

THIS WEEK, NERVOUS MOTHER

Tells How Lydia E. Pinkham's
Vegetable Compound
Restored Her Health.

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition. I was worried most of the time—and he said I could not stop that, I could not get well. I had so much trouble with Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything new without distress or nervousness."—Mrs. J. W. WATKINS, 2342 North Taylor St., Philadelphia Pa.

The majority of mothers nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, back-ache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Watkins.

Distribution of Seed Grain from the Dominion Experimental Farms

By instructions of the Hon. Minister of Agriculture, a free distribution of superior sorts of grain will be made during the coming winter and spring to Canadian Farmers.

The samples for distribution will consist of spring wheat (about 5 lb.), white oats (about 5 lb.), barley (about 5 lb.) and field peas (about 5 lb.). These will be sent out free, by mail, from the Central Experimental Farm, Ottawa, by the Dominion Cerealists, who will furnish the necessary application forms.

Only one sample can be sent to each applicant. As the supply of seed is limited, farmers are advised to apply very early.

J. H. CHESDALE
Director, Dom. Exper. Farms

A Correspondent's Tribute to the Late Mathew Burgess

Grand Falls, Oct. 28—It is now, when the last rites have been performed and the grave has closed over the mortal remains of our friend, that we are able without fear of wounding his soul to discourse on those traits in his character which have so endeared him to all with whom he came in contact. His charity was shared generously with the needy and in giving to the very poor he held it was better to err on the side of generosity than prudence. Independence, strength and underlying tenderness lay in Mathew Burgess' face in repose. He advocated the price of self that prompts a man to keep his character clear, clean and strong, unafraid of the world's scrutiny and of his own, the pride of family that spurs a man to be no less honorable than honorable forbears; the pride of achievement that would move a man to leave a good record of deeds, public or private, behind him. The pride of learning, of luxury, of mere money he despised. It was only by constant association and study that one learned his true worth; it was under the garb of silence he tried to conceal the talents which he possessed. He was a valued member of the firm of James Burgess & Sons, Ltd., and by his death the town has lost a noble citizen who lent his influence to all that tended to better the condition of the people. We mourn the loss of a great friend, and we drop a flower on his bier, for he was worthy of our love and the best we can give.

Waterville Warblings

Mrs. Abner DeGrasse is recovering from a severe attack of la grippe.

The funeral of Mrs. George Rockwell, whose death occurred

Monday evening from pneumonia, took place Tuesday afternoon with a simple service at the grave conducted by the Rev. J. M. Mal-lory. Mrs. Rockwell was a very estimable woman who will be much missed.

Mr. and Mrs. Frank Hayden and little son Raymond have returned home from a visit to Riley Brook.

Mrs. Henry Briggs of Lindsay was the guest of Mrs. Albert Palmer for a few days.

Holland Shaw, son of Albion and Mrs. Shaw, who is in a military training camp in Texas and who has been so seriously ill of pneumonia, is recovering.

Mrs. Will Kimball who has been visiting relatives at Fort Fairfield has returned home.

Mrs. John Everett and her mother, Mrs. Black, Mrs. DeWare and Mrs. Myron Stokoe and little daughter, Gwendolyn, spent Tuesday afternoon with Mrs. F. D. Stokoe.

Andover News Notes

Mrs. Manzer Giberson Riley Brook who has been visiting her sister, Mrs. Damaris Squires of Upper Kent, was in Andover and Perth Saturday.

Mrs. Morehouse of Montreal is spending a few days with her parents, Mr. and Mrs. Anthony Darch.

Misses V. Gillett, Jessie Jamer, Bessie Kilburn and Elva Kilburn motored to Fort Fairfield Saturday.

Miss Lillian Beck and Miss Maizie Grass spent Sunday at Aroostook Junction.

Bernard McKinnon, C.G.R. employee, who has been spending the week at his home went to Ed-mundston Tuesday for the winter.

The Matheson family who have been ill for the past two or three weeks are all doing well.

Mrs. Thomas B. Bedell of St. John with her children George, Inez and Phyllis, are spending the winter with Mr. and Mrs. James Tibbitts.

Edgar Cameron who has been ill with la grippe is able to be out again.

