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"Continental Limited" on Canadian National Railways, the finest Medium of Trans-continental Travel.

Across Canada—from Ocean to Ocean, the finest medium of travel is the through trains of the Canadian National Railways.

From the Atlantic to the Pacific the fastest time is made, and the most luxurious of train service furnished. From all Maritime Province points the finest of connections are afforded at Montreal, via the "Ocean Limited" and the "Maritime Express," with the famous "Continental Limited" leaving Bonaventure Station, at 9.00 p. m. daily, for Ottawa, North Bay, Cochrane, Winnipeg, Saskatoon, Edmonton and Vancouver. Leaving Montreal for instance on a Sunday evening, the traveller arrives in Vancouver early the following Friday morning, after five nights and four days of travel, on one of the best equipped and most modern trains on the continent.

The "Continental Limited" is a solid steel train of standard sleepers, Compartment Observation Car, tourist sleeper, colonist cars and first class coaches. The finest of dining cars are attached, and the passage is the acme of travel comfort, with the important factor of making the fastest and most direct transcontinental journey.

The route taken by the "Continental Limited" affords the traveller the finest variety of scenic views and the most interesting sections of Canada are traversed. The road bed is regarded by experienced travellers as the best and smoothest, while the modern coaches are easy riding. The rigors of old time travel are eliminated and train weariness unknown. There is no train on the continent that affords such luxurious and convenient service.

Particulars regarding this through Transcontinental Service, and all information can be obtained from all Ticket Agents, or by writing the General Passenger Department, at Montreal, N. B. 43-5

STARVES TO DEATH; \$1,400 IN BANK

HUNTINGTON, N. Y. Oct. 27.—With \$1,400 in a savings bank in Belfast, Me., Herman Tamm, whose brother resides at 823 Quincy Street, Brooklyn, died from starvation and exposure, according to the decision of Dr. William B. Gibson, coroner of Suffolk County.

Tamm's body was found in a building in a bottling building on the Colonial Springs farm, a short distance from Wyndanch, L. I., by John J. Hauger who notified Coroner Amasa Biggs, of Suffolk. On the man's body was found a bank book showing \$1,400 in the bank at Belfast, a receipt for \$100 on contract to purchase a farm and a card giving his brother's address.

W. J. Hein, of Bayard street Brooklyn, identified the body of Tamm but neither he nor the brother of the dead man could account for him being on Long Island. The last heard of him was by letter from Maine. Hauger saw Tamm walking about the farm about a month ago.

Let all Progressive Electors of Northumberland put their backs to the wall and stand firm for McCurdy. You are in the majority, and can and will win.

CANDIDATES NOW TOTAL TWENTY-TWO

A brief survey of candidates for the eleven New Brunswick seats in the House of Commons shows that the Liberal party already has nine men in the running, the Conservatives have eight official candidates and the Progressives number five. The government party lacks candidates in Kent, Gloucester and Restigouche-Madawaska. Six former members, A. B. Copp, O. Turgeon, Pius Michaud, T. W. Caldwell, A. T. Leger and R. B. Hanson, are offering again for re-election. Hon. R. W. Wigmore, Stanley E. Elkin, Major-General H. H. McLean, W. S. Loggie and T. A. Hartt are not seeking another term.

In St. John-Albert, Dr. W. P. Broderick, who was nominated at the Liberal convention, still is without a running mate. The Conservatives are depending on Hon. J. B. M. Baxter and Colonel Murray MacLean, C.M.G.—H. R. McLellan also announced his intention of running.

Dr. D. H. McAllister, a former M.P., is the Liberal nominee in Royal George B. Jones, M. P. P. is the government choice, and G. R. Perkins will stand for the Progressives.

In Westmorland, A. B. Copp, who has represented the constituency for several terms, will once more represent the Liberal Party in the fight. He is opposed by A. E. Trites, Progressive, and Col. S. Boyd Anderson has been offered the Conservative nomination.

In Kent, A. T. Leger, the recent member, is running for the Liberals, and Alex J. Doucett received the



ONE BOX OF ZAM-BUK

ZAM-BUK is acknowledged the most scientific and most reliable preparation yet discovered for injuries and skin disease. Yet it costs no more than vastly inferior salves and ointments.

