



You See Them Everywhere

FLEET FOOT

In the country, as in the city, Fleet Foot is the popular footwear this summer. Whether at work or play, Fleet Foot shoes are ideal for warm weather, because of their superior ease and comfort—their attractive styles—and their sound economy compared with leather shoes.



Fleet Foot Shoes are Dominion Rubber System Products. The Best Shoe Stores Sell Fleet Foot.

SELF FEEDER FOR SWINE

Experimental Farm's Note. One often hears the statement that it does not pay to perhaps give pigs more than the most ordinary attention and the farmer can scarcely be blamed in this respect if his hired help is inexperienced and yet has to be paid as high a wage as a real good experienced man.

DR. MARTEL'S PILLS FOR WOMEN'S AILMENTS. Thousands of women have testified in the last 25 years regarding the benefits of Dr. Martel's Female Pills. A Scientifically prepared remedy for delayed and painful menstruation.

but, to make it more so, means must be resorted to whereby the labor can be reduced to a minimum, particularly as the pigs are apt to receive the scantiest of attention in any case. Towards this end, therefore, it seems only natural to try to find out just how well pigs will thrive if allowed to feed themselves.

Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, 2, 3.

Less duties to perform but finds the feeding of pigs the worst chore of all. The latter might find the "self-feeder" of great value particularly in reducing expenses.

With a view to gaining some definite information on the use of the "self-feeder" for swine, experiments have been carried on at the Experimental Farm, Agassiz, B. C. for several seasons.

DR. WARD The Specialist

Men, Are You in Doubt? As to your trouble? Have you some skin eruption that is stubborn, has resisted treatment? Is there a nervous condition which does not improve in spite of rest, diet and medicine?

Weak and relaxed state of the body, nervousness, despondency, poor memory, lack of will power, timid, irritable disposition, diminished power of application, energy and concentration, fear of impending danger or misfortune, drowsiness and tendency to sleep, restless sleep, dark rings under eyes, loss of weight, insomnia.

Do you realize that you have only one life to live—do you realize that you are missing most of that life by ill health? A life worth living is a healthy life. Neglect of one's health has put many a man in his grave.

Poultry World

LIME WATER BEST EGG PRESERVATIVE. The following extracts from a circular by Dr. F. T. Shutt, Dominion Chemist at the Experimental Farm, advocate the use of lime water for the preservation of eggs. Dr. Shutt says: Experiments in egg preservation were begun at the farm in 1888, and have been continued every season since that date.

The solubility of lime at ordinary temperatures is one part in 700 parts of water. Such a solution would be termed saturated lime-water. Translated into pounds and gallons, this means one pound of lime suffices to saturate 70 gallons of water.

OF INTEREST TO WOMEN

This is a Short Letter, But It Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run-down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."

Canopus, the giant of the solar system, is, according to a recent calculation, 49,000 times as bright as the sun. Its diameter is 134 times that of the sun; it is 18,000 times larger in volume. The distance of it from us, according to this calculation, is 489 light years.

Minard's Liniment Lumberman's Friend. A man's bark is generally worse than his bite when he complains that he leads a dog's life.

containing the eggs should be kept away from the sun, and covered by a covering of sweet oil, or by sacking, upon which a paste of lime is spread.

FEEDING DUCKLINGS. Ordinarily ducklings are more easily raised than chickens. If properly fed and cared for, they can be put on the market at about 10 weeks of age weighing from five to seven pounds each.

Neat Barney. "Why does your horse go so slow?" asked a tourist one day in the Glen of the Downs, Ireland, of his driver. "It is out of respect to the bayful saint, yet honor—he wants ye to see it all. And thin he's an intelligent baste, and appreciates good company, and wants to kape the like o' ye in ould Ireland as long as he can."

Not Serious. "Excuse me," said the detective as he presented himself at the door of the music academy. "But I hope you'll give me what information you have, and not make any fuss."

NERVE SKIN CONSULTATION FREE. CORRESPONDENCE INVITED. DOMINION MEDICAL INSTITUTE. 138 SHERBOURNE ST COR QUEEN TORONTO. (DISEASES)

RHUBARB DESSERTS. This excellent spring tonic may be just as healthful served stewed as first course for breakfast, but it has many tasty possibilities for other places in the daily menu.

MURINE A Weakness, Cures, Strengthening, Healing, Laxative, Stimulant for Redness, Swelling, Granulation, Itching and Burning of the Eyes or Eyelids.

GENIUS AND VANITY. Schopenhauer Not Afraid to Praise Himself Out Loud. Schopenhauer, the great German philosopher, afforded one of the most remarkable examples of self-complacency that has ever been known.

SHILOH 30 DAYS COUGHS. Since 1870. A cough remedy advertisement with a logo for Shiloh.

fill done. Then make a meringue of the white of one egg, slightly sweetened, put a dab of the meringue in each open square between the strips of crust, brown for a few minutes in the oven, and you have a pie fit for a king.

RHUBARB JELLY. Skin and cut a pound of rhubarb in small pieces, cook with a cupful of sugar until soft, but not broken. Soak two tablespoonfuls of gelatin in half a cupful of cold water until soft, then strain into the hot rhubarb with two tablespoonfuls of lemon juice.

