



Health—A Live Subject At Afternoon Teas

It is under such circumstances that experiences are exchanged and women tell one another what treatments have been of most benefit to them.

It is a pretty safe guess that in these *tete-a-tetes* no medicine is so frequently mentioned as Dr. Chase's Nerve Food and there is a very good reason why.

Any physician will tell you that most of the ailments which most bother women are due to lowered vitality.

In these days of surgical specialists the operation is too frequently the first thing recommended whereas in many cases restored vitality would enable nature to restore the natural functions to the deranged organs.

Lowered vitality may come from the strain of irregular hours, loss of rest and sleep, too much excitement or worry.

It may also result from lack of proper nourishment, from over-eating or from sedentary habits.

When vitality runs low there is no end to the troubles that may arise and you are an

easy prey to colds, pneumonia and all sorts of germ diseases.

Restorative treatment is demanded and because Dr. Chase's Nerve Food has proven to be the greatest of restoratives of the blood and nerve force is why it is so greatly appreciated by women everywhere.

At this season of the year particularly, almost everybody is in need of such assistance as is found in Dr. Chase's Nerve Food.

Put this popular restorative to the test when you find yourself nervous, irritable and sleepless or suffer from indigestion, headaches or tired, depressed feelings.

You will soon be convinced of its merits and will realize then why so many thousands of women find a joy in telling their friends of benefits received.

You will notice that while the price of Dr. Chase's Nerve Food has been increased to 60c. the box now contains 60 pills instead of 50 as formerly.

Likewise Dr. Chase's Kidney-Liver Pills are 35c. a box of 25 pills, instead of 25c. for 25 pills. Edmansson, Bates & Co., Ltd., Toronto.

VANDERLIP SUED BY STAR FOR \$600,000

Suit has been filed against Frank A. Vanderlip for \$600,000 damages by Louis H. Brush and Roy D. Moore, purchasers of the Marion O. Star from the late President Harding. The action was brought in the United States court and the summons served on the financier at his office in New York.

The public speech of Vanderlip at Briarcliff, N.Y. on the night of Lincoln's Birthday in the course of which he said that the Star had been purchased for twice its worth by two young men of insufficient means' is the basis of the action.

This and other statements made by Vanderlip at the same time was taken up by Public Lands Committee of the Senate before which Vanderlip admitted that he had based his assertions on rumors.

When interviewed Wednesday night Vanderlip said he did not care to discuss the matter. He admitted the papers had been served on him saying that he had not read them.

The owners of the Star took action after mature deliberation. They wish not only to clear their own names by legal process but also to wipe out the defamation of the name and memory of President Harding.

"Although Mr. Vanderlip had full opportunity to retract his statements when he appeared before the senate committee—ran the statement of the Star owners 'he failed to do so. He has endeavored to excuse his utterances on the ground that he was only broadcasting the fact that ugly rumors were being broadcasted. The only sure and satisfactory vindication we can obtain is in the courts through the action we have brought."

Three causes of action are set forth in the papers. On each of the three counts the plaintiffs ask \$200,000 damages.

Vanderlip is charged with maliciously charging Brush and Moore with conspiring to bribe President Harding through the purchase of the Star at a price beyond its value thereby accusing them of criminal conduct to the detriment of their own financial standing and of the stock of the paper which they own.

The second cause of the action is the publication of the Vanderlip speech in the New York Tribune it being alleged that Vanderlip caused the publication to injure the good name of each of the plaintiffs.

The third cause of action concerns the giving of the story to the Associated Press by Vanderlip so that it might be read by millions.

The counsel in charge of the case for Brush and Moore is W. H. Vodrey of East Liverpool; O. and Hiram C. Todd of Baldwin; Hutchins and Todd; New York.

ROYAL YEAST CAKES



Teething Troubles

Baby's teething time is a time of worry and anxiety to most mothers. The little ones become cross; peevish; their little stomach becomes deranged and constipation and colic sets in. To make the teething period easy on baby the stomach and bowels must be kept sweet and regular. This can be done by the use of Baby's Own Tablets—the ideal laxative for little ones. The Tablets are a sure relief for all the minor ailments of childhood such as constipation, colic, indigestion colds and simple fevers. They also do good—never harm.

The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

EDUCATION IN MUNICIPAL BUSINESS

The Union of Quebec Municipalities is asking that the Government shall arrange to have courses in municipal government so that officials may have the opportunity of really learning what their duties are and how they should carry on their work.

It seems strange that our Universities have courses for extra training in many subjects but leave the most important severely alone. We have to make an exception once more in favor of Alberta where a course is being arranged for municipal clerks by the University at the request of the Association of Urban Secretaries-Treasurers.