Nothing else has the same marvellous soothing, healing and antiseptic power as this pure herbal Zam-Buk. Use it for all your skin troubles—from Cuts, Burns, Scalds and Sore Hands, to Chronic Eczema, Ringworm, Poisoned Wounds and Ulcers.

NEVER BE WITHOUT ZAM-BUK.

Does Far More Real Good Than a Score Boxes of Ordinary Salve



For good, pure nutritious food do all your baking with

PURITY FLOUR

More Bread and Better Bread



Mrs. M. E. Robson, 170 Dublin St., Peterboro, Ont., writes: "My daughter of 15 lost appetite, color and was on the verge of nervous collapse. Five boxes of Dr. Chase's Nerve Food completely restored her health and strength."



Mrs. Wm. Woods, Coldwater, Ont., writes: "After the birth of my baby I was run down, nervous and could not eat nor sleep. Jumping at the least noise. Dr. Chase's Nerve Food built me up and made me strong and well again."



Mrs. H. Alchorn, 23 Gerald St., Charlottetown, P.E.I., writes: "Dr. Chase's Nerve Food was recommended to me by an aunt who used it while passing through the change of life and was completely built up by its use."



Mrs. Jos. Lalonde, Hydro Glen, Ont., writes: "I was so run down and nervous last summer that I was in bed most of the time. After using Dr. Chase's Nerve Food I am able to do my housework and, though 76 years old, feel better than I have for years."

Let the Women Tell Their Story

"From my experience as a wife and mother I find that the majority of users of Dr. Chase's Nerve Food are women, especially women passing through the change of life; next by young mothers to regain strength after baby comes, and also by mothers for their young daughters entering their womanhood. While it is good for all classes of humanity, I am sure it is especially so for women, as they seem to be troubled most by nervous diseases."—Mrs. H. Alchorn, 23 Gerald Street, Charlottetown, P. E. I.

Every woman is interested in another woman's letters, and we shall give the women a chance to present their experience with Dr. Chase's Nerve Food by quoting from their letters.

If you do not find anyone you know among these ladies, write us for references from people in your community, or ask your friends and neighbors for particulars about Dr. Chase's Nerve Food.

There is scarcely a town, village or hamlet in this great country but can produce splendid evidence as to the restorative, upbuilding influence of this well-known treatment for the blood and nerves.

Mrs. Jennie Haywood, 98 Turner St., Ottawa, Ont.: After 16 weeks in a hospital with rheumatic fever I returned home a complete nervous wreck. I took six boxes of Dr. Chase's Nerve Food, and have had no return of nervous trouble or rheumatism.

Mrs. W. H. McIntyre, Gananoque, Ont.: "About five years ago I used Dr. Chase's Nerve Food when in a state of absolute collapse, and continued its use until I had taken fourteen boxes. I cannot praise it enough, for it worked a miracle in my case."

Mrs. May W. Taylor, 1309 Davie Street, Vancouver, B.C.: "Ten of my circle told me

that they take Dr. Chase's Nerve Food for that 'all-in' feeling attendant on the care of children and performance of housework. I myself take it for nervous irritability, and absolutely depend on it. I give my children the Nerve Food during 'examination week,' and am sure it helps them."

Mrs. Annie Bellamy, 33 Pauline Avenue, Toronto, Ont.: "Since the 'flu' epidemic people are resorting to preventive measures more than ever, and find that Dr. Chase's Nerve Food gives protection against the 'flu' and all other germ diseases."

Mrs. W. H. Stoker, 68 Robert Street, Hamilton, Ont.: "A young mother told me she was so glad I advised her to use Dr. Chase's Nerve Food after her baby was born. She had tried many things, but after no success with them I told her just how much benefit I had gained with Dr. Chase's Nerve Food, so she also used it with the same wonderful results."

Mrs. R. I. Scott, Teacher, Czar, Alta.: "After teaching school for two years my nerves were in a shattered condition, and I had almost incessant headaches. The doctor told me I would have to quit, but a teacher friend told me how she was restored by Dr. Chase's Nerve Food under similar conditions. My nerves were completely restored, so that I thoroughly enjoy life."

