no good putting clothes in a drawer and just sprinkling them with a few naphthalin balls."

Just Folks.

By EDGAR A GUEST

THE BEST
"If I were young again," said he, "Whatever I'd set out to be—Trade or profession—I'd not rest 'Till I was rated with the best."

"Were I an office boy once more, Or running errands for a store, I'd make the man who hired me see How good a boy he had in me."

"Then if I rose to be a clerk, I'd never slight the job, or shirk; I'd be no half-way clerk, but one That people could depend upon."

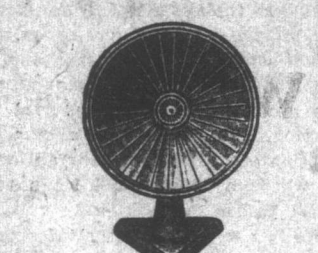
"I've often wished that I had tried When I was young, to take more pride In what I had to do, and be Of greater credit unto me."

"I could have made myself, I'm sure, A reputation to endure, I thought it smart when sawing wood To cut as little as I could. 'Too late! I see it all to-day! But many tread the self-same way: Indifferent to the task or test, They seldom try to do their best."

"Oh, boy of mine, whatever your place, Whatever duty you shall face, Let no man say, 'what'er you do, That he's hired better boys than you.'"

EGGS—Strictly fresh Canadian Eggs. Every egg guaranteed selling during the holiday season at 60c. dozen. W. E. BEARN'S 2 Stores, Hay Market, and Rawlins' Cross.—dec14,tf

Have Your Friends Enjoy A MERRY



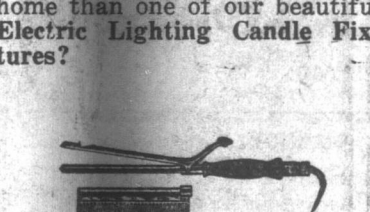
Electric Heater.
Take the chill off the Bathroom or similar small places.



Heating Pad
is a boon and blessing both as a pain reliever and bed warmer.



Electric Grill.
Cooks a complete meal for one or two persons right at the table.



Tea Ball Pot
ensure a beverage of refreshingly even quality.

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dec13,15,17,19,20,22

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Black and Galv. Wrot NAILS.
Galv. Dory and Wire Nails.
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Comp. Nails. Coopers' Rivets.
Copper Tacks. FELT TINS.
JOB STORES, Ltd.

"Millionaire Pauper"

DIES AMID HIS TREASURES.

GENOA, Italy, Nov. 14.—Giovanni Battista Debono, eighty-three years old, who owned 100 apartment houses in Genoa, died to-day. He was credited with being a millionaire, but always lived as though in dire poverty.

The man had no relatives here, but some of his kin are living in America. They are reported to be wealthy. The house in which Debono died was filled with furniture and antiques, piled up promiscuously in the rooms.

READ WHAT DR. F. G. KINSMAN'S HAVE DONE TO MRS. JAS. SIMMONS, OF BISHOP FALLS.

"I am glad to say that your Heart Tablets have done me a good deal of good. I was so bad before I took them that I could do no work. I had to put my washing out and when I stopped my heart was so bad that I had to put my hand against it to press it back as it seemed to me it was falling out. To-day I don't feel anything wrong with me, or my heart. I ask you to publish this so some person may be saved from this bad disease."

Remember the heart is the seat of your life. Why neglect it?
Dr. F. G. Kinsman's Heart Tablets and Dyspepsia Powders. Sold at all leading Drug Stores. Heart Tablets \$1.00 per box. Dyspepsia Powders, 75 cents per box. dec12,tf

Skin Tortured Babies Sleep Mothers Rest After Cuticura
Cures Eczema, Itch, Scald, Rash, and all Skin Diseases. Sold Everywhere. Cuticura, 25c. Cuticura, 25c. Cuticura, 25c.

NEW ARRIVALS OF Fall and Winter Suitings and Overcoatings

You will find these Goods a specially well selected assortment. If your order has not been placed, see ours before buying.

GET ONE OF MAUNDER'S OVERCOATS and keep up the standard of good tailored clothes. Write for samples and style booklets, with measuring instructions.

John Maunder
TAILOR & CLOTHIER
St. John's, N.F.

Mandering Our

Evening Telegram Sir—Newfoundland is without distinction the most important of the Situation at Bell's Paper is with it adopted on its five-years ago; from the clutches of Corporation Rules the concessions that the concessions that here, and the large Colony, in the political and to think that their anthropic association for the sole purpose of Newfoundlanders the people, were squandered for a time or words to that effect I affirm when I see the States and Canada, the trend of the country in the hope some day see a coming into their own.

Yours truly,
NEWFOUNDLAND

A. Society Me

a meeting of the A. yesterday afternoon. The guardians to the Juvenile appointed:—
Toole, E. Kavanagh, A. M. Walsh, J. P. K. J. Fowler, J. V. man. After the meeting of Newfoundland in the following officers were

Chairman—John O'Toole
Chairman—E. Kavanagh
Treasurer—M. A. Walsh
Secretary—J. P. K. J. Fowler
Editors—J. L. Jackson, J. V. man, R. C. C. J. Fowler, and Com.—J. P. K. J. Fowler.

McMurdo's Store

SUGGESTIONS FOR XMAS then worried about what to give your friends this year, just drop in for a collection of useful and gifts.

- | | |
|--------------------------|--------|
| Men's Hair Brushes | \$1.50 |
| Men's Dressing Combs | 1.00 |
| Men's Hair Brushes | 1.50 |
| Men's 3 Flower | 1.50 |
| Men's Toilet Water | 1.50 |
| Men's Toilet Sets | 1.50 |
| Men's Face Powder | 1.50 |
| Men's Colgate's | 1.50 |
| Men's Perfume and | 1.50 |
| Men's Salts in Bottles | 1.50 |
| Men's Cakes | 1.50 |
| Men's Cases | 1.50 |
| Men's Ivory Mirrors | 1.50 |
| Men's Combs, etc. | 1.50 |
| Men's Boxes, filled with | 1.50 |
| Men's Soap | 1.50 |
| Men's Chocolates (Xmas) | 1.50 |
| Men's Shaw Chocolates | 1.50 |
| Men's Boxes | 1.50 |
| Men's Chocolates | 1.50 |
| Men's Todd Chocolates | 1.50 |

Bon's Hockeys

an enthusiastic meeting of Bon's Hockey Club at the college stadium. Mr. C. J. Fox, president of the club, presided at the meeting. The coming season was decided that the club should be properly constituted as members of the college hockey team. The club was elected by the club members.

President—C. J. Fox
Vice-President—C. J. Fox
Secretary—C. J. Fox
Treasurer—C. J. Fox

in unanimous vote elected as manager of the club. The club will be elected to the club.

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