Too frequently some good natured man is coaxed into being Clerk without knowing anything at all about what the duties or responsibilities of the office are. He does his best but his position is quite unfair to him. And he should be able to find some way in which he can be taught what to do and how to do it.

A case has just come to our knowledge that parallels that scandal in the United States. Certain municipalities were united in a cooperative plan and had to pay into a common fund. One was dissatisfied with the price offered for its bonds so placed them in the bank until better terms could be secured. Now it appears that the Secretary-Treasurer forgetting (as he claims) issued another set of bonds under the same by-law and the puzzle is to know what to do.

With proper training no official could possibly make such a glaring mistake.

We train men for teachers; for lawyers; for ministers; for skilled labor of all kinds—except for municipal work which is the basis of all public service and involves spending the money of the public to a tremendous amount when the totals of municipal expenditure are added up. (Municipal Review)

MAKING MONEY

1. Longfellow could take a sheet of paper worth one-tenth of a cent write a poem on it and make it worth \$5,000. That's genius.
2. Rockefeller could take a similar sheet of paper write a few words on it and make it worth \$10,000,000. That's capital.
3. The United States Government can take an ounce and a small fraction of gold, stamp an eagle on it and make it worth \$20. That's authority.
4. A skilled workman can take 50 cents worth of steel, make it into watch springs and make it worth \$8,000. That's skill.
5. A merchant can take an article that cost him 90 cents and sell it for \$1. That's business.
6. A woman can buy a good fall hat for \$10 but prefers one that cost \$100. That's foolishness.
7. The man that wrote this article can write a check for \$1,000,000 but it wouldn't be worth 30 cents. That's tough.

Gossip

Said Mrs. Brown to Mrs. Green; The Whites have had a spat, He threatens he would slap her face Because she bought a hat; And now they're not on speaking terms What do you think of that?
Hist, Mrs. Black, said Mrs. Green Didst hear the latest news The Whites have had an awful row And she was much abused. He slapped her face and blacked an eye; They fear her teeth she'll lose.
"Ah Mrs. Jones cried Mrs. Black Have you heard the tale— How Mr. White beat Mrs. White To pieces with a rail? He broke her ribs and cracked her skull They've got him now in jail
Then Mrs. Jones passed on the word When Mrs. Smith she met; Was it not awful of the Whites? She is unconscious yet! He used a shotgun and a knife; He'll hang for this I bet.
So flew the tale on idle tongues Throughout the little town, Each adding on a spicy bit As it went on its rounds. The moral of this tale is plain Don't be a Mrs. Brown.



ASPIRIN

Beware of Imitations!



Unless you can see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

- Colds
 - Lumbago
 - Toothache
 - Radache
 - Neuritis
 - Rheumatism
 - Neuralgia
 - Pain; Pain
- Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Moneacetate-dester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture; to assist the public against imitations; the Tablets of Bayer Company will be stamped with their general trade mark; the "Bayer Cross."

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FOR

Letter Heads, Bill Heads, Envelopes, Statements, Etc.

All Work Neatly and Promptly Done Let US Have your next Order.

The Union Advocate Job Dept.

25 YEARS AGO; MARCH 13TH 1899

William Smallwood died at Harcourt last night; aged 82. He was a native of Newcastle; but had been living here recently with his son Silas. He leaves a widow and ten children; one of the sons being William F.—I C R locomotive engineer.



Advertising!

ADVERTISING means directing the attention of others to that for which attention is desired. If you have a stock of which you are proud, or a service which you believe to be superior, direct attention to the fact every week in the columns of the UNION ADVOCATE.

Stretch out the hand of good-will, wear the smile of welcome, and command the business of the buyers of this community. Do these things and your business will expand and the profits from your business will be greatly increased.

A WORD TO THE PUBLIC.

Do you not feel a certain reluctance about going into shops that have not invited you to enter their doors? At the shop which advertises—which invites your custom—you know that you are welcome.

Shop Where You Are Invited To Shop

WRIGLEYS

after every meal
Cleanses mouth and teeth and aids digestion. Relieves that over-eaten feeling and acid mouth.
Its l-a-s-t-i-n-g flavor satisfies the craving for sweets.
Wrigley's is double value in the benefit and pleasure it provides.
Sealed in its Parity Package.
The flavor lasts

SCHOOL TAX BOOKS
Poor and County Rate Books, Dog Tax Books, Receipt Books in English, Bill and Bills, Deed Forms, Teachers Agreements, for sale at the ADVOCATE OFFICE