Mrs. John O'Donnell, 50 Colonial Street, St. John, Nfld.: "While some used Dr. Chase's Nerve Food for run-down condition, ragged nerves and sleeplessness, there was one ailment which predominated—nervous headache. In combating nervous headache Dr. Chase's Nerve Food has no rival."

DR. CHASE'S Nerve Food

Is gentle in action and wonderfully potent in forming new, rich blood and building up the nervous system.

It is woman's greatest friend at every critical stage in her life and is endorsed by women everywhere. 50 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Progressive nomination. In Northumberland the Liberals have named Hon. John Morrissy to oppose E. A. McCurdy, Conservative.

In Gloucester and Restigouche-Madawaska, there is no opposition so far to the Liberal standard-bearers, O. Turgeon and Pius Michaud, who represented these constituencies, respectively, in the last parliament.

R. B. Hanson, K. C., who was elected last spring in York-Sunbury, but never took his seat, is standing again as the Conservative candidate. Lieut.-Col. W. J. Osborne received the Liberal nomination, and E. W. Stairs was the Progressive choice, but the latter has not made known yet whether or not he intends to accept.

In Carleton-Victoria, B. Frank Smith, Conservative, will contest the seat against Thomas W. Caldwell, Progressive.

In Charlotte county, two candidates, Liberal and Conservative, are in the field in a straight party fight. W. F. Todd carries the Liberal banner, and R. W. Blumer, former M.P.P., is the Meighan candidate.

Four more weeks remain before polling day, which is on December 6th.

Employment for the Laborer and Markets for the Farmer are wanted in Northumberland. Elect McCurdy on December 6th and insure both of these requirements.

LADY LAURIER DIES IN OTTAWA

Ottawa, Nov. 1.—Lady Laurier, widow of Sir Wilfrid Laurier, died at her home here today at 11.45. She was in her eightieth year, and caught a chill while out walking recently. Sir Wilfrid Laurier died Feb. 17, 1919. No family survive.

Lady Laurier became unconscious during the night and when the end came peacefully shortly before noon, there were among those gathered near the bedside, Robert Laurier, nephew of the late Prime Minister of Canada, Mrs. A. M. Brodeur,

of Montreal, sister-in-law of the deceased lady, Judge and Mrs. Brodeur, of Ottawa; Mrs. Robert Laurier, Lady Taschereau, Miss Yvonne Coutou and Dr. Rodolphe Chevrier. Lady Laurier was 80 years of age at the time of her death. Sir Wilfrid had passed his 77th birthday when his career ended on February 17, 1919.

On December 6th, the grand old County of Northumberland will trample down trivial prejudices and elect a representative who will do something for her. That representative will be McCurdy, the man who does things. Electors do your bit.

A vote for McCurdy means Prosperity for Northumberland.



SOME SMILES

A Quick Change. "This plaintiff in the Court of Domestic Relations claims that his wife got 'hard boiled' all of a sudden." "Is it possible for anybody to undergo a transformation like that?" "Perhaps so. I've seen people go into a telephone booth at peace with all mankind and come out a few minutes later thirsting for blood."

Merely Tolerated. "Gustavus, you don't seem to like my family at all," pouted the bride. "Give me time, my dear. I'm doing my best to be agreeable." "But what's wrong with my family?" "Nothing whatever, but I'm a sensitive man, I am, and the look of hopeless resignation your people wear whenever I'm around is getting on my nerves."

Youth's Handicap. While awaiting me my friend asked my little sister where her two other sisters were. "O," she replied, "they are somewhere in mischief." "Why don't you join them in their fun?" "Mother trusts me so dreadfully that I can't have much fun," replied she with a sigh.—Exchange.



OXO CUBES

FOR CHILDREN

An Oxo Cube in a cup of hot milk creates just that nourishing body-building food so essential to children, especially if they are delicate or outgrowing their strength. Oxo gets over the digestion difficulty, and also is a powerful aid to nutrition. Good for invalids, nursing mothers and old people, too.

\$200. Given Away!

Write for booklet to Oxo Limited, 223 Leinster St. Montreal.

CONCENTRATED BEEF