Miss T. W. Alton has returned to Andover having spent the past week

PEPS

the real breathable tablets, make the throat, chest, and lungs cold-resisting. When a nasty cold or a coughing bout foretells the revival of your old bronchial trouble, the best thing to do is to take Peps at once to strengthen and

PROTECT

the chest. When a Peps tablet is taken from its preserving silver wrapper and allowed to dissolve in the mouth, it gives off powerful medicinal and germicidal fumes that immediately circulate with the breath through all the air-passages, and destroy any germs that have got into

YOUR

nostrils and throat. At the same time the sore, inflamed membrane is soothed, healed, and protected, phlegm is released from the bron-chials, breathing is made easy, and that distressing cough and throat soreness disappear.

By this direct treatment Peps keeps trouble off the

CHEST

and lungs, and the worst weather can be faced without fear of evil consequences. It is the safest plan to always have a few Peps handy to arrest a cold, and prevent it reaching the lungs or starting bronchitis and chest weakness.

Peps

ALL DEALERS 50c BOX

at her home in Hartland.

Stanley Waugh of Five Fingers was in Perth and Andover on business the early part of the week.

Mrs. Jack Stevens entertained at a quilting party Tuesday.

Fred Sadler from Maple View was in the two villages Wednesday.

Guy Porter has gone to Boston, New York and Havana on a business trip.

Mrs. Thomas Allen left for her home in Bangor Thursday.

Mrs. E. E. Holt, who has been visiting her daughter, Mrs. Guy Porter, has returned to her home in Fort Fairfield.

H. H. Tibbitts is able to be out again after a few days illness of la grippe.

J. E. Waugh returned from Florenceville Wednesday, en route to Five Fingers.

Thomas Allen has gone to the headquarters of the Tobique.

W. A. Gillett and Wallace McLeod motored to Maston Wednesday.

Little Frank Flemington, who has been very ill, is gaining in strength again.

Miss Carrie Lappage and Miss Bertha Spike are visiting Miss Lappage's old home for a few weeks.

Mrs. Guy Porter is visiting her parents, Mr. and Mrs. E. E. Holt of Fort Fairfield.

Mrs. Turner of Easton is nursing her sister-in-law, Mrs. Wallace McLeod.

Miss Letta North has returned to her home in Canning, Nova Scotia, after a three weeks visit with friends in Andover.

Robert Kelly, collector of Customs at Aroostook Junction, was a business visitor in the village Saturday.

Mrs. Douglas Grant of Aroostook Junction passed through Andover en route to Arthurette to visit her parents, Mr. and Mrs. Wilbert Murphy.

Jack Miller of Nictau was in town Friday and Saturday.

H. A. Murphy and son Sherman spent last week hunting for large game on the Tobique, returning home Friday.

Miss Cleo Kallcock of Fort Fairfield is visiting Mrs. Charles Everett.

Sgt. David Millen of St. John is spending a day or two with his family in Andover.

Lieut. Robert Watson arrived in Halifax from overseas, a few days ago, and is visiting his parents, Mr.



NOTICE

Military Service Act, 1917.

EMPLOYMENT OF MEN IN DEFAULT UNDER THE MILITARY SERVICE ACT.

The following Regulations, recently approved by the Governor General in Council, impose strict obligations upon every employer TO ASSURE HIMSELF THAT EACH OF HIS EMPLOYEES OF MILITARY AGE AND DESCRIPTION IS IN POSSESSION OF DOCUMENTS PROVING THAT HE IS NOT IN ANY WAY IN DEFAULT UNDER THE MILITARY SERVICE ACT.

An employer who is charged with having a defaulter in his employ must be able to prove THAT THE MILITARY SERVICE PAPERS ISSUED BY THE REGISTRAR OR MILITARY AUTHORITIES TO THE EMPLOYEE IN QUESTION WERE PRODUCED FOR HIS INSPECTION at the time when the employee was taken into his employment, and that it was reasonably established to his satisfaction that the man was not in default under the Military Service Act. It should be clearly understood that the Canadian Registration Certificates given on June 22, 1918, at the time of general registration, in no way define the status of a man under the Military Service Act.

REGULATIONS.