RHUBARB PUDDING. Line a bowl with a good short pie crust. Fill with sweetened leftover rhubarb to which a third the quantity of raisins has been added. Put a pastry covering on the pudding, pinching the edges together well to keep the juice in. Tie the bowl in a pudding cloth and plunge in boiling water to cover. Boil for about two hours.

RHUBARB PUFFS. One cupful of finely chopped rhubarb, one cupful of sugar, two tablespoonfuls of butter, one tablespoonful of baking powder, one-quarter of a cupful of milk, two eggs, flour sufficient to make a thick batter.

RHUBARB SNOW. Stew a quart of rhubarb with a cupful of sugar until tender. Add to it half an ounce of gelatin dissolved in cold water and a cupful of rich sweet cream. Stir well while on the stove, but do not boil. Turn into a mold. Serve cold with a thin custard sauce.

Minard's Liniment used by Physicians. CLOSE OBSERVATION. "Mr. and Mrs. Slocum seem to be an ideal couple. Last night I noticed how their thoughts always coincided."

Women of Canada Testify. Dear Sir:—"I am more than pleased with Dr. Pierce's Favorite Prescription. I was run-down and so nervous that I could not even stay in the house alone in the day-time and tried every kind of medicine I heard of but got no result."

Weak and Nervous. Tillsonburg, Ont.—"I found Dr. Pierce's Favorite Prescription an excellent medicine for the ailments of women. I had become very weak and nervous. I was just miserable when I began taking the 'Favorite Prescription' and it proved most beneficial."

Pickings Outa Hotel. WHEN I chose a Hotel, I remembered a traveler's motto: "I do not know how to choose a hotel, but I know how to choose a room."

THE WALKER HOUSE. 1080 BROADWAY, TORONTO. A travel agency advertisement.

HELP WANTED-FEMALE

WOOLLEN MILL HELP WANTED. Our new Mill is now under completion and we now require female help for the following work: weaving, winding, specking, finishing. Previous experience not necessary.

HELP WANTED WANTED

FIRST CLASS KNITTER. EXPERIENCED on Dubud Flat Fashioning Machine. Good wages paid to capable man. Best working conditions in daylight mill. Mercury Mills, Ltd., Hamilton, Ont.

AGENTS WANTED

AGENTS WANTED THROUGHOUT Ontario to sell Stransky's Fuel Vaporizer for Ford cars. Guaranteed to save from 10 to 25 per cent. on gas. Andrew Hastie, Jun., Elmwood, Ont.

BUSINESS CHANCES

BUSINESS FOR SALE-GROCERIES and fruit; corner store and best stock in town; good turnover; good town; this is worth looking into; good reason for selling. Apply Box 37, New Liston.

FARM FOR SALE

NIAGARA FRUIT FARMS FOR SALE-\$5,000. On Niagara, St. Catharines Stone Road, 2 1/2 miles from Niagara-on-the-Lake; 15 acres, good four roomed cottage and frame stable. Seven acres peach orchard eight years old. Five minutes walk from radial car. Terms \$1,500.00 cash.

\$10,000 - THREE MILES FROM TORONTO. Fully stocked, four modern ten-roomed dwelling on same; no agents. Write W. Holmes, General Delivery, Hamilton.

ON THE HIGHWAY WEST OF ANCASTER, 80 acres, choice clay loam, medium size farm house and barn. A most desirable location, and offered at a bargain. J. D. Biggar, 206 Clyde Block, Hamilton, Ont. (Regent 534).

FOR SALE-FRUIT FARM-THIRTY acres; fully stocked; four modern ten-roomed dwelling on same; no agents. Write W. Holmes, General Delivery, Hamilton.

IN TOWN OF WATERFORD, LOT 129 x 120, 2 storey frame house, 9 rooms, good decorations, veranda, stone foundation, good cellar, built 20 x 20, planted with numerous assorted fruit trees, \$3,200. J. D. Biggar, 206 Clyde Block, Hamilton, Ont. (Regent 534).

MISCELLANEOUS

PAY YOUR OUT-OF-TOWN ACCOUNTS by Dominion Express Money Orders. Five dollars costs three cents.

QUEEN'S UNIVERSITY. KINGSTON, ONT. ARTS. Part of the Arts course may be covered by correspondence. SCHOOL OF COMMERCE. BANKING. MEDICINE. EDUCATION. Mining, Chemical, Civil, Mechanical and Electrical Engineering. SUMMER SCHOOL. INNOVATION SCHOOL. July and August. December to April. ALICE KING; Acting Registrar.

The Bulbs Went Astray

The growth of bulbs is an important industry to Holland, as from Haarlem the markets of the world obtain their supply. It is told of Said Pasha, who had a great love for flowers, that he placed an order in Holland for a choice assortment of these bulbs, for which he paid \$5,000.

Ask for Minard's and take no other. "Now here's something nice for your party. A girl peels an apple, turning out one long peeling. Or an orange will do. "I see." "She throws the peeling over her shoulder and it forms the initial of the one she is to wed." "Peelings, eh? We are very rich, you know. What of it?" "Will diamond necklaces answer just as well?"—Louisville Courier-Journal.

The fastest young man seldom going in the right direction.

Pickings Outa Hotel. A travel agency advertisement.

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