"106. Every person who employs or retains in his service any man who has deserted or is absent without leave from the Canadian Expeditionary Force, or who is in default in the performance of any obligation or requirement for reporting or for military service, imposed upon him by the Act or Regulations, or any provision thereunder, shall be deemed to be guilty of an offence punishable on summary conviction by imprisonment not exceeding six months, or by a penalty of not less than One Hundred Dollars, and of not more than Five Hundred Dollars, or by both such imprisonment and fine, unless such person prove that he made due inquiry and that THE MILITARY SERVICE PAPERS ISSUED BY THE REGISTRAR OR THE MILITARY AUTHORITIES TO THE MAN SO EMPLOYED OR RETAINED IN HIS SERVICE WERE PRODUCED FOR HIS INSPECTION, and that it was reasonably established to his satisfaction by such inquiry and papers that the man was not a deserter or absent from the force without leave, or in default in respect of any of the obligations or requirements aforesaid."

MILITARY SERVICE
BRANCH.



"I know exactly what is the matter with you, Jack. You have lost confidence."

"YOU were getting along fine until you had that nervous breakdown, but since then you have been worried and anxious."

"Now you have got discouraged and down-hearted, and it is no wonder you cannot make sales."

"The salesman must have lots of energy and vigor as well as confidence in himself and what he has to sell."

"But you cannot have confidence in anything so long as your nerves are weak and you spend the nights worrying instead of getting good, refreshing sleep."

"Take my advice, boy, and go straight to the drug store and get half a dozen boxes of Dr. Chase's Nerve Food. Then make up your mind that while you are using this you will get out into the fresh air all you can and forget to worry."

"Now, you may feel pessimistic after all the treatments you have been taking, but I know what I am talking about."

"My nerves were in a worse condition than yours ever were. I could scarcely get a wink of sleep, and did not care whether I got anything to eat or not."

"Besides, I got so irritable and down-hearted that nothing seemed to go right."

"The experience that I had enables me to sympathize with you now, and also to say that I am certain that Dr. Chase's Nerve Food will help you."

"It is entirely different to most medicines used for the nerves, because instead of merely stimulating the tired nerves to over-exertion, it nourishes them back to health and vigor."

"Now, Jack, you must give the Nerve Food a trial, and I know you will consider me your best friend for telling you about it."

Here is an interesting letter from another business man who had a similar experience with Dr. Chase's Nerve Food:

Mr. W. J. Wilson, Grocer, Perth, Ont., writes: "In fitting up this building for a grocery business I worked very hard, and after putting in my stock I continued plugging away, good and hard, too. I commenced to feel myself going down—my weight went from 180 pounds down to 154 pounds. My appetite began to fail, and, of course, upon retiring I could not get a good night's rest. Sometimes after going to sleep my nerves would twitch, and I would wake up with a start, and then lie awake for hours. I remembered having used Dr. Chase's Nerve Food before, so I started in again, and took a good treatment, using about half a dozen boxes. I soon felt my appetite returning, I could sleep well, and commenced gaining in weight, until I felt like a new man. From the benefits I have received from the use of Dr. Chase's Nerve Food I cannot speak too highly of it."

Dr. Chase's Nerve Food, 50c a box, 6 for \$2.75, all dealers, or Edmanston, Bates & Co., Limited, Toronto. Look for the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on the box you buy.

A Simple Proposition

Here is the McClary
Sunshine Furnace
proposition.

McClary's heating engineers will give you advice and estimates of cost of correct heating plant free. When you purchase a Sunshine Furnace, McClary's engineers will provide you proper plans for installing it the McClary way by which they will guarantee satisfactory results.



For sale by J. W. Montgomery

McClary's
Sunshine
Furnace

London St. John, N.B. Toronto Calgary Montreal Hamilton Winnipeg Edmonton Vancouver Saskatoon

and Mrs. David Watson.

Grover Dorsey of Fort Fairfield was in town Thursday.

Reid Lewis of Plaster Rock is spending a few days with his parents, Mr. and Mrs. Charles Lewis.

Thurber Holt of Fort Fairfield was in town on Thursday.

Clarence Kinney of Carlingford was on a business trip to Andover Thursday.

Mrs. Margaret McKay of Ashland is visiting her sister, James Tibbitts. Howard Porter of St. John spent Sunday in town, the guest of Mr. and Mrs. J. B. Porter.

Mrs. J. Knight who has been spending the past month with her daughter, Mrs. J. R. Belyea, returned to her home in St. John Monday.

Harry Kirby was in Andover on business last week.